



Category	See Notes	Program	Program YTD (September 1 - 30, 2021)				September 2021			
			Total Activities	Total participants	Total unique participants	% engaged TOTAL = 10,996 <i>All full-time and part-time employees (non-supplemental)</i>	Total activities	Total participants	Total unique participants	% engaged TOTAL = 10,996 <i>All full-time and part-time employees (non-supplemental)</i>
Education - Other	*	Booth	30	274	253	2.3%	30	274	253	2.3%
	*	Online Health Coaching - My Health Assistant	5	5	1	0.0%	5	5	1	0.0%
	*	Personal Health Analysis	30	426	426	3.9%	30	426	426	3.9%
Employee Wellness Class	*	Employee Wellness Class - Scheduled	17	1481	560	5.1%	17	1481	560	5.1%
	*	Employee Wellness Class - Unscheduled	217	359	136	1.2%	217	359	136	1.2%
	*	Well Powered Living	178	799	376	3.4%	178	799	376	3.4%
Employee Wellness Workshop	*	Employee Wellness Workshop - Scheduled	43	3227	813	7.4%	43	3227	813	7.4%



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Employee Wellness Workshop	*	Employee Wellness Workshop - Unscheduled	425	701	232	2.1%	425	701	232	2.1%
Health Coaching	*	Health Coaching by Phone	66	253	148	1.3%	66	253	148	1.3%
	*	Maternity Support	3	3	3	0.0%	3	3	3	0.0%
Healthy Knowledge Seminar		EAP Webinar	1	99	99	0.9%	1	99	99	0.9%
	*	Healthy Knowledge Seminar - Scheduled	2	148	141	1.3%	2	148	141	1.3%
	*	Healthy Knowledge Seminar - Unscheduled	293	589	304	2.8%	293	589	304	2.8%
Healthy Living Programs	*	Livongo Enroll Activate	31	41	39	0.4%	31	41	39	0.4%
		Livongo Monthly Testing	3	1330	1152	10.5%	3	1330	1152	10.5%
Healthy Measures	*	Achieve Health Goals (Standard - Alternatives are Telephonic Coaching, Online WebMD Program)	117	706	386	3.5%	117	706	386	3.5%
	*	Fitbit 10k steps tracked	30	15366	1290	11.7%	30	15366	1290	11.7%



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Physical Activity	*	Group Exercise	55	1663	504	4.6%	55	1663	504	4.6%
	*	Social Health and Wellness	4	176	176	1.6%	4	176	176	1.6%
	*	Sports	18	242	72	0.7%	18	242	72	0.7%
Prevention	*	Preventive Care	162	1301	1026	9.3%	162	1301	1026	9.3%
	*	Self Reported Activities	27	106	106	1.0%	27	106	106	1.0%
Special Event		Special Event	23	157	157	1.4%	23	157	157	1.4%
Wellness Screening Form	*	Wellness Screening Form	20	70	70	0.6%	20	70	70	0.6%
Wondr	*	WondrSkills	16	16	8	0.1%	16	16	8	0.1%
	*	WondrUp	4	5	3	0.0%	4	5	3	0.0%
TOTAL UOS			1,820	29,543	4,491	40.8%	1,820	29,543	4,491	40.8%

Notes	*	<p>The "Total Activities" column counts the number of dates when these activities have been completed. This will affect the unscheduled (self-paced) activities such as Brainshark, eLearning, Livongo DPP classes. It will also affect the true count (true number of activities) offered for Employee Wellness Classes, Workshops and Explore & Learn Booths as there are multiple times within each day that these activities are offered.</p> <p>These activities are marked with "*" in the Notes Column.</p>
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Healthy@Harris Wellness Program		Program YTD (September 1 - 30, 2021)	September 2021
Average # of wellness activities per participant		7	7
Total # of participants engaged in wellness program during time period		4,491	4,491
# of all participants who completed 1 or more wellness activities		4,491	4,491
# of all Employees (regardless of medical plan status) and spouses on the medical plan		10,996	10,996
% of all Employees engaged (regardless of medical plan status) and spouses on the medical plan		40.8%	40.8%
# who participated in 9 or more wellness activities		1,130	1,130
% of total engaged who participated in >= 9 wellness activities		25.2%	25.2%
# of medical plan participants who completed 1 or more wellness activities		4,155	4,155
% of medical plan participants engaged		37.8%	37.8%
# of medical plan participants who completed 9 or more wellness activities		1,116	1,116
% of medical plan participants who completed 9 or more wellness activities		10.1%	10.1%



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Units of Service										
FY19 2016-2017 UOS	66,444.00									
FY20 2017-2018 UOS	124,148.00									
FY21 2018-2019 UOS	295,822.00									
FY22 2019-2020 UOS	348,706.00									
FY23 2020-2021 UOS (YTD)	409,588.00									
FY24 2021-2022 UOS (YTD)	29,543.00									
Difference between FY22 and FY23	60,882.00									
% increase from prior program year	17.46%									
Difference between FY23 and FY24	-380,045.00									