



**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

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# RHP 3 Learning Collaborative – DY5

## December 9, 2015



**WELCOME!**



# Overview

- Welcome
- Cohort Updates-Navigation and Behavioral Health
- Regional Quality Improvement
- Sustainability
- 1115 Waiver Status Update
- DSRIP Perspectives, New York & Other Regions
- Networking, Snacks, & Other Highlights



CHW Tool

Navigation Station

THCIC Behavioral Health 30-Day Readmissions Data

# **LEARNING COLLABORATIVE COHORT UPDATES**



**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

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# Community Health Worker Continuing Education Web Tool A Project of the Navigation Cohort

Jennifer Bradley, UT Physicians



www.CHWceu.com



Welcome, tphtc@uth.tmc.edu!

Home



Home



Available Classes



Training Centers



Calendar



Settings



About

Resources

Texas - DSHS

## Welcome to the Community Health Workers App!

Go to "Available Classes" to see all available classes in your area.

Go to "Training Centers" to locate all training centers and to see what classes they provide.

Go to "Calendar" to see all of the classes in a calendar format.

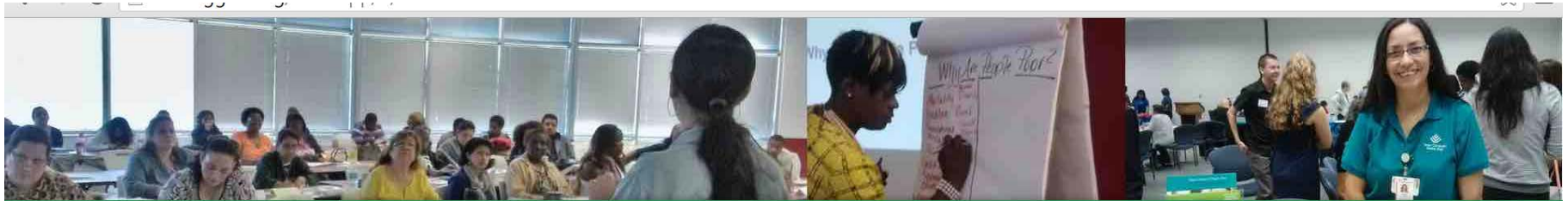
Go to "Settings" to log out.

Go to "About" to learn more information about CHWs and the app.










# Finding CHW classes









**Available Classes** Log In

-  Home
-  Available Classes
-  Training Centers
-  Calendar
-  About

**Resources**

- Texas - DSHS
- SE Texas Healthcare Partnership

	<b>Fort Bend Networking Meeting</b> Location: University of Texas School of Public Health Date: 01/15/2016 @ 9:00AM	 Credits
 Info		
	<b>Networking</b> Location: University of Texas School of Public Health Date: 01/22/2016 @ 9:00AM	 Credits
 Info		



# Calendar

Welcome, tphtc@uth.tmc.edu!

Calendar

January 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13 12p Brown Bag CHW Lecture	14 9a Access to Harris Health	15 9a Fort Bend Networking Meeting	16
17	18	19	20 9a Family Health History for CHWs	21 9a Family Health History for CHWs	22 9a Networking 1p Working in Groups	23

Resources:

- Texas - DSHS
- SE Texas Healthcare Partners...
- Texas Gulf Coast Association
- DFC Guide

PresentationTempla....pptx

PresentationTempla....pptx

Show all downloads...





# Training Centers









Welcome, tphtc@uth.tmc.edu!

Training Centers

-  Calendar
-  Settings
-  About

Resources

- Texas - DSHS
- SE Texas Healthcare Partnership
- Texas Gulf Coast Association
- DFC Guide

	<p>Gateway to Care (GTC)</p>	 Classes
	<p>University of Texas School of Public Health</p>	 Classes  Edit Training Center Info
	<p>Harris Health</p>	



# Community Partnership

A million thanks to our community partner!

University of Houston

Bonner leaders Program

Medicine & Society Program





# QUESTIONS



[setexasrhp@harrishealth.org](mailto:setexasrhp@harrishealth.org)



**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

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# Region 3 Health Navigation Station Online Portal

Erin Brackney Kremkus, OneStar Foundation- Navigation Station

# texasconnects.org



Linking Community Needs and Nonprofit Solutions across Texas

LOG IN OR CREATE AN ACCOUNT



Please add me to the Texas Connector mailing list

Home

The Basics

The Buzz

News and Events

Partners

Give Us Feedback

Help



## Strengthening Texas Communities

Texas Connector is an online, interactive mapping tool that links needs and nonprofits to strengthen Texas communities. It provides a visual snapshot of social service needs and resources to allow funders, local and state government leaders, research, and the nonprofit community to more effectively meet Texas' growing needs. Texas Connector bridges the information gap between the areas served by nonprofits and the underserved communities of Texas.

Try Texas Connector for free



Region 3 Health Navigation Portal



# Region 3 Health Navigation Station

**Need an easier, more efficient way to find healthcare services to meet your patient's needs?**

**Try the Health Navigation Station (HNS) - a collaborative project by the Regional Healthcare Partnership 3 Patient Navigation Cohort and OneStar Foundation.**

# Region 3 Health Navigation Station

- **An online, easy-to-use website specifically designed for patient/client navigation staff, health service providers, and health administrators.**
- **Contains healthcare services provided by participating Region 3 hospitals, health clinics, and physicians**
- **Users can search in a patient's neighborhood, according to type of specialty or health service needed, insurances accepted or clinic type.**
- **Quickly create lists of clinics tailored to your patient's needs to email, print, export results or even view on a map.**

# Region 3 Health Navigation Station

- The HNS was designed with you in mind.
- Brings together Region 3 healthcare systems to work in partnership to make services more easily accessed.
- **The HNS is available at no cost for users in Region 3 until September 30, 2016.**
- **Visit [www.texasconnects.org](http://www.texasconnects.org) and sign up for a free account to try the HNS today.**



# Interface Capabilities

- **Search/filter database by:**
  - Type of Service or Specialty or Name
  - Type of Physician or Clinic
  - Insurance Type
  - Geographic area with adjustable distance limit
- **Export and/or print search results**
- **Integrated with Texas Connector features:**
  - Public Transit Visual Layer & Stop-level data

# Regional Healthcare Partnership 3 Patient Navigation Tool

## Health Navigation Station Southeast Texas Regional Healthcare Partnership 3



**Are you a Patient Navigator looking for a doctor or health clinic to meet a client's needs?** Use the Health Navigation Station to search for Regional Healthcare Partnership 3 participating providers by service, specialty or name of a doctor or clinic, insurance(s) accepted, geographic region and more. Create reports of your results to print, email, export or view on a map!

**The Health Navigation Station** is designed for Patient Navigation staff, service providers, administrators, government agencies and funders. It's a user-friendly tool that allows you to find a doctor or clinic - including dentists and behavioral health providers - in just seconds!

Start here by answering the questions below. You can add as many items to your search as you'd like.

What type of Service or Specialty?

OR

What is the name of the Doctor or Clinic?

What type of Doctor or Clinic?

What type of insurance?

What is your Location?

**Add to Search**

Acceptable regions: address, zip code, city, county, school district, Federal Congressional District, Texas State House District, or Texas State Senate District.

Search within  mile radius

Only Accepting New Patients

### Your Search

To remove an item from your search simply click on the item below.

Click to



Give Us Feedback

RESET

SEARCH

# Regional Healthcare Partnership 3 Patient Navigation Tool

## Health Navigation Station Doctor/Clinic Results

Refine Your Search:

Doctor or Clinic Type

Type of Service or Specialty

Insurance Type

Location



Refresh



Service or  
Specialty:  
Derm Physician



Distance:  
25 mi of 77020  
(Zip)

Export the full results for more details, including:  
programs, data source, update date, and other  
service types listed.

Export Data

View on Map

Email Results

Print Results

Show  entries

Select All

Deselect All

Delete Selected

Options	<u>Doctor/Clinic Type</u>	<u>Specialty</u>	<u>Doctor/Clinic Name</u>	<u>Clinic Address</u>	<u>Hours</u>	<u>Contact Information</u>	<u>Insurance Accepted</u>	<u>Distance (mi)</u>
<input type="checkbox"/>	Community Clinic	Derm Physician Fam Prac Physician Int Med Nurse Int Med Physician Int Med Resident Neu Physician OBG Dietitian OBG Physician Ped Physician	UTP BELLAIRE MULTI SPECIALTY CLINIC	6700 West Loop South Freeway Bellaire, TX 77401		1-888-488-3627	Life Synch/Corp Health Aetna Alliance AmeriGroup Corporation (Americaid) Beech Street Best Doctors Blue Bell Benefits Trust Blue Cross and Blue Shield of Texas Bravo Healthcare CCN Choice Care Network Cigna Cigna Lifesource Coastal Comp Health Network Community Health Choice CorVel Coventry / Medicare Coventry Healthcare	

[Report Incorrect Data](#)  
[View Full Record](#)

# Regional Healthcare Partnership 3 Patient Navigation Tool

## Health Navigation Station Southeast Texas Regional Healthcare Partnership 3 Doctor/Clinic Results

### Your Search

Doctor/Clinic Type:

Insurance:

Location:



1 of 2 Results

Distance 7.57 mi

<b>Doctor/Clinic Type</b>	<b>Accepting New Patients:</b> Yes	<b>Data Source &amp; Last Update:</b>
Community Clinic	<b>Contact Information</b>	Harris County Health: June 2015
<b>Type of Service or Specialty</b>	1-888-488-3627	<b>Programs Offered</b>
<ul style="list-style-type: none"> <li>Derm Physician</li> <li>Fam Prac Physician</li> <li>Int Med Nurse</li> <li>Int Med Physician</li> <li>Int Med Resident</li> <li>Neu Physician</li> <li>OBG Dietitian</li> <li>OBG Physician</li> <li>Ped Physician</li> </ul>	<b>Insurance Accepted</b>	<b>Other Doctor/Clinic Types</b>
<b>Doctor/Clinic Name</b>	<ul style="list-style-type: none"> <li>Life Synch/Corp Health</li> <li>Aetna</li> <li>Alliance</li> <li>AmeriGroup Corporation (Americaid)</li> <li>Beech Street</li> <li>Best Doctors</li> <li>Blue Bell Benefits Trust</li> <li>Blue Cross and Blue Shield of Texas</li> <li>Bravo Healthcare</li> <li>CCN</li> <li>Choice Care Network</li> <li>Cigna</li> </ul>	
<b>Doctor/Clinic Name</b>		
<b>Clinic Address</b>		
6700 West Loop South Freeway Bellaire, TX 77401		
<b>Hours of Operation</b>		

# Clinic/Physician Search

## Health Navigation Station Doctor/Clinic Results

Refine Your Search:

Doctor or Clinic Type

Type of Service or Specialty

Insurance Type

Location

Refresh

Service or Specialty:  
Derm Physician

Distance:  
25 mi of 77020  
(Zip)

Export the full results for more details, including: programs, data source, update date, and other service types listed.

Export Data

Back to Results Table

Email Results

Print Results

**Active Organizations**

Organizations / Favorites

- UTP BELLAIRE MULTI SPECIALTY CLINIC
- UTP HPB CLINIC

Unselect All Hide All

**UTP BELLAIRE MULTI SPECIALTY CLINIC**

6700 West Loop South Freeway, Bellaire 77401

Phone: 1-888-488-3627

Services/Categories: Community Clinic, Derm Physician, Fam Prac Physician, Int Med Nurse, Int Med Physician

[View more details](#)

[Zoom to](#) [Get Directions](#)

[Add To Favorites](#) [Report Duplicate](#)

**Log in for full Texas Connector Access**

**Education**

**Transportation**

- Public Transit Routes and Stops
- Stops
- Routes
- Tram, Streetcar, Light Rail

# Clinic/Physician Details

## Organization Details

[\[Report this organization as a duplicate record\]](#)

### HOUSTON COMMUNITY HEALTH CENTERS INC ( DBA- Denver Harbor Clinic)

**Primary Address:** 424 Hahlo Street, Houston, TX 77020

**Type of Organization:** Other

**EIN:** 76-0622208

**Email:** [mponi.hchc@tachc.org](mailto:mponi.hchc@tachc.org)

**Contact:** Theresa Strong (Development Officer)

**Mission Statement:** Houston Community Health Centers, Inc. (HCHC) is a private nonprofit Federally Qualified Community Health Center. HCHC provides a full range of medical, dental, and mental health services in medically underserved areas through its two clinics. The organization is also committed to spurring neighborhood economic development through new job creation and improvements in the communities it serves.

**Operating Budget:** \$4,270,658.00

**Assets:** \$3,600,932.00

#### Programs

Name	Description	Service Area
Medical, Dental, Mental Health, Pediatrics, Ancillary Services Programs	Houston Community Health Centers, Inc. (HCHC) provided first quality medical care to 2,872 unduplicated patients in 2008. As a result of the collaborate partnership between HCHC and the Methodist Hospital, the community health center estimates to provide care to 9,000 patients by the year 2010. The three major operating programs are: 1. Medical 2. Dental(as of January 2008) 3. Mental Health (as of September 2007). This includes medical and dental services at both our family clinic (Denver Harbor) and pediatric clinic (Airline). HCHC offers services to insured (private, Medicaid and Medicare) and uninsured people. HCHC offers ancillary services to assist with Medicaid, CHIP, and CHIP Perinatal enrollment. A sliding fee program is also offered for cash patients. Ophthalmology visits are also held once a month and health education and outreach services are conducted as well. All the doctors at HCHC belong to the Family Medicine Residency Program from the Methodist Hospital. There are currently 4 full time physicians and twelve residents.	

#### Services and Classification

**AIRS:** Community Clinics

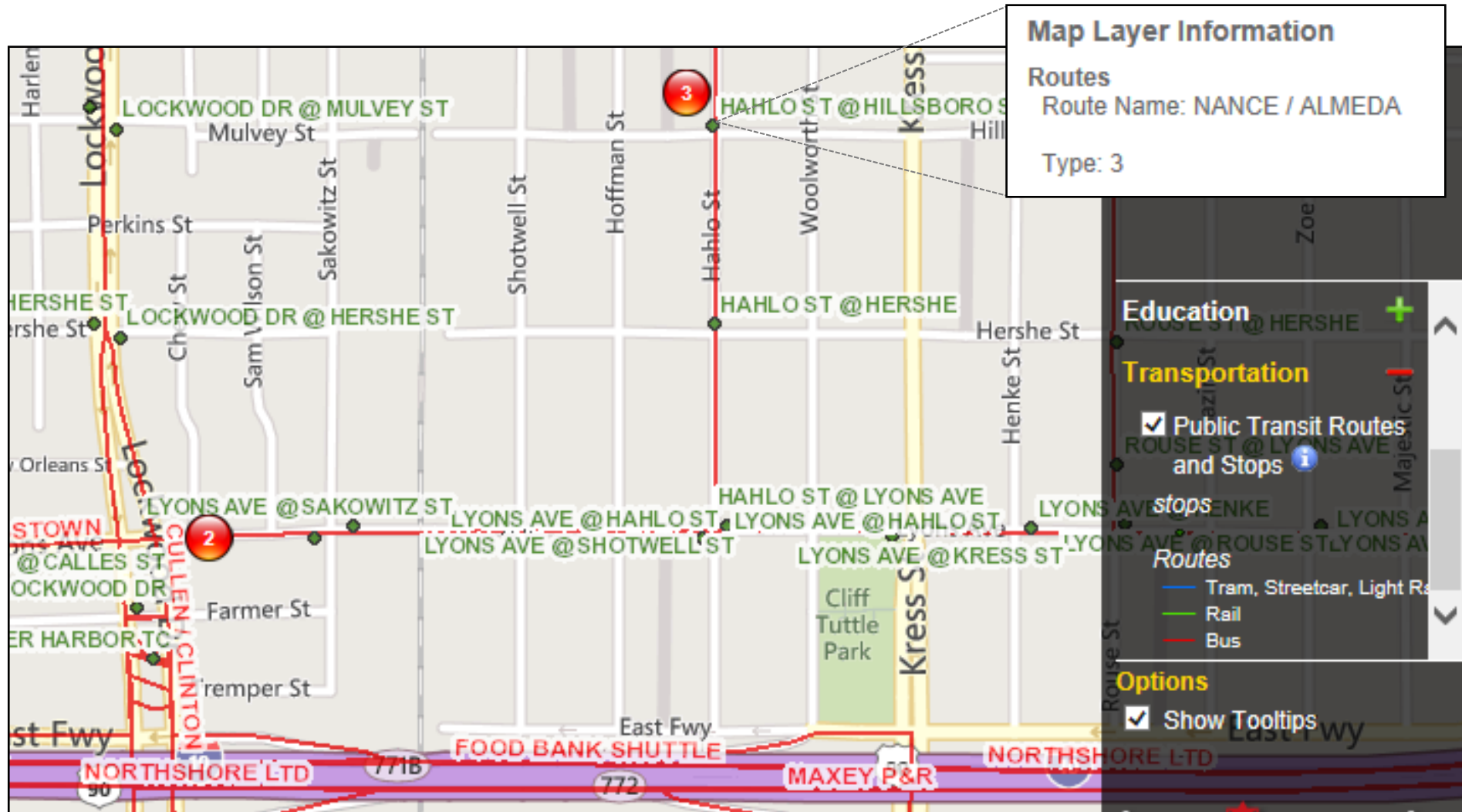
**NTEE:** Health Treatment Facilities (Primarily Outpatient)

#### Data Sources

[GuideStar](#) - Last update: 7/23/2013 11:22:22 AM

User Update - Last update: 7/28/2014 3:54:07 PM

# Public Transit



# Exportable Formats

**Active Organizations**

Organizations / Favorites

- UTP BELLAIRE MULTI SPECIALTY CLINIC
- UTP HPB CLINIC

Unselect All Hide All

**Send Email**

Please enter an e-mail address

Send Close

**Log in for full Texas Connector Access**

Organization type or name:

**Transportation**

- Public Transit Routes and Stops

Stops

Routes

- Tram, Streetcar, Light Rail
- Rail
- Bus

**Options**

- Show Tooltips

Export the full results for more details, including: programs, data source, update date, and other service types listed.

**Export Data**

texas connector



**OneStar Foundation is building a stronger nonprofit sector for a better Texas. We...**

**CONNECT.**



**PROMOTE.**



**CONVENE.**



**texas**  **connector**<sup>TM</sup>  
by onestar foundation

# QUESTIONS



[setexasrhp@harrishealth.org](mailto:setexasrhp@harrishealth.org)

# THCIC Readmission Findings

Scott Hickey

Charles Begley

Devika Srivastava

Jessica Hall

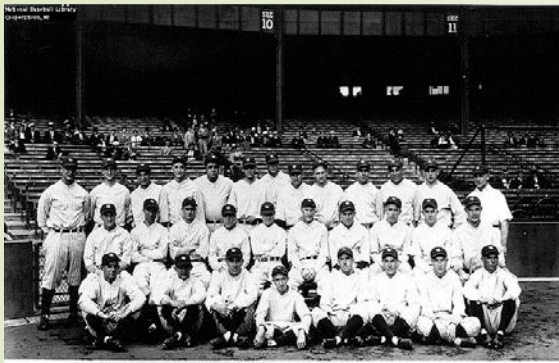
Amrita Shenoy

Michelle Eunice

Shannon Evans

Juan Castaneda

Ling-Lun Chien



1927 NEW YORK YANKEES  
WORLD CHAMPIONS

Front Row — JULIE WERA, MIKE GAZELLA, PAT COLLINS, EDDIE BENNETT (manager), BENNY BENGOUGH, RAY MOREHART,  
MYLES THOMAS, CEDRIC GURTE.  
Middle Row — URBAN SHOCKER, JOE DUGAN, EARLE COMBS, CHARLIE O'LEARY (Coach), MILLER HUGGINS (Manager),  
ART FLETCHER (Coach), MARK KOFENIG, DUTCH RUETHER, JOHNNY GRABOWSKI, GEORGE PIPGRAS.  
Back Row — LOU GILVING, HERB PENNING, TONY LAZZERI, WILEY MOORE, BABE RUTH, DON MILLER, BOB MEUSEL, BOB SHAWKEY,  
WAITE HOYT, JOE GIARD, BEN PASCHAL, (Unknown), DOC WOOD (Trainer).

DSRIP Region 3 Learning  
Collaborative  
December 9, 2015

Our Team





# Goals

- 1) To describe a baseline for evaluating the impact of DSRIP intervention on 30-day readmission rates
- 2) To describe demographic and diagnostic characteristics associated with 30-day re-admissions

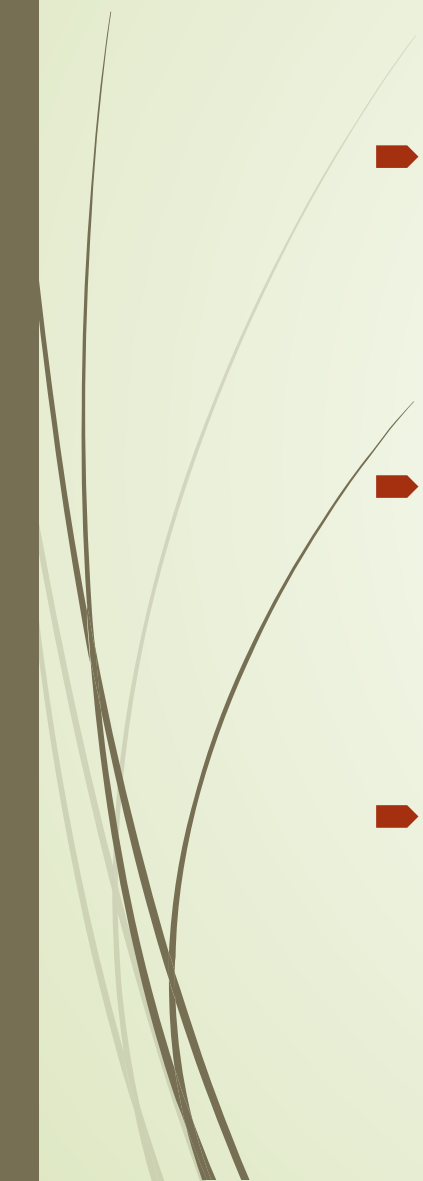


# Texas Health Care Information collection (THCIC)

- Charged with collecting data and reporting on health care activity in hospitals and HMO's in Texas
- Goal of enabling consumers to have an impact on the cost and quality of health care
- Maintain a data set of virtually all hospital admissions in Texas
- Thanks to our anchor, Harris Health we have purchased the most recent available year of data, 2012

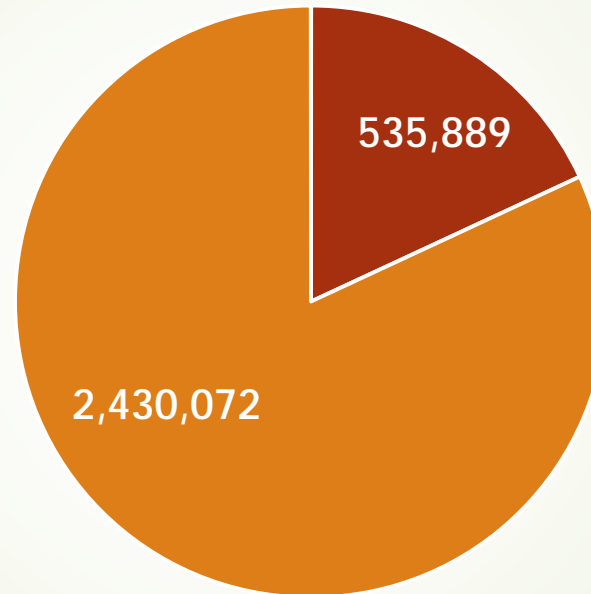


# Advantage of THCIC Dataset

- ▶ While other existing data sets are proprietary or are focused on Medicaid, Medicare and SCHIP, THCIC includes all payors as well as the uninsured
  - ▶ Public agencies including many DSRIP participants serve the low income uninsured often in greater numbers than federally insured
  - ▶ THCIC may provide a more representative look at re-hospitalizations for especially for these organizations
- 

# The 2012 numbers

Total Number Hospitalized



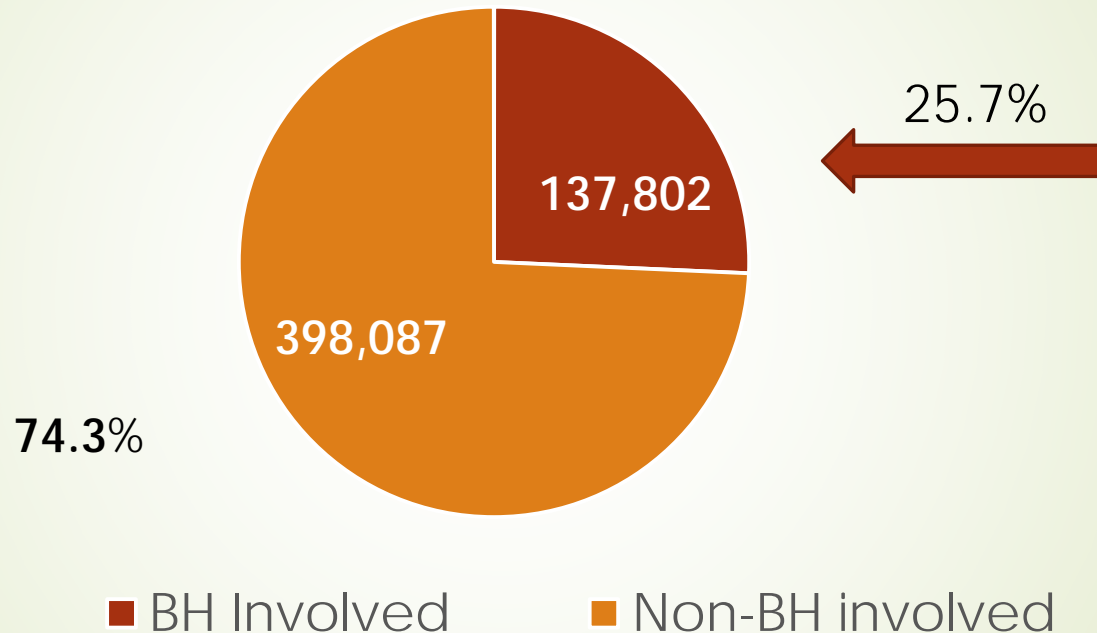
■ Region 3 ■ Other Regions

Region 3 had 18.1% of Texas Hospitalizations



# Within Region 3

Region 3 Hospitalizations x Type



One fourth of Region 3 Hospitalizations were BH-involved

# County of residence

	Frequency	Percent
Harris County	116904	84.8
Fort Bend County	11389	8.3
Matagorda County	1534	1.1
Austin County	1451	1.1
Colorado County	1420	1.0
Wharton County	1380	1.0
Waller County	1314	1.0
Chambers County	1296	.9
Calhoun County	1114	.8
<b>Total</b>	<b>137802</b>	<b>100.0</b>

# Types of admissions

	Frequency	Percent
Index Admit	118621	86.1
Readmit (30 Days)	14058	10.2
Chained Readmit (Following readmit)	5123	3.7
Total	137802	100

# Readmission rates

- ▶ The published statewide Mental Health/Substance Abuse PPR rate for Texas Medicaid and CHIP adults is 11.81% and for children 9.06%.
- ▶ In the Region 3 Sample (including all payors) the 30-day readmission rates were just slightly higher:
  - ▶ 12.4% for Adults and 10.0% for Children

Region 3 BH readmission rates are similar to Texas Medicaid rates

## Previous findings for Texas Medicaid hospital admission “strings”

- The highest PPR rate is for MH/SA admissions. For adults these admissions have a higher than average number of PPRs per chain (1.38) indicating that patients with MH/SA admissions are more likely to have a string of related admissions.

