



# RHP 3 Behavioral Health Gap Analysis Survey Results

Conducted by the Regional Healthcare Partnership (RHP) 3 Behavioral Health Cohort

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Data Advisory Committee



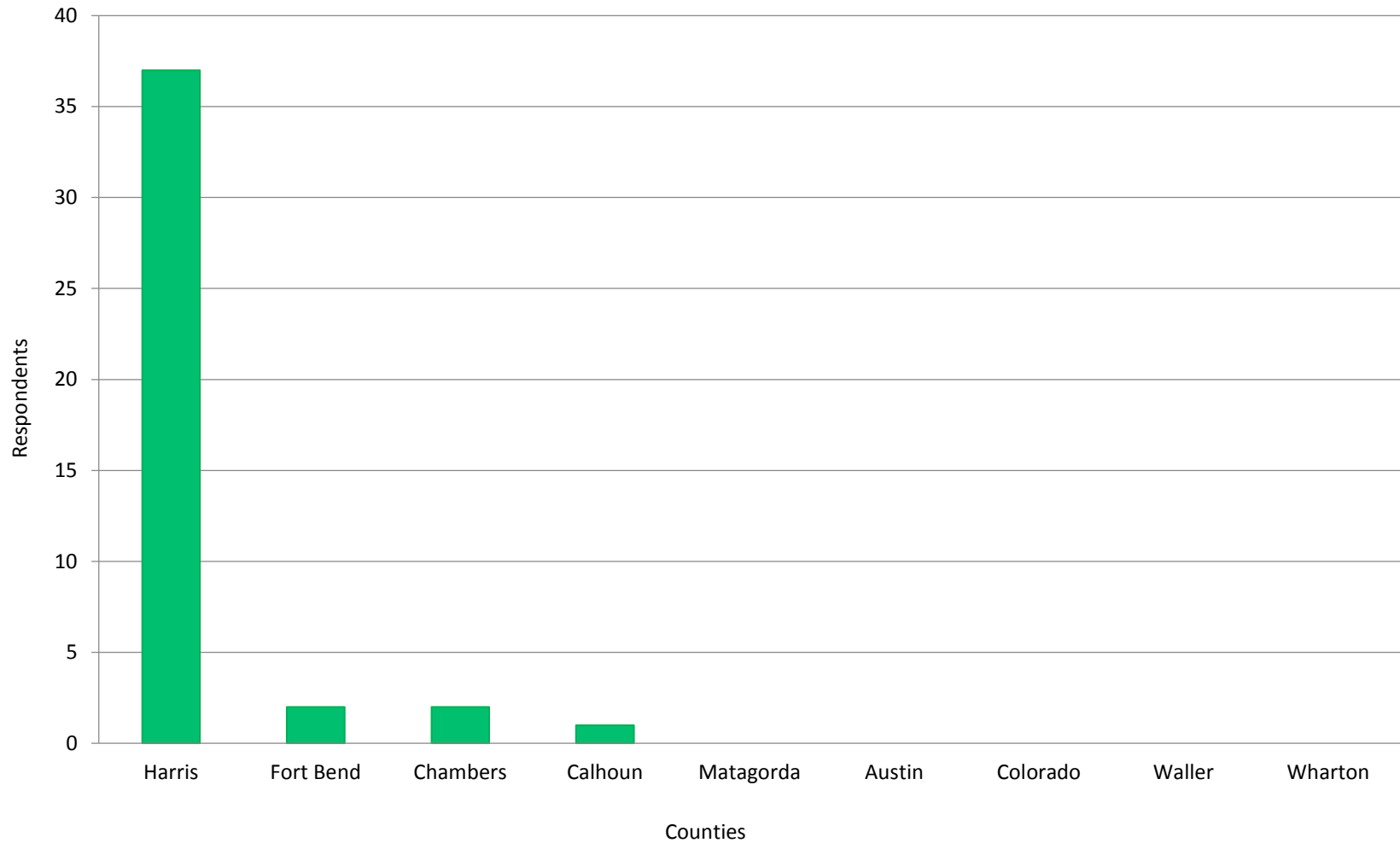
Texas 1115 Waiver  
September 2017

# Introduction

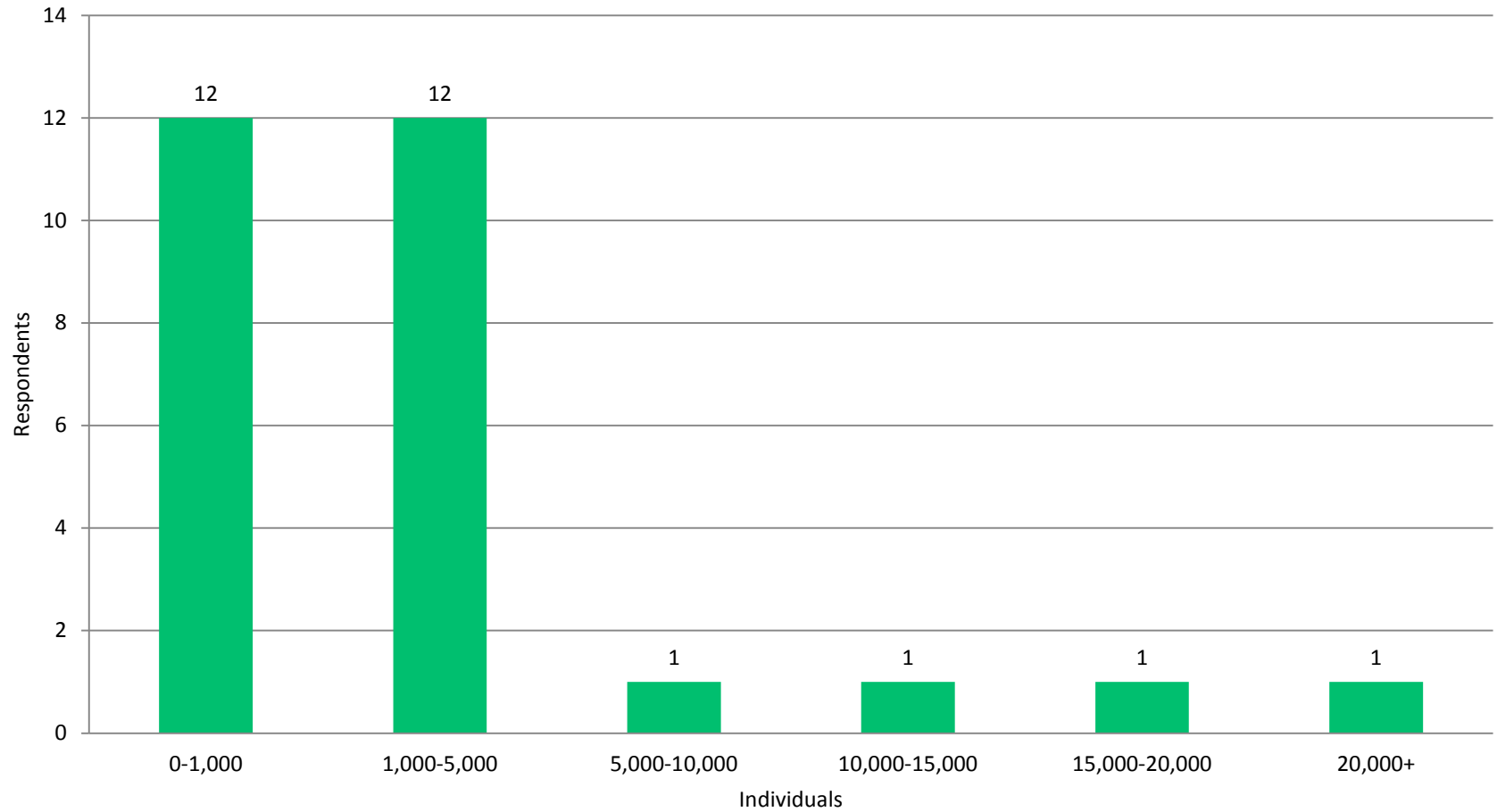
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- The Regional Healthcare Partnership 3 (RHP3) Behavioral Health Gap Analysis Survey was developed by the RHP 3 Behavioral Health Cohort in the spring of 2016
- The survey was administered to approximately **395 individuals** between September 12, 2016 and October 10, 2016
- The survey had a total of **42 respondents** (one organization had more than one respondent)
- A total of **35 organizations** were represented
- Questions pertaining to adults are for ages 18 and older
- Questions pertaining to children are for ages 0-17

