



### Healthy@Harris Sports Leagues Sign-Up Form

Please fill out this form to let us know which sport(s) you're interested in joining. Filling out this form does not automatically put you on a team roster. Email your completed form to [employeeewellness@harrishealth.org](mailto:employeeewellness@harrishealth.org). Before a new season starts, we'll send an e-mail to everyone who expressed interest to finalize the roster for each sport. Some sports have very limited spots available, so we will send out additional information about how to register at that time.

<b>First &amp; Last Name</b>				
<b>Employee ID</b> If you are a spouse or dependent, please enter the employee ID number of the employee with whom you are associated.			<b>Relationship</b> (please select ONE)	
	<input type="checkbox"/> Employee	<input type="checkbox"/> Spouse	<input type="checkbox"/> Dependent	
<b>Email</b>				
<b>Which sports do you want to join?</b>	<input type="checkbox"/> Basketball	<input type="checkbox"/> Flag Football	<input type="checkbox"/> Softball	<input type="checkbox"/> Volleyball (sand)

**RULES – PLEASE READ**

Thank you for your interest in our Employee Wellness sports leagues! All of our sports leagues are organized and run by our vendor company, Sportsmonkey. The success of our sports leagues requires active participation from those who register to be part of each team. Harris Health System pays around \$500 per team, per season, to play in each sports league. In order for Employee Wellness to continue sponsoring sports leagues for Harris Health employees, each team must maintain the following minimum level of attendance for each game:

- Men's Basketball: 5 players
- Flag Football: 8 players
- Sand Volleyball: 6 players
- Softball: 10 players

By registering yourself individually or with a team, you are acknowledging that you have read and understand the rules outlined below.

Teams will be registered on a first-come, first-serve basis.

All participants must have a current liability waiver on file with Employee Wellness prior to participating in any of the sports games. Participants without a liability waiver on file are NOT eligible to participate in any of the games until they have completed the waiver. One liability waiver covers all participation in all Employee Wellness group fitness and sports for the calendar year.

Each participant can only play on ONE team PER league. For example, the same person cannot play on 2 different basketball teams.

If a season is ending, teams that express interest in continuing to play in the following season will be registered as long as 1) the attendance reports are up to date, and 2) the minimum level of attendance per game has been met.

Each team needs 1-2 members to volunteer to be team captain.

The team captain(s) is responsible for e-mailing game attendance to Employee Wellness ([employeeewellness@harrishealth.org](mailto:employeeewellness@harrishealth.org)) within 7 days of each game. If there are more than 2 instances in which the attendance is sent late, the team will not be renewed for the following season of the sport. Captains: Game attendance must list each individual who was present for the game. The attendance will not count if your message says "everyone was there" but does not list individual names.

Any confirmed team member who misses 4 or more games during the season will forfeit their membership on the team, and will be ineligible to play in the following season of the sport.

**Contact us at [employeeewellness@harrishealth.org](mailto:employeeewellness@harrishealth.org); 713-566-6686**

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Employee Wellness at 713.566.6686 or via email at [employeeewellness@harrishealth.org](mailto:employeeewellness@harrishealth.org) and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.