

# The Harris Center for Mental Health & IDD Co-Location School Based Program

Presenters:

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# What is Co-Location?

- \* Co-Location is a unique community based child and adolescent mental health program.
- \* Co-Location has achieved a means of bringing mental health services to children and their families within the community.
- \* The Harris Center has partnered with both local Independent School Districts and the City Health and Human Services Department to locate clinics within school campuses and community service centers.
- \* Co-Location allows families easy access to our services with minimal disruption to their daily life.



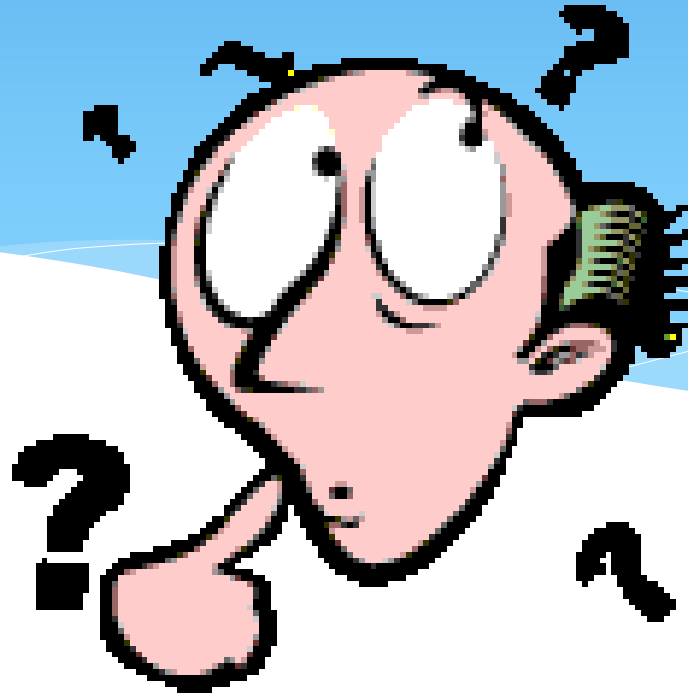
- \* Co-Location's partnership with the school districts serves as a great advantage as we team up with teachers, counselors and families for the benefit of the children.
- \* This partnership has bridged the gap between the school and the caregivers.
- \* This partnership has also provided more education and knowledge to school personnel.

# Who Do We Serve?

- \* Co-Location serves children and adolescents within Harris County between the ages of 3 and 17 who exhibit a serious emotional, behavior or mental health diagnosis.



Questions to ask if considering  
referring clients/students.





# Probing Questions



## **Parent Probing Questions**

- \* Have there been any changes in your child's life? (death, divorce, incarceration of parent, etc.)
- \* Does your child have a good appetite and sleep well?
- \* Are you satisfied with your child's behaviors?
- \* How does your child cope with change?
- \* How does everyone get along in the home?

## **School Probing Questions**

- \* How is the student doing in school? (grades, socially, behaviorally)
- \* Does the student get along with peers? (bullied, bullies, no friends)
- \* Does the student seem nervous/worried, sad, angry, withdrawn? (any changes in mood or behaviors)
- \* Has the student ever talked about wanting to kill themselves, others? Talk about dying? Going away forever?

# How Do You Refer?

- \* Referral forms are filled out by a counselor, behavior specialist, nurse or designated contact.
- \* Forms can be sent in via email, fax or given directly to the MHMRA contact. (information on brochure)