## Counties Represented

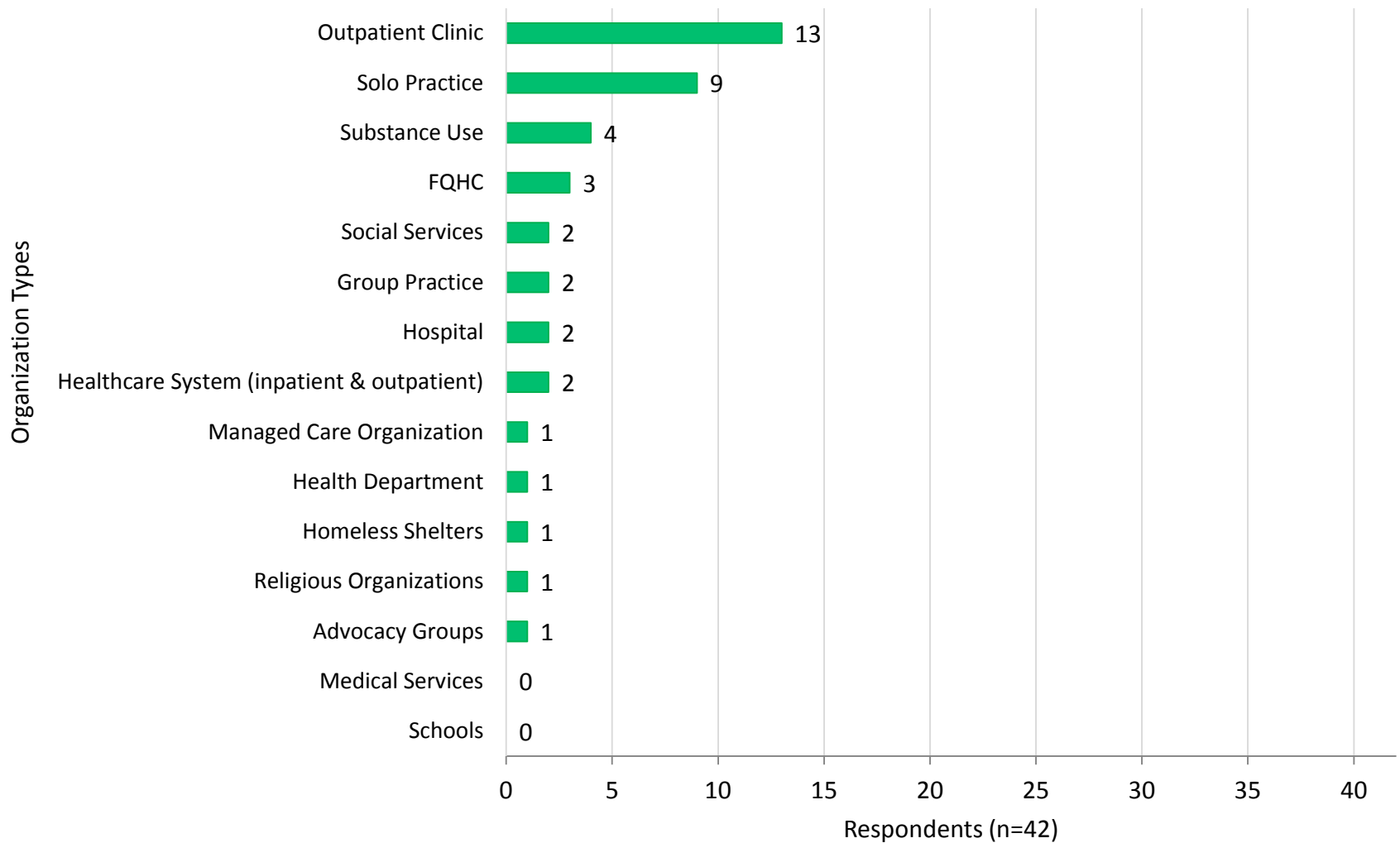


## Total Individuals Served in the Last Year by the Respondents

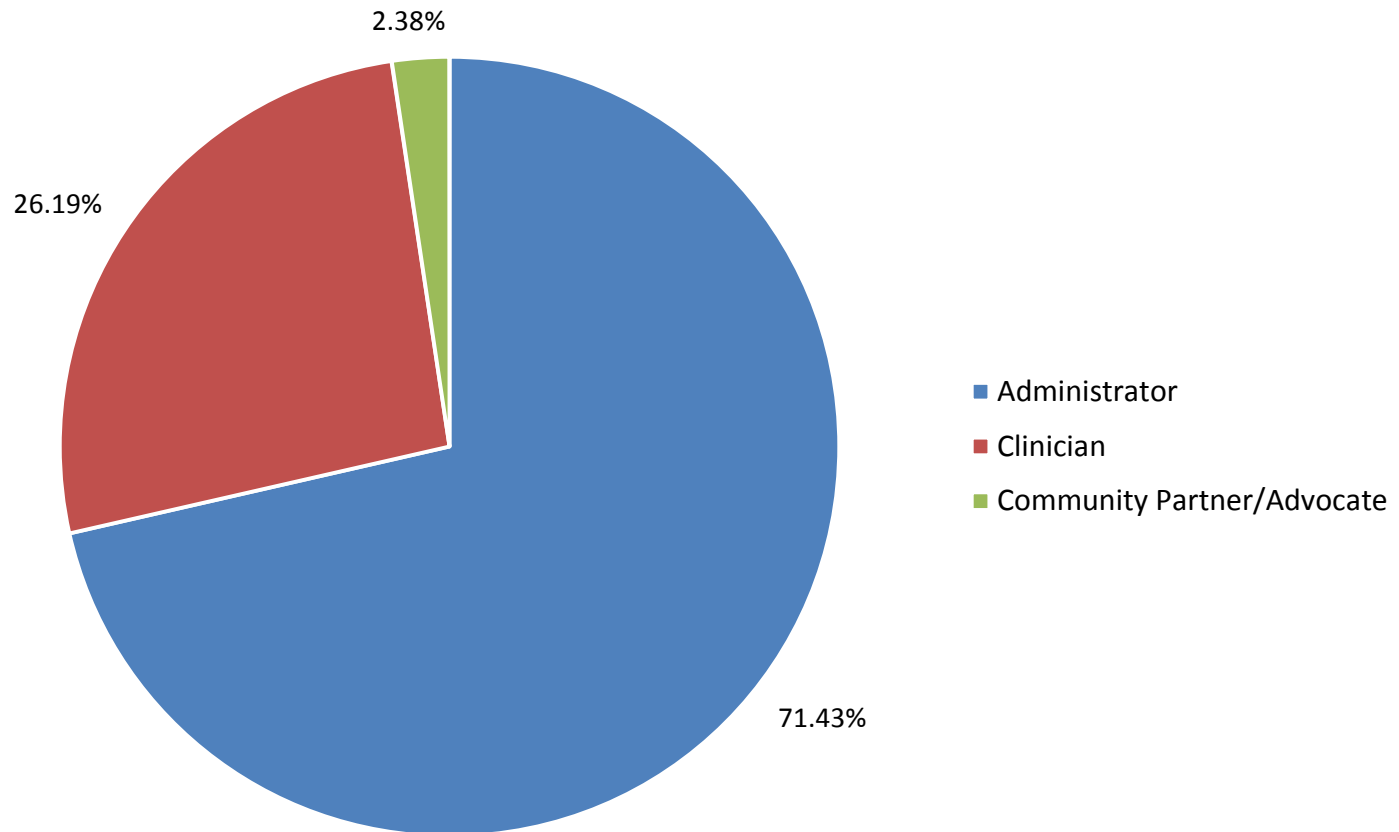


≈ 88,360 total individuals served

## Organizations Represented

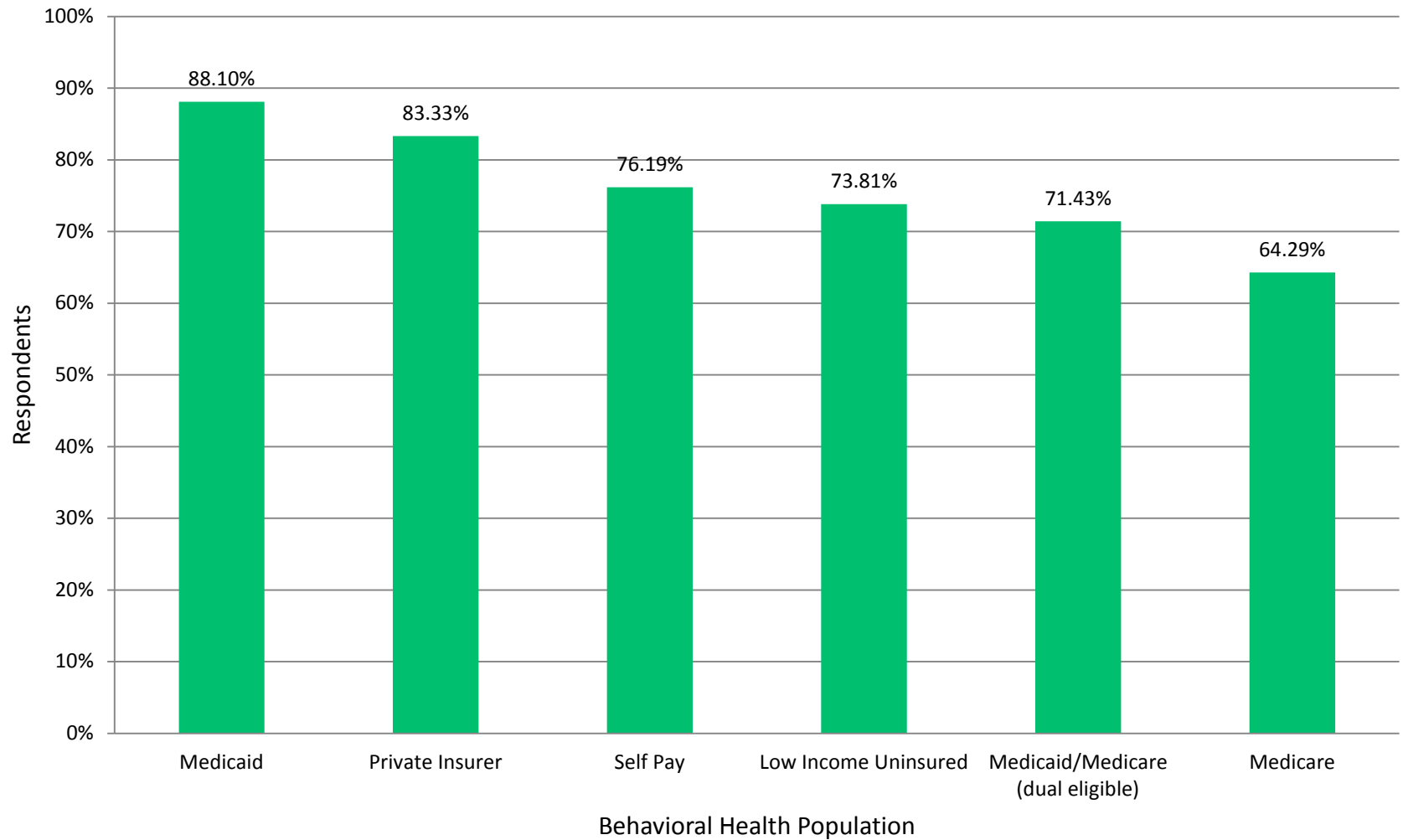


## Primary Role of Respondents





## Behavioral Health Populations Served



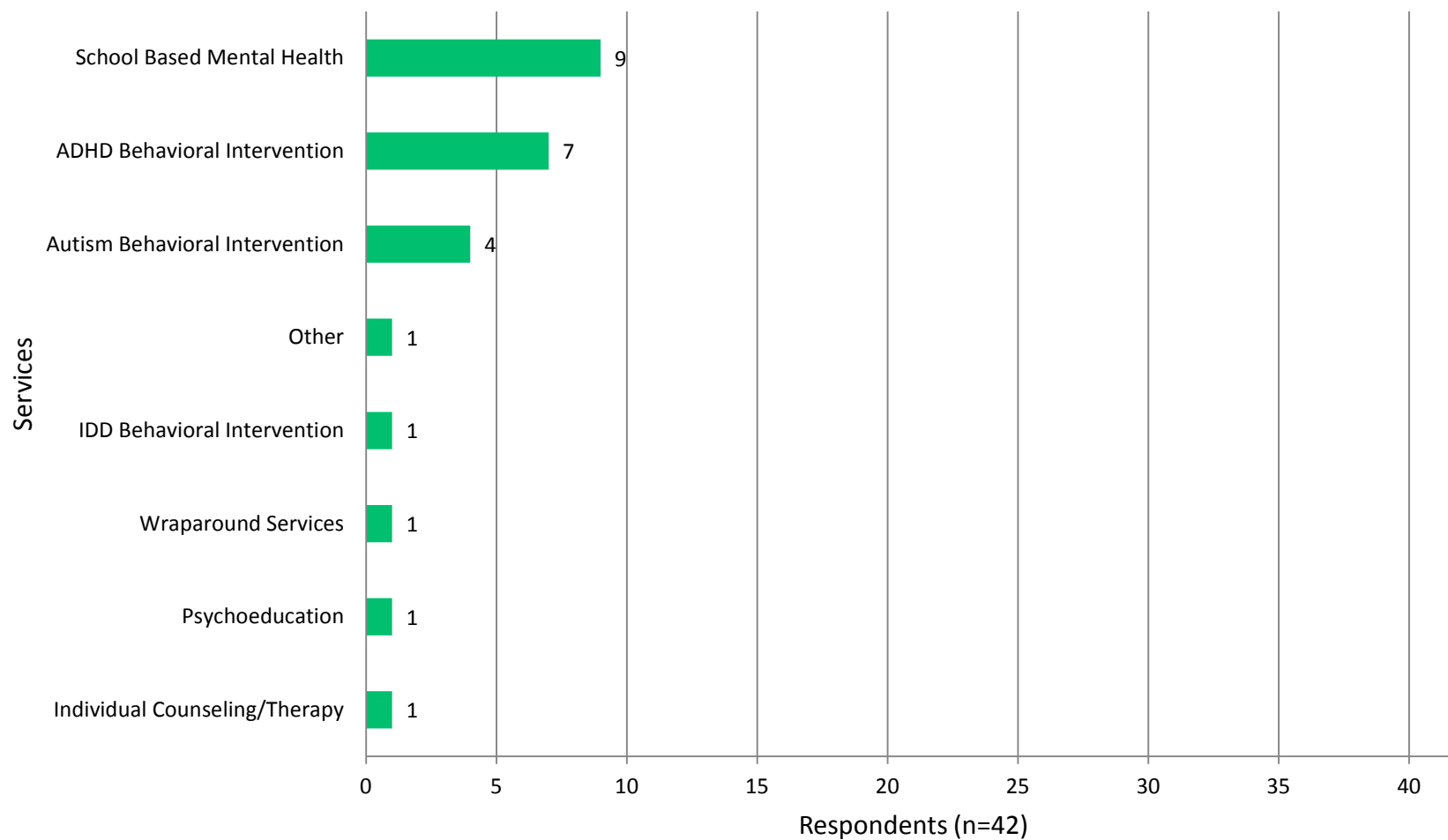
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# **Most Common Behavioral Health Services Offered in RHP 3**

