

Region # 3 Workgroup Summaries Health Promotion & Disease Prevention

Workgroup Session # 1 Meeting Notes – March 19, 2012 (5:00 – 6:45 pm – Health Museum)

Introduction

- The presentation "Regional Healthcare Partnership Planning" was given by HMA, which explained the Waiver in detail. Participants were given the opportunity to ask questions.
- HMA explains that the goal today is to develop an initial brainstorming of potential projects that can be further developed to be included in the Regional Healthcare Partnership Plan that will be submitted to the State for consideration.

Brainstorming Session + Q/A

- Concept: Priority Conditions
 - o Obesity \$150 billion spent on obesity health related issues in the US
 - Asthma
 - o Hypertension
- Concept: Education (Family) / Health Literacy
 - Nutrition / Exercise
 - City Transformation Grant Need contact (Action Item)
 - o Review Hispanic American Medical Association of Houston's nutrition program
- Concept: Food Nutrition Challenge
 - o Food desert in Houston partnership with farmer's markets
- Concept: Engage School Districts
- Concept: Establish health coaches
 - o Engage community physicians with school districts
 - Model program in Oklahoma (Action item provide information re. program at next meeting)
 - Target both students & parents
- Concept: Tobacco use / impact on health
 - o Addiction issues were discussed at length
- Concept: Early detection & treatment for HIV, STI, Hep B & Hep C
- Concept: Vaccination of pediatric& adult patient base Education & Access
 - o Public health centers funding decreasing limiting access for patients
 - Educate community on access & utilization
- Concept: Utilize Community Health Workers (CHW's)
 - o Education / Utilization / Access



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- Concept: Expand cancer screening & registry system
 - o Real time robust data system needed
 - o Model after existing programs in Texas and other states
- Concept: Child Protective Services (CPS) medical home concept
- Concept: Asthma Health Homes program
- Concept: Case Management
 - Need to enhance / expand
- Concept: Expand dental health access
- Concept: Need for health exchange education
- Concept: Narcotic drug registry needed

Conclusion + Q/A

- Next Meeting- 4/16/12 at 5PM at Health Museum
 - We will prioritize our list of potential projects.
 - We will go into further depth on some of the potential projects.
 - o We will discuss metrics and outcomes to measure.
 - The HHSC DSRIP menu of projects is due April 1, 2012 and will be used to identify projects that fall within HHSC parameters.