# Schizophrenia & mood disorders

Schizophrenic Disorders produce the longest admission “chains” among BH Diagnostic Groups (1.30 admissions/chain as compared to 1.21 overall)

## Behavioral Health Hospital Costs

- 1) BH-involved admissions in Region 3 rack up **\$5B in costs/year**
- 2) Admissions with **Secondary BH Diagnoses cost the most**
- 3) **Mood Disorders and Schizophrenic Disorders** add up to be the **most costly BH primary diagnoses**

# Texas Medicaid Costs Related to PPR's with Behavioral Health Diagnoses

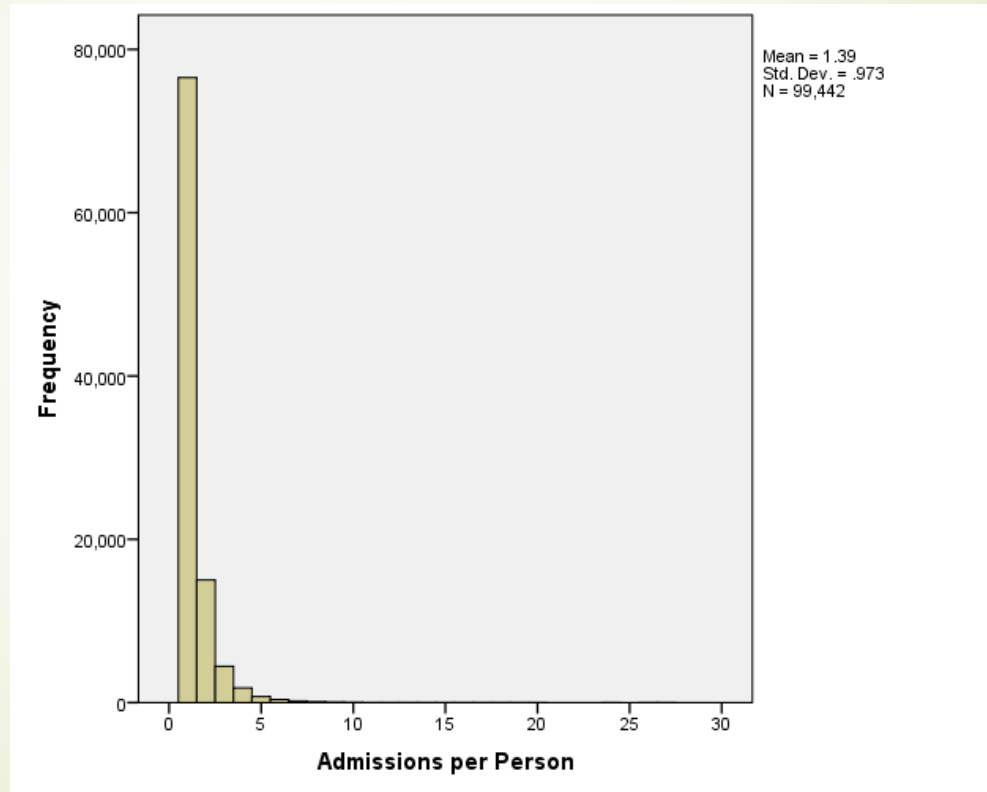
Top three categories were MH/SA related:

- 1) bipolar disorders with a PPR rate of 9.74 percent, cost of \$10,839,063.43,
- 2) schizophrenia with a rate 14.31%, cost of \$5,437,553.45,
- 3) major depressive disorders & other psychoses with a rate of 9.12%, cost of \$4,321,369.13.

The "Big Three" mental health diagnoses are costly

# High utilizers: Admissions

Mean Admissions per Person = 1.39  
Range= 1-27 Admissions per Person



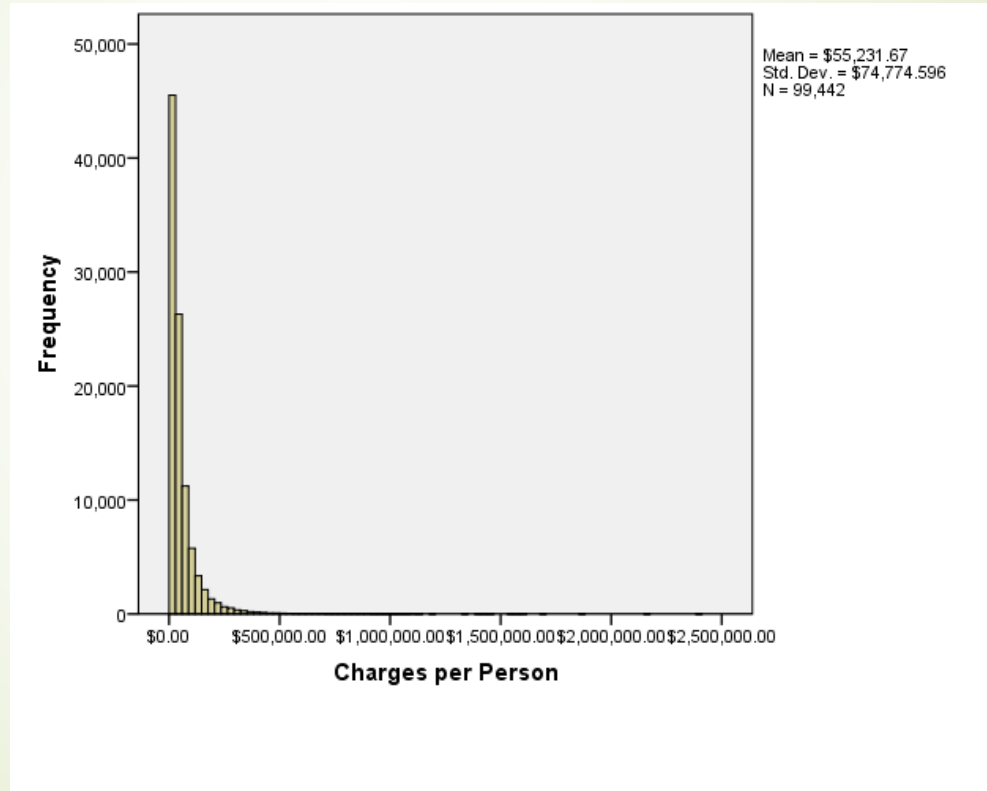
16% of readmissions are made by five percent (n=4,972) of BH-involved patients



# High utilizers: costs

Mean Cost=\$55,232 per person

Range=\$0-\$2,389,022



5% of patients account for 18% of Charges

# Findings Related to Admission Type

- Associated with higher readmission rates;
  - Secondary BH diagnoses
  - Ethnicity
  - Source of Admission
  - Payor Type
  - Primary BH Diagnostic Group
- Non-psychiatric facilities have more (absolute number) index, readmission, and chained readmission rates.
- AHRQ Primary Diagnostic Group is related to readmission rate with Mood disorders and Schizophrenia being the highest (n) for index, readmission, and chained readmission.



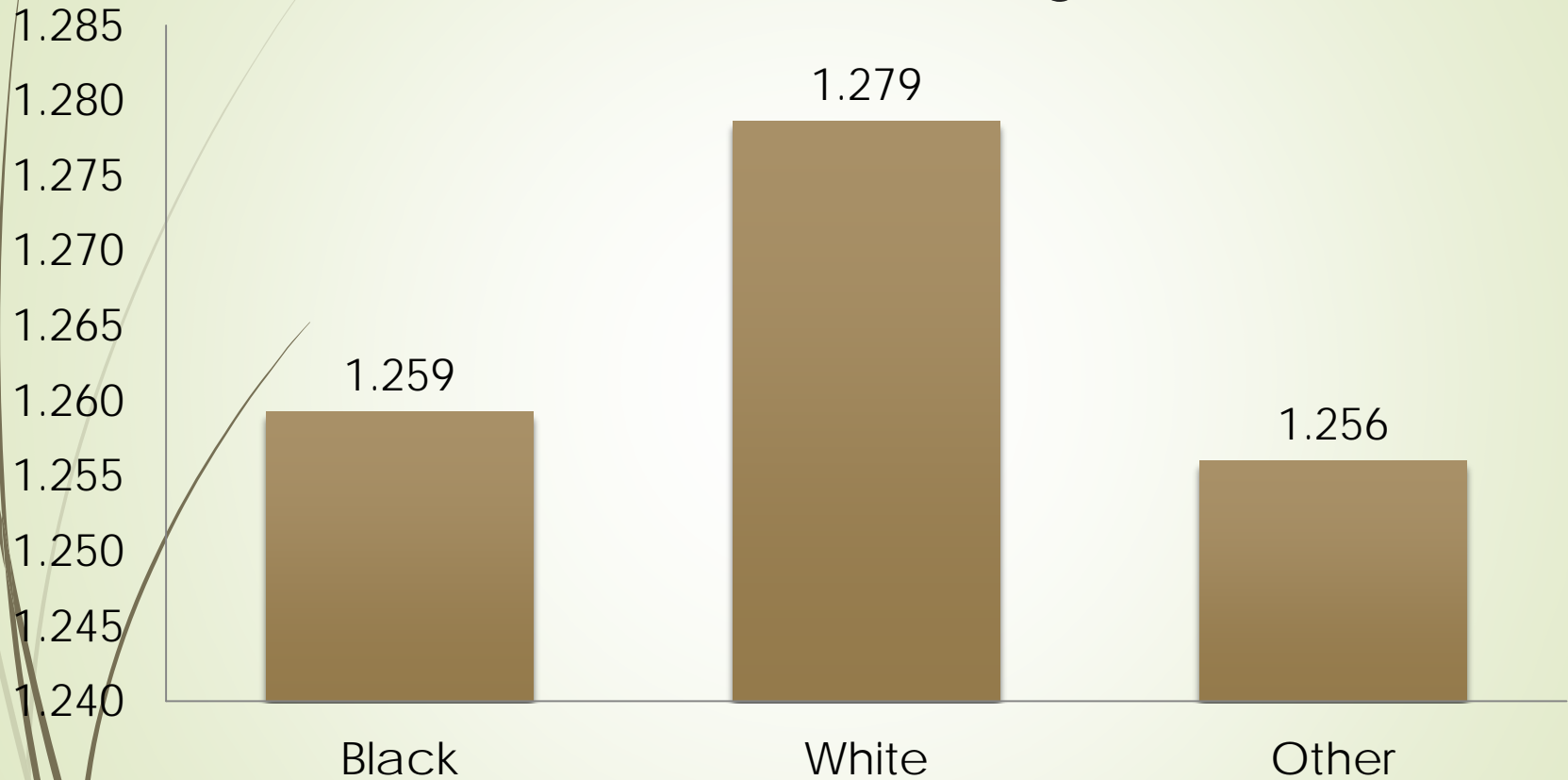
# Binary logistic regression

Inputs within the Model

(These red variables are predictive!)

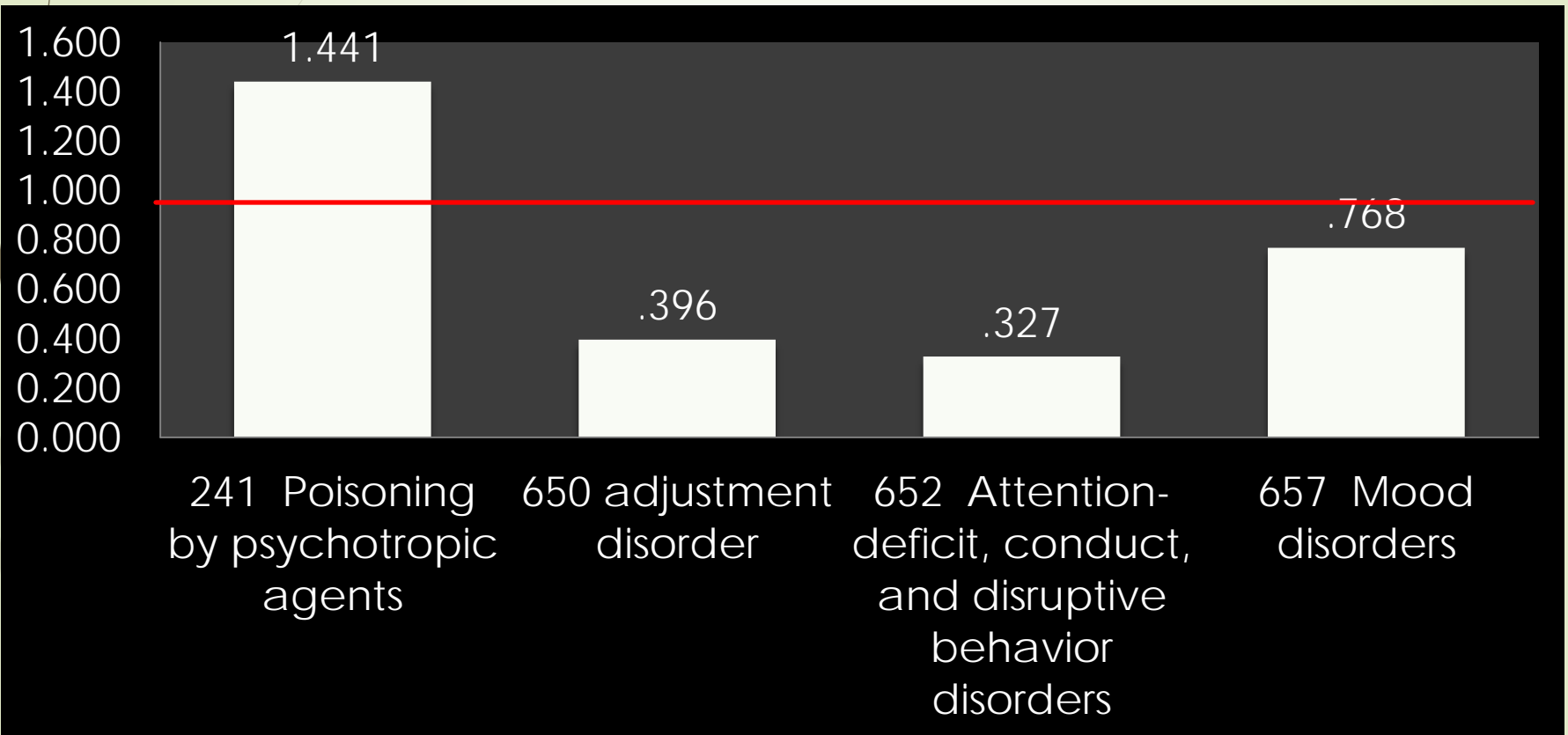
- First-Pay Source (Insurance)
- Principal Diagnostic Group
- Source of Admission
- Ethnicity
- Psychiatric Facility Indicator
- Sex

# Significant Odds Ratios For Ethnicity



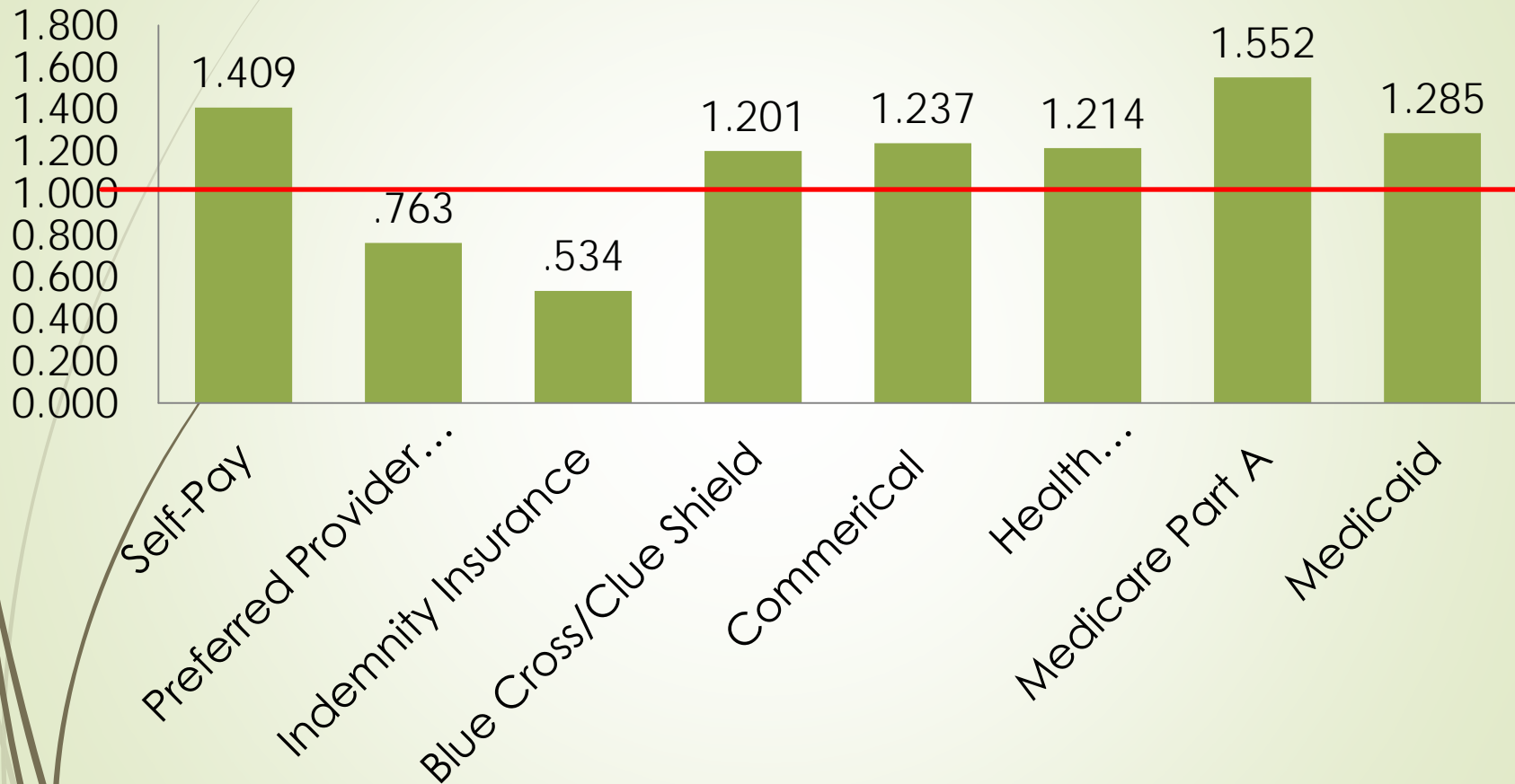
**Reference Group: Hispanics**  
**Significant Ethnic Groups for Readmission included Black, White, and Other**

# Significant Odds ratios for Principal Diagnostic groups




Reference: Screening and History of Mental Health and Substance Abuse Codes

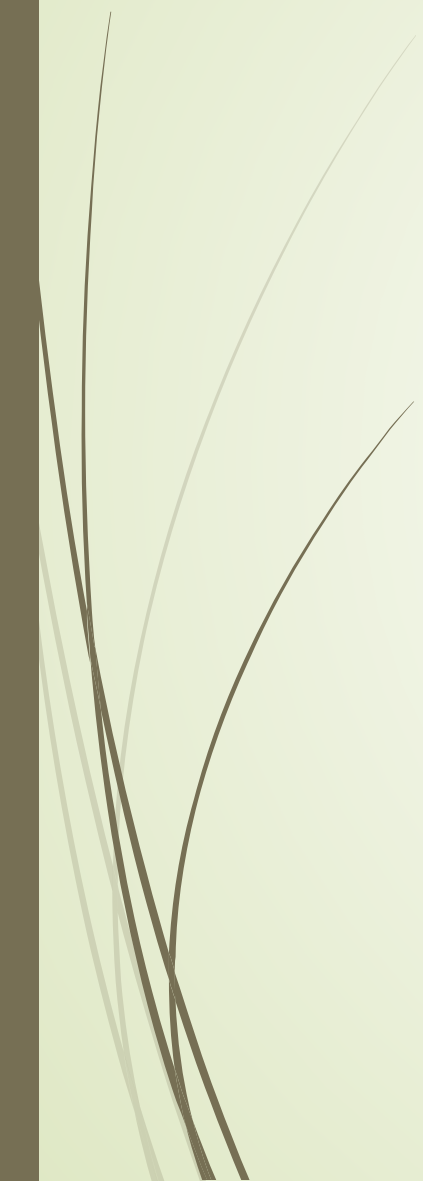
# Significant odds ratios for insurance



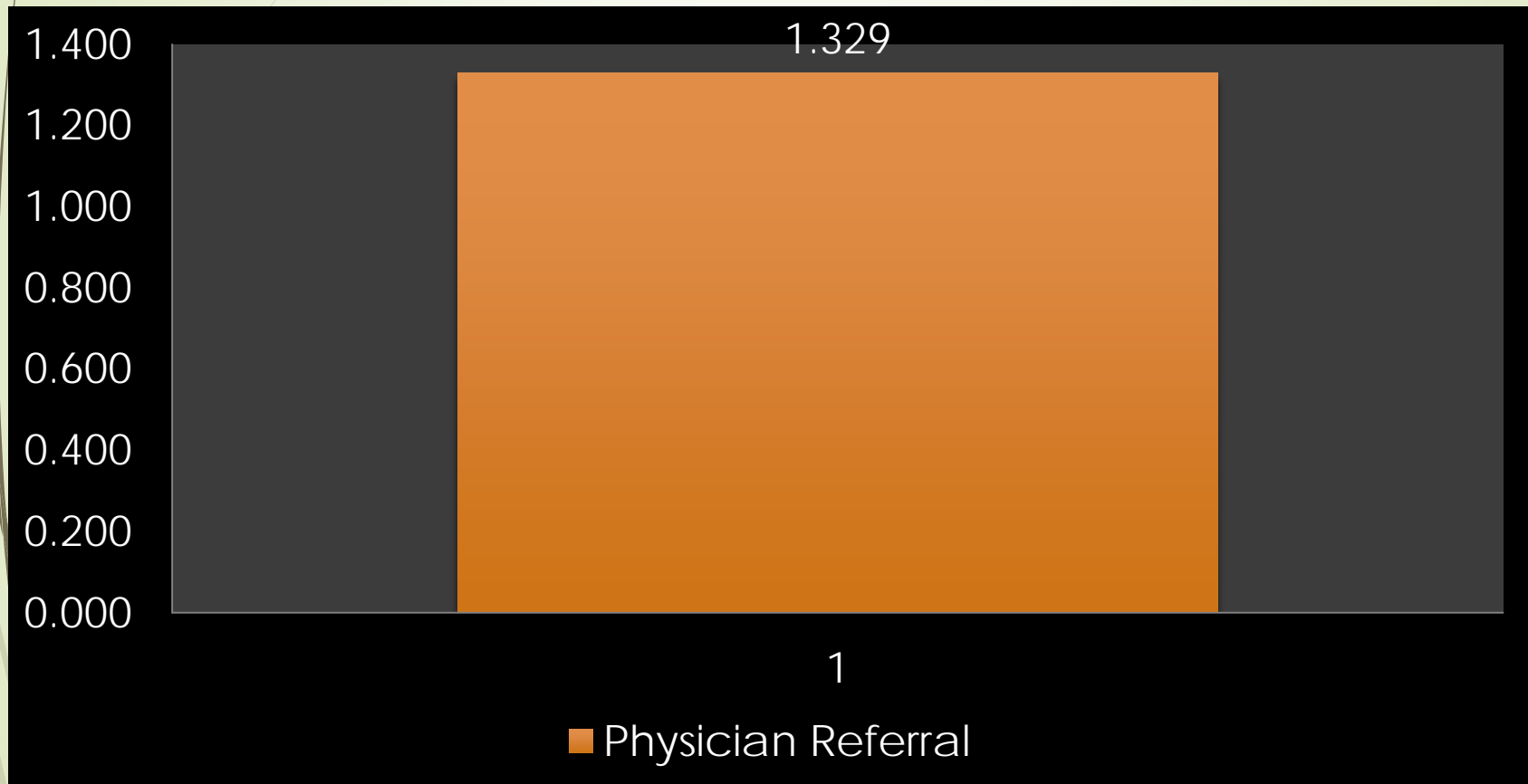
Reference Group: Charity, Indigent, Unknown



# Sources of Admission

- Physician Referral
  - Clinic Referral
  - Transfer from a Hospital
  - Transferred from Skilled Nursing Facility
  - Transfer from Other Care Facility
  - Court Law
  - Information NA
- 

# Significant odds ratios for Source of Admission




Reference Group: Information Not Available



# Implications

- The majority of BH-involved admissions and re-admissions are for secondary BH diagnoses
  - Implication: Collaborative Care is necessary to address co-morbid physical/mental health conditions
- Among BH primary diagnoses, admissions to patients with Mood Disorders and Schizophrenia frequently result in re-admission
- Schizophrenic disorders result in the longest “chains”
  - Implication: a focus on care issues for individuals with major depression, bipolar disorder and schizophrenia might bring payoffs
- Age, diagnosis, ethnicity, insurance status and source of admission influence rehospitalization rates
  - Implication: higher risk patients can be identified for special intervention



# RHP 3 programs addressing these issues

- Collaborative Care (26)
- BH Consultation and Liaison within hospitals (7)
- Continuity of Care/Patient Engagement projects (5)
- Expansion of mental health/substance abuse outpatient services (26)

# Projects with related Category 3s

## **RHP3 has 15 projects with Category 3 measures that may reduce 30-day readmissions**

### **Follow-Up After Hospitalization for Mental Illness**

- Gulf Bend MHMR Center
- MHMR Authority of Harris County (2)
- Texana Center

### **Risk Adjusted Behavioral Health /Substance Abuse 30-day Readmission Rate**

- Bayshore Medical Center
- MHMR Authority of Harris County
- OakBend Medical Center
- OakBend Medical Center

### **Emergency Department visits for Behavioral Health/ Substance Abuse**

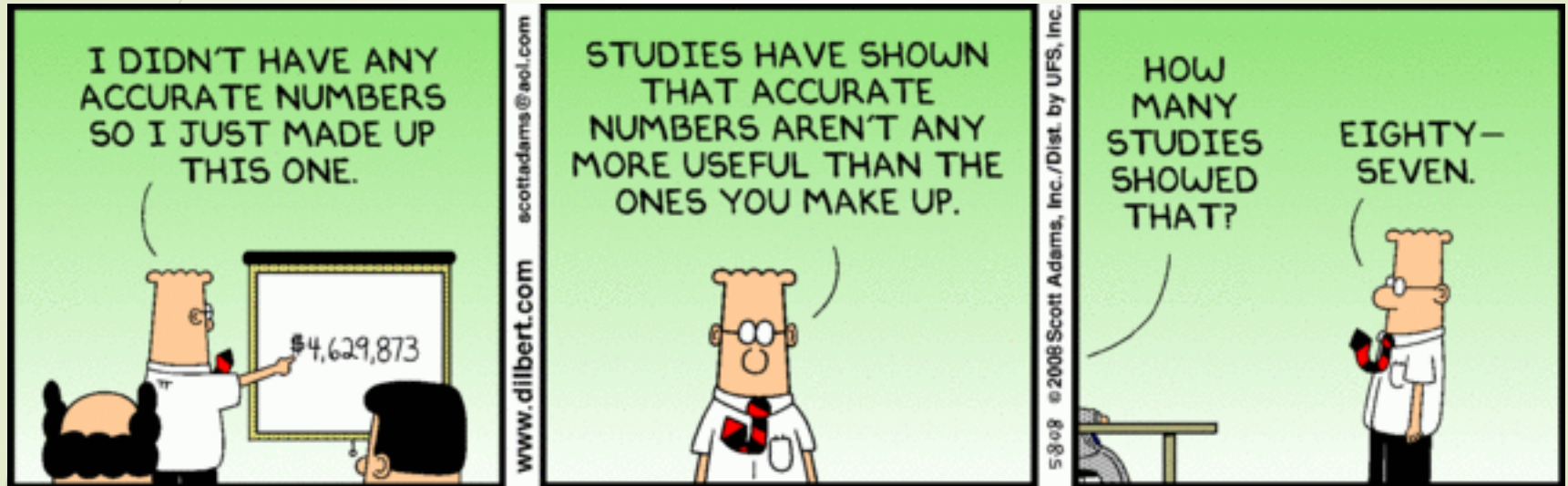
- Fort Bend County Clinical Health Services
- Memorial Hermann (3)
- Methodist Hospital (2)
- St. Joseph's Medical Center

We'll be right back (next year)