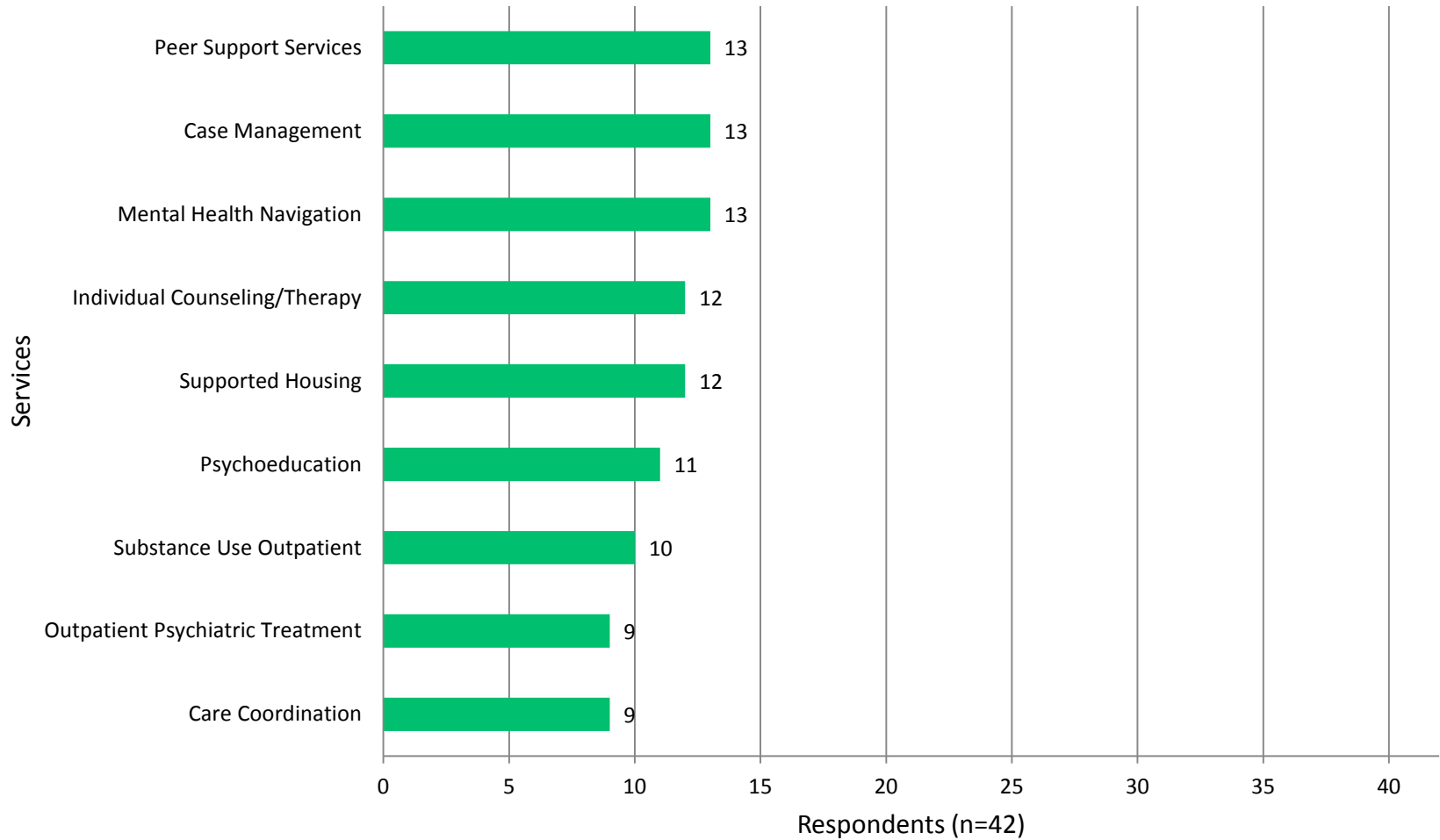




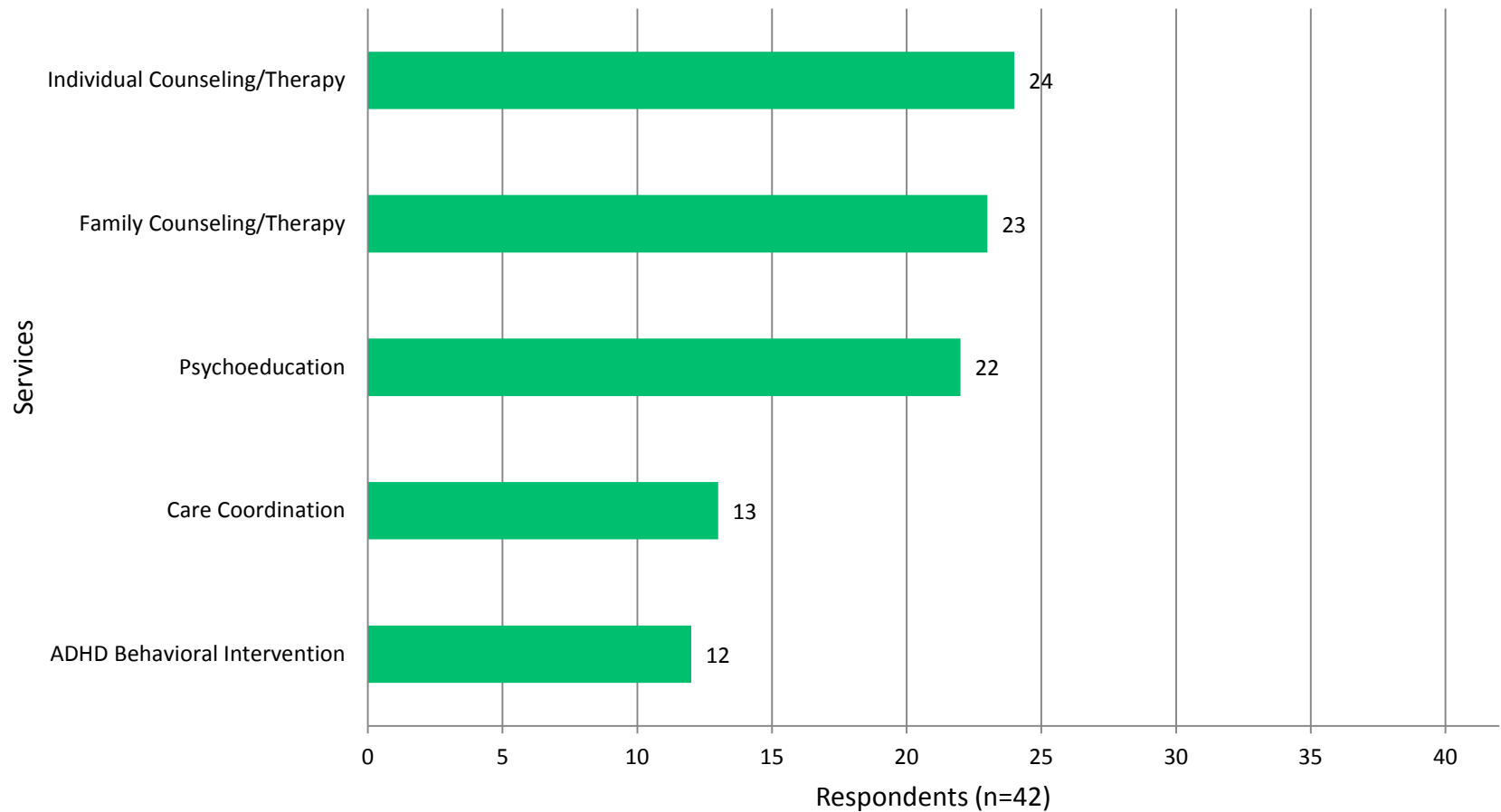
## Most Common Behavioral Health Services Offered for Children



## Most Common Behavioral Health Services Offered for Adults



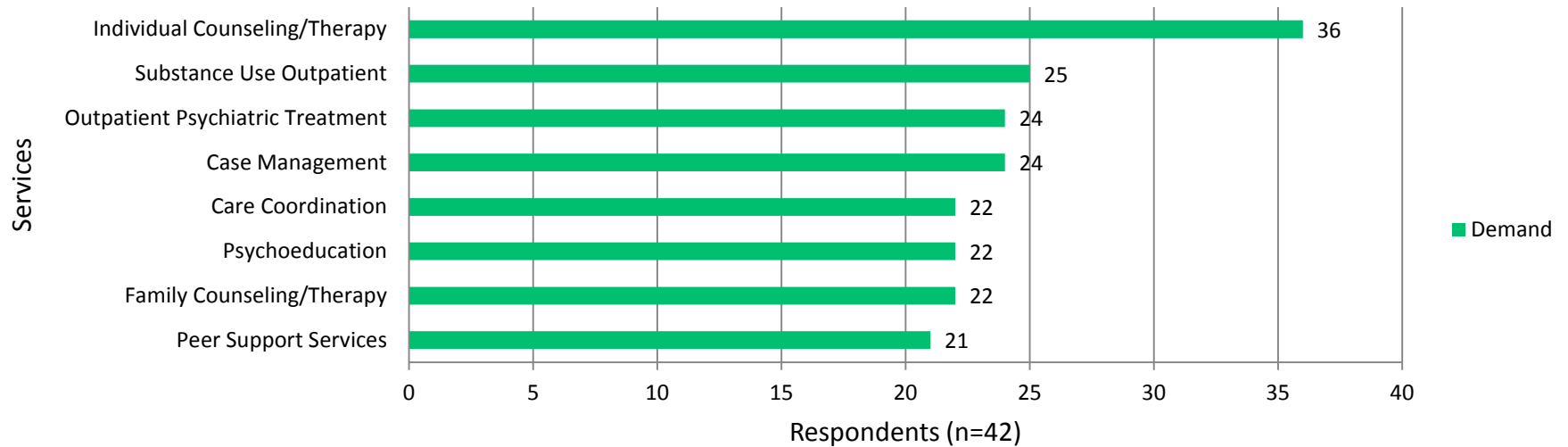
## Most Common Behavioral Health Services Offered for Children and Adults