# Referral Form (example)



## The Harris Center for Mental Health and IDD

Co-Location Program Date: / /

Phone: Sylvia Rodriguez (713) 970-3339 or Ashten Majors (713) 970-3805

Fax: (713) 970-3991

<b>Child/Adolescent Information</b>			
Name	DOB	Gender: M or F	SS#
Address	City	County	Zip
<u>Parent/Guardian Signature</u>	Print Parent/Guardian's Name	Primary Language: (Circle One) English Spanish Other	
Home Telephone Number	Alternative Contact Number		
Reason for Non-Crisis Referral:	Grade:	School Name:	
<b>Insurance Information</b>			
Type of Insurance: (Please Circle One)			
Medicaid		CHIP	No Insurance
CHIP Insurance Name: _____			
Medicaid ID Number: _____		CHIP ID Number: _____	
<b>For Mental Health Emergencies, you may call our Crisis Unit: NeuroPsychiatric Center (NPC) at (713) 970-3800 (open 24 hours a day)</b>			
<b>Problem Areas</b>			
<input type="checkbox"/> Withdrawn / Depressed Behavior <input type="checkbox"/> Sleeping Difficulties <input type="checkbox"/> Eating Problems <input type="checkbox"/> Worrying / Anxious <input type="checkbox"/> Poor Attention Span <input type="checkbox"/> Impulsive <input type="checkbox"/> Poor School Performance <input type="checkbox"/> Easily Angered or Irritable <input type="checkbox"/> Stealing, Lying, Cheating (Circle Applicable) <input type="checkbox"/> Disrespectful or Argumentative		<input type="checkbox"/> Disrespectful / Argumentative (Circle Applicable) <input type="checkbox"/> Substance Abuse <input type="checkbox"/> Self-Destructive <input type="checkbox"/> Fire Setting / Property Destruction (Circle Applicable) <input type="checkbox"/> Hallucinations / Delusions (Circle Applicable) <input type="checkbox"/> Violence or Cruelty to Animals <input type="checkbox"/> Verbally / Physically Aggressive (Circle Applicable) <input type="checkbox"/> Strained Family Relationships <input type="checkbox"/> Deteriorating Classroom Behavior <input type="checkbox"/> Other (explain): _____	
<b>Requesting Screening for the Following:</b>			
<input type="checkbox"/> Information & Referral <input type="checkbox"/> Assessment		<input type="checkbox"/> Individual or Family Counseling	

Referral Source Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

10/15 TWB



# After the Referral

- \* The family is contacted to schedule a financial eligibility assessment and a clinical assessment.



# Financial Eligibility Assessment

- \* An eligibility worker meets with the parent or legal guardian to determine if there is a financial responsibility for the services.

## **THE HARRIS CENTER MISSION STATEMENT**

It shall be the mission of the Mental Health and Mental Retardation Authority of Harris County (MHMRA), within resources available, to provide and ensure the provision of services in a respectful fashion that are high in quality, efficient, and cost effective such that persons with mental disabilities may live with dignity as fully functioning, participating, and contributing members of our community as possible, regardless of their ability to pay or third party coverage.

# Topics Covered During Clinical Assessment

- \* Current symptoms of child and impact on daily function
- \* Educational background (grades, attendance, behavior, at grade-level ability, bully/bullied)
- \* History of trauma including sexual, physical, and emotional abuse, and witness to domestic violence for child and parents
- \* The presence of suicidal/homicidal ideation or a past history of attempts
- \* Family history of suicide attempts

# More...

- \* Religion/Spirituality
- \* Hobbies and strengths
- \* Support systems which can aid in achieving recovery

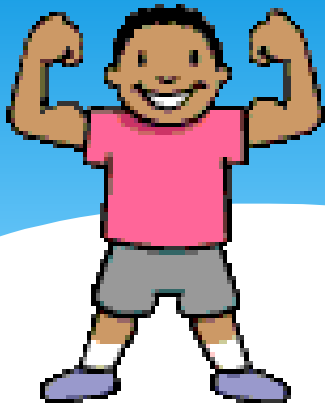
\*\*\*Recovery IS Possible\*\*\*



# Diagnosis & Recovery Planning

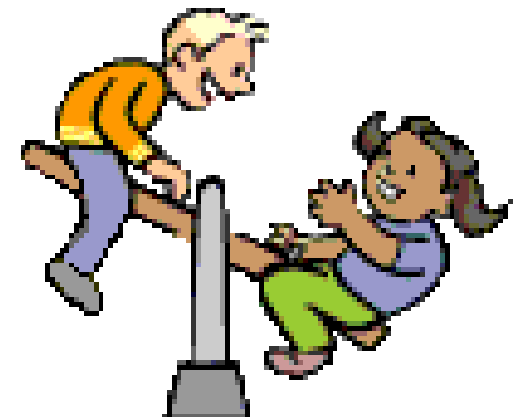


- \* The diagnosis is determined after the assessment is completed.
- \* Once a family agrees to services, a recovery plan is developed to identify goals of treatment.