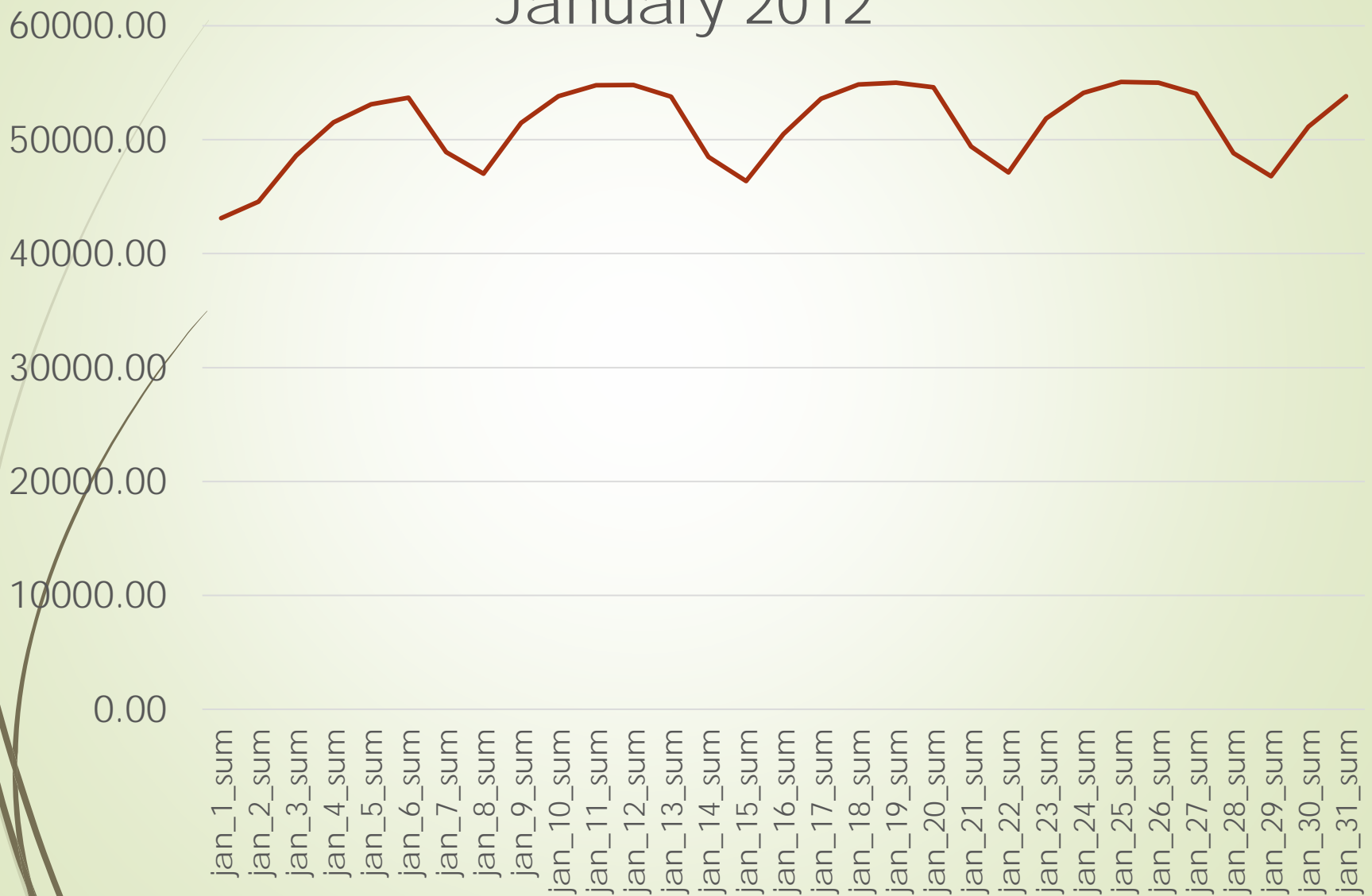
**PLEASE STAND BY**



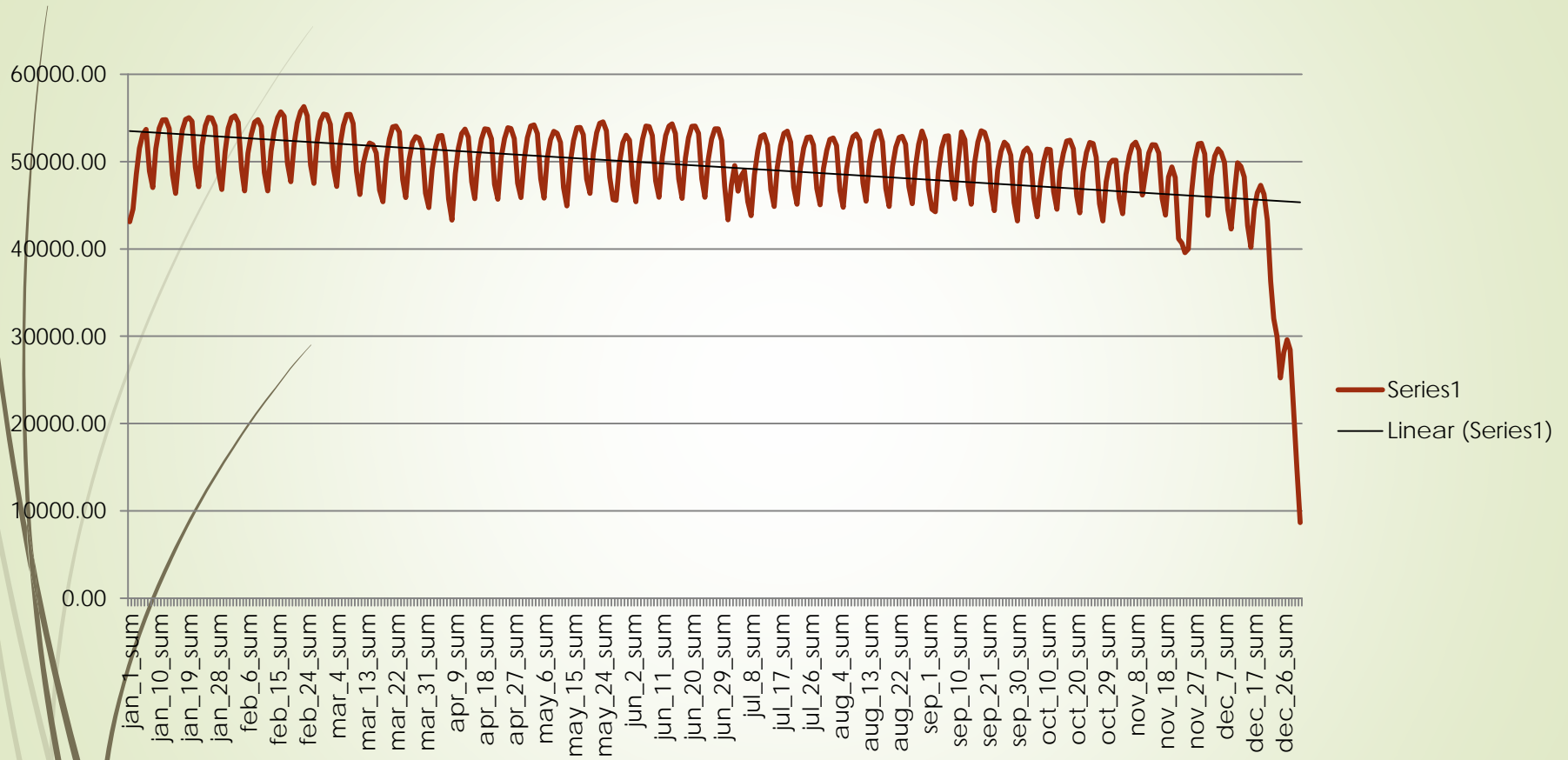
# Does it really matter?



# Texas Hospitalized Patients x Date: January 2012



# Texas hospital census 2012



RHP3

Data Advisory Workgroup

December 2012

questions:

[scott.hickey@mhmrharris.org](mailto:scott.hickey@mhmrharris.org)







University of Texas School of Public Health

Fort Bend County

Houston Methodist

# **QUALITY IMPROVEMENT**



**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

# Using data to inform PDSA and engage stakeholders

**Lee Revere, PhD, MHA**  
Associate Professor and Program Director  
Healthcare Management  
University of Texas School of Public Health

**Marlisa Hardy, DrPH, MPH**  
Project Manager II  
Behavioral Health Transition of Care Program  
Houston Methodist Hospital

**M. Connie Almeida, PhD, LSSP**  
Psychologist  
Director of Behavioral Health Services  
Fort Bend County



# Learning Objectives

Review PDSA and the importance of data

Evaluate PDSA in action

Recognize and address data integrity issues

Demonstrate knowledge with a tabletop activity

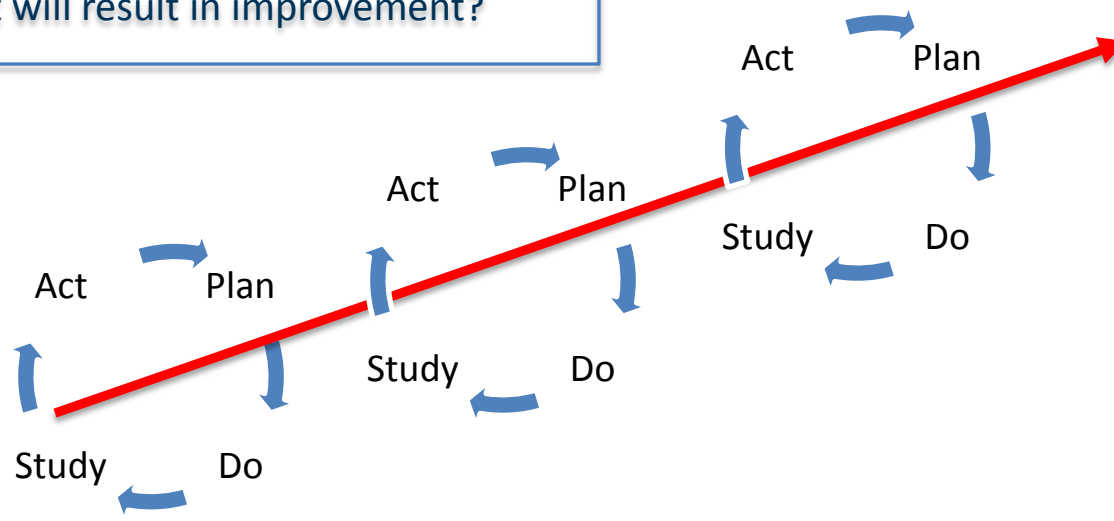
# The Model for Improvement

**Aim:** What are we trying to accomplish?

**Measure:** How will we know that a change is an improvement?

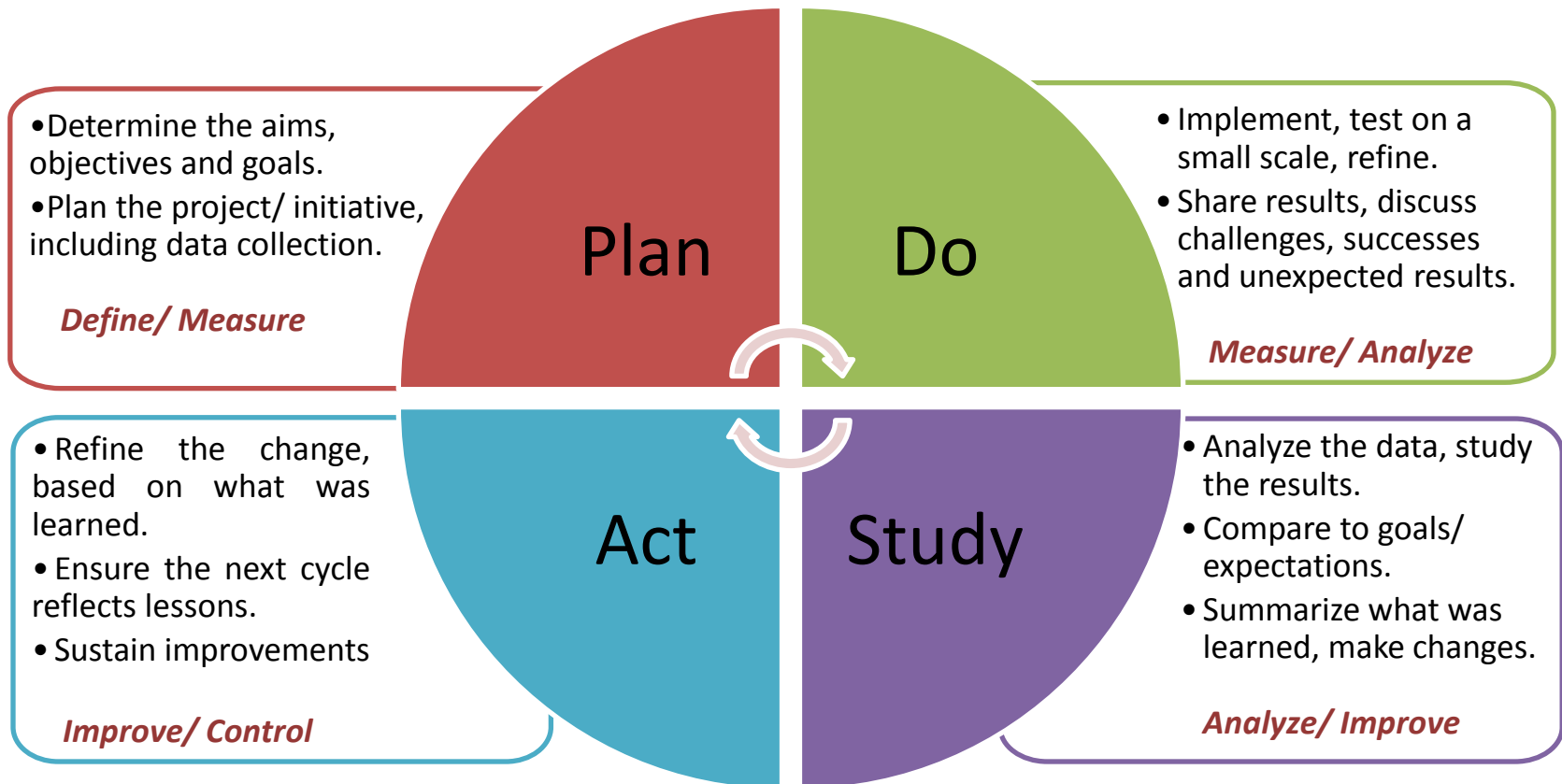
**Changes:** What changes can we make that will result in improvement?

- The changes are multiple PDSA cycles during the life of the cohort.
- The changes result in improvements at the local facilities and within the region.



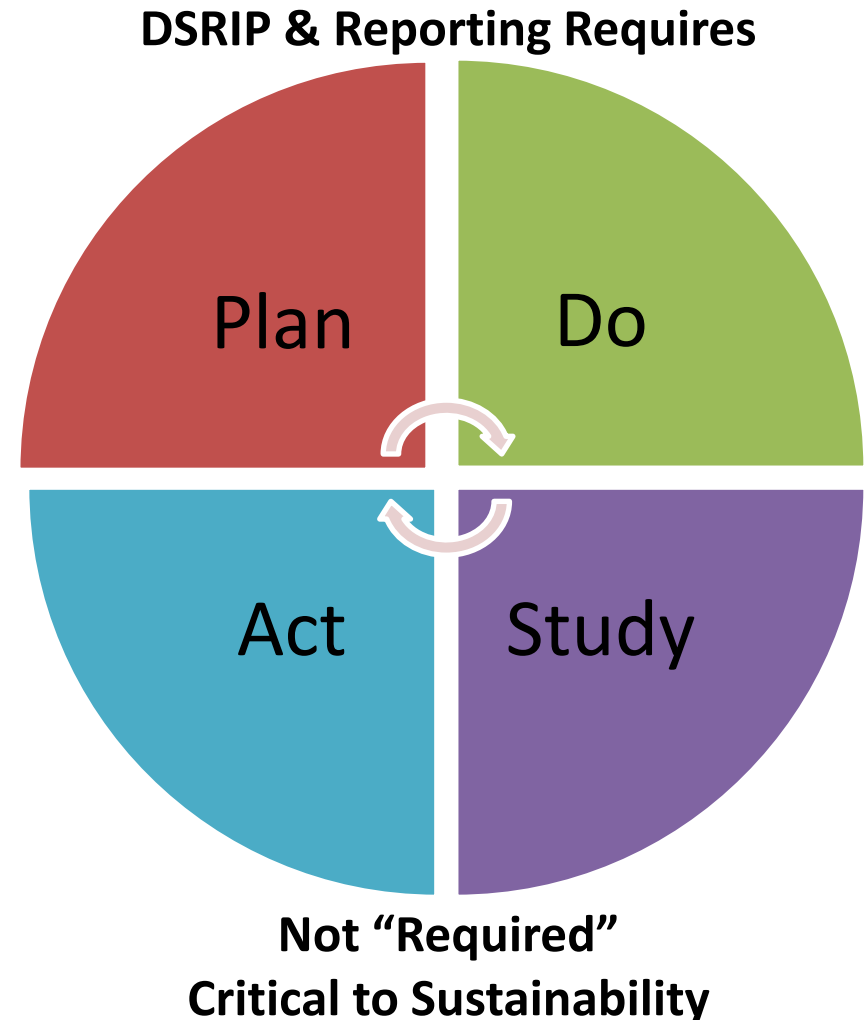


# The PDSA Cycle



# Implementing the PDSA Cycle

- Single department  
*Improvements based on data, not opinion*
- Office/ Organization  
*Stakeholder buy-in; optimize the “system”*
- Multi-site  
*Benchmark within, internal expertise*



# Data applications at every step of the PDSA Cycle

<b>P</b>	<b>D</b>	<b>S</b>	<b>A</b>
Establishing goals Baseline data - where are we - where do we want to be Quantifying Flowcharts - time/ frequency	Evaluating improvements - data reports - time - frequency - quality/ satisfaction	Outcome analysis - comparing data to baseline - assessing goal attainment - Lessons learned	Communicating/ reporting results - storyboarding Sustaining gains - control charts - sampling plan - accountability

*Planning for wide-spread adoption and/or additional opportunities*



# PDSA in Action:



HEALTH & HUMAN SERVICES

TRANSFORMING HEALTH CARE  
*Right Care, Right Place, Right Time*

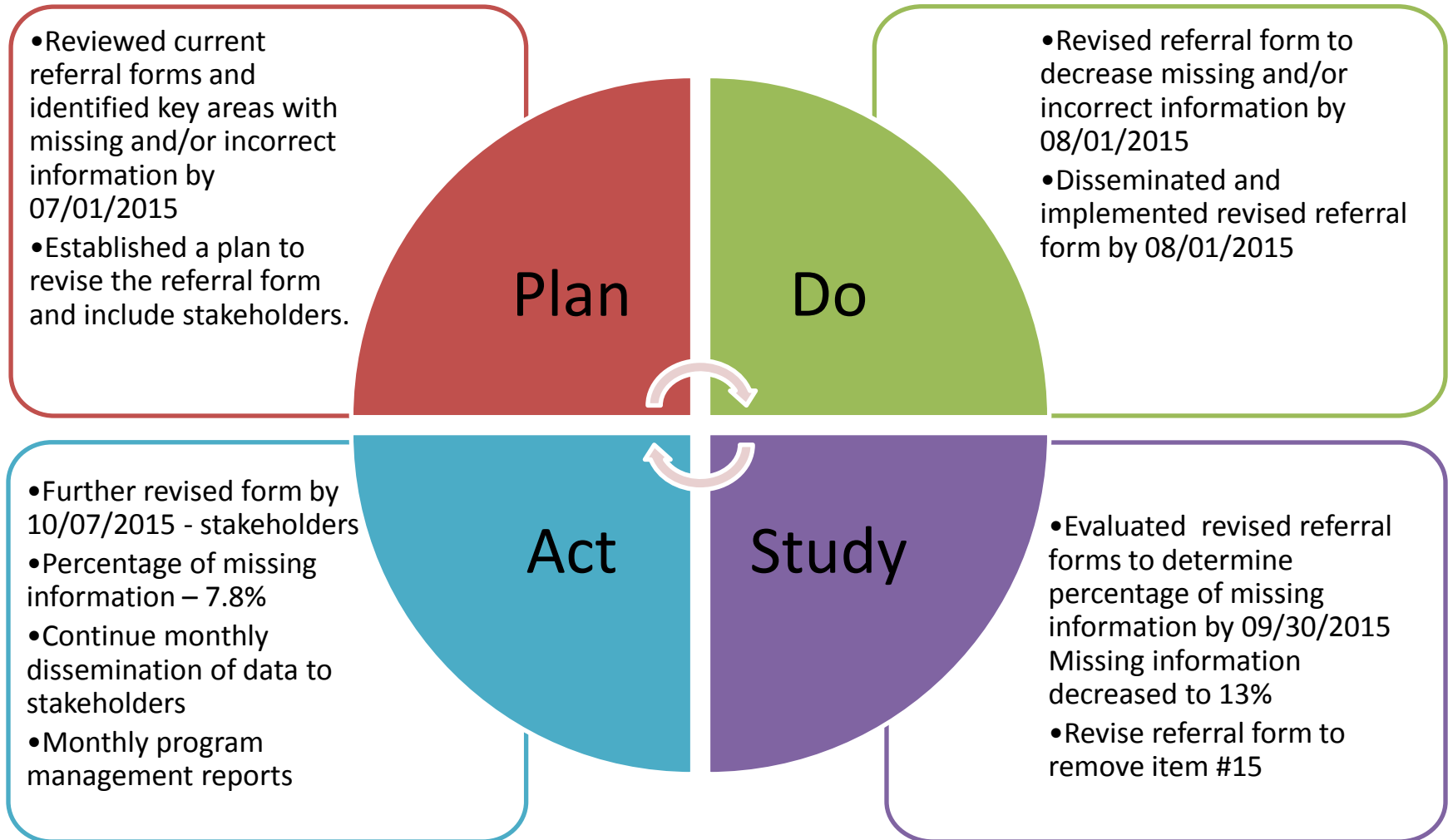


accesshealth™

- Increase accuracy of referral forms  
*Referral forms were missing data or had incorrect information*
- Reducing no show rates;  
*Existing process had a 50% no show rate*



# Problem: 14% of referral forms have inadequate information





# PROBLEM: 50% "no show" rate

- In July 2014, patients enrolled CC Program had a 50% "no show" rate to medical appointments, and 100% had at least two visits to the ED over the past year.
- Reviewed EMR, tracking logs and nurses notes to identify patients missing appointments and reasons.

- Contacted pts to explain importance of keeping/ cancelling appts
- Checked provider schedule for CC patient self-scheduled
- Removed transportation barriers
- Established next-day and same-day reminder calls
- Utilized gas cards, and other transportation "methods"
- Established Pre-appointment planning



- Continued implementation of appointment Protocol
- Continued implementation of Resource Assessment
- Key Performance Indicators (KPI) – program management report - monthly review

- By January 2015, the "no show" rate had decreased to 24.5% and current rate 10.5%.
- Implemented appointment process
- As of June 2015, only 12% of currently enrolled patients have visited the ED
- Reviewed data weekly



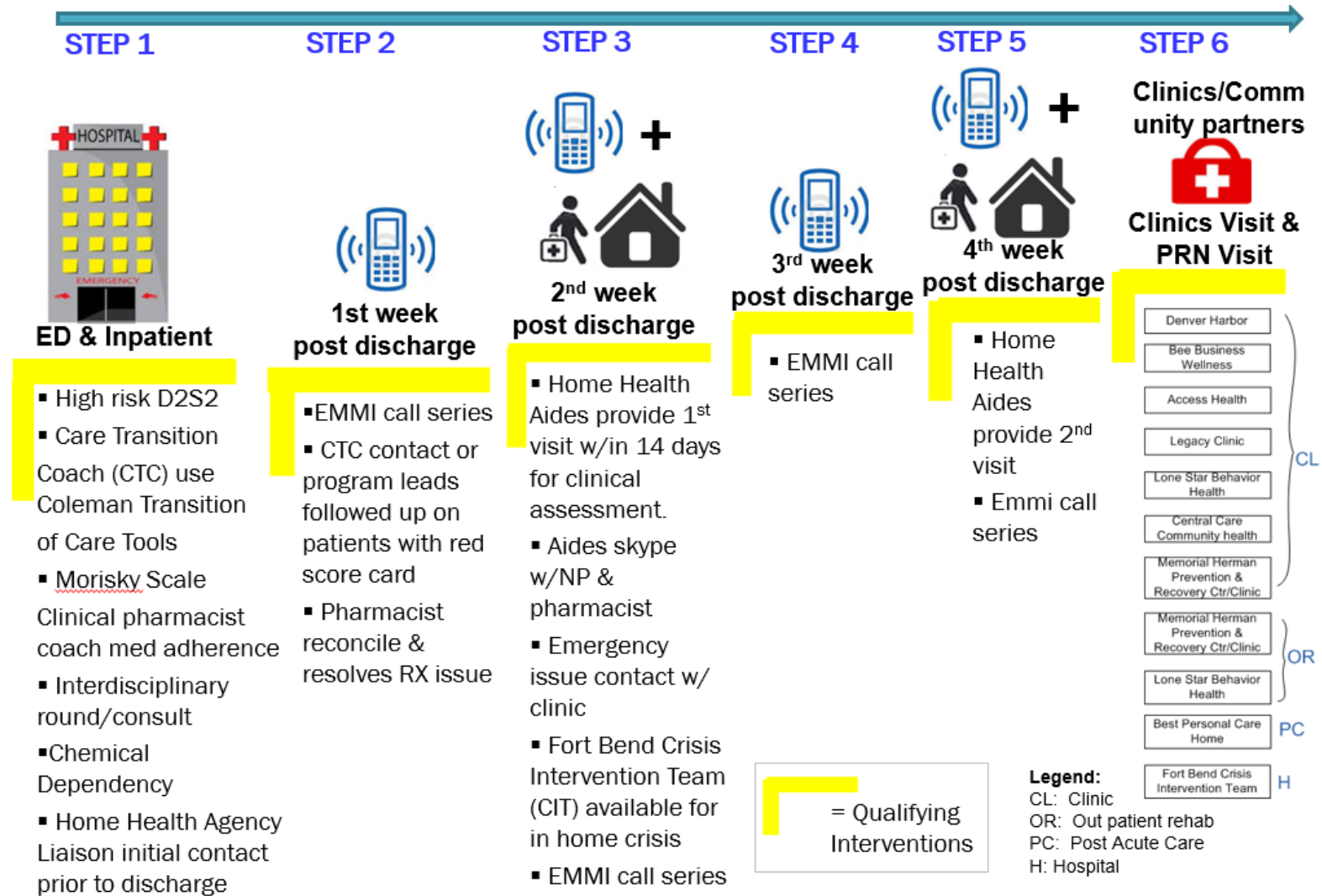
# Data Integrity and PDSA:

## Mission

To reduce hospital readmissions for high risk patients diagnosed with primary or secondary behavioral health and/or substance abuse disorders by increasing access to care and facilitating effective transitions to behavioral health and primary care locations within Harris County.



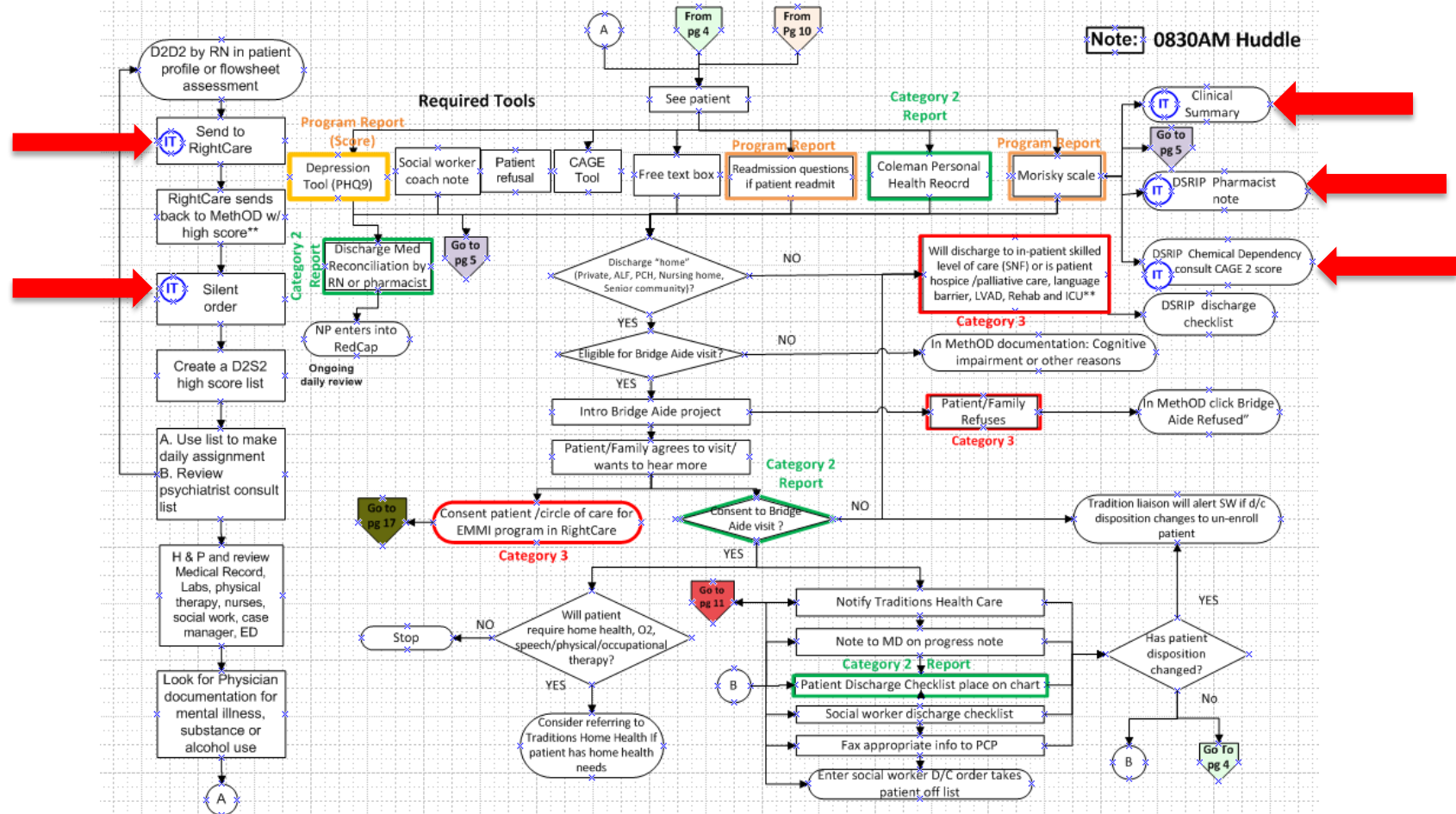
# Project Overview





# Process Flowchart

**Process Flow for RightCare & MethOD: DSRIP Social Worker – High Risk Patient**



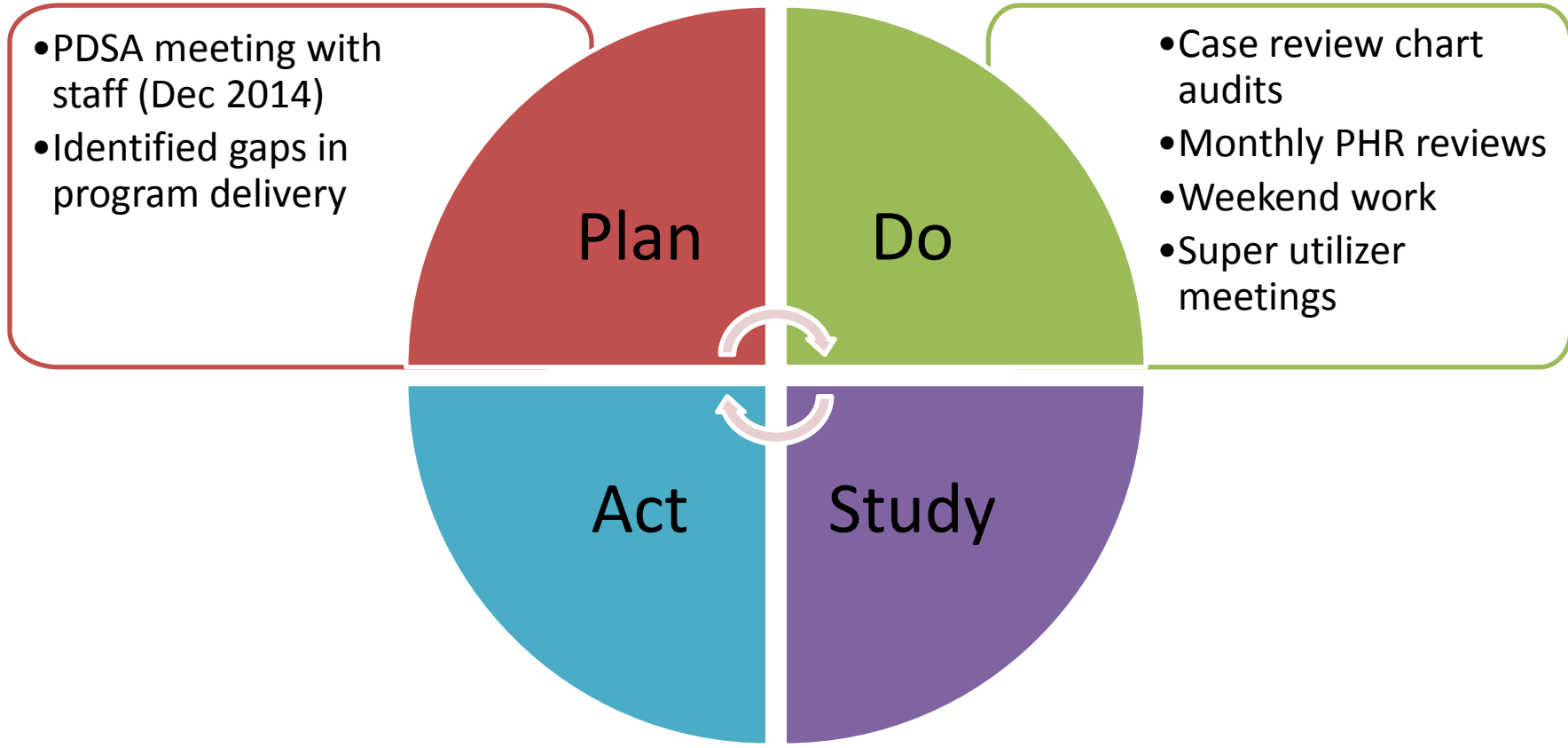
**Note: 0830AM Huddle**

\*\*Footnote: January 20, 2015 RightCare score upgrade

\*\*Footnote: DSRIP starting working with Dunn 4 and Dunn 10 transplant patients on Feb 10, 2015 and WB ICU patients on April 1, 2015.



