

BOARD OF TRUSTEES

Quality Committee

Tuesday, March 24, 2026
12:00 PM

BOARD ROOM
4800 Fournace Place, Bellaire, Texas 77401

The meeting may be viewed online at: <http://harrishealthtx.swagit.com/live>.

Notice: Some Board Members may participate by videoconference.

MISSION

Harris Health is a public, integrated health system dedicated to improving the health of our communities by delivering high-quality, person-centered care in collaboration with community and academic partners.

AGENDA

I. Call to Order and Record of Attendance	Dr. Andrea Caracostis	1 min
II. <u>Approval of the Minutes of Previous Meeting</u>	Dr. Andrea Caracostis	2 min
<ul style="list-style-type: none"> • Quality Committee Meeting – February 24, 2026 		
III. <u>Harris Health Safety Message: Minute for Medicine Video – Dr. Thomas Cummins</u>		5 min
<ul style="list-style-type: none"> • Time Out – Universal Protocol 		
IV. <u>Presentation Regarding Hospital at Home – Dr. Amy Smith and Dr. Shazia Sheikh</u>		5 min
V. Executive Session	Dr. Andrea Caracostis	75 min
<ul style="list-style-type: none"> A. <u>Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session – Dr. Thomas Cummins</u> 		(65 min)
<ul style="list-style-type: none"> B. Report by the Executive Vice President, Chief Compliance and Risk Officer, Regarding Compliance with Medicare, Medicaid, HIPAA and Other Federal and State Health Care Program Requirements and a Status of Fraud and Abuse Investigations, Pursuant to Tex. Health & Safety Code Ann. §161.032, and Possible Action Regarding this Matter Upon Return to Open Session – Ms.Carolynn Jones 		(10 min)
VI. Reconvene	Dr. Andrea Caracostis	1 min
VII. Adjournment	Dr. Andrea Caracostis	1 min

HARRIS HEALTH SYSTEM
MINUTES OF THE BOARD OF TRUSTEES
QUALITY COMMITTEE MEETING
Tuesday, February 24, 2026
12:00 PM

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
I. Call to Order and Record of Attendance	Dr. Andrea Caracostis, Committee Chair, called the meeting to order at 12:00 p.m. It was noted that a quorum was present, and the attendance was recorded. The meeting may be viewed online through the Harris Health website: http://harrishealthtx.swagit.com/live .	
II. Approval of the Minutes of Previous Meeting <ul style="list-style-type: none"> • Quality Committee Meeting – January 27, 2026 		Moved by Ms. Libby Viera – Bland, seconded by Dr. Andrea Caracostis, and unanimously approved the minutes of the January 27, 2026 meeting.
III. Harris Health Safety Message: Minute for Medicine Video <ul style="list-style-type: none"> • Preventing Patient Falls 	Dr. Thomas Cummins, Executive Vice President & Chief Medical Executive, presented a Minute for Medicine video series related to Preventing Patient Falls. A copy of the video series is available in the permanent record.	As Presented.
IV. Executive Session	At 12:04 p.m., Dr. Caracostis stated that the Quality Committee of the Board of Trustees would go into Executive Session for items IV. 'A through C' as permitted by law under Tex. Health & Safety Code Ann. §161.032 and Tex. Occ. Code Ann. §§151.002 and 160.007.	

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
<p>A. Report Regarding Harris Health Correctional Health Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Report, and Possible Action Regarding this Matter Upon Return to Open Session</p>		<p>No action taken.</p>
<p>B. Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session</p>		<p>No action taken.</p>

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
C. Report by the Executive Vice President, Chief Compliance and Risk Officer, Regarding Compliance with Medicare, Medicaid, HIPAA and Other Federal and State Health Care Program Requirements and a Status of Fraud and Abuse Investigations, Pursuant to Tex. Health & Safety Code Ann. §161.032, and Possible Action Regarding this Matter Upon Return to Open Session		No action taken.
V. Reconvene	At 12:48 p.m., Dr. Andrea Caracostis reconvened the meeting in open session; she noted that a quorum was present and that no action was taken in Executive Session.	
VI. Adjournment	There being no further business and without objection from the Members of the Committee, the meeting adjourned at 12:48 p.m.	

I certify that the foregoing are the Minutes of the Meeting of the Quality Committee of the Board of Trustees of the Harris Health System held on February 24, 2026.