# Services Provided

- \* Regular Therapy sessions (CBT: Cognitive Behavior Therapy) usually weekly and then every other week
- \* Includes Individual Sessions
- \* Family (client + family)
- \* Skills Training
- \* Parent Partner Services
- \* Psychiatric Services (at some locations)
- \* Case Management
- \* Family Support Services (at some locations)



# Sites with The Harris Center Therapy Services

## **Houston ISD**

- \* Westside High School-14201 Briar Forest Houston
- \* Forest Brook MS- 7525 Tidwell Houston
- \* Robert Lee High- 6529 Beverly Hill Street Houston
- \* Roderick Paige Elementary School- 501 Curry Road Houston
- \* Paul Revere Middle School- 10502 Briar Forest Dr. Houston
- \* Sam Houston Math, Science, & Technology Center- 9400 Irvington Blvd. Houston
- \* Shadow Briar Elementary- 2650 Shadow Briar Drive Houston
- \* Ed White Elementary School- 9001 Triola Lane Houston
- \* High School Ahead Academy- 5320 Yale Houston

## **Channelview ISD**

- \* Alice Johnson Junior High ISD- 15500 Proctor Channelview

- \* Kolarik 9<sup>th</sup> Grade Center- 1120 Sheldon Road Channelview

## **Pasadena ISD**

- \* The Summit Alternative Campus- 1838 E. Sam Houston Pkwy Pasadena
- \* Teagler Career Center- 4949 Burke Road Pasadena
- \* Beverly Hills Intermediate- 11111 Beamer Road Pasadena

## **Alief ISD**

- \* Killough Middle School- 7600 Synott Houston

## **Spring Branch ISD**

- \* West Support Campus- 2100 Shadowdale Drive Houston

## **Acres Homes Multi Service Center**

6719 West Montgomery Rd. Houston

## **West End Multi Service Center**

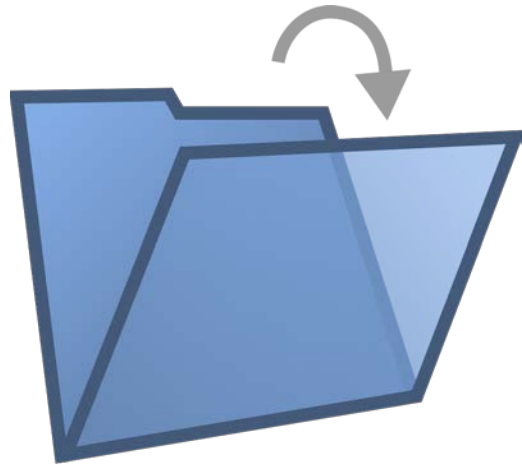
170 Heights Blvd Houston

## **Magnolia Multi Service Center**

7037 Capitol Houston

# Current Co-Location Caseload

824 Open Cases






# Co-Location's Successes



- \* Co-Location has been instrumental in bringing mental health services directly onto the campuses of 16 schools in the Greater Houston area.
- \* Co-Location 's Partnership with the schools has brought about an increase in awareness and education among school personnel around the issues of mental illness and its impact on the functioning of students.
- \* Co-Location 's Parent Partners have been successful in providing support, education and resources to parents and families in order to help them better understand their child's mental illness as well as hope for recovery.

# Co-Location's Challenges

- 
- \* Changes in School Personnel has posed some difficulty with the continuity of services at some of the locations.
  - \* Working with the school academic schedules while trying to provide needed services to the students during school hours can be difficult to manage especially during State Testing times.
  - \* Supporting the expectation of school personnel while advocating for the best educational placement of the student is also challenging at times.

# Important Co-Location Contact Numbers

- \* Co-Location Referrals:

Sylvia Rodriguez- 713-970-3339

Ashten Majors- 713-970-3805

Tiffanie Williams-Brooks- 832-373-7462

Caryn Lira- 832-942-3485

- \* The Harris Center Helpline: 713-970-7000

# Questions???



*The End*