# Plan - Do





# Plan – Do cont'd

## Agenda included:

- Reviewing our outcome measures and milestones
- Reviewed patient satisfaction scores across the 3 hospitals
- Focus group data – patient's reason for refusing to enroll in DSRIP program
- Learning techniques to better engage patients and families in post d/c plans of care (ex: Motivational interviewing)

# Study - Act



- Changes made based on the data:
  - Manual checks/Validation
  - Weekend work/flex schedules
  - Motivational interviewing 3-day training
  - Enhanced interventions for super utilizers

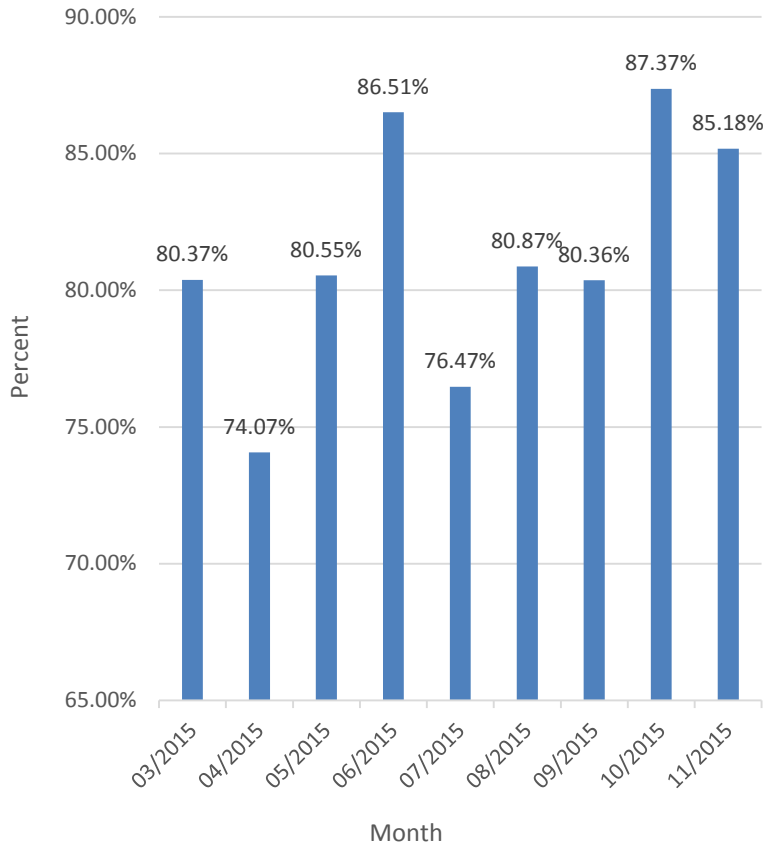
- PHR completion
- MH/SA Screening (D2S2)
- N/P home visits
- Patient refusal reasons
- Medication adherence
- Readmissions
- Qualitative patient data



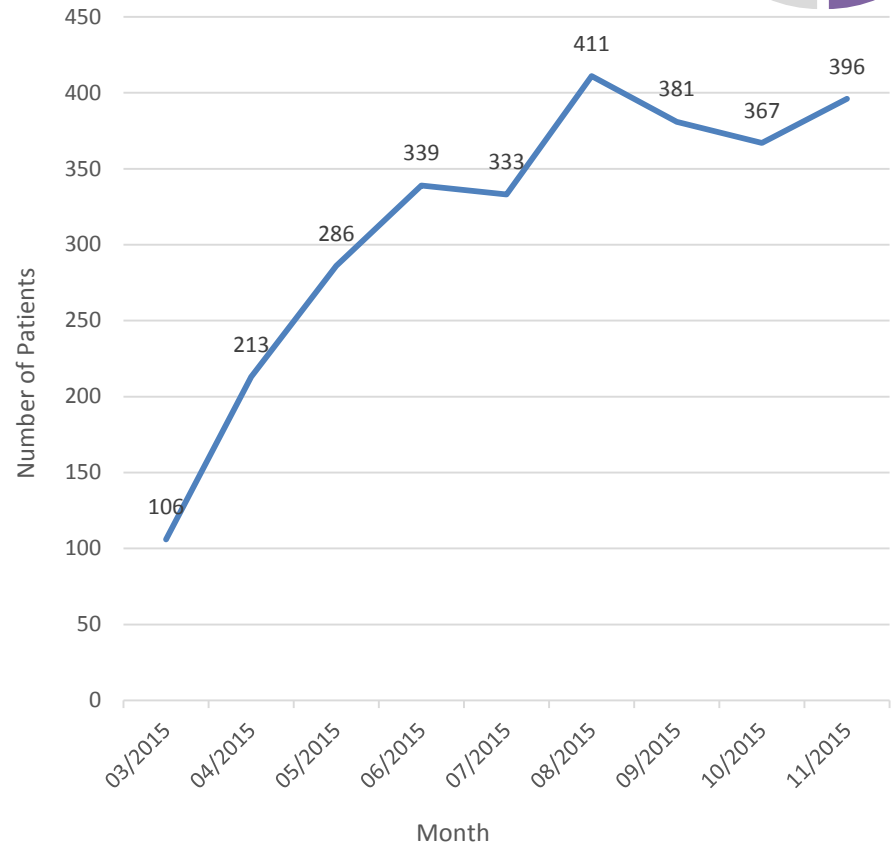
# Study

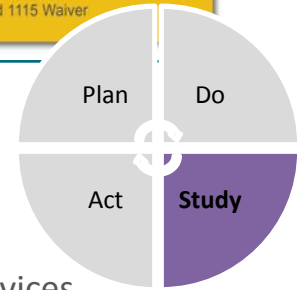


DSRIP PHRs completed



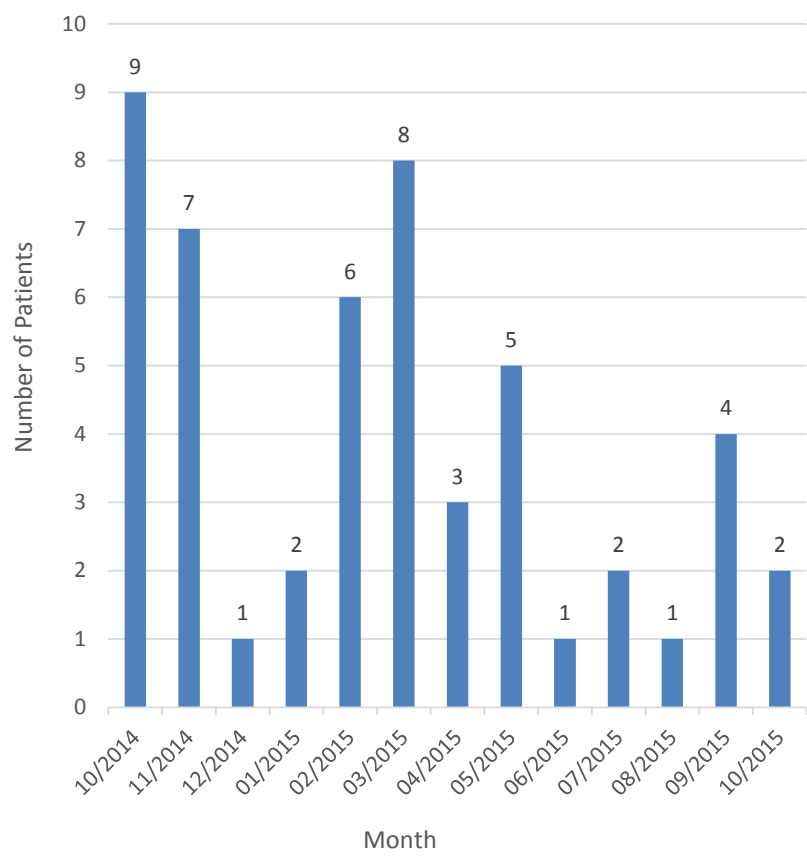
DSRIP MH/SA Screenings



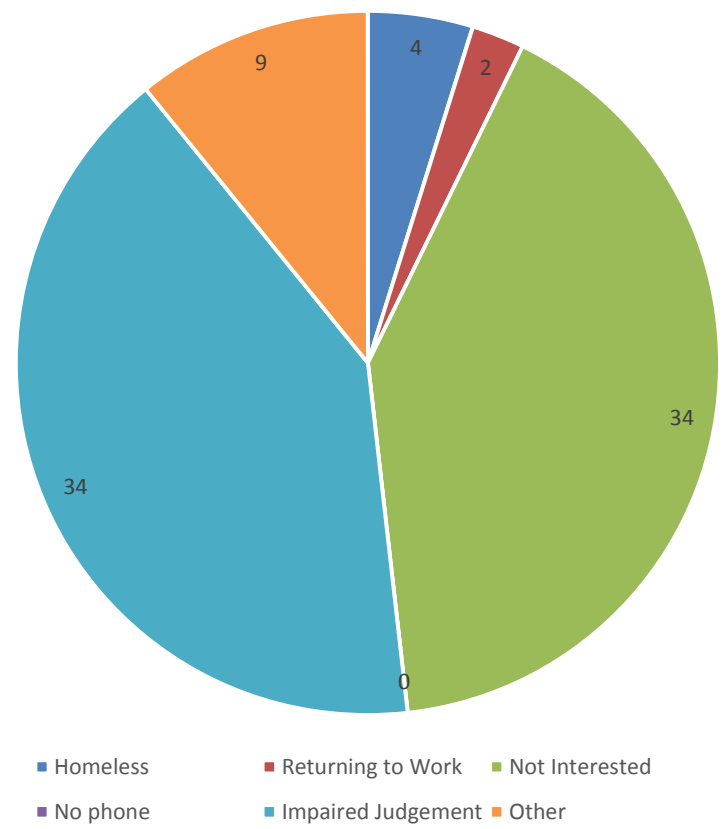


# Study – cont'd

Main 7N Readmits

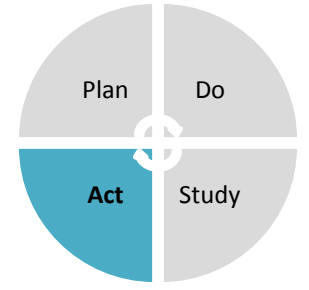


Reasons for Refusal of DSRIP Services





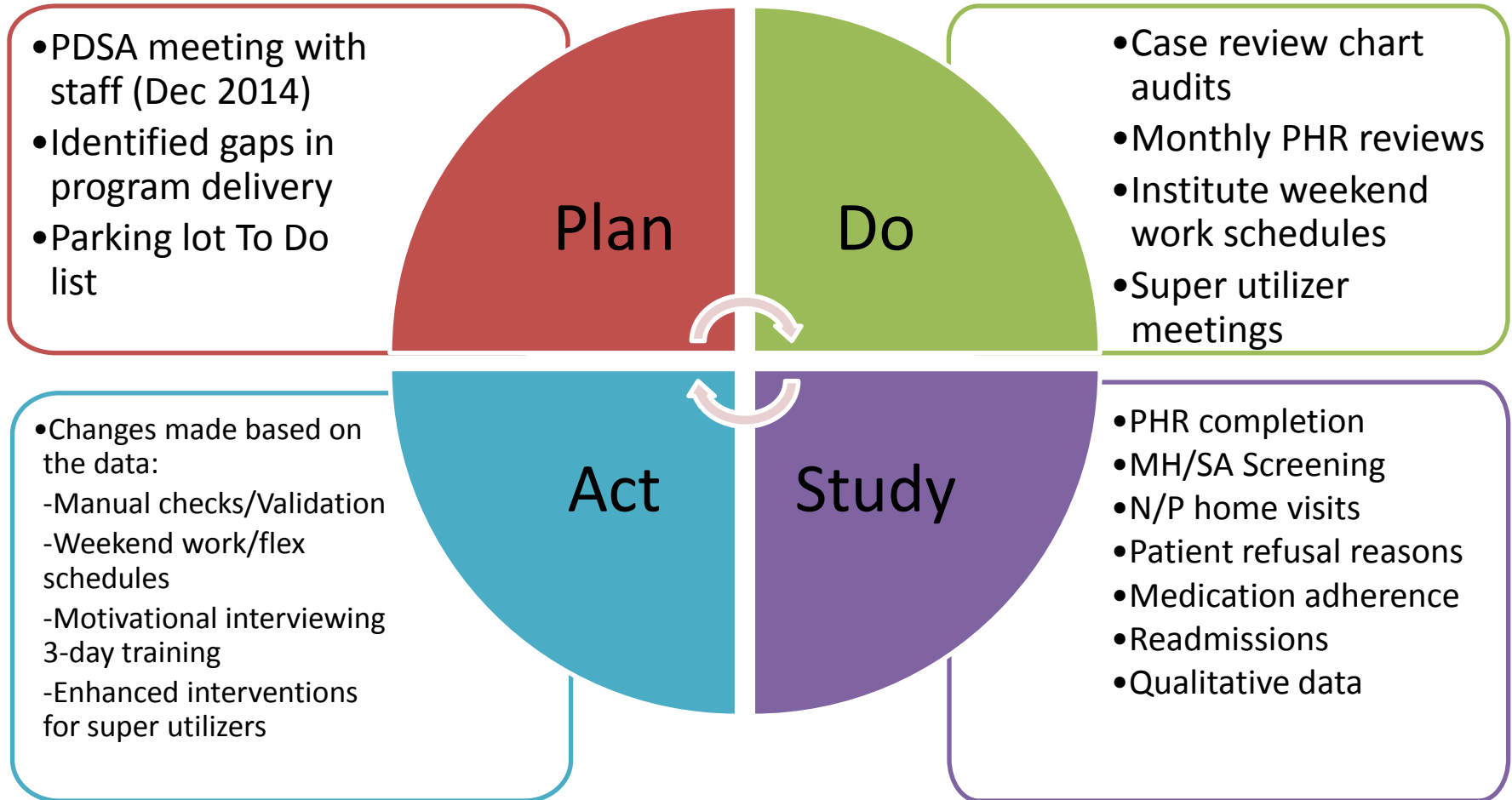
# Act



## Changes made based on the data:

- Manual checks/validation
- Weekend work/flex schedules
- Motivational interviewing 3-day training
- Enhanced interventions for super utilizers

# PDSA





# Data Integrity and Analysis:

➔ Knowing when your data is accurate?

*Accountability for accuracy...*

➔ When is enough enough when it comes to data?

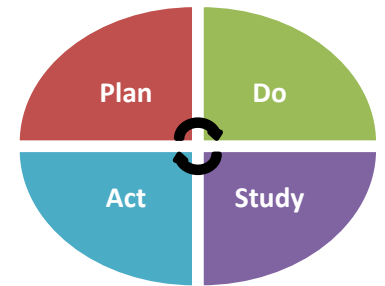
*The cost-effectiveness of data review...*

➔ *Data collection for monitoring and sustainability*

*Data sampling and tracking...*



# Using Data Effectively



Data identifies need



Data drives assessment of implementation



Data demonstrates effectiveness



Data communicates importance, allows widespread adoption, ***affords sustainability*** and (ultimately) improves the delivery system



# QUESTIONS? THOUGHTS? DISCUSSION?

**Where are you on the PDSA and data journey...**



# Raise the Floor Activity

## Tabletop Exercise & Discussion

### *The Crowded Clinic*

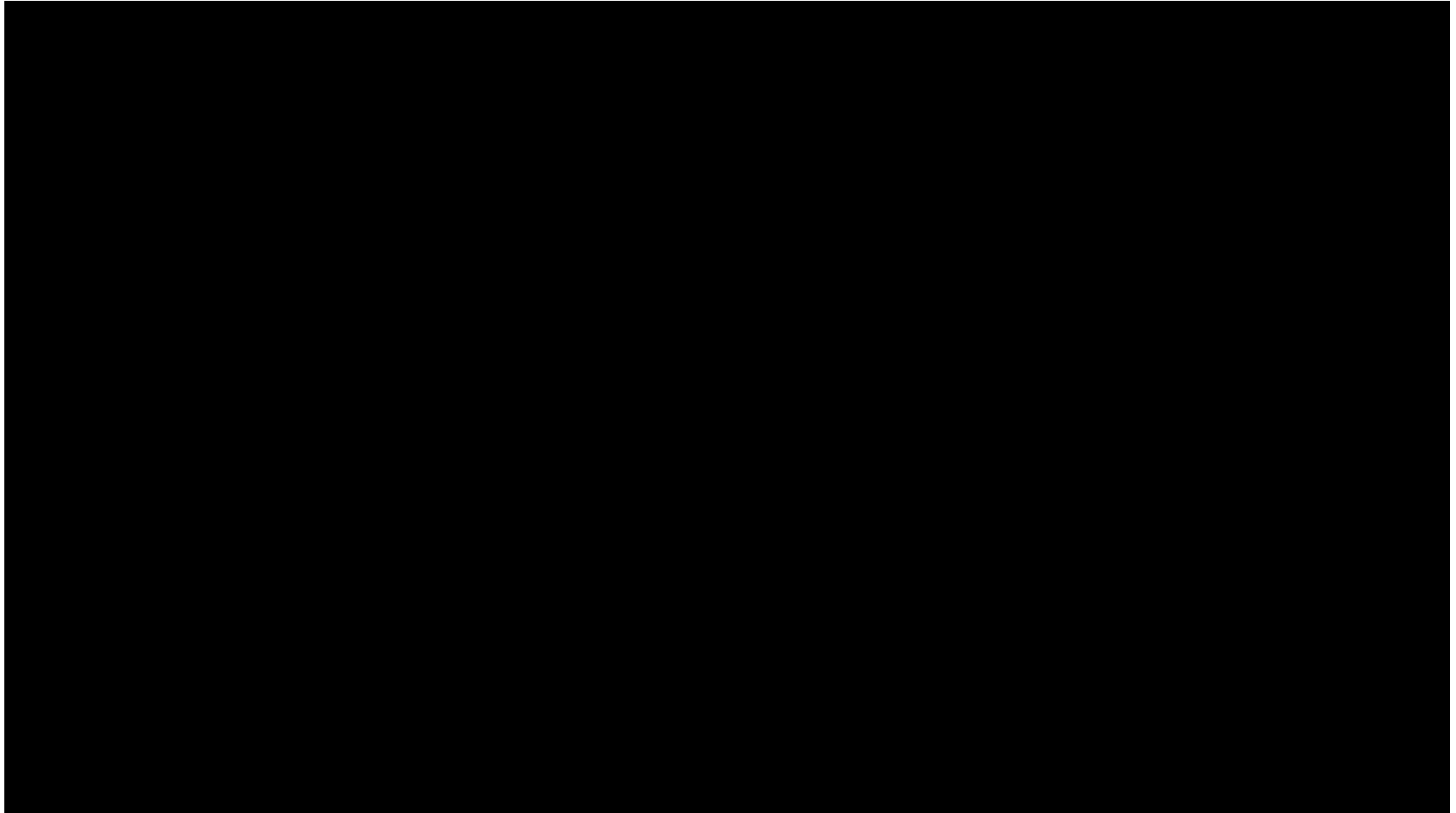


“Reflexes seem normal. You kept him waiting over two hours.”





# Drawing and Stretch Time





Central Counties Services, RHP8 & RHP16

# **SUSTAINABILITY**



**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

# Sustainability

Dr. Ray Helmcamp, Executive Director, Central Counties Services





# Understand Sustainability



# Program Sustainability Assessment Tool v2

---

## What is program sustainability capacity?

We define program sustainability capacity as *the ability to maintain programming and its benefits over time*.

## Why is program sustainability capacity important?

Programs at all levels and settings struggle with their sustainability capacity. Unfortunately, when programs are forced to shut down, hard won improvements in public health, clinical care, or social service outcomes can dissolve. To maintain these benefits to society, stakeholders must understand all of the factors that contribute to program sustainability. With knowledge of these critical factors, stakeholders can build program *capacity* for sustainability and position their efforts for long term success.

## What is the purpose of this tool?

This tool will enable you to assess your program's current capacity for sustainability across a range of specific organizational and contextual factors. Your responses will identify sustainability strengths and challenges. You can then use results to guide sustainability action planning for your program.

## Helpful definitions

This tool has been designed for use with a wide variety of programs, both large and small, across different settings. Given this flexibility, it is important for you to think through how you are defining your program, organization, and community before starting the assessment.

Below are a few definitions of terms that are frequently used throughout the tool.

- **Program** refers to the set of formal organized activities that you want to sustain over time. Such activities could occur at the local, state, national, or international level and in a variety of settings.
- **Organization** encompasses all the parent organizations or agencies in which the program is housed. Depending on your program, the organization may refer to a national, state, or local department, a nonprofit organization, a hospital, etc.
- **Community** refers to the stakeholders who may benefit from or who may guide the program. This could include local residents, organizational leaders, decision-makers, etc.

**Community does not refer to a specific town or neighborhood.**









**For each statement, circle the number that best indicates the extent to which your program has or does the following things.**

**Communications:** Strategic communication with stakeholders and the public about your program

	To little or no extent							To a very great extent	Not able to answer
1. The program has communication strategies to secure and maintain public support.	1	2	3	4	5	6	7	NA	
2. Program staff communicate the need for the program to the public.	1	2	3	4	5	6	7	NA	
3. The program is marketed in a way that generates interest.	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>NA</u>	
4. The program increases community awareness of the issue.	1	2	3	4	5	6	7	NA	
5. The program demonstrates its value to the public.									

	To little or no extent							To a very great extent	Not able to answer
1. The program plans for future resource needs.	1	2	3	4	5	6	7	NA	
2. The program has a long-term financial plan.	1	2	3	4	5	6	7	NA	
3. The program has a sustainability plan.	1	2	3	4	5	6	7	NA	
4. The program's goals are understood by all stakeholders.	1	2	3	4	5	6	7	NA	
5. The program clearly outlines roles and responsibilities for all stakeholders.									



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Tool you understand and agree to these terms of use and agree that Washington University bears no responsibility to you or any third party for the consequences of your use of the tool. If you would like more information about how to use this tool with your program or would like to learn about our sustainability workshops and webinars, visit <http://www.sustaintool.org>. August 2013

# Program Sustainability Assessment Tool v2

## Rating Instructions

Once you have completed the Program Sustainability Assessment Tool, transfer your responses to this rating sheet to calculate your average scores. Please record the score for each item (1-7), or write "NA" if you were not able to answer.

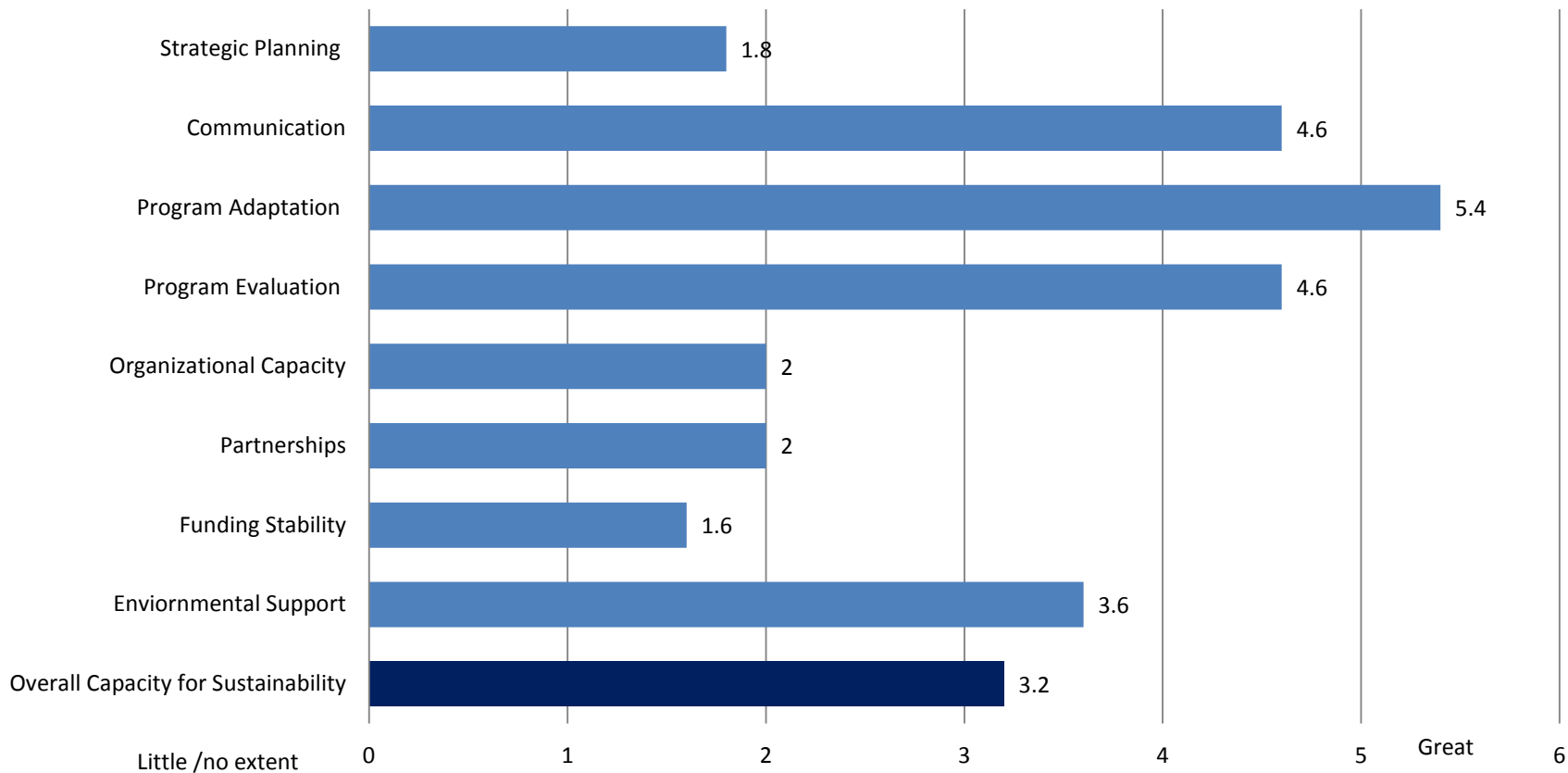
		Envirmntl. Support	Funding Stability	Partnerships	Organizational Capacity	Program Evaluation	Program Adaptation	Communications	Strategic Planning
<p>Add up your scores in each column. Exclude 'NA'</p> <p>Divide the domain total by the total number of items with a score. Exclude 'NA'</p> <p>Average together all the domain scores</p>	ITEM								
	1.								
	2.								
	3.								
	4.								
5.									
<b>Domain Total:</b>									
<b>Average Score for Domain:</b>									
<b>Overall Score:</b>									



Use these results to guide sustainability action planning for your program. The domains with lower average scores indicate areas where your program's capacity for sustainability could be improved.