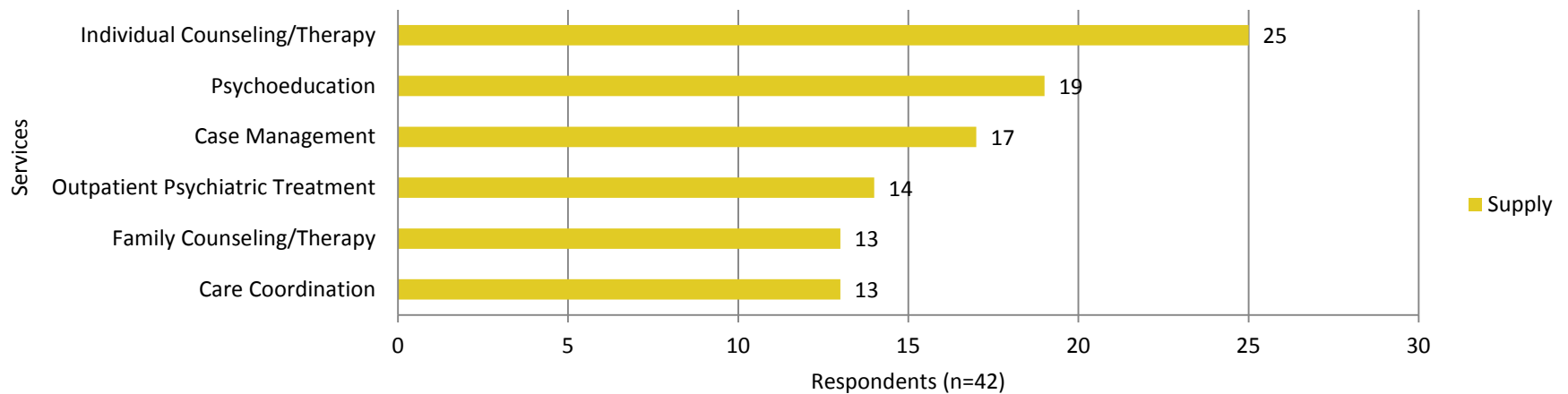
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# **Demand and Supply for Behavioral Health Services in RHP 3**

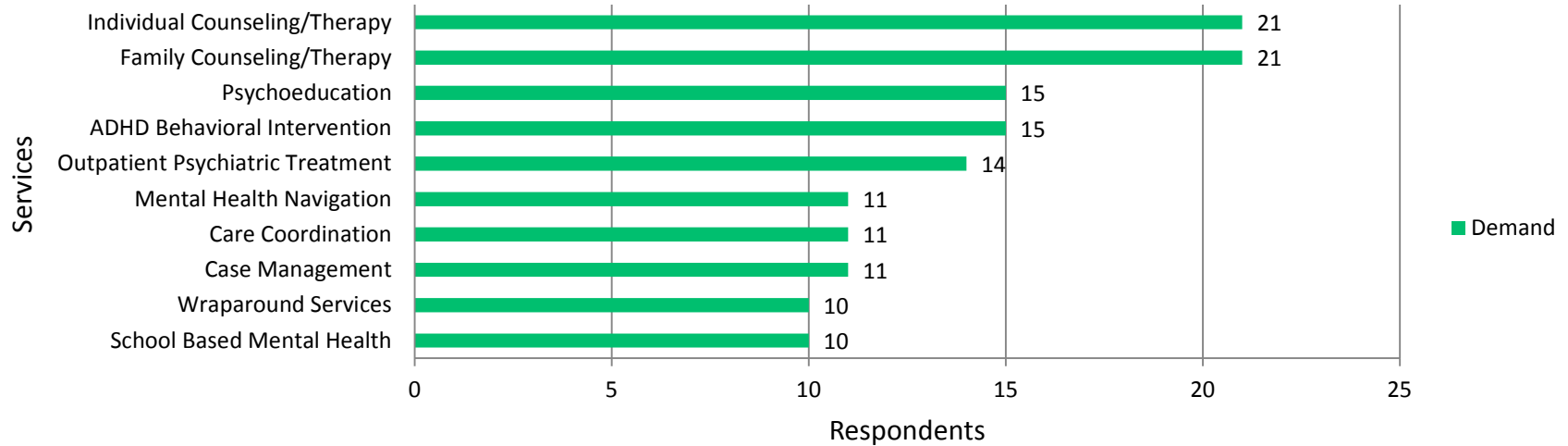
## Top Behavioral Health Services in High Demand for Adults



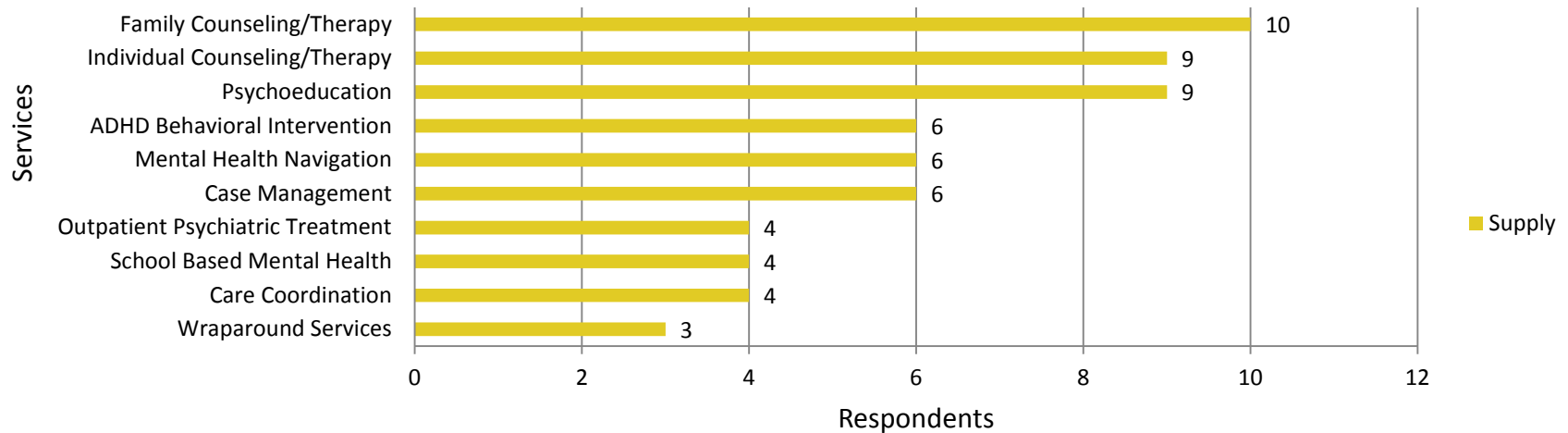
## Top Behavioral Health Services in High Supply for Adults



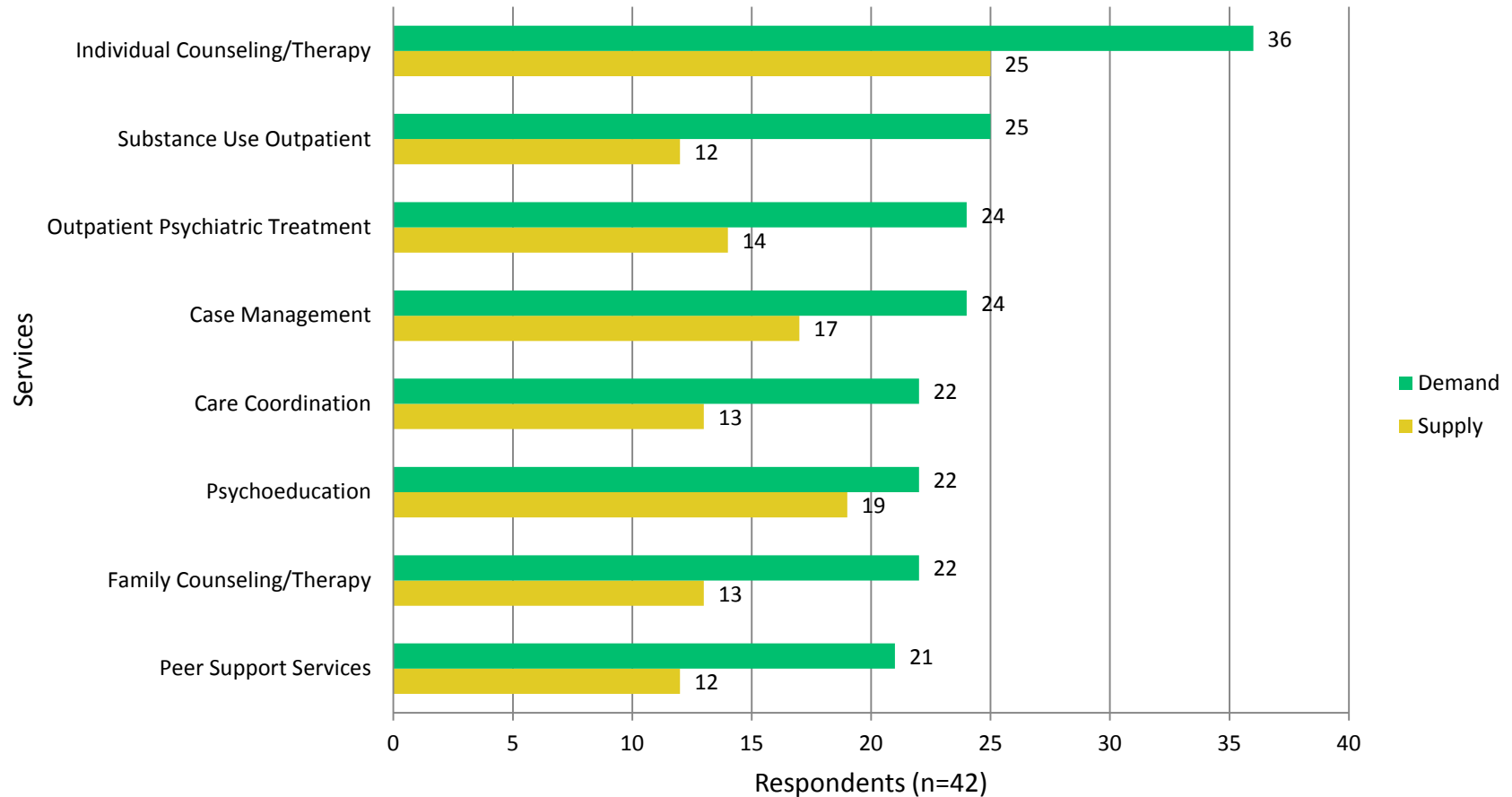
## Top Behavioral Health Services in High Demand for Children