Respectfully submitted,

Andrea Caracostis, MD, MPH, Committee Chair

Recorded by Cherry A. Joseph, MBA

**Board of Trustees
Quality Committee Attendance
Tuesday, February 24, 2026**

COMMITTEE MEMBERS PRESENT	COMMITTEE MEMBERS ABSENT	OTHER BOARD MEMBERS PRESENT
Dr. Andrea Caracostis (<i>Committee Chair</i>)	Dr. Marlen Trujillo	
Libby Viera-Bland	Dr. Shubhada Hooli	
	Sima Ladjevardian	

HARRIS HEALTH EXECUTIVE LEADERSHIP, STAFF & SPECIAL INVITED GUESTS	
Alexander Barrie	Louis Smith
Dr. Asim Shah	Maria Cowles
Berrlyn Nelson	Dr. Matasha Russell
Cherry Joseph	Matthew Schlueter
Daniel Smith	Michael Nnadi
Derek Curtis	Naomi Lockett
Ebon Swofford (<i>Harris County Attorney's Office</i>)	Dr. O. Reggie Ekins
Esmail Porsa (<i>CEO & President, Harris Health</i>)	Olga Rodriguez
Dr. Glorimar Medina	Randy Manarang
Dr. Jackie Brock	Dr. Sandeep Markan
Dr. Jennifer Small	Shawn DeCosta
Jennifer Zarate	Stephanie Garrett
Jerald Summers	Dr. Thomas Cummins
Jessey Thomas	Dr. Tien Ko
Dr. Joseph Kunisch	Tiffani Dusang
John Matcek	Vivian Ho-Nguyen
Kiki Teal	Dr. Yashwant Chathampally

Virtual Attendee Notice: *If you joined as a group and would like to be counted as present, please submit an email to: BoardofTrustees@harrishealth.org before close of business the day of the meeting.*

Tuesday, March 24, 2026

Harris Health Safety Message: Minute for Medicine Video

High-reliability Organization (HRO) Safety Message Video:

- Time Out – Universal Protocol



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

High Reliability Organization (HRO) Safety Message

Time Out – Universal Protocol

**Thomas Cummins, MD, MMM
EVP & Chief Medical Executive**

**Board of Trustees Quality Committee
March 24, 2026**

HARRISHEALTH

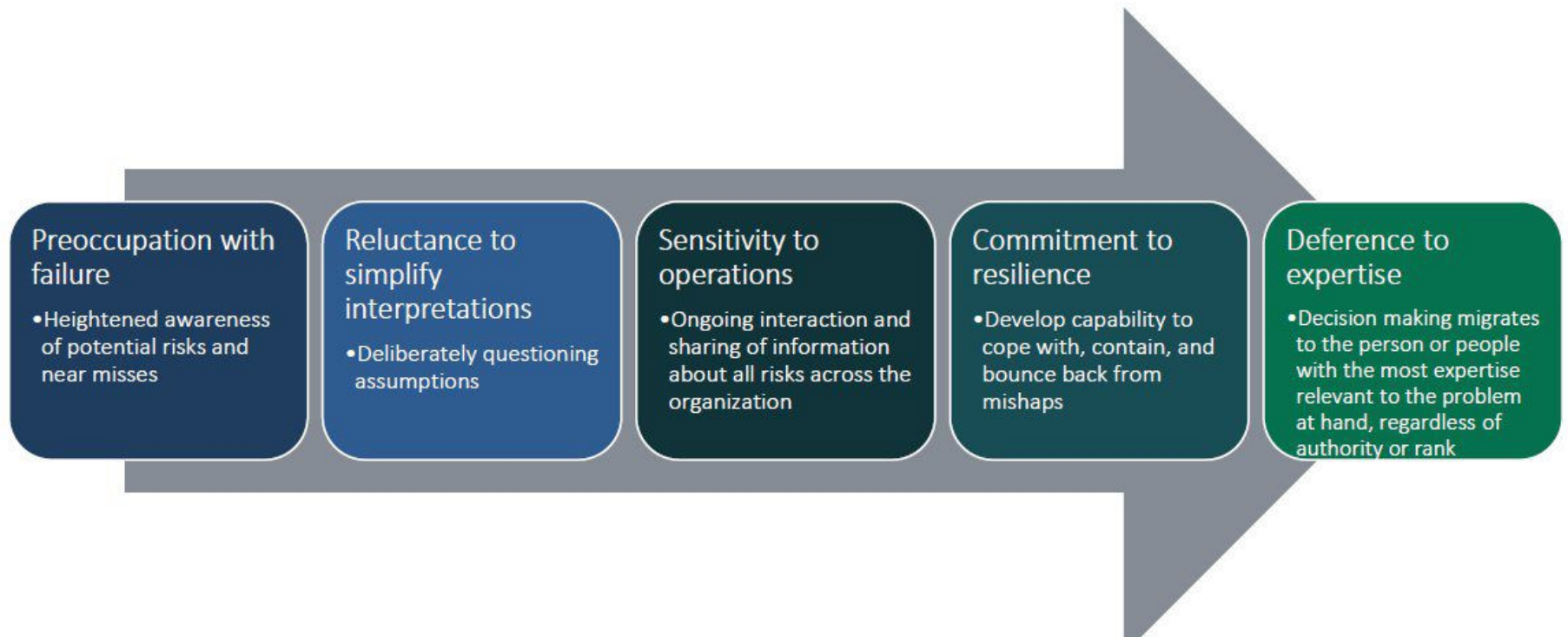
SAFETY MESSAGE

HARRIS | **ZERO**
HEALTH | **HARM**

SAFETY 1ST. ALWAYS.