# BreakThru Central/1115 Waiver Project

## Sustainability Capacity by Domain





# Interpreting the Results

- These results can be used to guide sustainability planning for your efforts
  - Indicate room for improvement
  - Address domains that are easily modifiable and have data available to support the needed changes
  - Develop strategies to tackle the domains that may be more difficult to modify
  - Plan to assess sustainability on an ongoing basis to monitor change



# Start Exploring Action Steps

- **Develop a sustainability goal for each of the sustainability domains that you have decided to address.**
- **Develop action steps outlining how you will achieve each sustainability goal.**
- **Identify who will need to be involved to make each step successful.**
- **Identify the resources you will need to accomplish each action step.**
- **Develop milestones so you can track your progress.**

# Sustainability Action Plan/BreakThru Central

---

Priority Domain: Funding Stability

---

Indicator(s) to focus on: Discover alternative funding sources other than 1115 waiver funds

---

1. What are the next 3 steps to address this domain? (Identify a timeframe for each step and who is responsible.)

Step 1: Meet with IDD Director to determine if the project can be incorporated by the IDD umbrella. If so, develop a picture of what that would look like.

Timeframe: January 2016-February 2016

Responsible: Project Manager, Project BCBA, IDD Director, and CEO

Step 2: Search for grants and partnerships that can fund the project. Timeframe: January 2016-February 2016

Responsible: Project Manager, Project BCBA, 1115 Project Manager and CEO

Step 3 Hold a meeting to determine if the excess funds brought in by the project can be used to fund project. Timeframe: January 2016-February 2016

Responsible: Project Manager, Project BCBA, CFO, CEO and Chair of Board of Directors

1. What agencies, organizations, or individuals need to be involved?

Central Counties Services : Project Manager, Project BCBA, CFO, CEO, IDD Director, and Chair of Board of Directors

---

2. What resources will be needed and how could you obtain these resources? Local and state Grants

Local and State Service Agencies

---

3. How will you track progress and know you have succeeded?

# Sustainability Action Plan/BreakThru Central

---

Priority Domain: Partnerships

---

Indicator(s) to focus on: Involvement of diverse community organizations and stockholders

---

1. What are the next 3 steps to address this domain? (Identify a timeframe for each step and who is responsible.)

Step 1: Hold a brainstorming session to develop a list of organizations and stakeholders that would be good partners for the project.

Timeframe: January 2016

Responsible: Project Manager, Project BCBA, 1115 Project Manager

Step 2: Develop a timeline and strategy to approach organizations and stakeholders identified during the brainstorming session.

Timeframe: January 2016

Responsible: Project Manager, Project BCBA, 1115 Project Manager

Step 3 Hold meetings with potential community partners to share information about the project to determine if mutual partnerships can be established

Timeframe: February 2016-March 2016

Responsible: Project Manager, Project BCBA, 1115 Project Manager

1. What agencies, organizations, or individuals need to be involved?

---

Central Counties Services : Project Manager, Project BCBA, 1115 Project Manager

Stakeholders

---

2. What resources will be needed and how could you obtain these resources? List of

community organizations and how they can be of benefit to the project  
Improvement Project Planning Form/ Redmine









## Questions???

Resources

<https://sustainool.org/>



# **LUNCH & HHSC 1115 WAIVER UPDATE**



# **DSRIP Program Update**

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**December 9, 2015**

**Lisa Kirsch, Chief Deputy Medicaid/CHIP Director**

# Goals of 1115 Transformation Waiver

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- Expand Medicaid managed care statewide
- Develop and maintain a coordinated care delivery system
- Improve health outcomes while containing costs
- Protect and leverage federal match dollars to improve the healthcare infrastructure
- Transition to quality-based payment systems across managed care and hospitals

# Extension Request for the Pools

---

- The extension request on the funding pools:
  - To continue the demonstration year (DY) 5 funding level for DSRIP (\$3.1 billion annually)
  - An Uncompensated Care (UC) pool equal to the unmet need in Texas, adjusted to remain within budget neutrality each year (ranging from \$5.8 billion - \$7.4 billion per DY)
- The Centers for Medicare and Medicaid Services (CMS) will require that Texas submit a report next year prior to waiver extension related to how the two pools in the waiver interact with the Medicaid shortfall and what uncompensated care would be if Texas opted to expand Medicaid.
- HHSC anticipates a negotiation period with CMS and will plan for a transition period with interim reporting.

- Further incentivize transformation and **strengthen healthcare systems** across the state by building on the Regional Healthcare Partnership (RHP) structure.
- Maintain **program flexibility** to reflect the diversity of Texas' 254 counties, 20 RHPs, and almost 300 DSRIP providers.
- Further **integrate with Texas Medicaid managed care** quality strategy and value based payment efforts.
- **Streamline** to lesson administrative burden on providers while focusing on collecting the most important information.
- Improve project-level evaluation to **identify the best practices** to be sustained and replicated.
- Continue to **support the healthcare safety net** for Medicaid and low income uninsured Texans.

# Evolving Federal Perspective Based on Recent Waivers

---

- Recent DSRIP programs are more standardized, increasing accountability by incorporating more outcomes-based payments, and operating through community partnerships.
- While each state's DSRIP is different, more recently approved DSRIP programs:
  - Have a more narrowly defined project menu - more prescriptive about project goals and reporting measures
  - Have larger proportions of total DSRIP funding dedicated toward reporting and results.
  - More closely align pay-for-performance (P4P) metrics with their projects.
  - Base project valuation and total per-provider funding allocations on standardized formulas.

Source: NASHP report for MACPAC, March 2015



# Evolving Federal Perspective Based on Recent Waivers (cont.)

---

More recently approved DSRIP programs:

- Have all-or-nothing payment (instead of partial payment).
- Have high performance funds (instead of carry forward).
- Require participating providers to submit project budgets.
- May require providers to report at a high level how incentive payments are spent.
- Use attribution models to assign a large portion of the state's low-income patients to specific participating providers.
- Emphasize the importance of sustainability after quality improvements are achieved.

Source: NASHP report for MACPAC, March 2015

- Texas indicated to CMS in the extension request that we plan to propose ways to strengthen the DSRIP program in the extension period.
- DSRIP requirements in the extension period will be defined in the revised DSRIP protocols - the Program Funding and Mechanics Protocol (PFM) and the RHP Planning Protocol (DSRIP menu).
- HHSC conducted a webinar on Sep. 30 on initial high-level proposals for the extension period that will be refined in the DSRIP protocols.
- HHSC will consider stakeholder feedback from now through spring 2016 as we work to finalize the protocols for submission to CMS in late spring/early summer 2016.

# DSRIP Planning and Negotiations with CMS

---

- HHSC previously indicated the DSRIP protocols would be submitted to CMS in early 2016. Based on further discussions with CMS, HHSC now plans to:
  - Submit a proposal for a transition year (DY6) in early 2016; and
  - Submit the revised DSRIP protocols in late spring/early summer 2016.
- HHSC will submit high-level proposals to CMS for consideration on an ongoing basis.
  - Based on CMS feedback about the feasibility of various elements, HHSC then will work with stakeholders to develop detailed requirements.
- HHSC will let stakeholders know of items under discussion with CMS and provide opportunities to submit feedback on these proposals through the HHSC website.

## Initial proposals planned:

- Transition year (DY 6 - 10/1/2016 – 9/30/2017)
  - Includes parameters for combining projects
  - Laying the groundwork for performance bonus pools
  - Setting a minimum annual valuation amount per provider
- Revised protocols for extension/renewal (beginning 10/1/2017)
  - Continuing and replacement projects
  - Regional performance bonus pools

## Transition Year (DY 6)

---

- HHSC will propose to CMS that current projects that are eligible to continue or will be replaced be eligible to continue for a transition period of one year (DY 6), including 2.4, 2.5, 2.8 and 1.10 projects.
- HHSC plans to submit proposed transition year parameters to CMS in early 2016.
- In summer 2016, providers submit confirmation of whether they plan to continue/replace current projects or if they plan to withdraw projects.

# Transition Year (DY 6) - Statewide Analysis Plan

---

The extension application includes a proposal to analyze Medicaid data and available all-payer potentially preventable event (PPE) data for managed care service delivery areas and RHPs. HHSC will provide this global trend data to CMS from CY 2013 through the years of the extension period to show whether combined efforts are having an effect on key measures.

- HHSC has been working with Texas Medicaid's external quality review organization, the Institute for Child Health Policy (ICHP), to determine measures ICHP already collects for Medicaid that intersect with DSRIP activities.
- A challenge for statewide analysis of DSRIP results is that HHSC doesn't have access to much data on non-Medicaid populations (including low-income uninsured). HHSC is exploring the use of all-payer data from the Department of State Health Services to add all-payer PPE measures to the statewide analysis.

# Transition Year (DY 6) - Statewide Analysis Plan (cont.)

---

At the DSRIP Statewide Summit in August, the following Medicaid measures were highlighted as possible measures for the statewide analysis plan.

- **Behavioral Health Measures**

- HEDIS Antidepressant Medication Management (AMM): Acute Phase
- HEDIS Antidepressant Medication Management (AMM): Continuation Phase
- HEDIS Follow-Up After Hospitalization for Mental Illness (FUH) within 7 Days
- HEDIS Follow-Up After Hospitalization for Mental Illness (FUH) within 30 Days

- **Access to Care Measures**

- HEDIS Children and Adolescents' Access to Primary Care Practitioners (CAP)
- HEDIS Access to Primary/Preventive Care: Frequency of Ongoing Prenatal Care (FPC)
- HEDIS Access to Primary/Preventive Care: Postpartum Care (PPC-Postpartum Care)
- Potentially Preventable Events (PPEs)

- **Potentially Preventable Events**

- 3M Potentially Preventable Admissions (PPA)
- 3M Potentially Preventable ED Visits (PPV)
- AHRQ Pediatric Quality Indicator: Asthma Admission Rate (PDI 14)
- AHRQ Pediatric Quality Indicator: Diabetes Short-Term Complications Admission Rate (PDI 15)

# Performance Bonus Pool

## New York Example

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### NY DSRIP High Performance Fund (HPF)

- There are 10 measures that are part of the NY DSRIP HPF:
  - Potentially Preventable Emergency Department Visits (All Population)
  - Potentially Preventable Readmissions (All Population)
  - Potentially Preventable Emergency Department Visits (BH Population)
  - Potentially Preventable Readmissions (BH Population in SNF)
  - Follow-up for Hospitalization for Mental Illness
  - Antidepressant Medication Management
  - Diabetes Monitoring for People with Diabetes and Schizophrenia
  - Cardiovascular Monitoring for People with CVD and Schizophrenia
  - Controlling Hypertension
  - Tobacco Cessation - Discussion of Cessation Strategies
- Performance goals have been established for these measures and will not be changed throughout the DSRIP demonstration.



# Measuring DSRIP Success – Performance Bonus Pools (PBP)

---

- HHSC will establish the PBP measures that will be required for all regions, and will develop a list of additional potential PBP measures that a region can select based on the key community needs and DSRIP areas of focus in that region.
  - HHSC will consider including the measures in the ICHP statewide analysis plan as PBP measures.
- HHSC will use state-generated data instead of provider-generated data for the PBP measures.
- HHSC will need to ensure that there is no duplication of federal funds (e.g., if PPEs are used for the PBP).
- HHSC seeks stakeholder input on potential Medicaid measures and all-payer measures to help reflect the improvements in healthcare delivery in Texas during the waiver period.

# Transition Year (DY 6) - Combining Existing Projects

---

- The timeline for requesting to combine projects is planned to begin in January 2016.
  - The combined project would begin reporting in the transition year (DY 6).
- Cross-regional community mental health center (CMHC) projects that are similar may choose to combine into one or more home regions.
  - The home region selected must be the region with the highest total valuation.
  - CMHCs will be required to maintain a portion (5-10%) of the original allocation in each of the regions for the regional performance bonus pool.
- Projects from one or multiple providers within an RHP that provide similar services to different populations may combine into one project.
  - e.g., Two similar prevention projects, one targeting females and the other targeting males.

# Transition Year (DY 6) - Setting a Minimum Valuation

---

- HHSC proposes to set a minimum valuation per provider (for Categories 1-4 combined) at \$250,000 per demonstration year for the extension period (including the transition year).
  - Impacts 27 providers (24 hospitals, 3 local health departments) and 35 projects.
  - To increase these providers' valuation, HHSC proposes to use approximately \$3 million of the current \$10.7 million remaining funds not allocated in DY 5 to a region or withdrawn projects.
  - HHSC will review QPI for each of these projects to ensure QPI supports increased valuation.
- Providers may opt out of the increased valuation if intergovernmental transfer (IGT) funds will not be available.

# Revised Protocols for DY 7 Forward

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The information on the remaining slides is proposed to be effective beginning 10/1/2017 (for DY 7 through DY 10, or for the extension period approved by CMS).

# Continuing Category 1 & 2 Projects

---

All projects from areas included on the 3-year menu may be eligible to continue pending HHSC review of higher risk projects.

- There are many promising projects that need more time to demonstrate outcomes and evaluate best practices.
- Some projects may be required to take a next step and HHSC may propose further standardization of continuing projects (including related to QPI and project intensity).
  - The goal is to further transformation in the extension, including by serving additional Medicaid and low-income individuals where feasible and/or taking next steps on initial projects (e.g., a project established a primary clinic, and now will become a patient centered medical home).
  - HHSC will balance this goal with allowing projects that are on track to further progress and to account for projects that initially set overly aggressive goals.

# Continuing Category 1 & 2 Projects (cont.)

---

- There will be fewer, more standardized milestones/ metrics to report for achievement.
- HHSC is considering the following milestones:
  - 60-70% of Category 1-2 valuation: QPI (one milestone for total QPI and one for MLIU QPI).
  - 30-40% of Category 1-2 valuation:
    - Core components, including CQI
    - Sustainability planning, including health information exchange, integration with managed care, and other community partnerships; and/ or
    - Medicaid ID reporting.

# Replacement Projects

---

- HHSC identified the projects in July that will be reviewed and may not be eligible to continue (or may require changes to the project scope, milestones/metrics, and/or valuation).
- HHSC will notify projects not eligible to continue in early 2016 to give providers time to plan for replacement projects if needed.
- These providers may propose replacement projects selected from the extension menu.
- Replacement projects would be submitted to HHSC during DY 6 at a date TBD (such as a target date of January 1, 2017) upon CMS approval of the revised RHP Planning Protocol.

## Replacement Projects (cont.)

---

Replacement projects may be submitted in the following circumstances:

- Four-year projects from 2.4, 2.5, 2.8, and 1.10 project areas (except 1.10 for learning collaborative purposes, which may continue)
- Providers of projects withdrawn after June 30, 2014 (so associated funds are not currently allocated to active projects)
- Projects identified from high risk list based on HHSC review
- Providers may also elect to discontinue a current project(s) and propose a replacement
- May be proposed up to the same valuation as original project, not to exceed \$5 million per demonstration year



Replacement projects must use options outlined in the extension menu.

- The Category 1 & 2 draft extension menu is designed to build on the lessons learned from DSRIP in the initial 5-year waiver.
- The extension menu is a streamlined version of the current RHP Planning Protocol - combined similar project options and removed selected project options to keep **the most transformative options** on the menu.
- Opportunities to “hit the ground running” through replication of strong, existing projects with limited or no planning period.
- Project options not included on the extension menu often may be a component of a project in the extension.
- Some project areas and options were consolidated to avoid duplication of options across project areas.

## Extension Menu (cont.)

---

- Input from Clinical Champions was considered during the development of the draft extension menu.
  - Best practices options for some project areas will be identified based on the Transformational Impact Summaries submitted to the Clinical Champions Workgroup.
- Replacement projects and metrics will be more standardized than the current DSRIP menu.
  - HHSC plans to develop templates for submission of replacement projects, including core components.
- Project options included in the draft extension menu are shown in the Summary of the Transformational Extension Protocol (posted on the HHSC waiver renewal webpage).

# Switching Category 3 and Category 4

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## Current

- Category 3, Quality Improvements – Healthcare outcomes that are tied to Category 1 and 2 projects (combination of pay for performance and pay for reporting)
- Category 4, Population-Based Improvements – Hospital-level reporting on data in several domains related to potentially preventable events, patient-centered healthcare, and emergency department care (pay for reporting)

## Proposal

- Category 3 – Continue to collect project-related outcome data, but switch to pay for reporting outcomes and building measurement capacity
- Category 4 – Change to pay for performance based on regional performance in improving on a set of key measures (regional shared performance bonus pools using state-generated data)

## Rationale for Switching Category 3 and Category 4

- Category 3 is extremely complex and many providers, of all types and sizes, are struggling to accurately complete Category 3 reporting and conform to the technical specifications of the measures.
- There is value in building measurement capacity at the provider level and collecting data on the outcomes related to individual DSRIP projects.
- However, given Texas' volume and variety of outcome measures, state-level data may better demonstrate the overall impact of DSRIP, along with Medicaid managed care and other initiatives, on improving healthcare outcomes and population health.

# Category 4 –Performance Bonus Pool (PBP)

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- HHSC proposes to set aside 5-10% of each provider's total valuation for each DY for the Category 4 performance bonus pool (PBP) to reward high performing regions.
- The same 5% or 10% set aside as DY 6 applies beginning in DY 7 for smaller and larger providers.

# Items in Development

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- Communications process for stakeholder feedback
- Timelines
- Extension menu – stakeholder feedback is being incorporated
- Replacement project requirements
- QPI requirements for DY 7 forward
- Additional Category 1 or 2 standardized metrics
- Potential changes to Category 3 measures
- Statewide analysis plan
- Regional performance bonus pool measures and funding
- Further uses for funds not allocated to active projects

# Waiver Communications

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- Find updated materials and outreach details:
  - <http://www.hhsc.state.tx.us/1115-waiver.shtml>
- Submit questions to:
  - [TXHealthcareTransformation@hhsc.state.tx.us](mailto:TXHealthcareTransformation@hhsc.state.tx.us)



COPE Health Solutions

University Health System, RHP6

Community Care Collaborative, RHP7

# **DSRIP PERSPECTIVES, NEW YORK & TEXAS REGIONS**



# **New York State DSRIP – Texas Roadmap to an Integrated Delivery System and High Performance Pools**

*Texas RHP3 Learning Collaborative*

*December 2015*



# Today's Presenters

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Margarita Gardea  
Senior Consultant  
COPE Health Solutions



Mallory Johnson  
Senior Consultant  
COPE Health Solutions

# COPE Health Solutions – Who We Are

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COPE Health Solutions provides our clients with the tools, services and advice they need to be leaders in the health care industry. Focusing on all aspects of strategy, population health management, CMS demonstrations, DSRIP, and workforce development, we help drive our clients' success every step of the way.

# COPE's New York DSRIP Experience

## Finger Lakes Performing Provider System "FLPPS" (co-owned by UR Medicine & Rochester Regional Health)

- Largest geographic PPS comprised of 13 counties in Western NY
- Network Size: ~300 parent level provider organizations across the care continuum
- Considered a model for the state, first to launch value based contracting

## Mount Sinai Performing Provider System "MSPPS"

- Large PPS with responsibility for implementing DSRIP in NYC across Manhattan, Brooklyn and Queens
- Network Size: ~280 parent level provider organizations across the care continuum
- Recently purchased large Medicaid hospital system

## Montefiore Health System a.k.a. Montefiore Hudson Valley Collaborative Performing Provider System "HVCPPS"

- Led by Montefiore Health System in nine counties of the Hudson Valley (north of the Bronx)
- Network Size: ~200 parent level provider organizations across the care continuum
- Recognized by CMS as a model health system and Pioneer ACO

# Agenda

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- ❖ New York Waiver at a Glance
  - Compare and Contrast TX and NY DSRIP Waivers
  - NYS Funding Pools
- ❖ High Performance Funds
  - DSRIP High Performance Pool
  - Additional High Performance Pools
- ❖ Integrated Delivery System Goals and Requirements in New York DSRIP
- ❖ Tying It All Together for Success and Sustainability
  - Current Strategies
  - Recommendations
  - Challenges and Lessons Learned
- ❖ What Does This Mean for Texas?
- ❖ Q&A

# New York Waiver at a Glance



# Why talk about NY DSRIP?

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- ❖ Most recent full DSRIP 1115 Waiver approved by CMS
- ❖ Aggressive state goals and expectations that may be seen in Texas Waiver renewal negotiations with CMS
- ❖ Focus on creating a fully Integrated Delivery System across the care continuum
- ❖ Has similarities to Texas structure for clinical pay for performance outcomes

# Texas and New York DSRIP

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## Common High Level Themes

- ❖ Collaboration by providers
- ❖ Organization of regional structures to determine priorities and projects at the local level
- ❖ Identification of DSRIP funding which bases payment on performance
- ❖ Federal, state and local accountability
- ❖ Sustainability by establishment of permanent, sustainable delivery system structures and projects
- ❖ Regionally developed DSRIP plans

## Common DSRIP Program Plan Elements

- ❖ Statement of goals
- ❖ Identification of participating providers (participation voluntary)
- ❖ Performance assessment including community needs assessment, regional planning, and public input
- ❖ Detailed milestones and metrics to set achievement expectations
- ❖ Governance structure of the regional organization
- ❖ Project attestation and certification
- ❖ Learning collaborative commitment



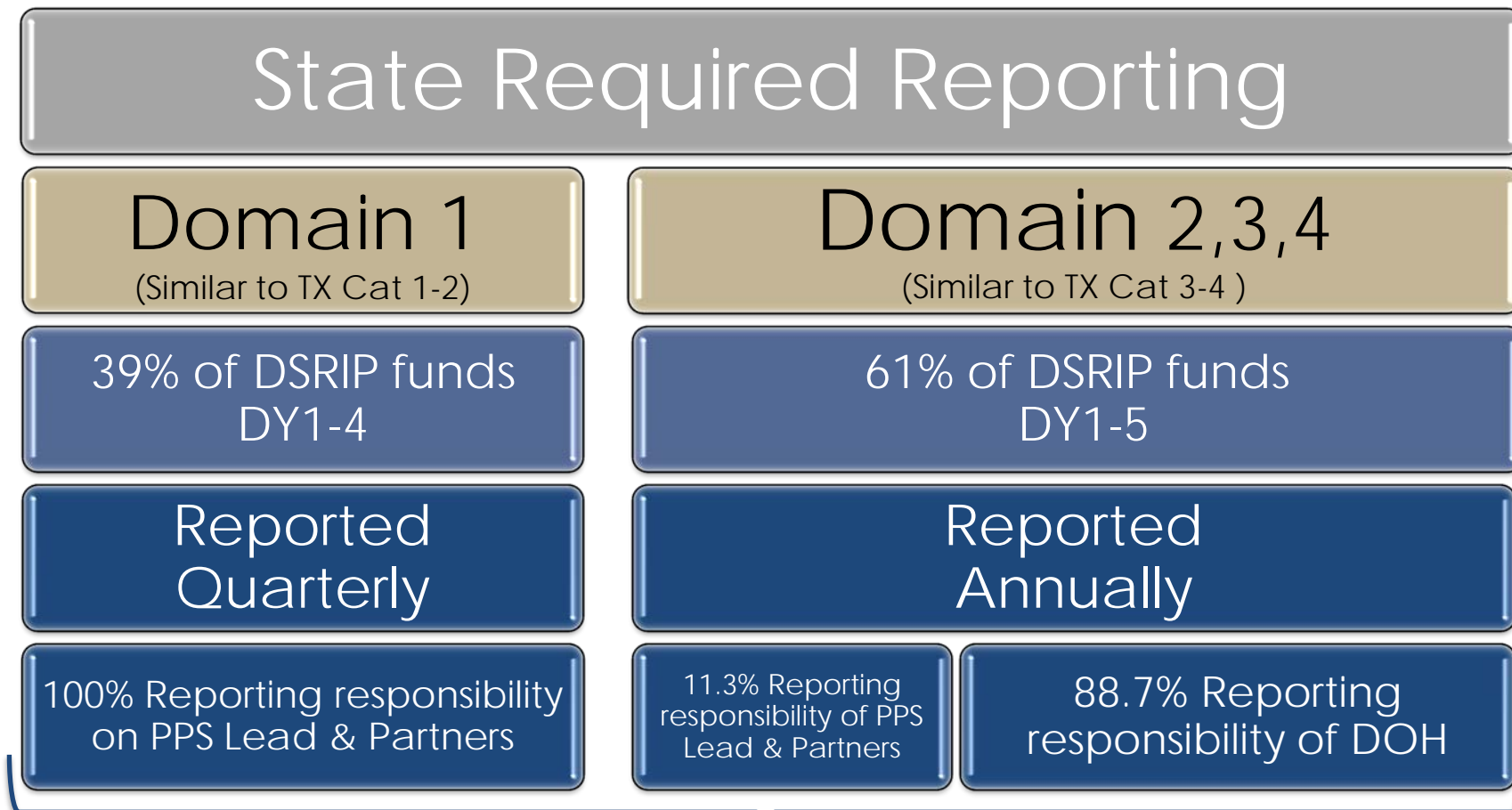
# Texas vs. New York DSRIP Structure

Area	NY - PPS	TX - RHP
Startup Investment	\$100 million	\$500 million
Regionalization	Entire state with 25 self selected - designated regions (PPS)	Entire state with 20 designated regions (RHP)
Target Population	Member attribution at the provider level with most members in MCOs as well as PPS	No member attribution; all population including Medicaid and under/uninsured with specific targets to be met
DSRIP Funds	\$6.4 Billion all-funds	\$11.1 Billion all-funds
Funding	Joint budgets and funding distribution plan through public hospitals – funds flow to providers unique per PPS structure	Funding dependent upon available IGT funds and commitments from entities

# Texas vs. New York DSRIP Structure

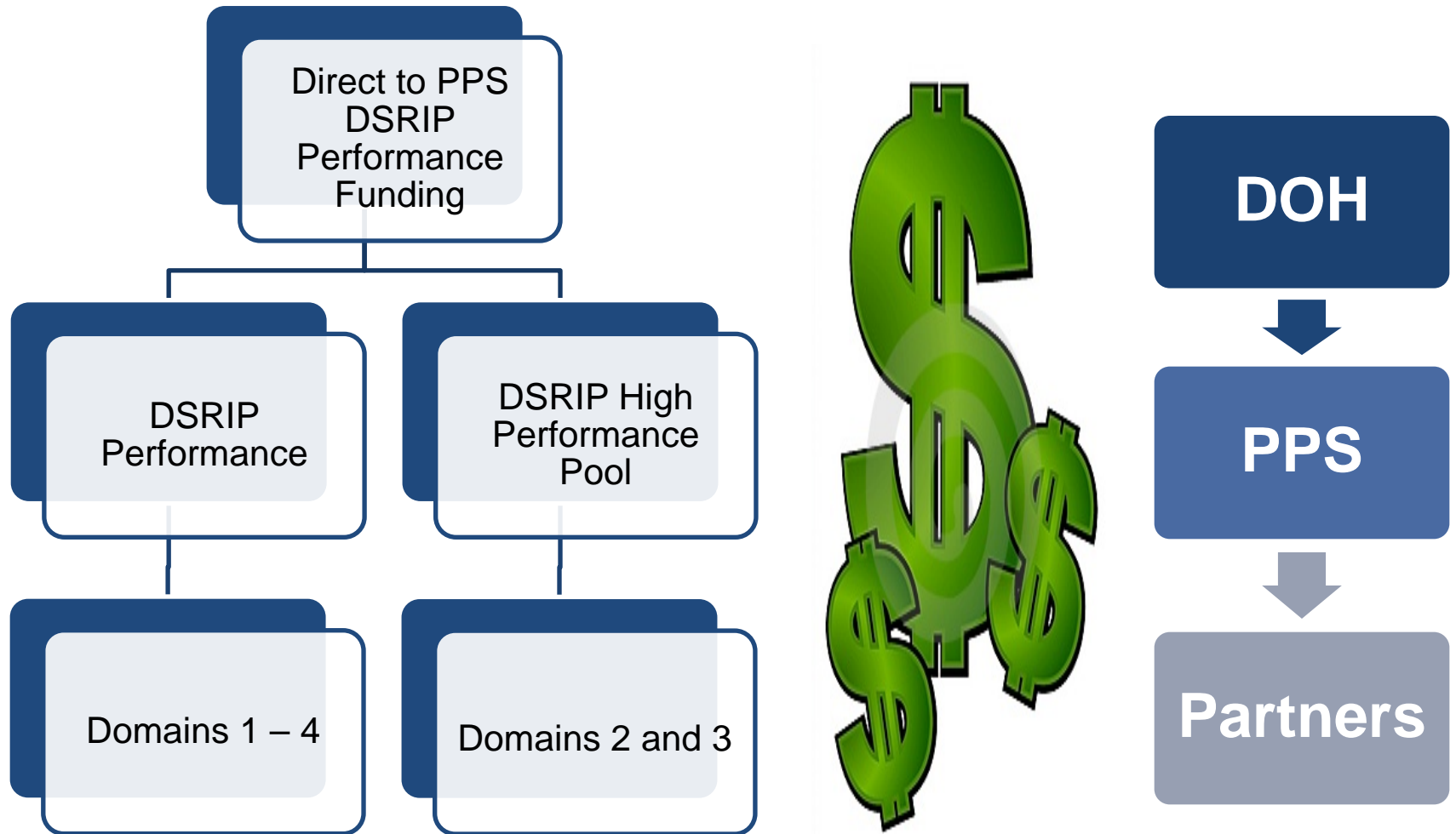
Area	NY – PPS	TX - RHP
Organizational Authority	Formal: Contract for services and drive to System Outcomes	Informal: Administrative and Coordinating
Role/Name	Lead Provider <i>(Leads had option to develop a New Co)</i>	Anchor
Eligible Provider Participants	64,099 providers including: hospitals, physicians, medical groups, clinics, mental health and public health agencies, health home/care management agencies, CBOs, BH/SA organizations, SNFs/nursing homes, hospice, pharmacies, and other organizations not fitting into these categories	309 Medicaid providers including: hospitals, medical schools, mental and public health agencies, and physician groups