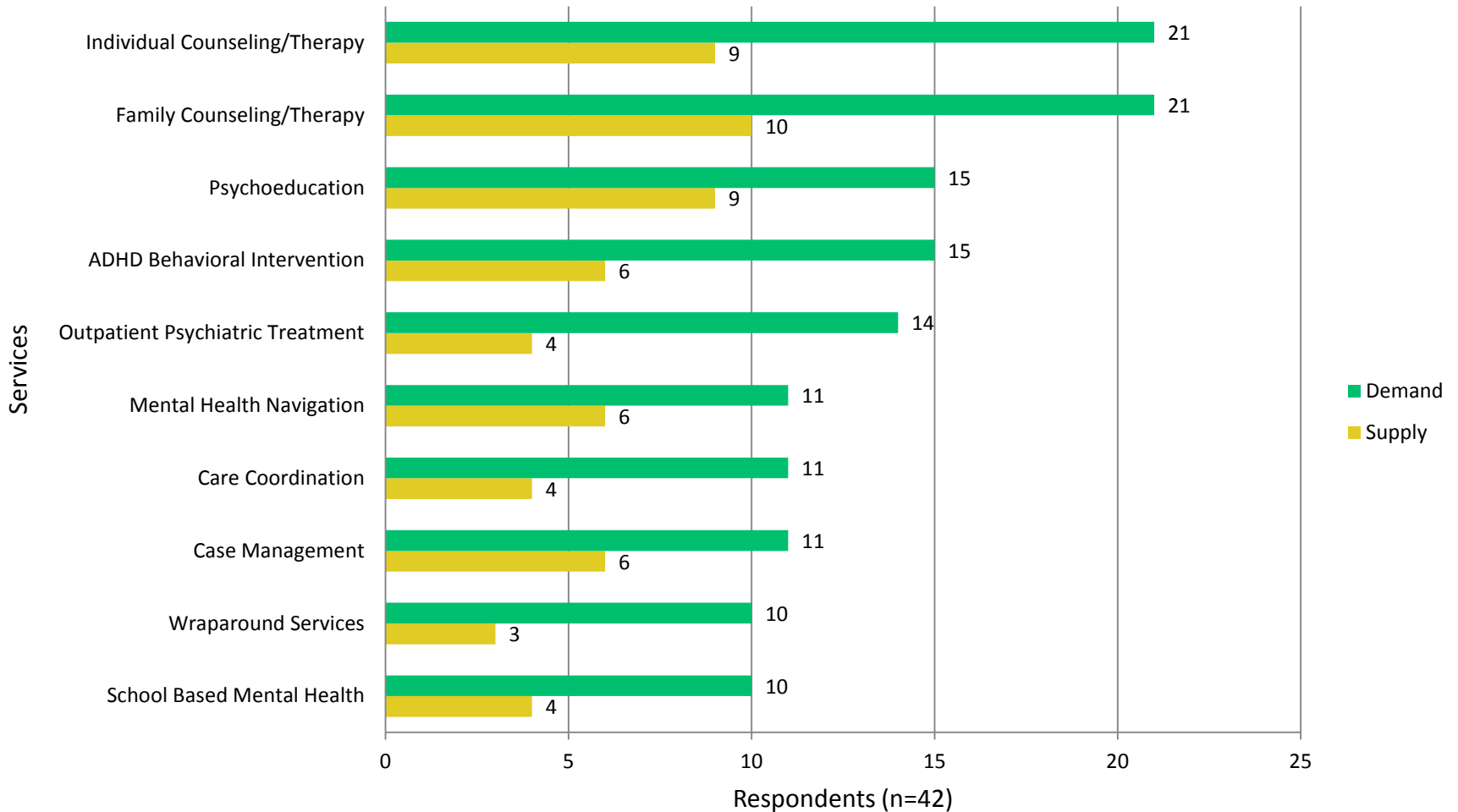
## Top Behavioral Health Services in High Supply for Children



## Demand and Supply Comparison for the Most Demanded Behavioral Health Services for Adults



## Demand and Supply Comparison for the Most Demanded Behavioral Health Services for Children

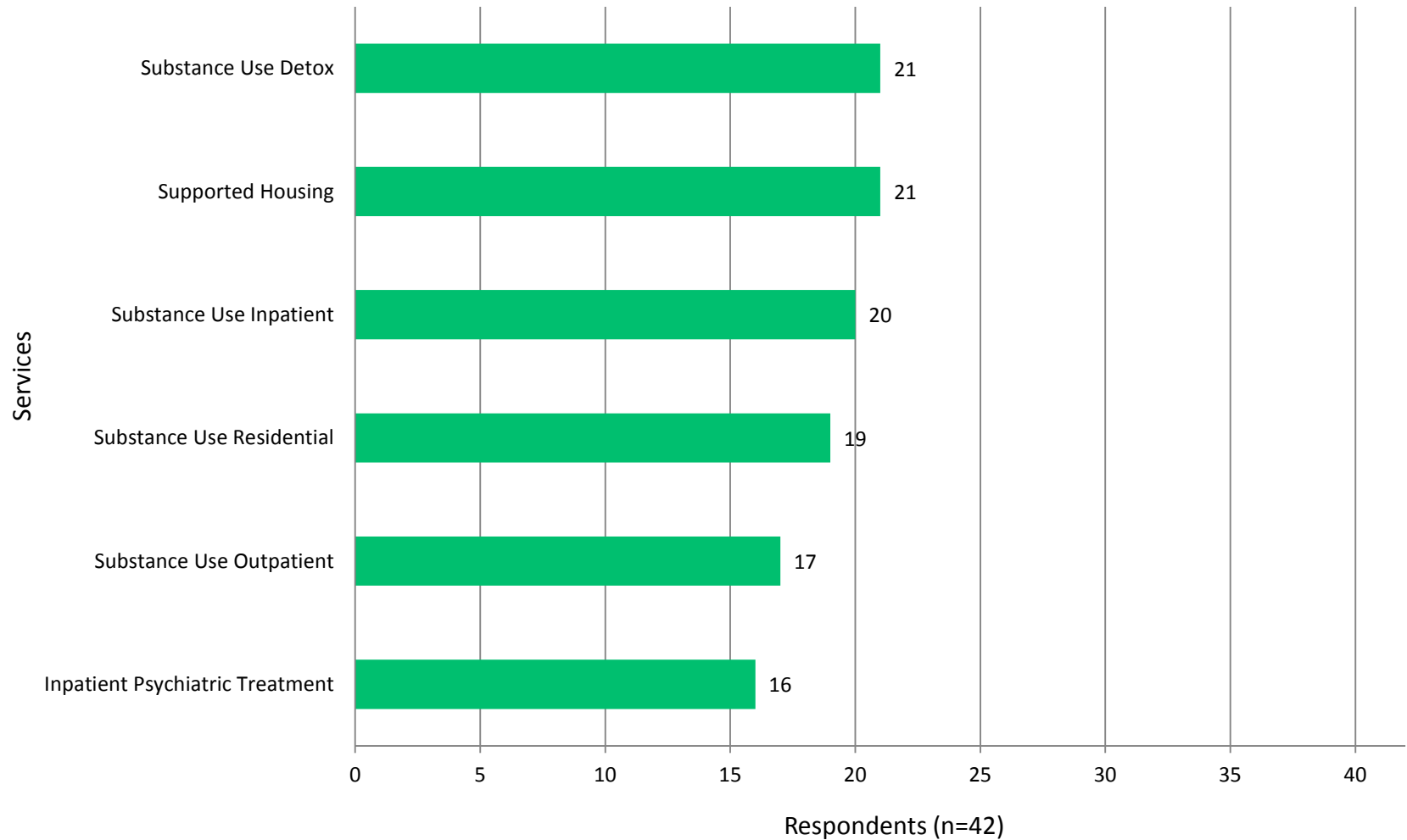




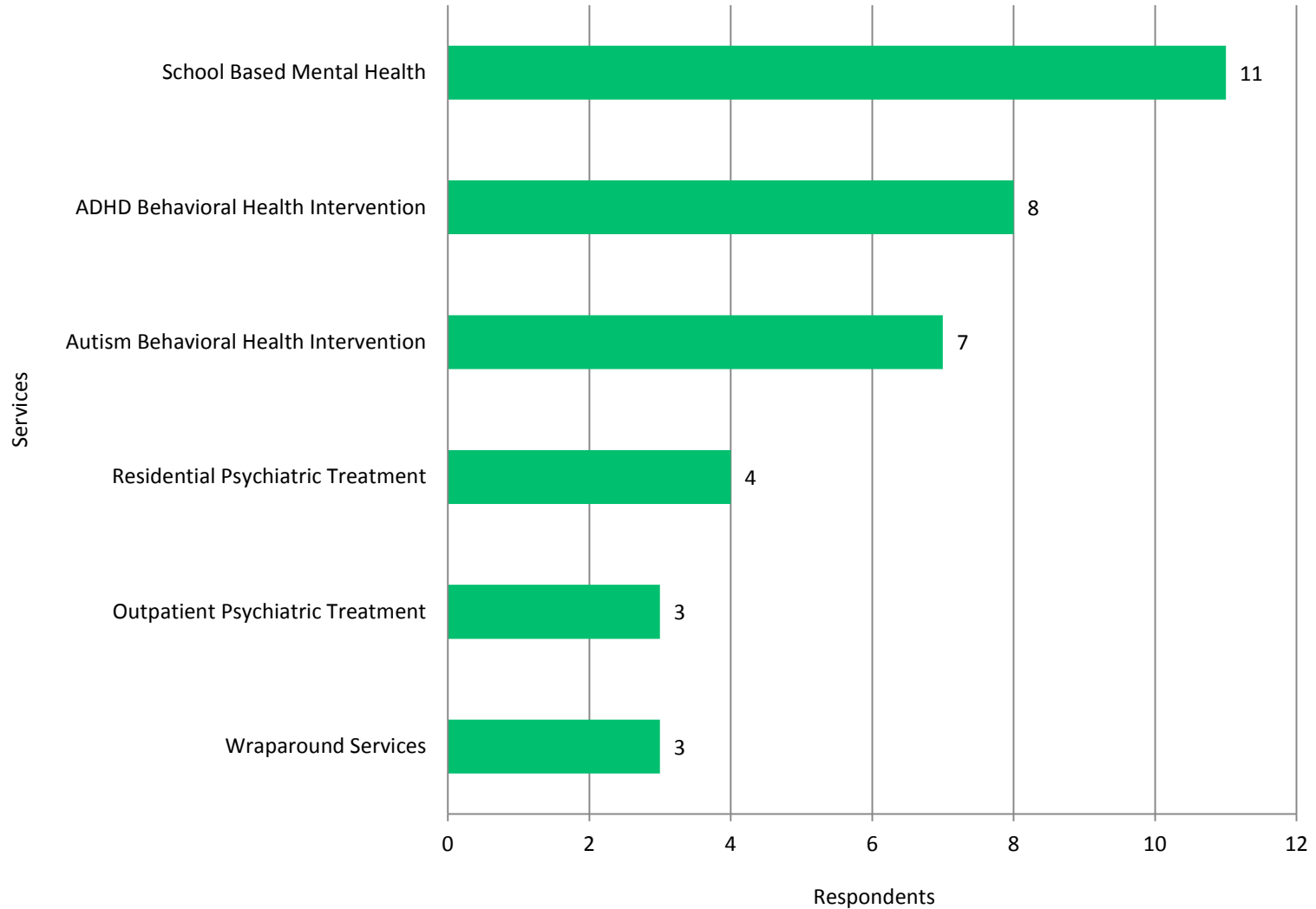
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# Referral Patterns for Behavioral Health Services in RHP 3