HARRISHEALTH

Five Principles of a High Reliability Organization



HRO Mindset:

Harris Health Minute For Medicine:

- Time Out - Universal Protocol
- <https://youtu.be/s5yvRU9An3o>

Tuesday, March 24, 2026

Presentation Regarding Hospital at Home (H@H)



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

Hospital at Home (H@H)

Amy Smith, DNP, MSN, RN, CCM

Chief Health Officer & Senior VP, Care Transitions & Integration

Shazia Shafeeq Sheikh, MD

Medical Director, Hospital at Home

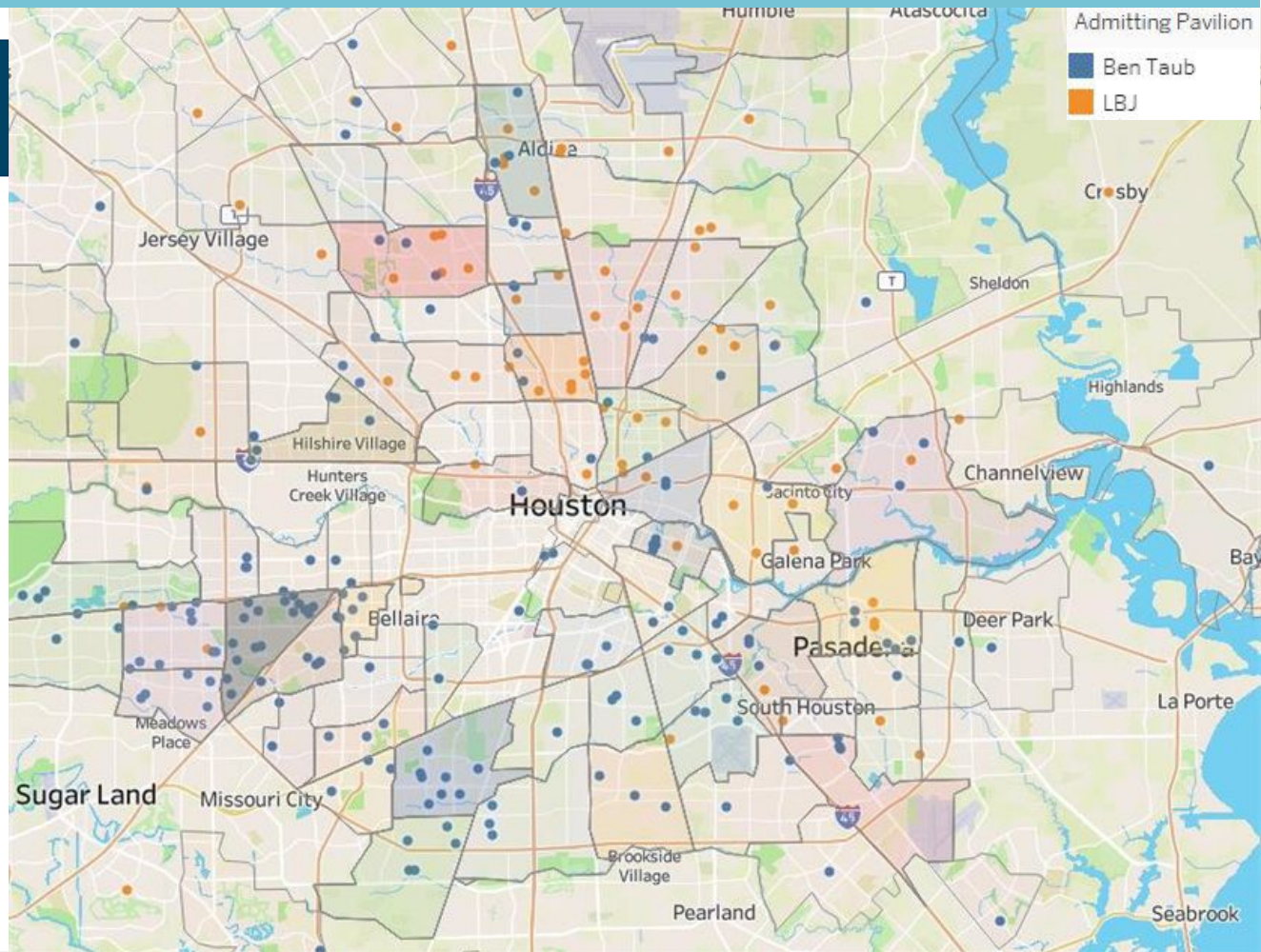
Board of Trustees Quality Committee

March 24, 2026

HARRISHEALTH

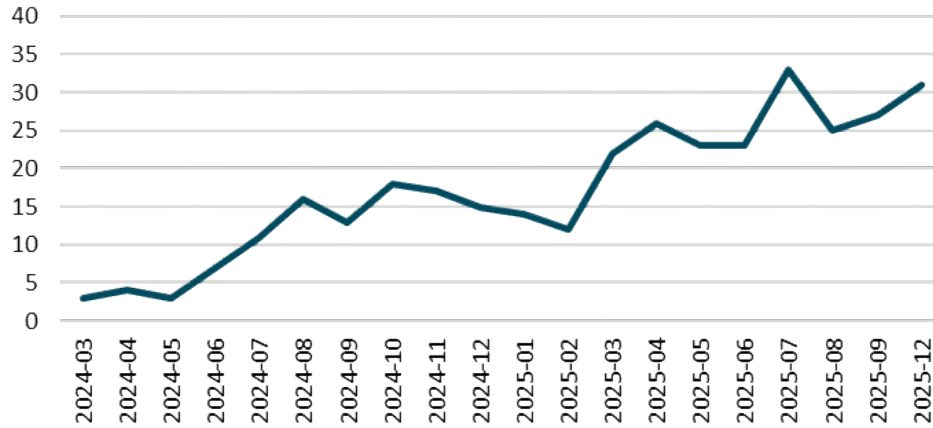
WHAT IS HaH?

Hospital at Home (HaH) is an innovative care model that allows a patient to receive **acute-level care in the home setting**, expanding bed capacity and service capability for health care organizations



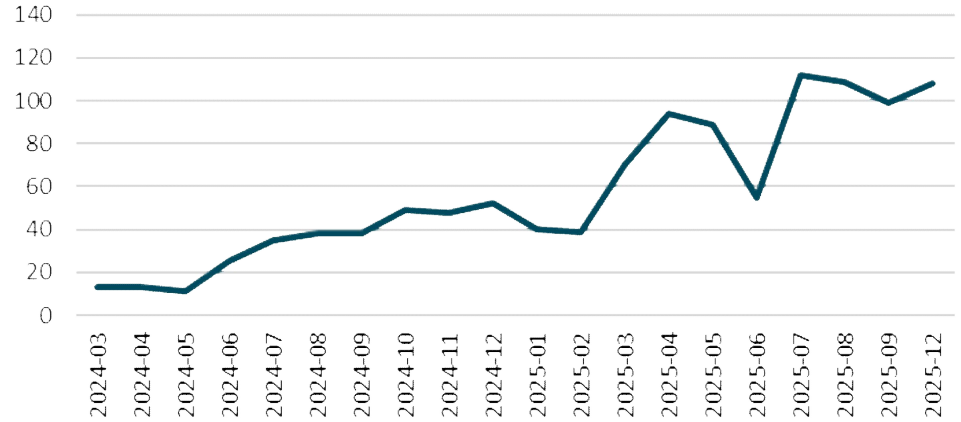
Hospital at Home Volumes

Admissions*



HaH admitted **24 patients per month** on average in CY2025*
118% increase year over year

Brick and Mortar Bed Days Saved*



HaH admissions saved **82 brick-and-mortar bed days per month** on average in CY2025*
156% increase year over year

*Non operating months excluded (CY 2024 excludes Jan-Feb; CY2025 excludes Oct-Nov)
 O/E Ratio for entire system = Harris Health ALOS / CMS GMLOS

Hospital at Home Program Highlights

Growth

- Added two more field RNs to **expand capacity**
- Expanded clinical capabilities allowing for RN-driven **respiratory therapies** at home

National Presence

- **Dr. Shazia Sheikh, Medical Director**, invited to join *national* AAHCM annual conference to contribute to HaH Users Group Annual Meeting
- **Rohan Dwivedi, Operations Director**, invited to speak at *national* HaH Leadership Conference
- **Jason Levy, Operations Manager**, selected to join *national* HaH Best Practices Committee

Sustainability

- Hospital at Home waiver formally extended by US Congress for **five more years**
- Achieved **400th** admission



Tuesday, March 24, 2026

Executive Session

Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session.



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

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