# Example NYS PPS Reporting Overview

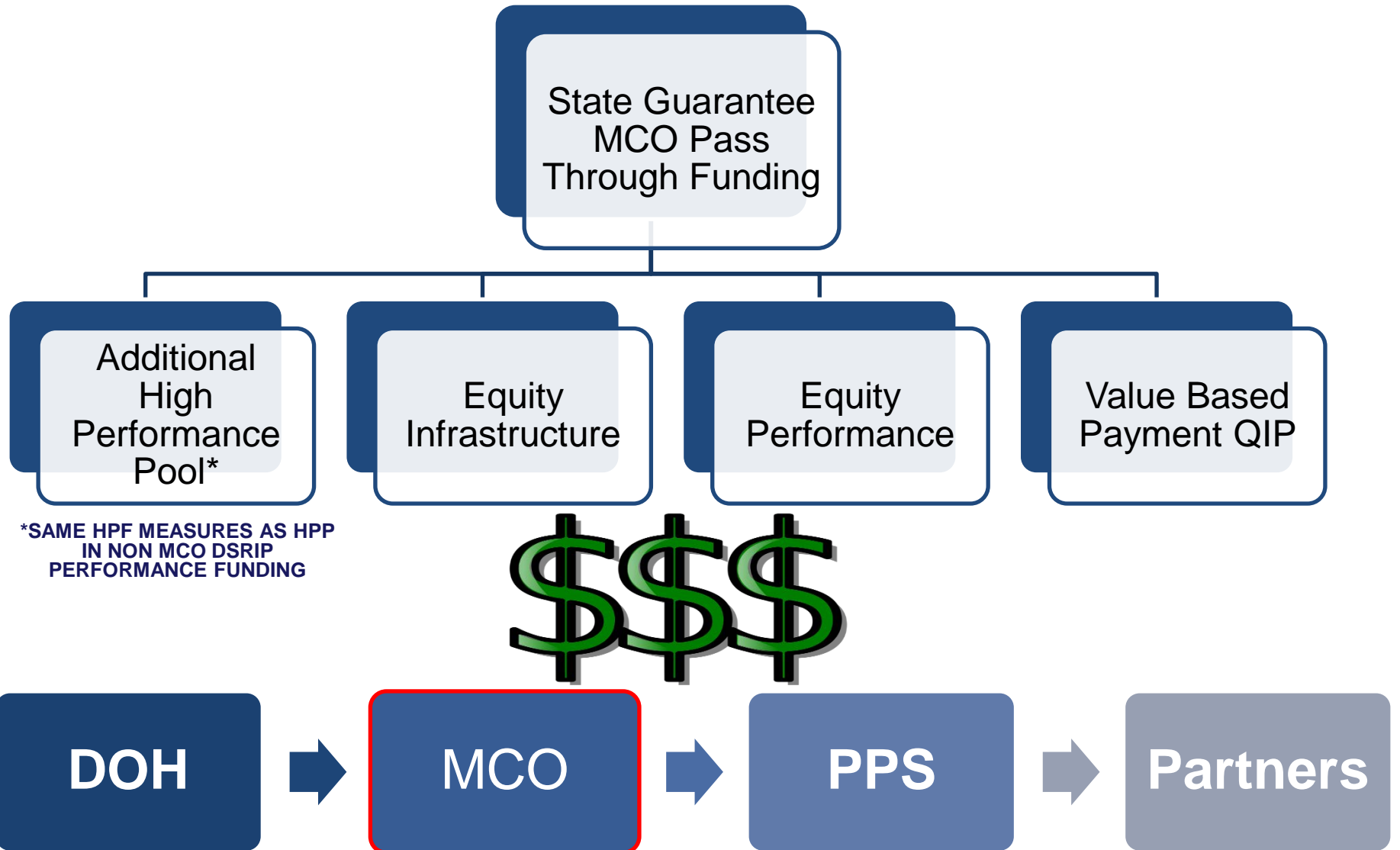


PPS Partner contracting requirements will enable successful state required reporting & funds flow to partners

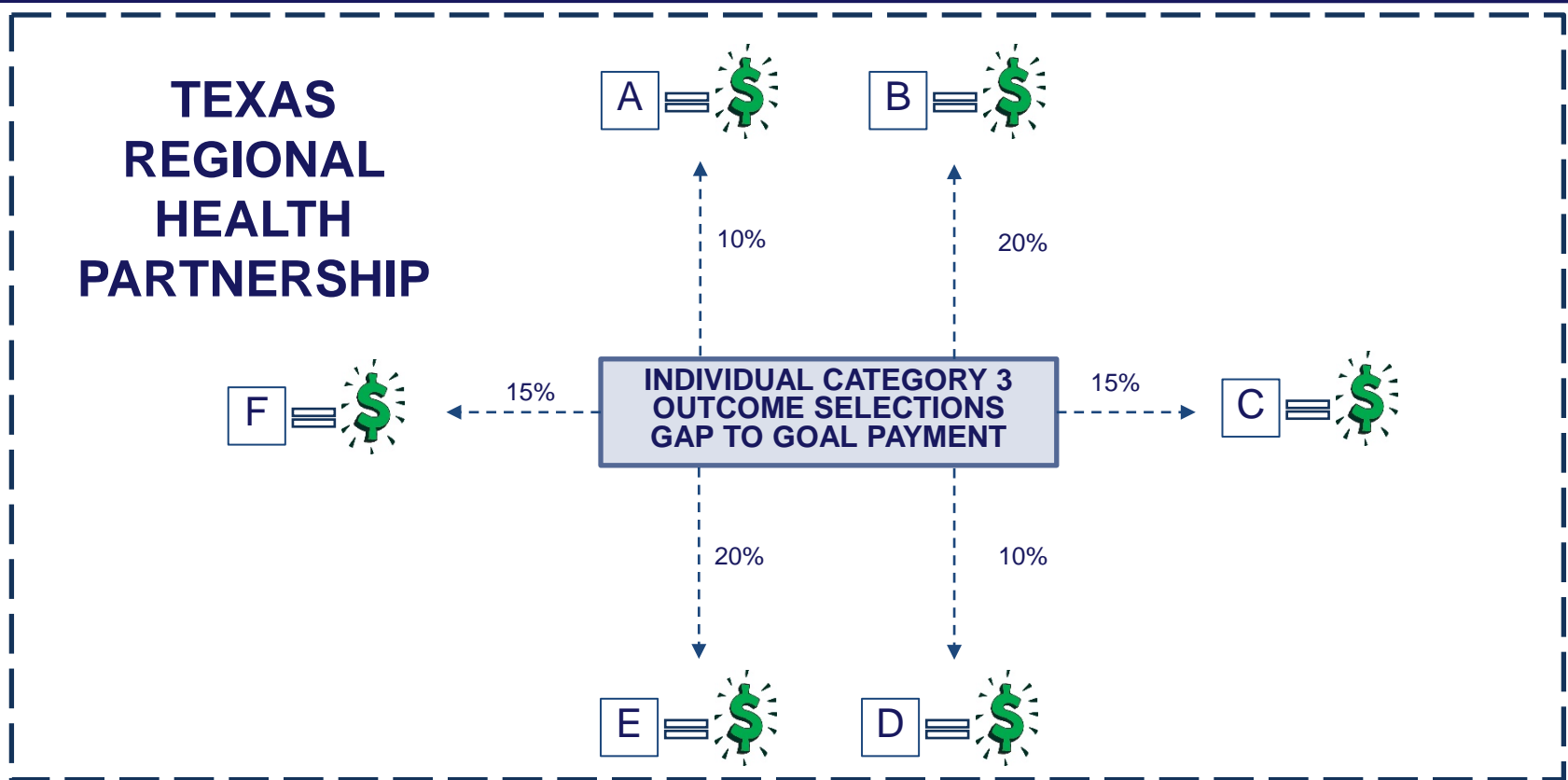
# New York 1115 Waiver DSRIP Funding



# New York 1115 Waiver DSRIP Funding



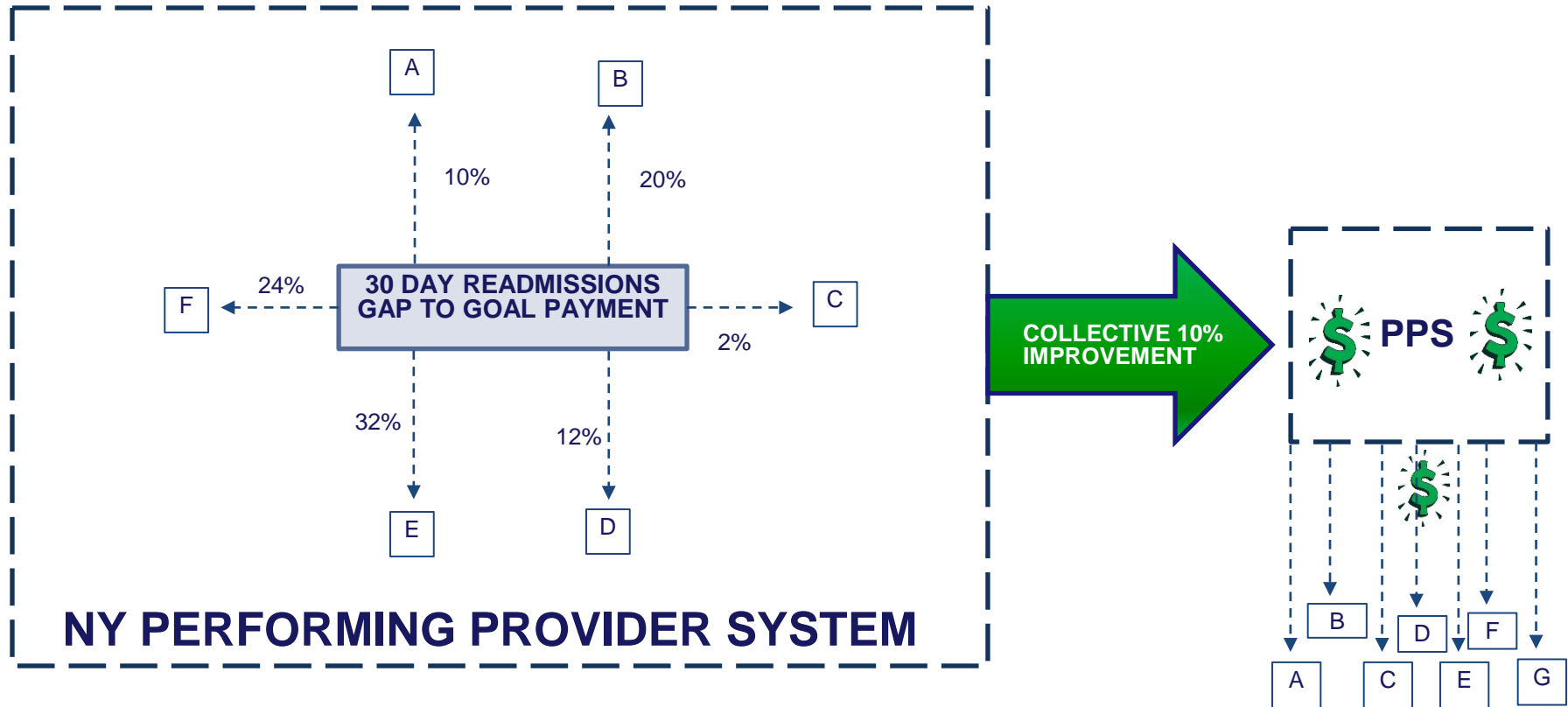
# Performance Achievement & Funds Flow – TX vs. NY



**D** ≡ UNIQUE PROVIDER

10% IMPROVEMENT  
OVER INDIVIDUAL  
BASELINE

# Performance Achievement & Funds Flow – TX vs. NY



# High Performance Funds (HPF)





# DSRIP High Performance Pool

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- ❖ Available for PPS that achieve high performance on HPF eligible measures (P4P transition as early as DY3)
  - 10 eligible measures across Domains 2 and 3
- ❖ Total High Performance Fund is split evenly across 2 tiers
  - Tier 1 -Based on 20% gap to goal achievement
  - Tier 2 -Based on exceeding statewide performance targets
- ❖ Limited to 30% of PPS project valuation
- ❖ Payments will be made once per year coinciding with the second payment periods of DY2 -DY5
- ❖ Based on PPS Attribution for Performance (A4P) and the number of projects applicable to high performance chosen by each PPS

# Additional High Performance Pool

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- ❖ Supplemental high performance funding against the same DSRIP measures already identified for high performance payments
- ❖ State will pay MCOs and then MCOs are responsible for distributing funds to PPS
  - PPS will be responsible for establishing contracts with MCOs for payment
- ❖ Monthly payments from MCOs *are anticipated*
- ❖ PPS will need to report out on DSRIP high performance measures as criteria to the MCO, on a monthly basis, *as current guidance stands*

# High Performance Eligible Measures

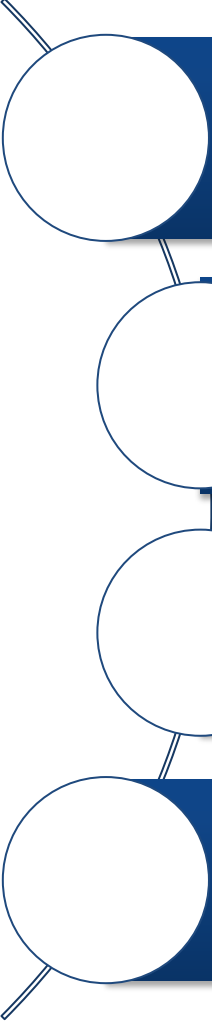
NYS HPF Eligible Measure	Texas Category 3 Measure	Texas Category 4 Measure
Potentially Preventable Emergency Department Visits (All Pop.)		
Potentially Preventable Readmissions (All Pop.)	✓	✓
Antidepressant Medication Management	✓	
Cardiovascular Monitoring for People with CVD and Schizophrenia	✓	
Diabetes Monitoring for People with Diabetes and Schizophrenia	✓	
Follow-up for Hospitalization for Mental Illness	✓	
Potentially Preventable Emergency Department Visits (BH Population)		147

# Integrated Delivery System (IDS) Goals and Requirements in New York DSRIP



# IDS Objectives Defined by NYS DOH

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Create an integrated, collaborative and accountable service delivery structure that incorporates the full continuum of care, eliminating service fragmentation while increasing the opportunity to align provider incentives.

Incorporation of the medical, behavioral health, post-acute, long term care, social service organizations and payers to transform the current service delivery system from one that is institutionally-based to one that centers around community-based care.

Each organized integrated delivery system (IDS) will be accountable for delivering accessible evidence-based, high quality care in the right setting, at the right time, at the appropriate cost.

Organized IDSs will commit to devising and implementing comprehensive population health management strategies and be prepared for active engagement in New York State's payment reform efforts.

# IDS and NY DSRIP

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- ❖ All 25 PPSs in NY required to implement an IDS project
- ❖ All providers participating in a PPS MUST be in the IDS project and achieve 100% of applicable requirements
- ❖ Participating Provider types in the IDS
  - Primary Care Physicians
  - Non-PCP Practitioners
  - Hospitals / Outpatient Clinics
  - Health Home / Care Management
  - Behavioral Health
  - Substance Abuse
  - Skilled Nursing Facilities / Nursing Homes
  - Pharmacy
  - Hospice
  - Community Based Organizations
  - All Other

# IDS Requirements Defined by DOH

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## Clinical

- Utilize partnering Health Homes and ACO population health management systems and capabilities; demonstrate real service integration which incorporates a population management strategy; develop collaborative care practices.
- PPS has protocols in place for care coordination; PPS has process for tracking care outside of hospitals to ensure that all critical follow-up services and appointment reminders are followed.
- PPS has achieved NCQA 2014 Level 3 PCMH standards and/or APCM.
- Community health workers and community-based organizations utilized in IDS for outreach and navigation activities.

## Technical

- Clinically Interoperable System is in place for all participating providers.
- Connectivity to HIEs, use of EMR alerts and direct messaging, and Stage 3 Meaningful Use achieved for Primary Care Providers, use of registries to track patients.

## Financial

- Medicaid Managed Care contract(s) are in place (with PPS or with providers directly) that include value-based payments; meet regularly with MCO to manage utilization trends.
- Providers receive incentive-based compensation consistent with DSRIP goals and objectives; PPS submitted a growth plan outlining the strategy to evolve provider compensation model to incentive-based compensation.

# Implementation Planning Observations

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## ❖ Integrated Delivery System

- Integration and connectivity across projects and providers is paramount to sustaining the IDS
- The money (incentive payments to providers) must follow the patient
  - Payment systems must be consistent with quality goals and patient engagement
- IDS integration must account for and have synergy with MCO contracting approach and MSO services
- Key to outcome success and attainment of High Performance dollars



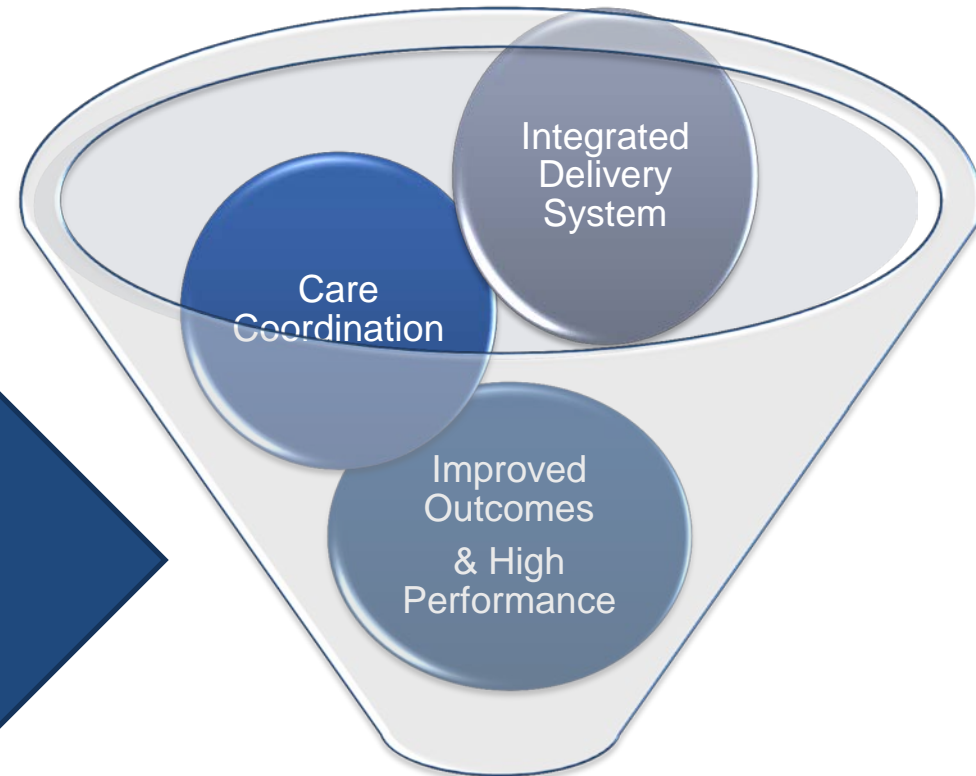
# Tying It All Together for Success and Sustainability



# Ideal State

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**Providers  
&  
MCOs**



**Transformation  
and Sustainability**

# Current Strategies

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- ❖ Develop a strong network across PPS
- ❖ Identify current partner capacity and gaps
- ❖ Initial performance based contracts with partners to meet initial goals of PPS
- ❖ Identify biggest gaps in Domain 2-4 outcomes for focused interventions and related value
- ❖ Early engagement with MCOs
- ❖ Early strategic plans to leverage PPS structure post DSRIP

# Recommendations for the Future

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- ❖ Develop strategy for partners to report real time data
- ❖ Develop a more robust performance based contracting strategy with specific goals for partners based on contribution to projects
- ❖ IPA development strategy for consolidated MCO negotiations and VBP goal achievement
- ❖ Collaboration across PPSs to ensure consistency around similar projects in areas that share patients and providers
- ❖ Develop strategy for partner draw down of HPP and AHPP dollars

# Challenges

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- ❖ Developing an equitable methodology for funds flow to partners with lack of DOH guidance
- ❖ Accessing real time data
- ❖ Still dealing with a competitive environment
- ❖ Building relationships that may not have existed before
- ❖ Lack of adequate resources and staff
- ❖ Continuous changes in DSRIP structure and requirements
- ❖ MCO strong presence and voiced concerns with future of contracts and VBP strategies

# Lessons Learned

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- ❖ Robust communication strategy is essential
- ❖ Early governance structure development is key
- ❖ Include partners early on to gain buy-in, especially on sensitive matters like funds flow
- ❖ Network development is a continuous cycle, and while not easy, must be done

# What Does This Mean for Texas?



# Learning Opportunities from NYS Waiver Requirements

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- ❖ **PCMH Certification**
  - All safety-net primary care providers participating in DSRIP must achieve 2014 Level 3 NCQA Certification for the PPS to meet requirements
    - Lesson: Providers must be engaged, educated, and incentivized
- ❖ **Meaningful Use Certification**
  - Similar to PCMH, providers must also achieve MU and utilize other technology platforms such as HIEs
    - Lesson: Data will become more easily available and accessible for a streamlined continuum of care
- ❖ **Value Based Payments and alignment with MCOs**
  - Statewide goals of achieving 80% value based payments by the end of the Waiver period
  - Specific project requirements aligned with MCO interaction, coverage for services, incentive based contracts
    - Lesson: Extreme integration and collaboration between providers and MCOs will be required for PPS success and sustainability to prepare organizations to fully integrate DSRIP wins
- ❖ **Centralized Services/ Support will be offered by PPS Leads in order to support success**



# High Performance Pools Next Steps

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- ❖ Opportunity for Texas to learn from challenges and successes as NYS develops strategies to achieve PPS wide goals
- ❖ Data sharing opportunities in NYS can be translated into Texas opportunities
- ❖ NYS strategies for partner goals and funds flow to partners can inform future bonus fund opportunities in Texas

# Q&A



# COPE Team Members Currently Engaged in NY DSRIP

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- ❖ Allen Miller, CEO
- ❖ Evan King, Executive Vice President
- ❖ Dave Salsberry, (Former Texas Anchor), EVP Consulting
- ❖ Wren Keber, VP Consulting
- ❖ Sajid Sindha, VP Consulting
- ❖ Mallory Johnson, (Former Texas Anchor), Senior Consultant
- ❖ Margarita Gardea (Former Texas Anchor), Senior Consultant
- ❖ Ragini Sarma, Senior Consultant
- ❖ Anush Gevorgyan, Senior Consultant
- ❖ Lindsey Wallace, Senior Consultant
- ❖ Natalie Chau, Senior Consultant
- ❖ Stephanie King, Senior Consultant
- ❖ Ray Chang, Senior Consultant & Data Analysis
- ❖ Brian Ball, Consultant & Data Analysis

# Contact Information

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- ❖ Allen Miller, CEO
  - [amiller@copehealthsolutions.org](mailto:amiller@copehealthsolutions.org)
  - 310-386-5812
- ❖ Evan King, Executive Vice President
  - [eking@copehealthsolutions.org](mailto:eking@copehealthsolutions.org)
  - 213-663-3075
- ❖ Mallory Johnson, (Former Texas Anchor), Senior Consultant
  - [mjohnson@copehealthsolutions.org](mailto:mjohnson@copehealthsolutions.org)
  - 310-422-0825
- ❖ Margarita Gardea (Former Texas Anchor), Senior Consultant
  - [mgardea@copehealthsolutions.org](mailto:mgardea@copehealthsolutions.org)
  - 213-326-1682

# Thank You!



# TEXAS HEALTH CARE

## Transformation and Quality Improvement Program – 1115 Waiver



REGIONAL HEALTHCARE  
PARTNERSHIP-  
REGION 6

## Regional Healthcare Partnership 6

*RHP 3 Learning Collaborative*

*December 9, 2015*

Carol A. Huber, MBA

Director, Regional Healthcare Partnership



Texas 1115 Waiver

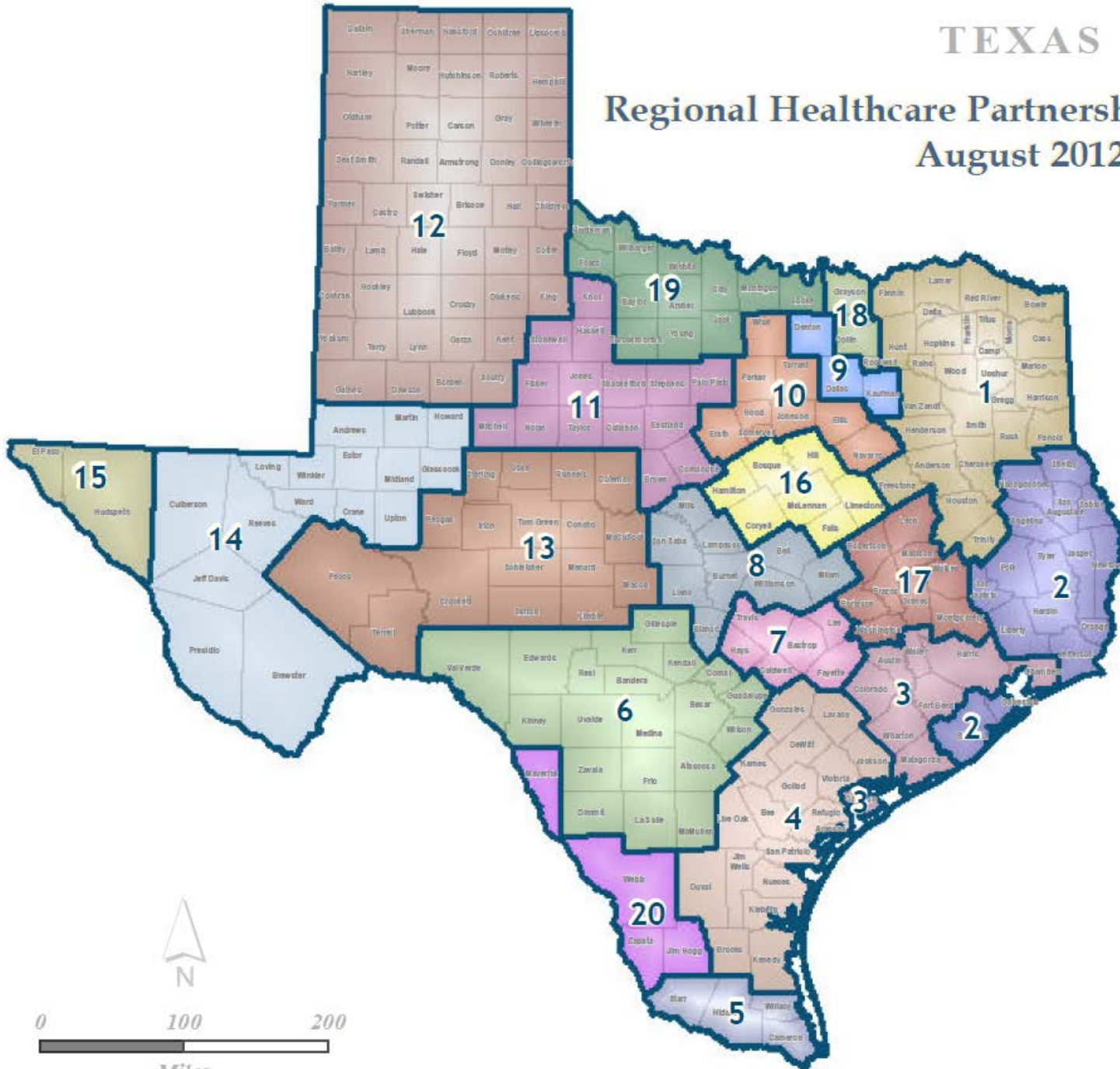
Improving Health. Transforming Care.