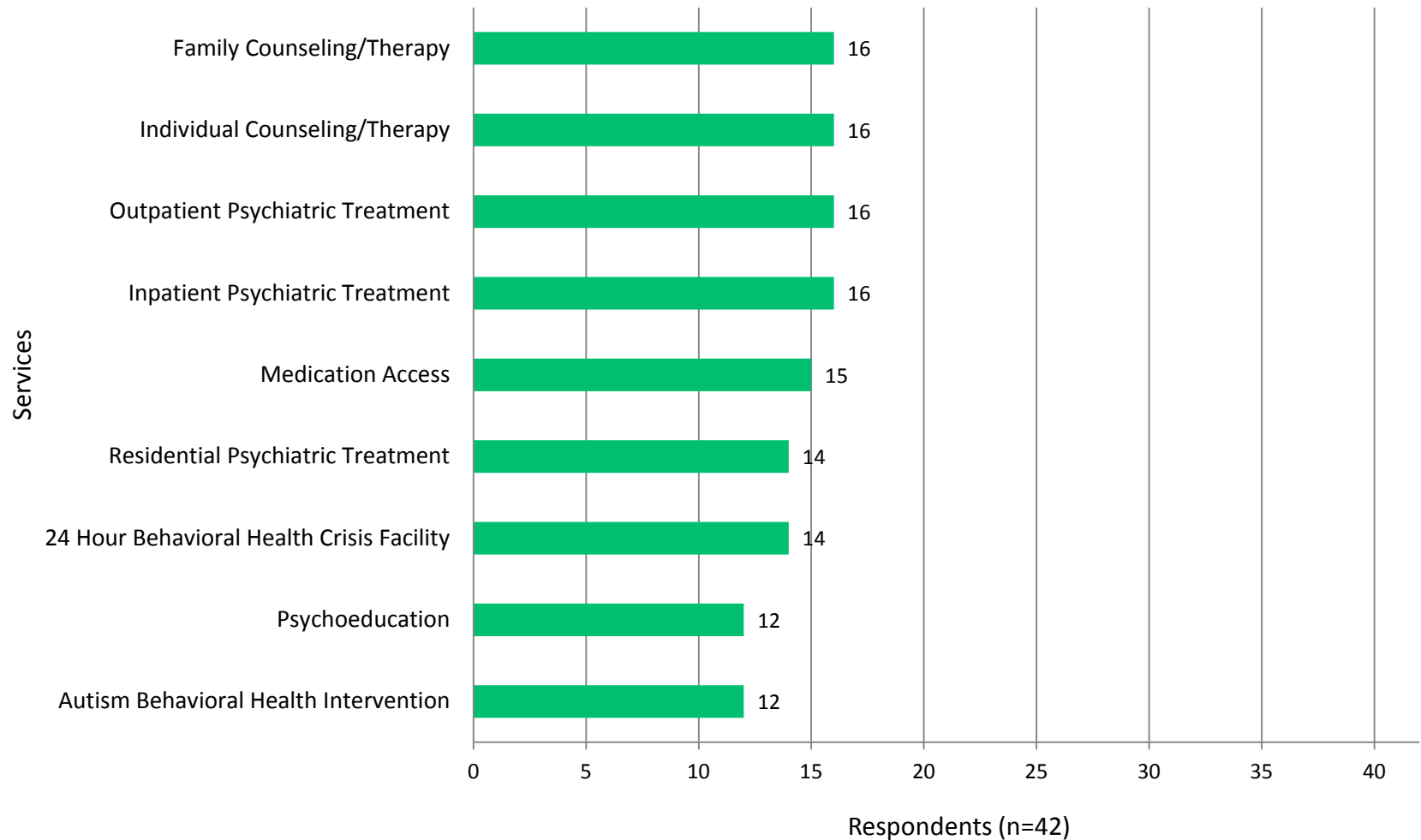
## Most Common Behavioral Health Referrals for Adults



## Top Behavioral Health Referrals for Children



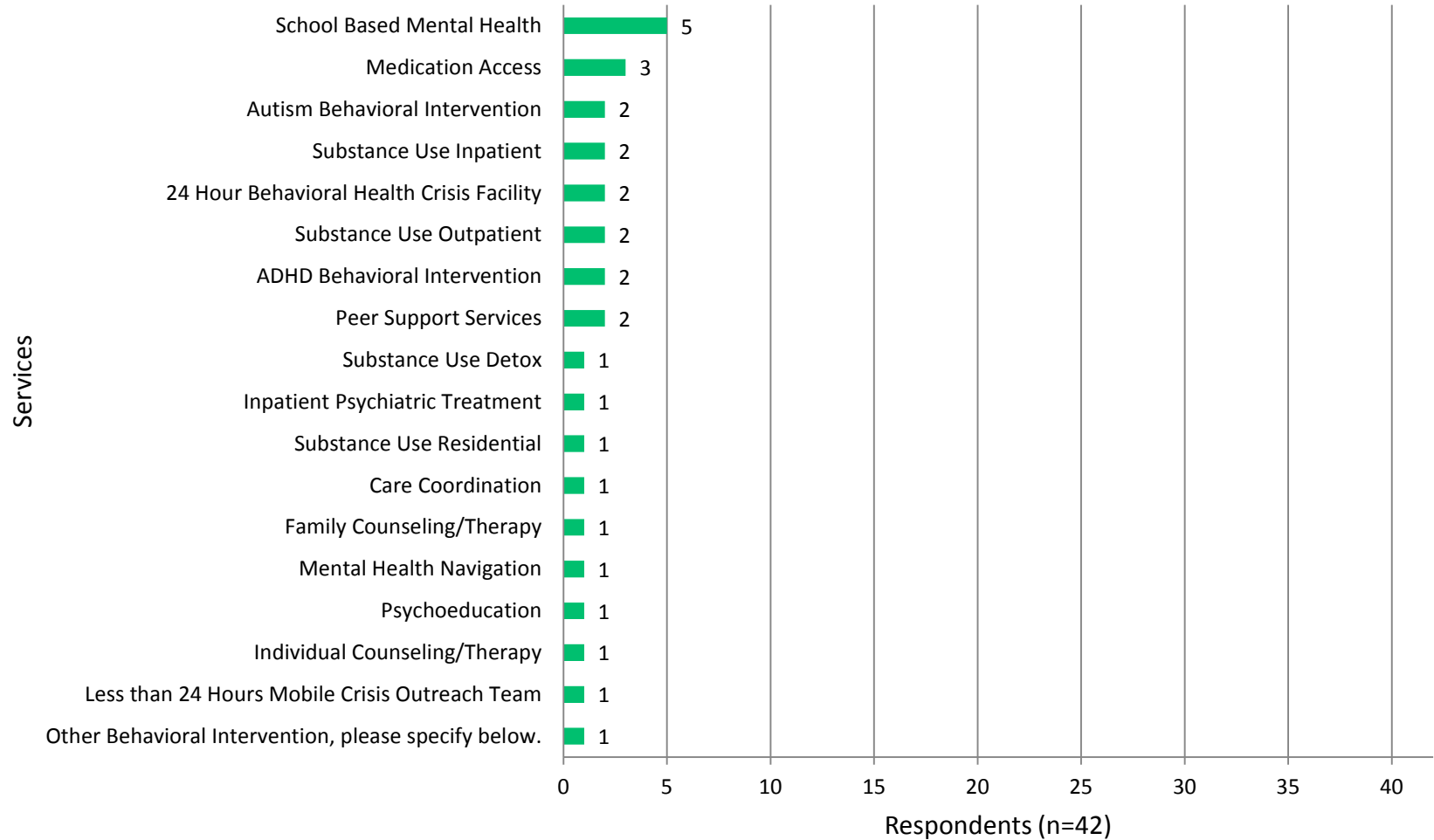
## Most Common Behavioral Health Referrals for Children and Adults



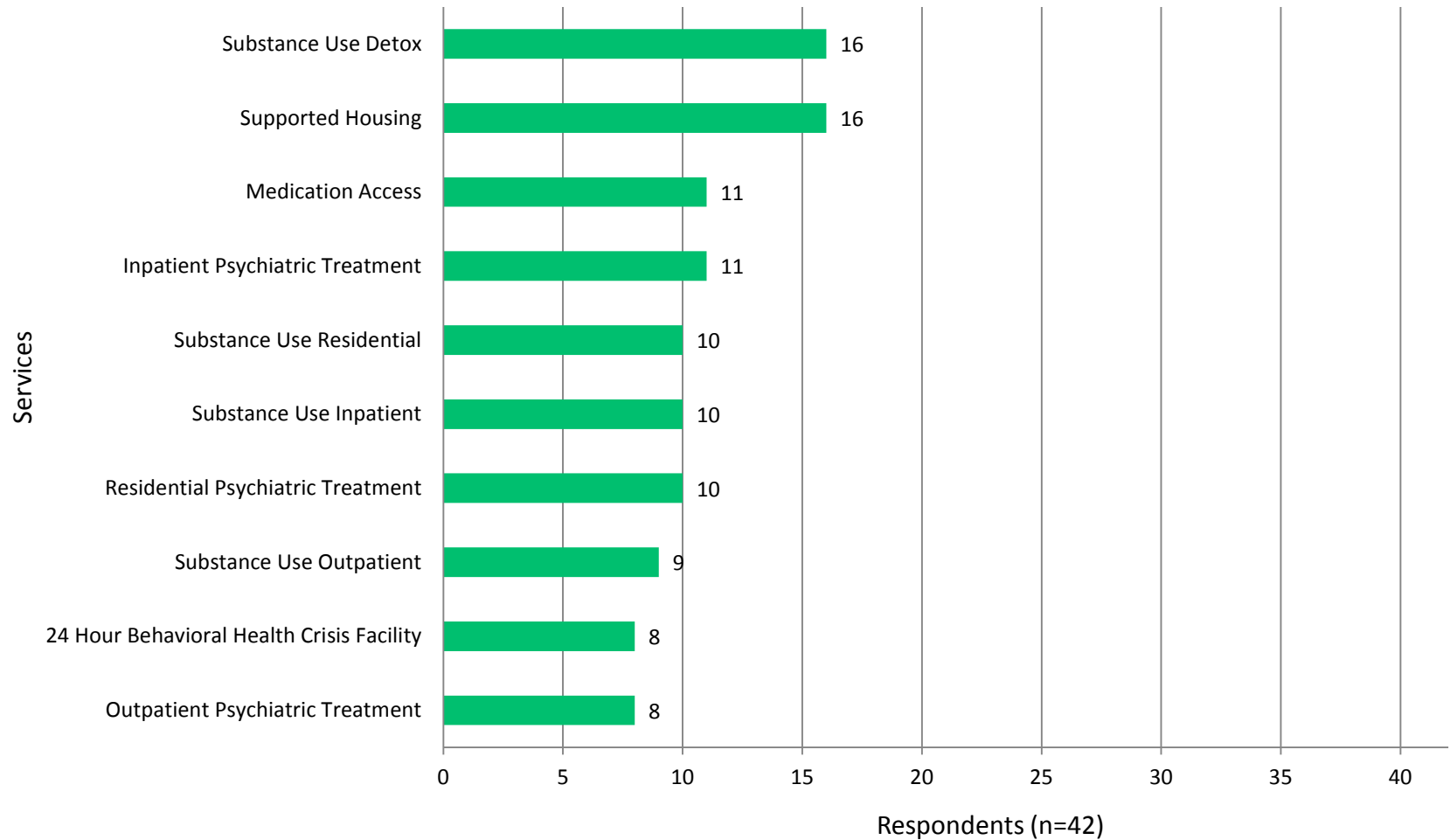
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# Difficult Behavioral Health Service Referrals in RHP 3