University  
Health System

# TEXAS

## Regional Healthcare Partnership (RHP) Regions August 2012



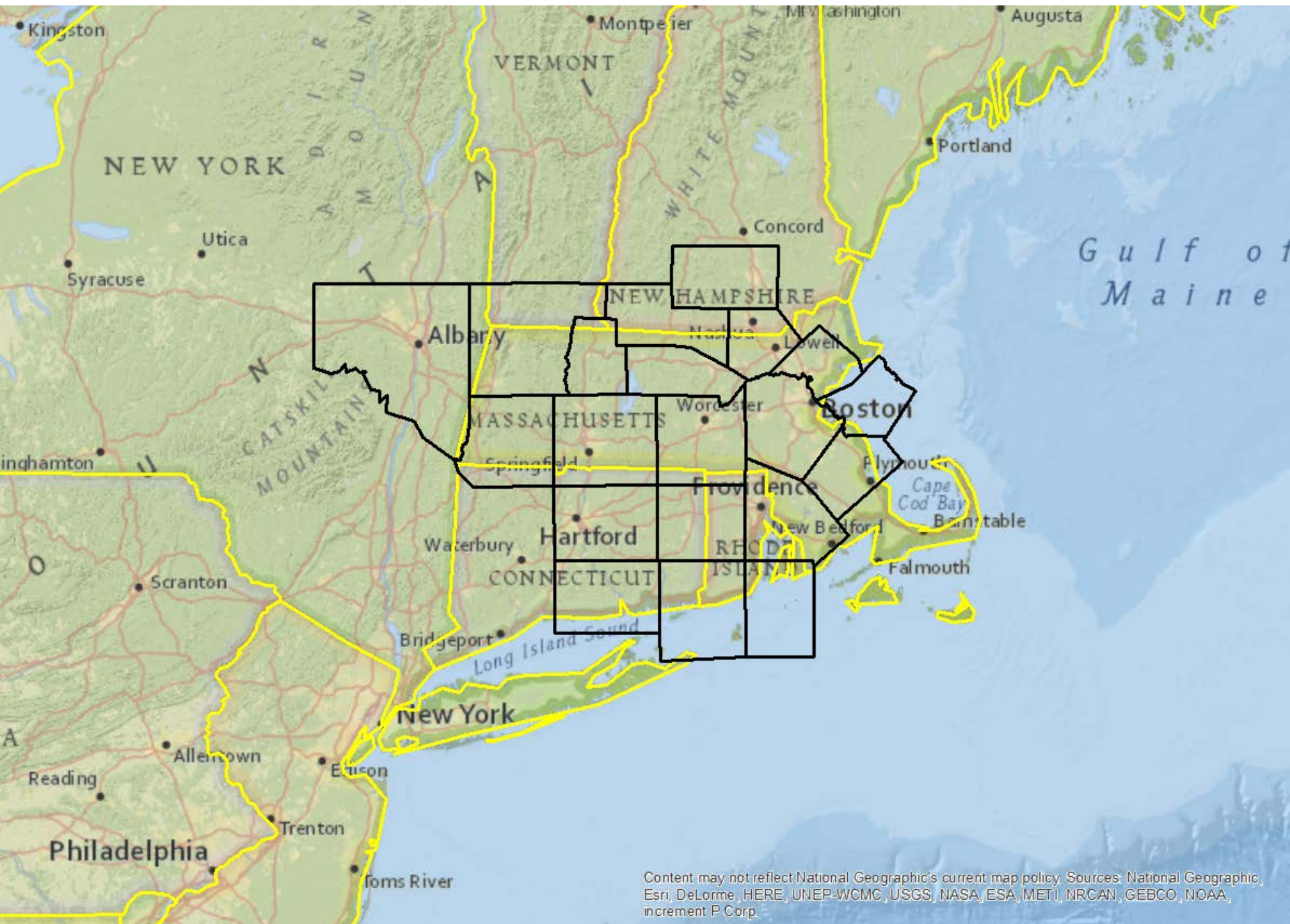
### RHP 6

- 20 counties
- 24,734 square miles
- 2.3 million residents
- 54% Hispanic / 37% Anglo
- 16% live below poverty line
- 24% without health coverage
- \$36,000 per capita income
- 20% did not complete high school



Miles

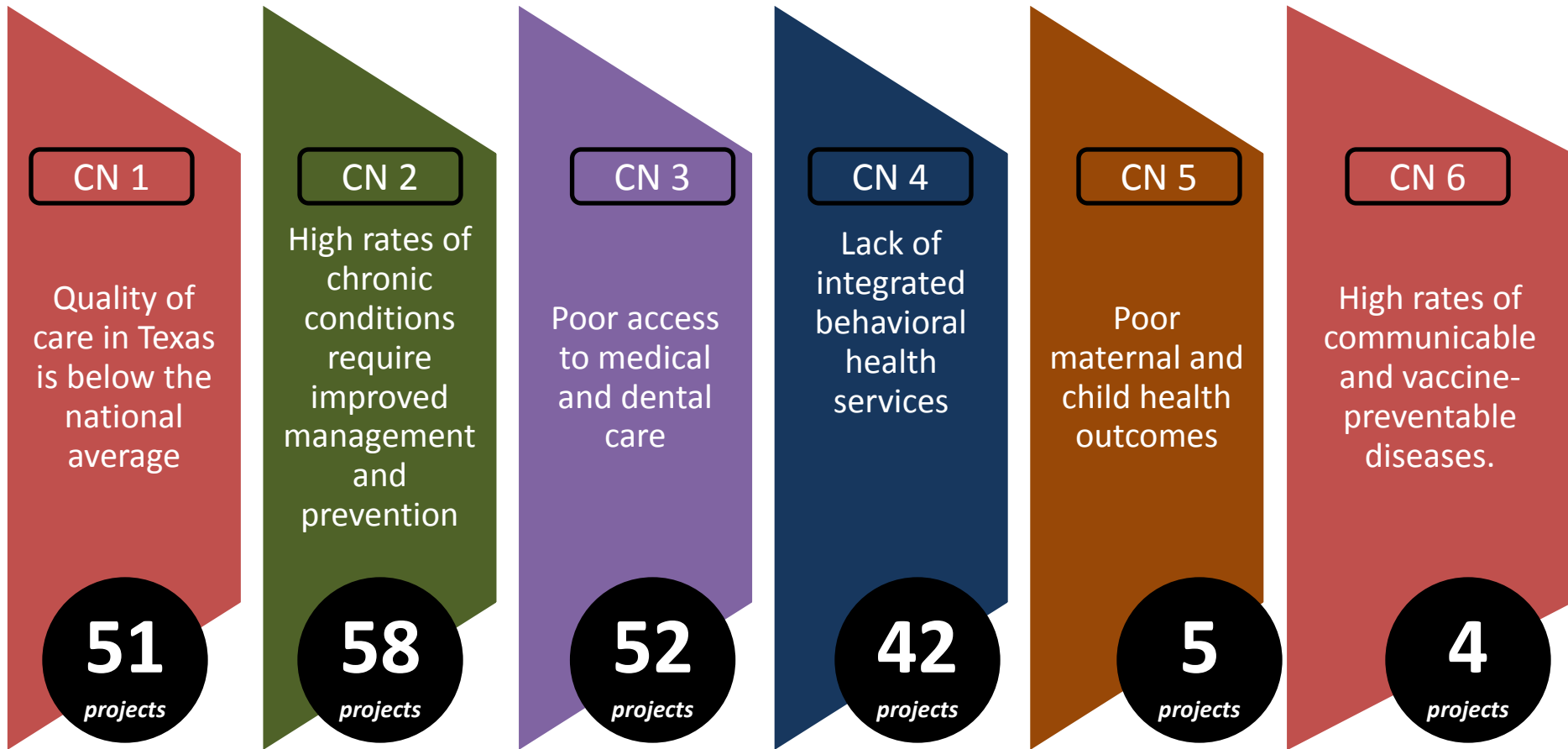




Content may not reflect National Geographic's current map policy. Sources: National Geographic, Esri, DeLorme, HERE, UNEP-WCMC, USGS, NASA, ESA, METI, NRCAN, GEBCO, NOAA, increment P Corp.



# RHP 6 Community Needs Addressed through DSRIP Projects and Collaboration





 **RHP6**  
Texas 1115 Waiver  
Improving Health. Transforming Care.



[www.TexasRHP6.com](http://www.TexasRHP6.com)



# RHP 6 Interactive Tool

<http://www.texasrhp6.com/rhp6-public-meeting/>

**Hint:** These four navigation buttons are found on each page of the tool

To return to your previous slide

To return to this menu

To learn more about the waiver

To exit

RHP6's 128 DSRIP projects are organized by provider, county, project focus, and outcome measure.

**Select an option by clicking one of the boxes below.**

- Provider**
  - There are 25 providers with active DSRIP projects, including:
    - Hospitals
    - Community Mental Health Centers
    - Physician practices
    - Local public health
  - An additional three providers are participating in the Uncompensated Care (UC) pool.
- County**

RHP 6 Quick Facts:

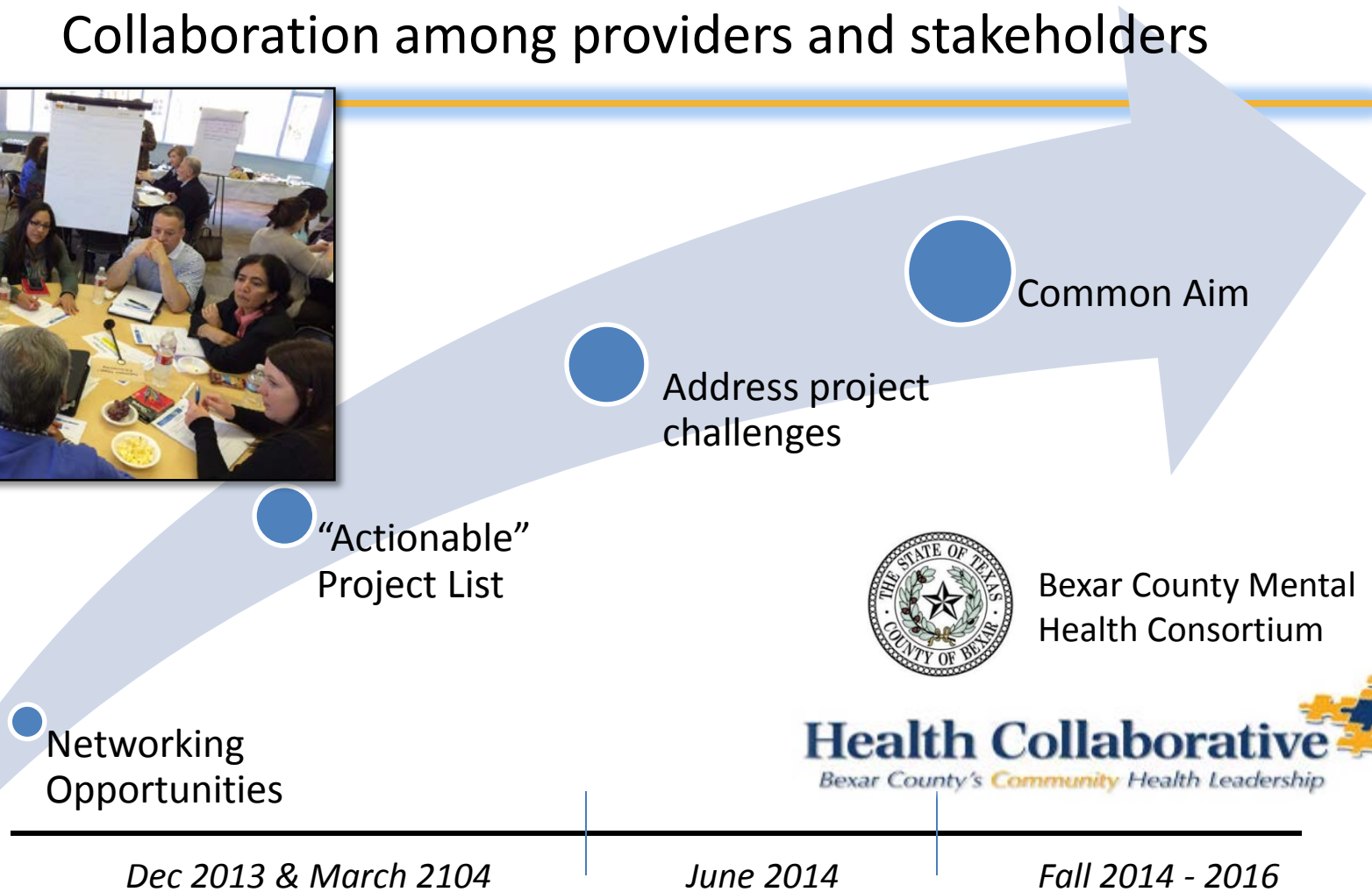
  - 20 counties
  - 24,734 square miles
  - 2.3 million residents
  - 54% Hispanic / 37% Anglo
  - 16% live below poverty line
  - 24% without health coverage
  - \$36,000 per capita income
  - 20% did not complete high school
- Project Focus**
  - Providers selected project areas from a menu called the RHP Planning Protocol
  - For this tool, the 33 project areas have been organized into 12 focus areas.
  - All proposed projects were reviewed and approved by HHSC and CMS.
  - Incentives are paid for achieving approved milestones and metrics.
- Outcome Measure**
  - 190 outcome measures were selected by RHP 6 providers and approved by HHSC in Demonstration Year (DY) 3.
  - Baselines were set in DY3.
  - DY4 incentives will be paid for reporting and performance.
  - DY5 incentives will be paid for performance only.

**View incentives earned by providers for Years 1-3**

**Back to Instructions**   **Back to Start**

# Transformation is...

## Collaboration among providers and stakeholders



“Actionable”  
Project List

Address project  
challenges

Common Aim

Networking  
Opportunities



Bexar County Mental  
Health Consortium



Dec 2013 & March 2104

June 2014

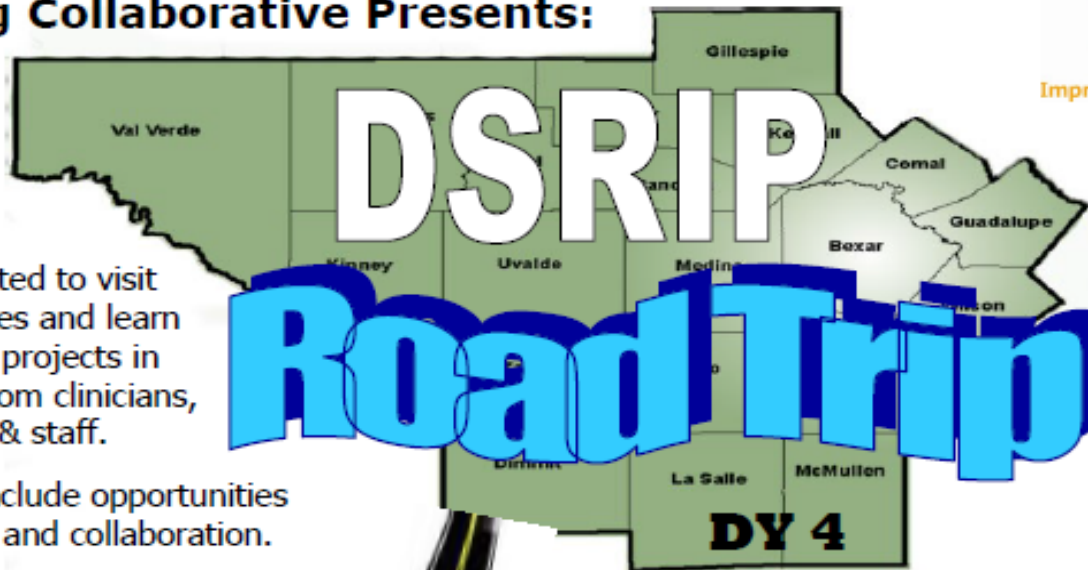
Fall 2014 - 2016

# Primary Care Learning Collaborative

The RHP 6 Primary Care Learning Collaborative Presents:



Improving Health. Transforming Care.



You are invited to visit your colleagues and learn from DSRIP projects in action! Hear from clinicians, patients & staff.

All events will include opportunities for networking and collaboration.



**For more information:**  
Carol.Huber@uhs-sa.com  
(210) 358-8792  
www.TexasRHP6.com

**1** **First Stop:**  
Uvalde Memorial Hospital  
Uvalde, Texas

November 19, 2014  
10:00 AM—2:00 PM

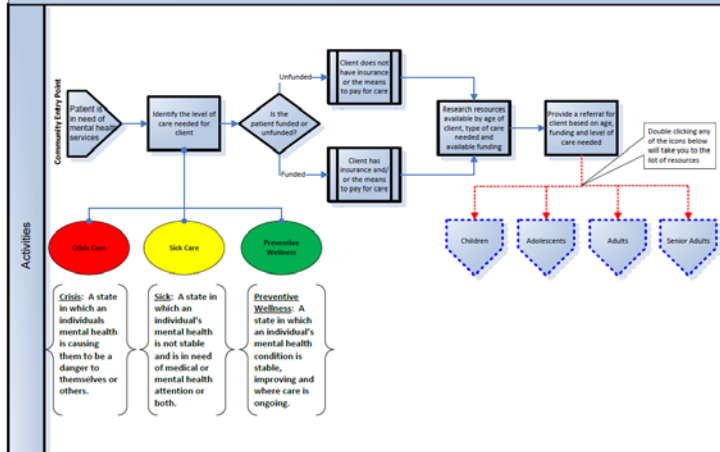
**Register today!**

Dr. Rose Garza will introduce you to two of Uvalde Memorial Hospital's newest service lines: the Palliative Care and Community Health Worker (CHW) programs. Informative presentations will give you insight into how the programs were developed, how they are being delivered, and the benefits they provide the community. Meet the teams who are successfully implementing these initiatives. The San Antonio Metropolitan Health District (SAMHD) will also share how it is using CHWs to engage community residents through grassroots strategies to lead the health improvement of ten targeted neighborhoods.

*Before you leave Uvalde, check out the Briscoe-Garner Museum which documents the life of John Nance "Cactus Jack" Garner, Vice President to F. D. Roosevelt.*

# Behavioral Health Learning Collaborative

Mental Health System of Care – Ideal State  
High Level Overview



Provider Name:	Bluebonnet Trails Community Services	Project ID:	126844305.1.1
Project Option: (Ex: 1.13.1)	1.13.1	Project Title:	Child Crisis Respite
Project Description / Summary of Intervention (50-75 words)	Check all that apply: <input type="checkbox"/> Inpatient <input type="checkbox"/> Outpatient <input type="checkbox"/> Partial <input checked="" type="checkbox"/> Other Describe: Implement Treatment Foster Care (TFC) sites in Guadalupe County to provide crisis respite services to youth in psychiatric crisis. Youth will be assessed and if eligible placed in foster homes for an average of 45 days but long enough to resolve the crisis and initiate therapeutic services for youth and family. Admission to TFC will be accessible 8am-5p Monday through Friday.		
Facility Location(s):	Guadalupe County		
Targeted treatment Group	Check all that apply: <input checked="" type="checkbox"/> Mental Health <input type="checkbox"/> Substance Use <input type="checkbox"/> Acute mental illness <input checked="" type="checkbox"/> Intellectual Disabilities <input type="checkbox"/> Co-Occurring MH/SA <input type="checkbox"/> Integration Behavioral/Physical Health <input type="checkbox"/> Serious Mental Illness Post Discharge <input checked="" type="checkbox"/> Other Specify: Juvenile Justice System		
Targeted non-patient focus, if applicable:	Check all that apply: <input type="checkbox"/> Providers <input type="checkbox"/> Staff <input type="checkbox"/> Students <input type="checkbox"/> Community <input type="checkbox"/> Other Specify:		
Targeted Ages	Check all that apply: <input checked="" type="checkbox"/> Children <input checked="" type="checkbox"/> Adolescents <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults (65+) If subgroup(s), please specify:		
Targeted Counties:	Check all that apply: <input type="checkbox"/> Bexar County <input checked="" type="checkbox"/> Rural Counties in RHP 6 <input type="checkbox"/> Other Counties Specify:		
If other geographical subgroup, please specify: Ex: zip codes	N/A		
Targeted % Medicaid and % Low- income Uninsured: (As submitted to HHSC)	90%		
Patient financial accommodations:	Check all that apply: <input type="checkbox"/> Accepts most insurance <input checked="" type="checkbox"/> Medicaid enrollment assistance <input checked="" type="checkbox"/> Free / Low-cost / Charity care / Sliding Scale <input type="checkbox"/> Other Specify:		
Describe other sources of funding for your program/organization: (optional)	N/A		
Quantifiable Patient Impact (QPI) Milestone and Target: (ex: 500 unique patients by DYS):	49		
Describe the process for referring patients to this program, including exclusion criteria and contact info (phone numbers/website):	During business hours a referral can be made by calling Nina Sullivan at (512-293-6960). In order to be admitted into the program the child and family must be willing to participate in recommended ongoing services. Center website-bbtrails.org		
Identify how your project best aligns with the system of care model:	<input checked="" type="checkbox"/> Crisis Care <input type="checkbox"/> Sick Care (but not crisis) <input type="checkbox"/> Preventive/Wellness		



# Readmissions Learning Collaborative

- Based on the Institute for Healthcare Improvement Breakthrough Series Model
- Partners in learning with UTMB / RHP 2 and the Improvement Science Research Network
- Engagement from hospitals, community mental health centers, health plans, HASA, academic researchers, and community partners
- **Aim: Reduce readmissions by 5%**
  - 10 hospital teams signed up to participate
  - 7 teams completed the entire process (*attrition due to staffing resources and data issues*)

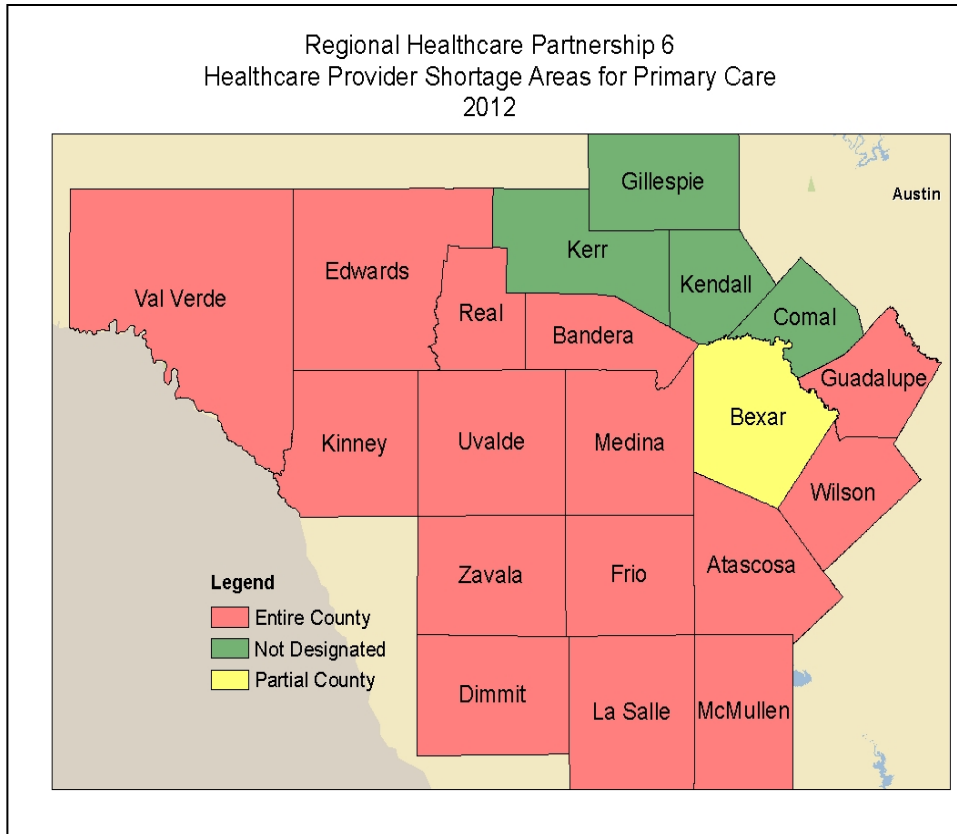


RHP Plans and DSRIP projects  
were developed and  
implemented to address  
community needs and achieve  
the Triple Aim

... So are they??



# Access to Medical and Dental Care



## Primary Care

HPSAs Before DSRIP:  
15 Full and 1 Partial

Current HPSAs  
12 Full and 1 Partial  
Removed from List: Dimmit,  
Guadalupe, Uvalde

## Dental Care

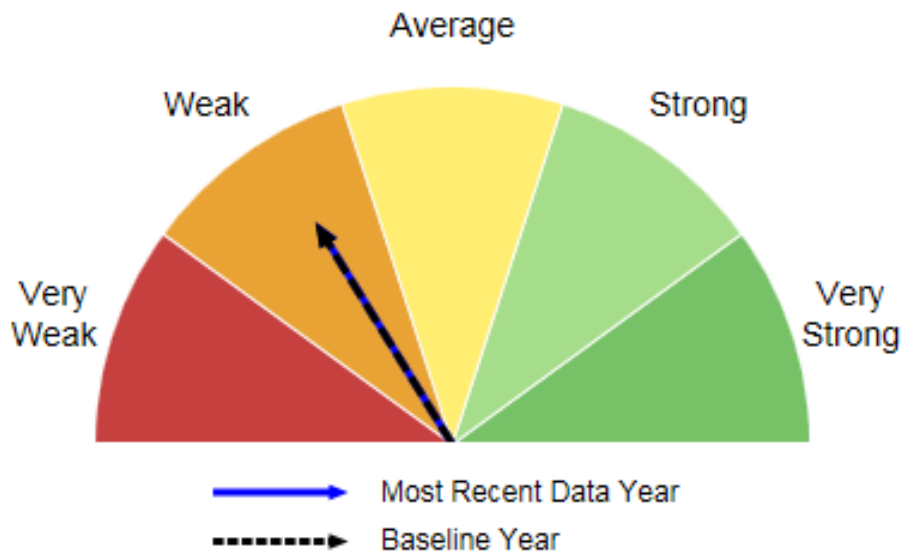
HPSAs Before DSRIP:  
11 Full and 1 Partial

Current HPSAs  
12 Full and 1 Partial  
Added to List: McMullen

# Quality of Care

“According to the Agency for Healthcare Research and Quality’s 2011 report, Texas ranks last in the nation on health care quality.”

*RHP 6 Plan Submission (March 2012)*



According to AHRQ’s 2013 report, Texas is now ranked 49<sup>th</sup> of 51 but scores remain weak.

# County Health Rankings & Roadmaps

2012

Of 221 counties reviewed, four RHP 6 counties ranked in the lower half of Texas counties on **Health Outcomes**.

*RHP 6 Plan Submission (March 2012)*

2015

Of 237 counties reviewed, six RHP 6 counties ranked in the lower half of Texas counties on **Health Outcomes**.

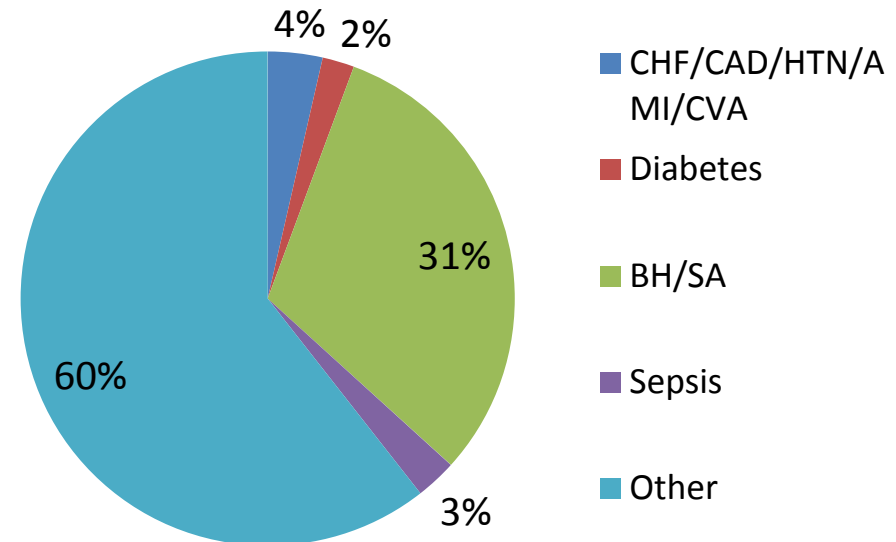
County	2012	2015	2012	2015
	Health Factors Ranking		Health Outcomes Ranking	
Atascosa	178	160	134	157
Bandera	47	52	95	113
Bexar	84	50	73	74
Comal	6	14	7	20
Dimmit	217	213	52	106
Edwards	194	194	105	143
Frio	198	193	64	197
Gillespie	3	8	5	11
Guadalupe	44	20	23	25
Kendall	1	3	6	12
Kerr	59	28	161	140
Kinney	NR	114	NR	40
La Salle	196	172	80	90
McMullen				

# Potentially Preventable Readmissions

## RHP 6 performs worst in Texas on PPRs (Medicaid and CHIP - CY 2012)

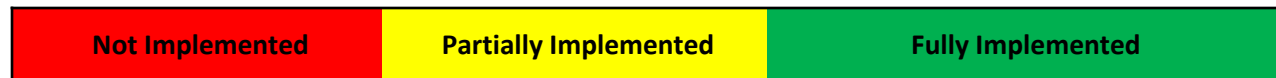
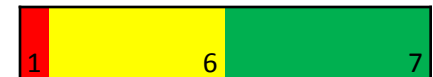
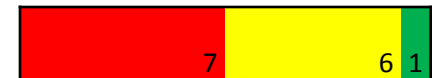
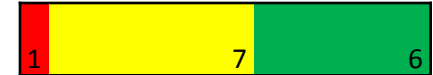
- PPR rate: 5.3%
  - Admissions at risk: 34,391
  - Range: 2.3 – 5.3%
  - State Overall (SFY 2013): 3.7%
  - State Overall - Adults: 8.7% (↑)
- Actual to Expected Ratio: 1.02
- PPR Expenditures: \$18,872,000
- Penalties
  - CMS – 9 hospitals
  - HHSC – 2 hospitals

PPR Expenditures by Diagnosis




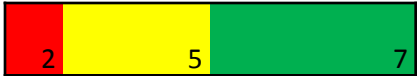


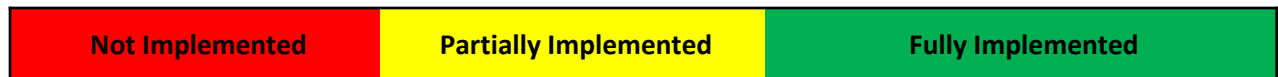
# Top Ten Evidence-Based Strategies

- Enhanced admission assessment of discharge needs and begin discharge planning upon admission
- Formal assessment of risk of readmission
- Accurate medication reconciliation at admission, at any change in level of care and at discharge
- Patient education
- Identify primary caregiver, if not the patient and include with education and discharge planning
- Use teach-back to validate patient and caregiver's understanding



# Top Ten Evidence-Based Strategies

- Send discharge summary and after-hospital care plan to primary care provider (PCP) within 24 to 48 hours of discharge 
- Collaborate with post-acute care and community based providers 
- Before discharge, schedule follow-up medical appointments and post-discharge tests / labs. 
- Conduct post-discharge follow-up calls within 48 hours of discharge 



# Improvement Strategies and PDSA Cycles

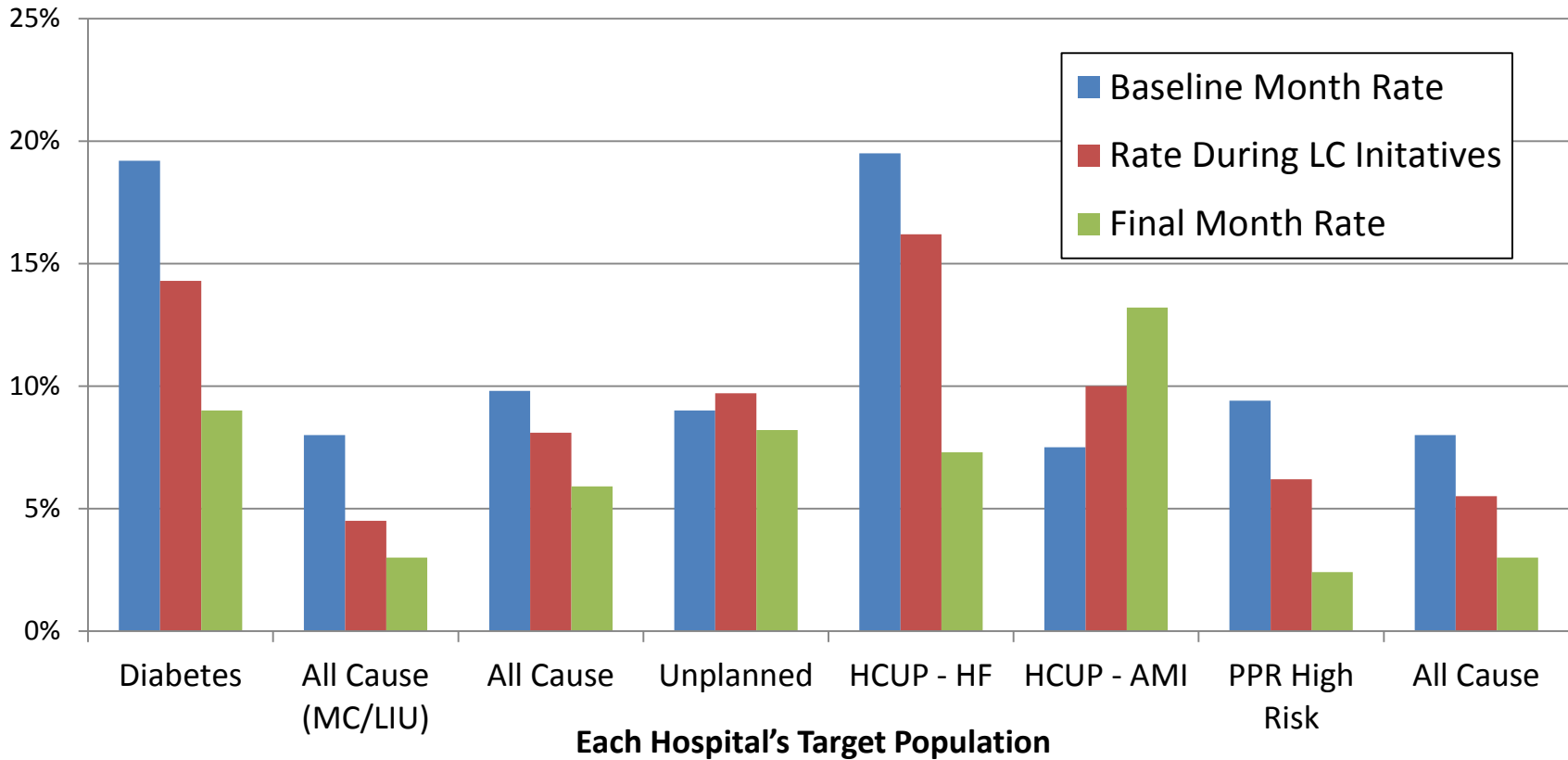
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Providers reported testing and/or implementing the following improvement strategies during the Learning Collaborative initiative:

- Discharge process improvements – 4 hospitals
- Post-discharge follow-up – 6 hospitals
- Transition of Care programs – 6 hospitals
- Patient stratification, tracking and reporting – 8 hospitals
- Medication reconciliation – 3 hospitals
- Community partnerships – 9 hospitals and organizations
- Other – 2 hospitals

# Readmission Results By Hospital

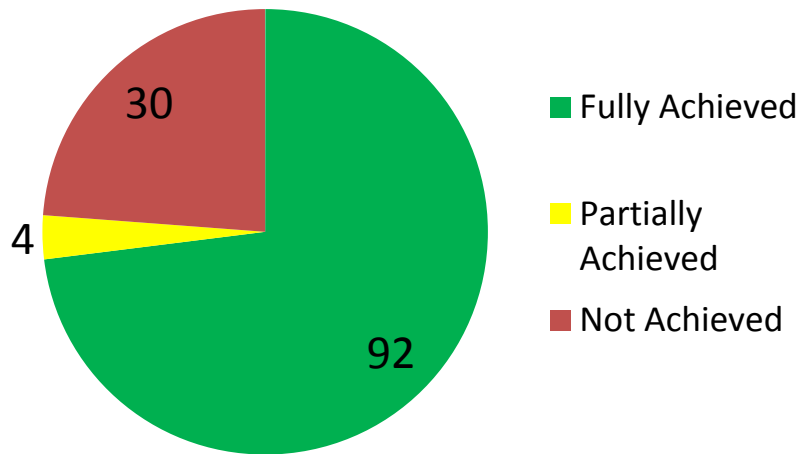
October 2014 – May 2015





# Cat 3 Outcomes... *so far!*

**Cat 3 Outcomes Reported  
October DY4**



## Outcomes Achieved

- Diabetes Care and Control
- Readmissions
- ED Throughput
- Quality (Falls, CAUTI, Stroke)
- Patient Satisfaction
- Low Birth Weight births
- Preventive Care

QPI (October DY4 Reported)	Projects Reporting	DY4 Result	DY4 Target
Patients Served / Positively Impacted	78	197,436	150,173

*82% of projects have achieved their DY5 target*

... So what's next??

# Five Things We Know

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- DSRIP is NOT the center of the universe.
- DSRIP incentives WILL end.
- We need more (better?) evaluations.
- Learning Collaborative events are great but...
- The Waiver needs more acronyms.



Texas 1115 Waiver

Improving Health. Transforming Care.

# ACES

## Align \* Collaborate \* Evaluate \* Sustain

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### ➤ Align

- Document regional strategies/efforts for addressing community needs.
- Identify active participants and community stakeholders working on each area of need to better promote and facilitate collaboration among key entities.

### ➤ Collaborate and Coordinate - Organize and facilitate meetings targeting relevant and engaged providers and stakeholders to better understand and maximize opportunities for alignment.

### ➤ Evaluate

- Identify key indicators and assess how DSRIP is improving health and transforming care in RHP 6.
- Provide program evaluation technical assistance and peer review to DSRIP providers.
- Aggregate and communicate RHP 6 DSRIP outcomes.

### ➤ Sustain - Explore and promote strategies and opportunities for sustaining successful DSRIP projects beyond waiver funding.

# Why start with sustainability?



*Seven Habits of Healthy Kids*

- Will DSRIP be renewed?
- For how long?
- Will you continue this project *into* Waiver 2.0?
- Will it continue *after* Waiver 2.0?
- Is the project alive today only because of DSRIP? Only because of YOU?
- Future milestone...
- Assess progress in a year

# What is Sustainability?

## Sustainability

The ability to be sustained, supported, upheld, or confirmed. ([www.dictionary.reference.com](http://www.dictionary.reference.com))

## Capacity for sustainability

The ability to maintain programming and its benefits over time. ([www.sustaintool.org](http://www.sustaintool.org))



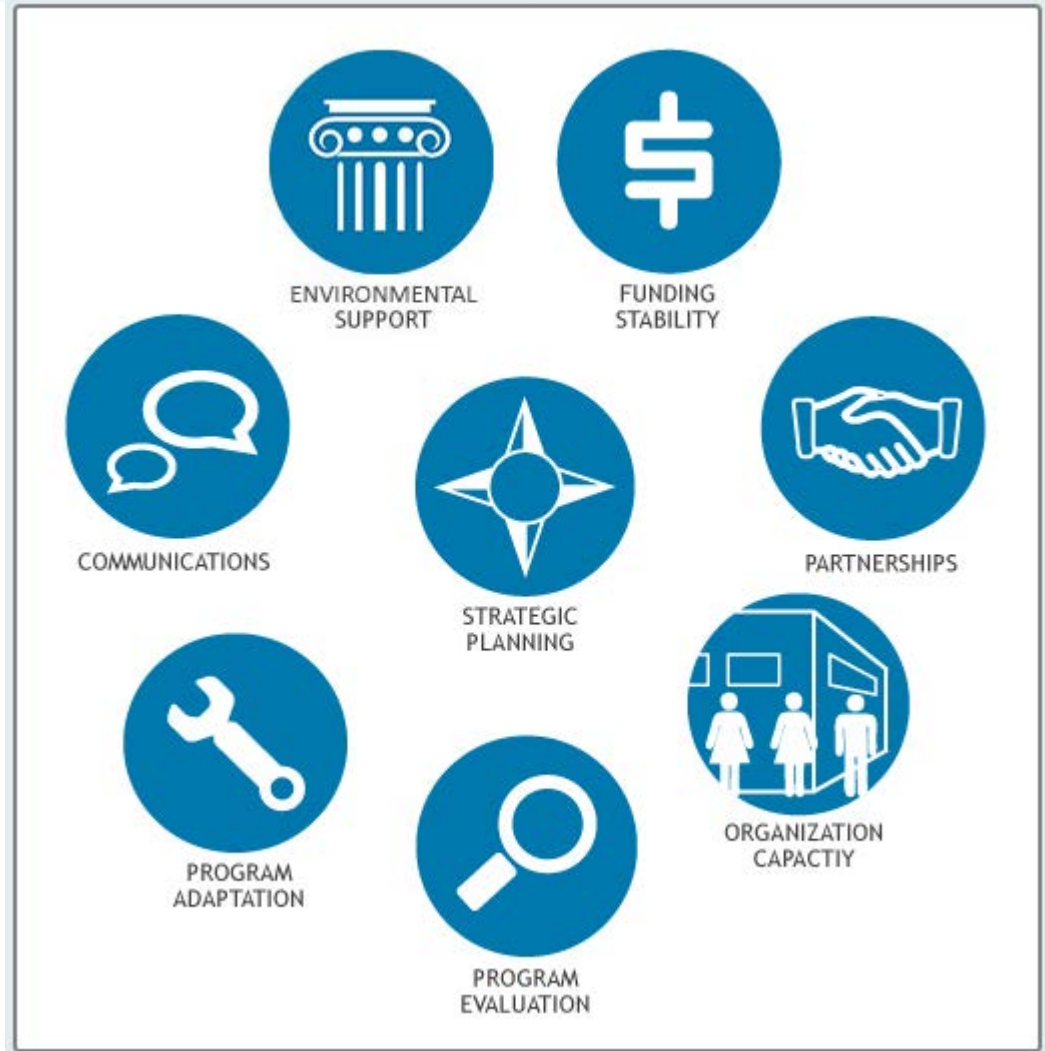
# What is required for sustainability?

➤ It takes more than just



Center for Public Health  
Systems Science

GEORGE WARREN BROWN  
SCHOOL OF SOCIAL WORK



# Sustainability Assessment Tool

- Based on the sustaintool.org instrument
- Variances to validated tool are noted with \*
- “Public” = \_\_\_\_\_  
(public, patients, stakeholders, consumers, employees, boards, etc.)
- RHP6 ask: one completed tool PER PROJECT

DSRIP Program Sustainability Tool - RHP 6		
Organization:	Enter here	
Project ID:	Enter here	
Number of individuals who helped complete the tool:	Enter here	
Date submitted:	Enter here	
Submitted By:	Enter here	
<p><b>DIRECTIONS:</b> In the following questions, you will rate your DSRIP project across a range of specific factors that affect sustainability. Please respond to as many items as possible. If you truly feel you are not able to answer an item, you may select "N/A." For each statement, type (or select from the drop down box) the number that best indicates the extent to which your DSRIP project has or does the following things.</p>		
<p>Scale: 1 = To little or no extent; 7 = To a very great extent; NA=Not Able to Answer</p>		
<p><i>PLEASE NOTE: this is a validated tool developed by Washington University, St. Louis, MO. To maintain the integrity of the tool, only a few questions were modified to meet the specific needs of the DSRIP program. These are noted with an asterisk. The tool was originally developed for use with public health programs. Where you see the term "public" you might also consider other relevant stakeholders such as patients, consumers, employees, executives, boards, etc. Where you see the term "funding" you might also consider revenue. The terms "project" and "program" are used interchangeably.</i></p>		
Environmental Support	To what extent?	Comments (optional):
1. Champions exist who strongly support the program.		
2. The program has strong champions with the ability to garner resources.		
3. The program has leadership support from within the larger organization.		
4. The program has leadership support from outside of the organization.		
5. The program has strong public support.		
Funding Stability	To what extent?	Comments (optional):
1. The program serves individuals enrolled in or eligible for health coverage.*		
2. The program implements policies to help ensure sustained funding.		
3. The program costs are known/ documented.*		
4. The program has proven a positive return on investment (the revenue or cost savings generated by/through the program exceed program costs).*		
5. The program can be financially sustained without DSRIP funds (for example: by generating its own revenue/cost savings or via other financial support).*		



# For more information:

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Carol A. Huber, MBA

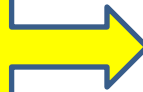
Director, Regional Healthcare Partnership

University Health System

[Carol.Huber@uhs-sa.com](mailto:Carol.Huber@uhs-sa.com)

210.358.8792

Check out our Interactive Guide  
to RHP 6 Projects



[www.TexasRHP6.com](http://www.TexasRHP6.com)

[www.hhsc.state.tx.us](http://www.hhsc.state.tx.us)

<http://www.hhsc.state.tx.us/1115-RHP-Plans.shtml>

<http://www.hhsc.state.tx.us/1115-docs/websites.pdf>



Texas 1115 Waiver

Improving Health. Transforming Care.



Dr. Mark Hernandez, Chief Medical Officer

# **COMMUNITY CARE COLLABORATIVE**



# Snacks and Networking

Please take a moment to view the Project Posters!



See you back in the main ballroom at 3:00 p.m. for the final drawing!



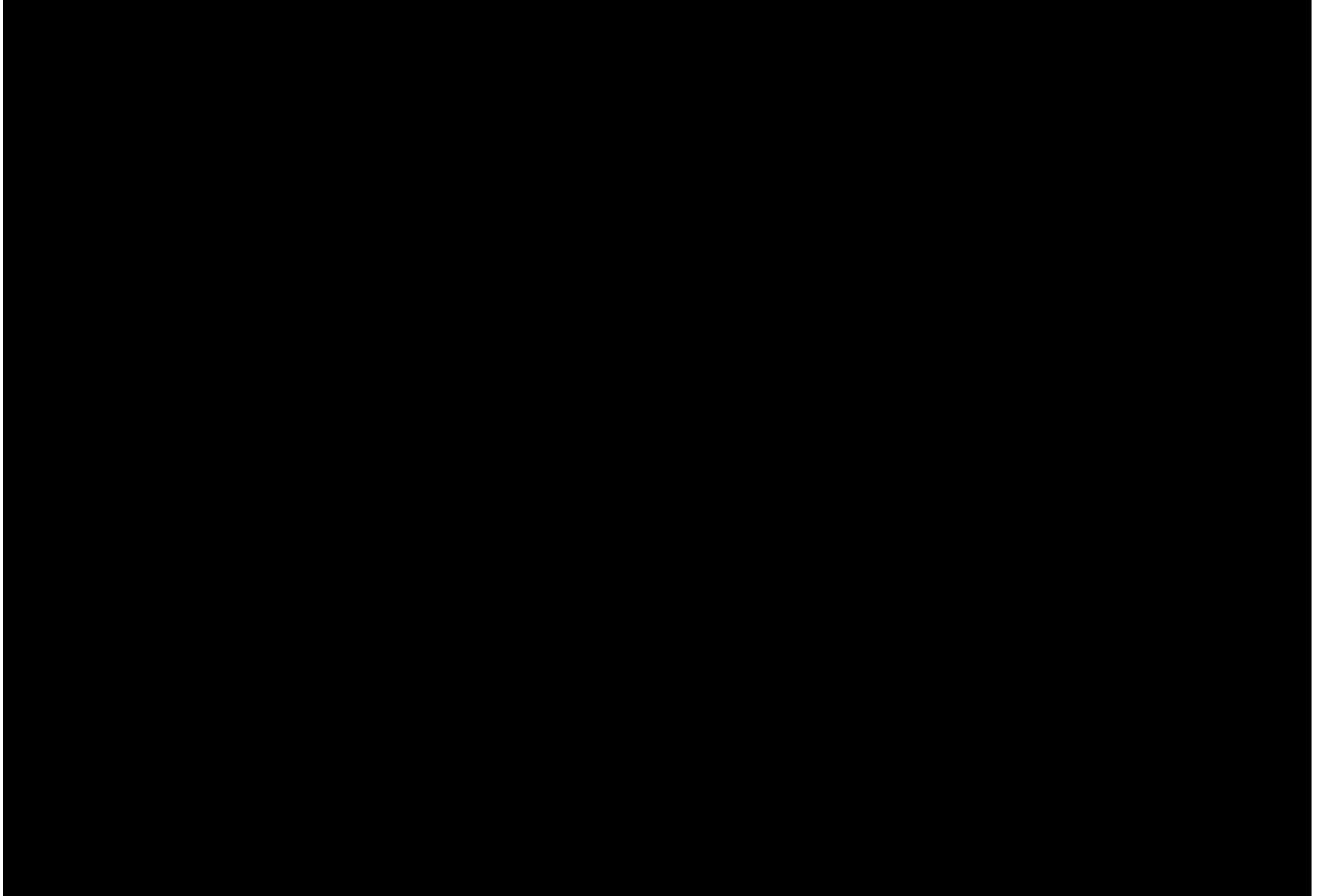
**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

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# Project Spotlight

Shannon Evans, Manager Health System Strategy Operations, Harris Health System-RHP3 Anchor

# Project Spotlight Video







**Southeast Texas Regional Healthcare Partnership**  
Texas Healthcare Transformation and Quality Improvement Program ☆ Medicaid 1115 Waiver

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## RHP 3: Category 3 Table Top Activity

Michelle Eunice, DSRIP Regional Operations Liaison , Harris Health System  
Jessica Hall, Health System Strategy Analyst, Harris Health System



# Introduction

- Category 3
  - Quality outcome measures
  - Required for each project
  - Challenge: Providers must achieve success on measures that have influencers beyond their internal control
- Table Top Exercise
  - Identify best practices
  - Opportunities for improvement
  - Ideas for collaboration





# Selection of Category 3 Measures

- Most common measures amongst Providers
- Speak to the biggest challenges in the Region
- Provider questions and feedback around these measures

**Each table has a Category 3 topic, please find your table after this presentation**



# DY5 Achievement - 20 minutes

Please answer the following questions for each organization:

- What is the greatest challenge in achieving your Category 3 goal in DY5?
- What is your greatest Category 3 success to date?
- What areas can be improved?
- What best practices/plans can be implemented to achieve this DY5 goal?

**Complete Part I of II: Provider Level Handout**

# Sample Handout: Part I



Category 3 Outcome: Obstetric

Part I of II: Provider Level

	<b>Organization</b>	<b>Success</b>	<b>Challenge/Improvement Opportunity</b>	<b>Improvement Plan/Best Practices</b>
1	Harris Health System	Harris Health System patients show low rates of preterm birth compared to women in studies showing similar risk factors.	Difficult to impact preterm birth rate for project. Most risk factors in our subset are inherent and non-modifiable once the woman is pregnant.	Place a greater focus on interventions for behavioral risk factors in our subset: pregnant women who report they use tobacco, other substances, or that they drink alcohol.
2				

## **Collaboration – 25 minutes**

- How can your table work together to address each organization's challenge and support the improvement plan(s) to meet DY5 goals?

## **Expected Outcomes**

- What outcomes do you expect as a result of collaborating to meet these Category 3 DY5 goals? (e.g. greater physician buy-in, reduction in HbA1c levels)

## **Complete Part II of II: Regional Level Handout**

# Sample Handout: Part II



Category 3 Outcome: Obstetric

Part II of II: Provider Level

Organization		Expected Collaboration Outcomes in 6 Months
Providers at your table	1 Collaborate with Providers in the Region and/or State who have successfully reduced their preterm birth rate.	Greater reduction in pre-term birth rate for patients with behavioral health risk factors.
	2	



# Table Map

Dental

Stretch Activity 3

Mental Health/  
Substance  
Abuse

Primary Care

STAGE

Colorectal  
Cancer

FUH After Hosp.,  
Criminal Justice

HbA1c/Foot  
Exam

PHQ-9/Depression

Flu, Pneumonia,  
Tdap

ED BH Visits

Healthy Eating/  
Active Living

Readmissions

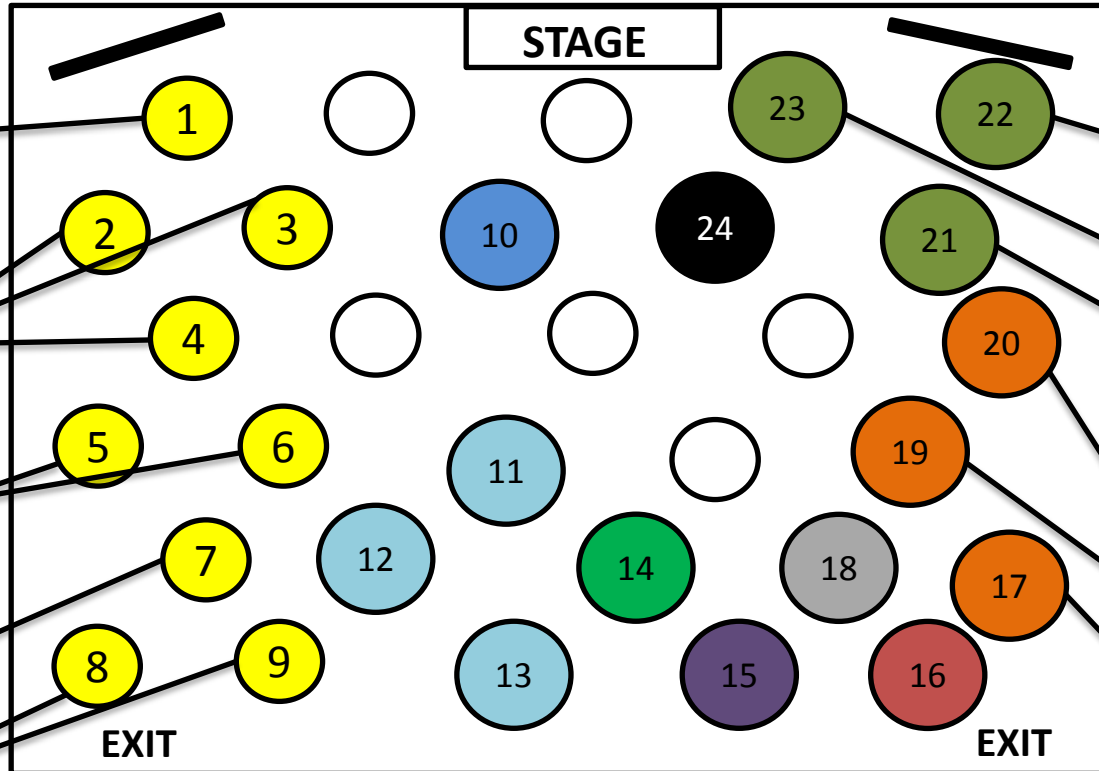
Blood  
Pressure

Behavioral Health

All Cause

CHF, AMI

Obstetric



Process/  
Access  
Measures

Palliative  
Care

Quality of Life

Patient  
Satisfaction



# Instructions

- There is a Category 3 topic at the center of each table in the room
- After the instructions, please go to the table of the Category 3 measure related to your project (or of interest to you)
- There is a worksheet at each table – you will have 20 and 25 minutes to complete parts I and II as a group
- Question prompts will be on the screen to help you complete the worksheet
- Wrap-up & report out



Questions?





# DY5 Achievement - 20 minutes

Please answer the following questions for each organization:

- What is the greatest challenge in achieving your Category 3 goal in DY5?
- What is your greatest Category 3 success to date?
- What areas can be improved?
- What best practices/plans can be implemented to achieve this DY5 goal?

**Complete Part I of II: Provider Level Handout**

## **Collaboration – 25 minutes**

- How can your table work together to address each organization's challenge and support the improvement plan(s) to meet DY5 goals?

## **Expected Outcomes**

- What outcomes do you expect as a result of collaborating to meet these Category 3 DY5 goals? (e.g. greater physician buy-in, reduction in HbA1c levels)

## **Complete Part II of II: Regional Level Handout**



# Wrap Up & Report Out



# CLOSING AND FINAL REMARKS

# YOUR ANCHOR TEAM



# TIMELINE



**Dec**

- Learning Collaborative – NOW!
- October Reporting Feedback – Dec 9<sup>th</sup>
- Category 1, 2 & 3 Compliance Monitoring – Ongoing

**Jan**

- Distribution List Transition- Jan 1<sup>st</sup>
- October Reporting NMI's Due – an 15<sup>th</sup>
- Incentive Payments – NLT Jan 31<sup>st</sup>

**Feb**

- Category 1 & 2 Compliance Monitoring – Ongoing

**Mar**

- Category 4 Compliance Monitoring
- Category 1 & 2 Compliance Monitoring –Round 2

**Apr**

- Round 2, DY5 Reporting – April 30, 2015
- Protocols Submission-TBD

**May**

- HHSC Uncompensated Care Analysis Report Due to CMS



# Reminders

- Event Evaluation
  - Your feedback helps us improve Learning Collaborative activities
    - [Event Evaluation](#)
- Distribution List Sign-Up
  - Mass communication will transition from the Anchor mailbox to constant contact on January 1, 2016
    - [Distribution List Sign-Up](#)



**Commitment to Participate in “Raise the Floor” Initiatives**

It is understood that this commitment form is to signify the good and true intent to participate in the following Learning Collaborative activities as presented on December 9, 2015 at the Region 3 Learning Collaborative: (Please check all that apply)

- Participate in the Navigation Station Tool by providing requested information
- Commit to implementing Quality Improvement approaches learned through group activities
- Develop one new collaboration with another provider to be highlighted in Cohort activities and the Region’s Newsletter
- Complete the Sustainability Assessment and begin developing a long term plan for current DSRIP projects
- Utilize the behavioral health THCIC data presented in future program planning
- Participate in the following Cohort(s): (Check all that apply)

- EC Utilization
- Behavioral Health
- Patient Navigation
- Readmissions

Date \_\_\_\_\_ Organization \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

This is a non-binding commitment and serves the purpose of tracking Performing Provider participation intentions as required for Learning Collaborative milestones and metrics reporting. This also allows the Region 3 Anchor to maintain Providers and other Stakeholders actively involved in Learning Collaborative activities.





# QUESTIONS?



[setexasrhp@harrishealth.org](mailto:setexasrhp@harrishealth.org)