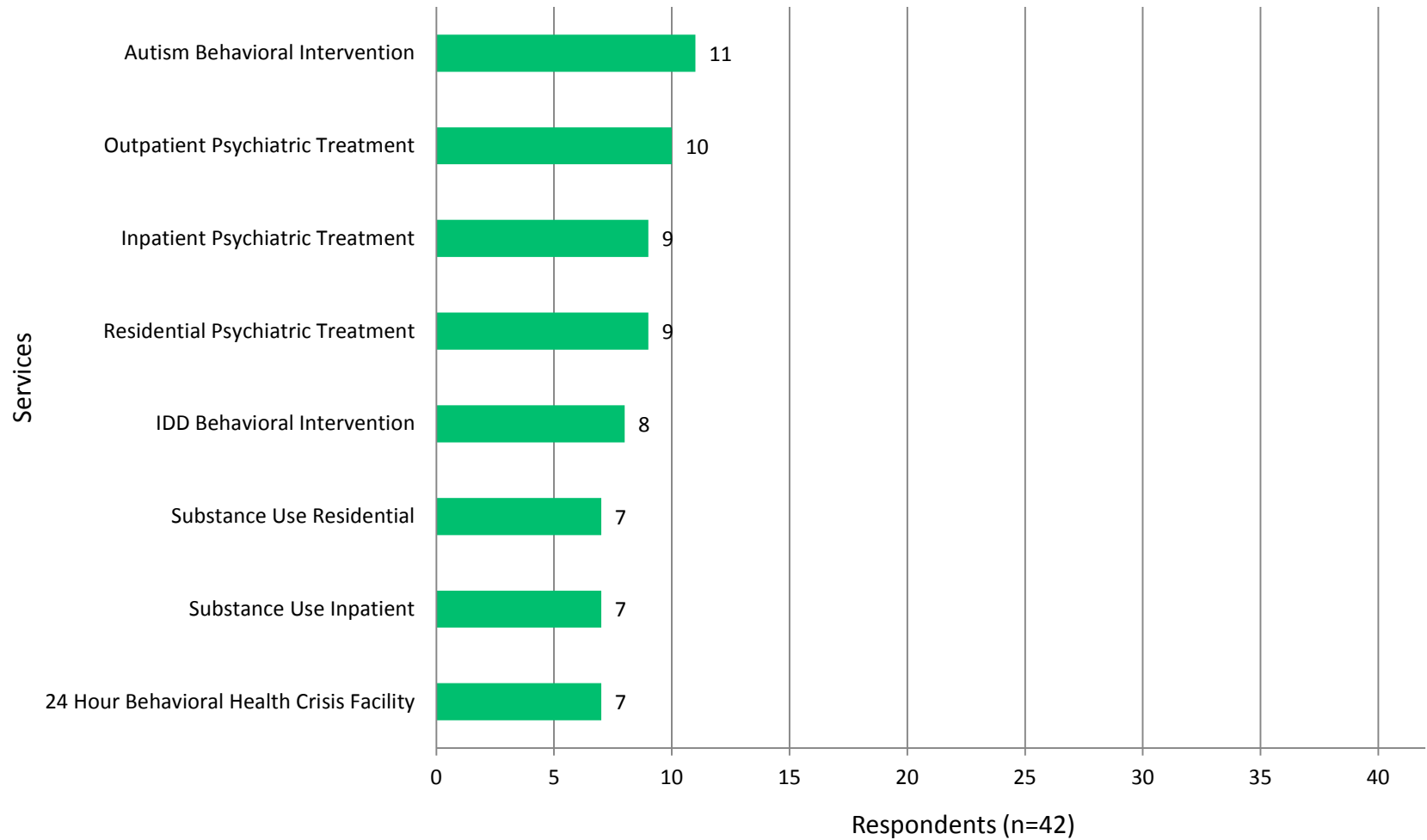
## Most Difficult Behavioral Health Referrals for Children



## Most Difficult Behavioral Health Referrals for Adults



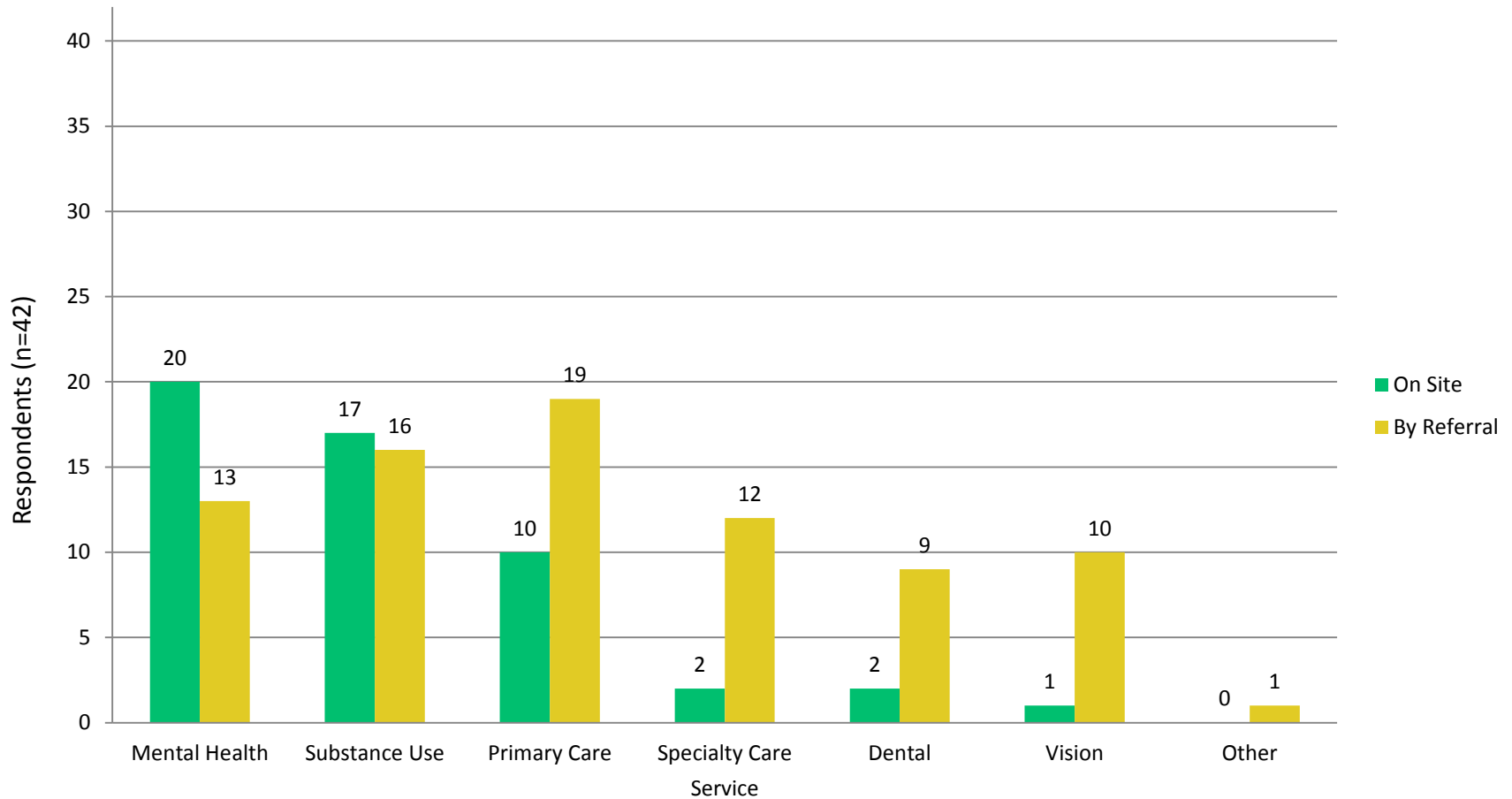
## Most Difficult Behavioral Health Referrals for Children and Adults



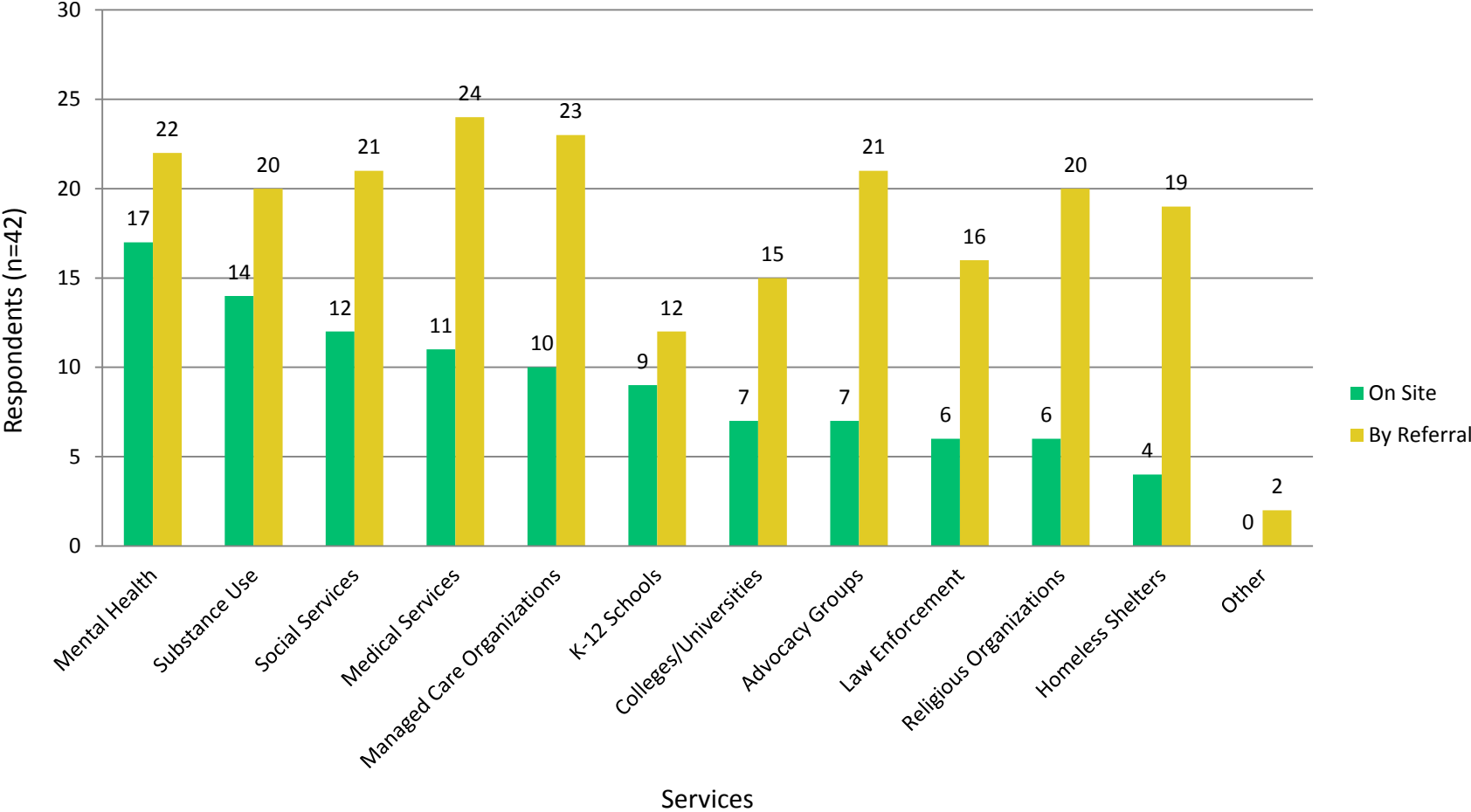


# Integrated Services and Partnerships

## Number of Survey Respondents with Integrated Services On-site or by Referral



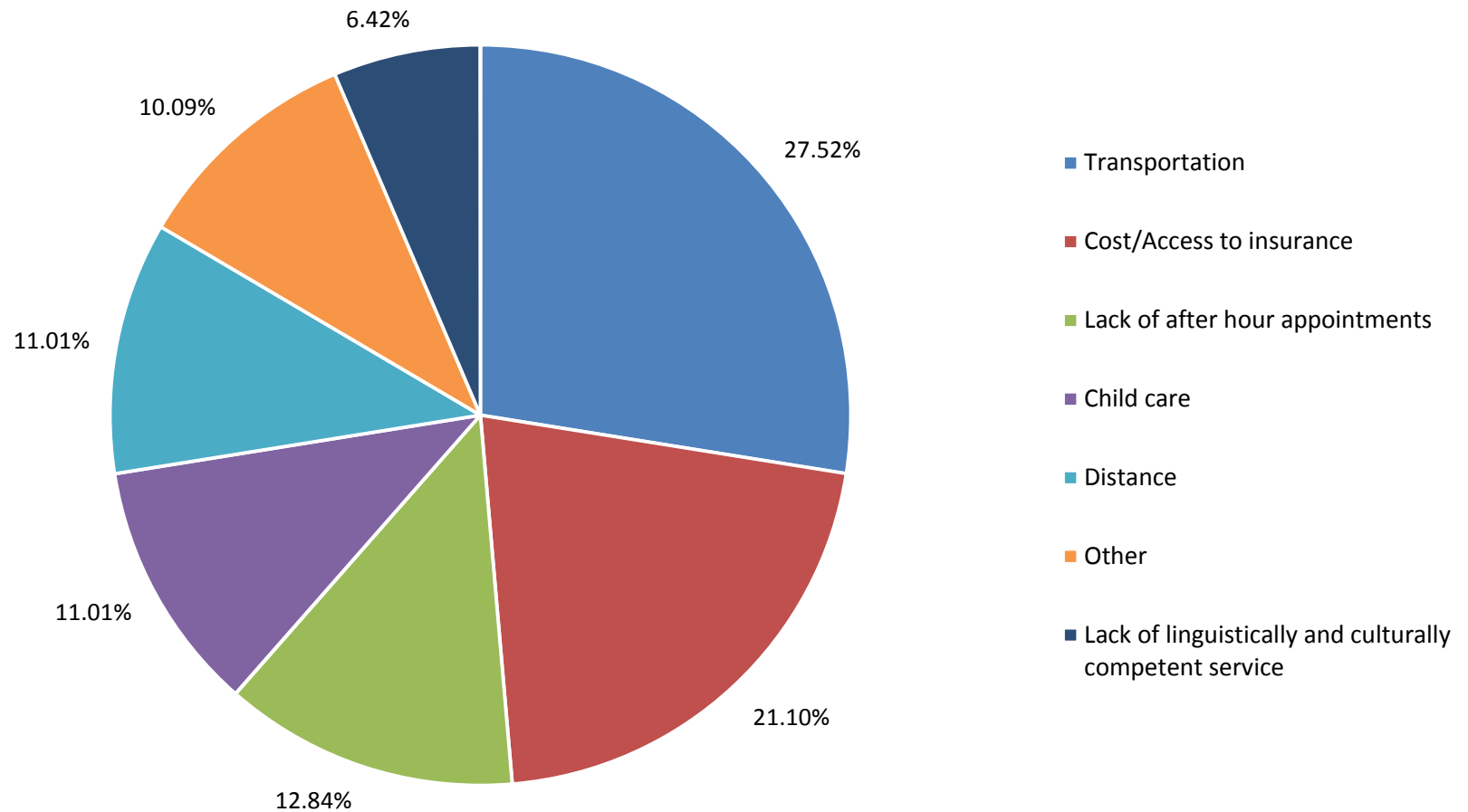
## Number of Respondents in Partnerships On site or by Referral



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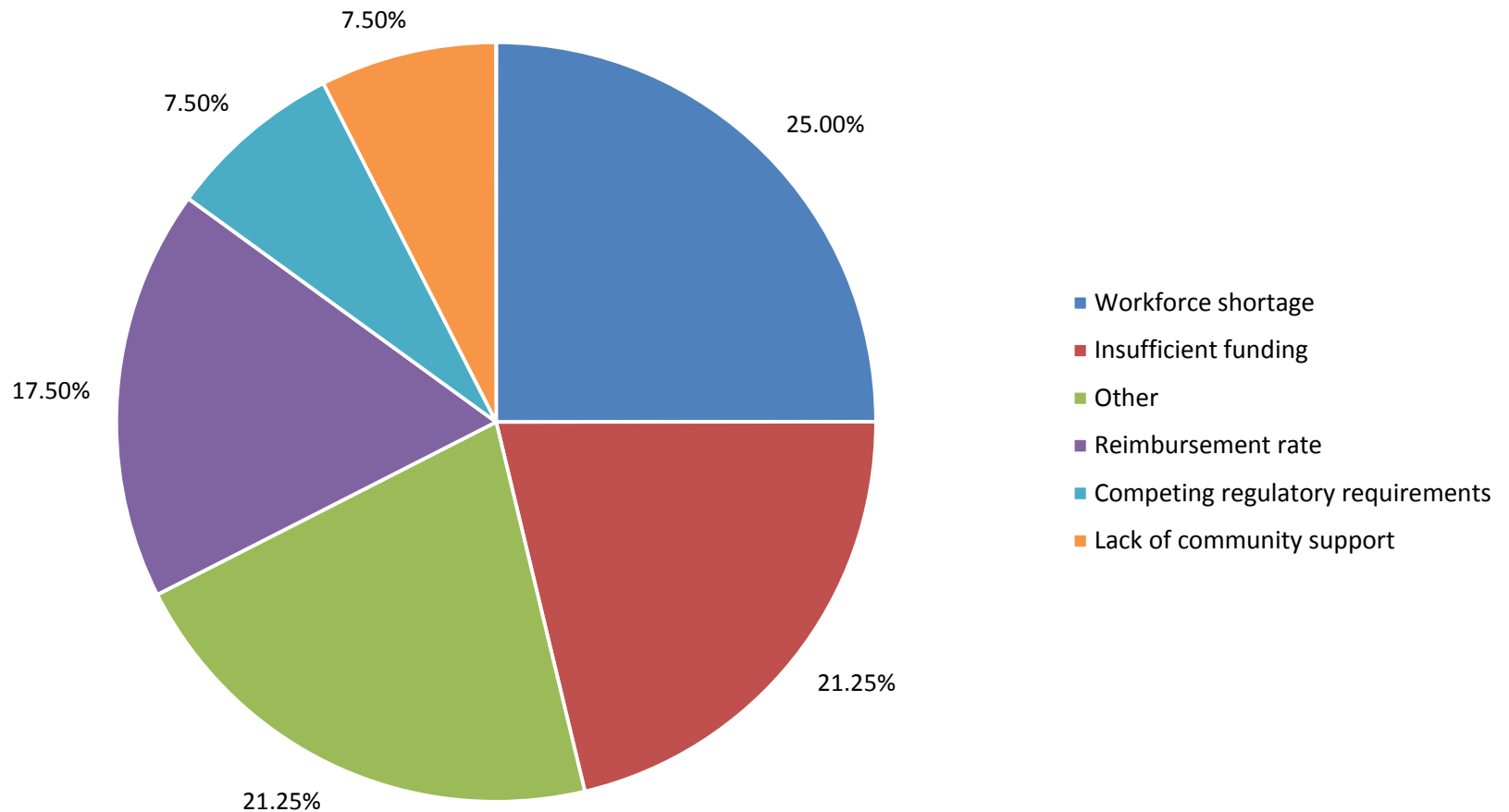
# Major Barriers to Care

## Major Barriers to **Accessing** Behavioral Health Services for Patients



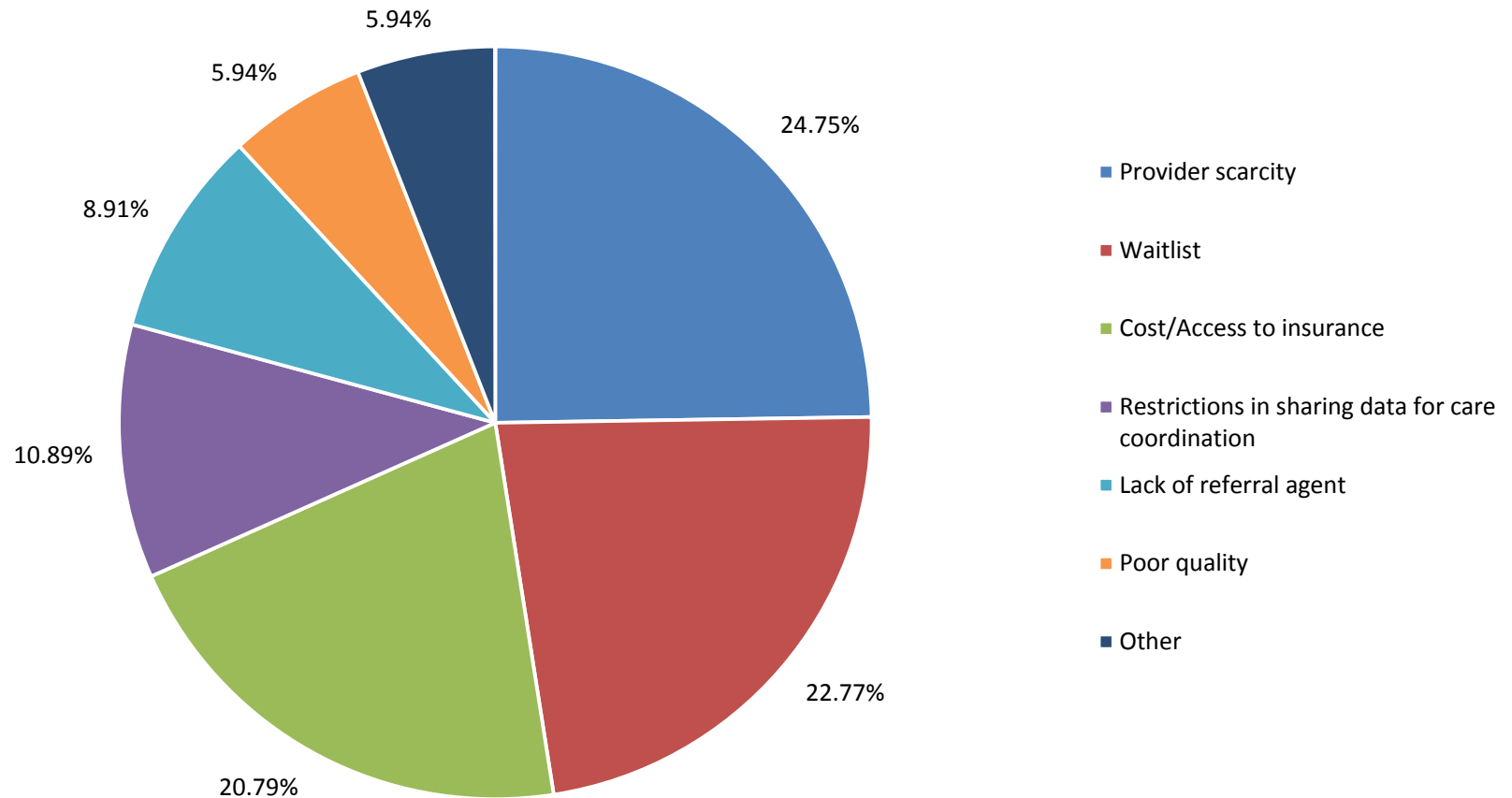
Respondents could choose more than one. Total number of responses = 109

## Major Barriers to **Providing** Behavioral Health Services



Respondents could choose more than one. Total number of responses = 80

## Major Barriers to Referring Patients to Behavioral Health Services



Respondents could choose more than one. Total number of responses = 101

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## Respondents would like to make these services more available at their organization:

- Substance abuse treatment
- Supportive Housing
- Wrap around services
- Partial hospitalization
- Outpatient psychiatric services in outlying counties
- Emergency CPS
- Family services
- Medical Services
- Medication related services



# Recommendations/Conclusion

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- The demand/supply gap and barriers to access seem more common for children.
- Referral issues are mostly related to substance abuse and psychological treatment.
- The integration of services and partnerships were indicated by well over 50% of respondents for several services especially by referral.
- Attention should be focused on the services with the largest gaps in demand and supply and the most frequently listed barriers to access.
- Attention should also be focused on alleviating barriers to referrals and accessing and providing services to patients of all ages.

# Next Steps

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As a result of the survey, the RHP 3 Behavioral Health Cohort learned that housing was a common and difficult referral resource for many behavioral health providers in Region 3. The group thought this was an area they could make a difference in and decided to begin addressing this finding first.

Therefore, the Cohort decided to develop a Local Housing and Behavioral Health Symposium where housing and behavioral health advocates and professionals in the Region can come together to discuss how to identify and address housing needs in RHP 3's behavioral health population. The event was hosted on November 3, 2017 at The Harris Center for Mental Health and IDD.

**THANK YOU!**