

BOARD OF TRUSTEES

Quality Committee

Tuesday, June 23, 2026
12:00 PM

BOARD ROOM
4800 Fournace Place, Bellaire, Texas 77401

The meeting may be viewed online at: <http://harrishealthtx.swagit.com/live>.

Notice: Some Board Members may participate by videoconference.

MISSION

Harris Health is a public, integrated health system dedicated to improving the health of our communities by delivering high-quality, person-centered care in collaboration with community and academic partners.

AGENDA

I. Call to Order and Record of Attendance	Ms. Libby Viera-Bland	1 min
II. <u>Approval of the Minutes of Previous Meeting</u>	Ms. Libby Viera-Bland	2 min
<ul style="list-style-type: none"> • Quality Committee Meeting – May 26, 2026 		
III. <u>Harris Health Safety Message: Minute for Medicine Video</u>		5 min
<ul style="list-style-type: none"> • <u>Dr. Thomas Cummins</u> 		
<ul style="list-style-type: none"> • Clostridium Difficile (C. diff) 		
IV. <u>Presentation Regarding Population Healths Strategic Vision for Heart Health and FoodRx</u>	<u>Dr. Amy Smith and Dr. Esperanza Galvan</u>	10 min
V. Executive Session	Ms. Libby Viera-Bland	70 min
A. <u>Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session</u>		(60 min)
<ul style="list-style-type: none"> • <u>Dr. Thomas Cummins</u> 		
B. Report by the Executive Vice President, Chief Compliance and Risk Officer, Regarding Compliance with Medicare, Medicaid, HIPAA and Other Federal and State Health Care Program Requirements and a Status of Fraud and Abuse Investigations, Pursuant to Tex. Health & Safety Code Ann. §161.032, and Possible Action Regarding this Matter Upon Return to Open Session – <i>Ms.Carolynn Jones</i>		(10 min)

VI. Reconvene	Ms. Libby Viera-Bland	1 min
VII. Adjournment	Ms. Libby Viera-Bland	1 min

HARRIS HEALTH SYSTEM
MINUTES OF THE BOARD OF TRUSTEES
QUALITY COMMITTEE MEETING
Tuesday, May 26, 2026
12:00 PM

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
I. Call to Order and Record of Attendance	Dr. Andrea Caracostis, Committee Chair, called the meeting to order at 12:02 p.m. It was noted that a quorum was present, and the attendance was recorded. The meeting may be viewed online through the Harris Health website: http://harrishealthtx.swagit.com/live .	
II. Approval of the Minutes of Previous Meeting <ul style="list-style-type: none"> • Quality Committee Meeting – April 21, 2026 		Moved by Dr. Shubhada Hooli, seconded by Dr. Marlen Trujillo, and unanimously approved the minutes of the April 21, 2026 meeting. Motion carried.
III. Announcements		
	A. Spring Results Related to the Leapfrog Safety Grade Dr. Joseph Kunisch, Vice President of Quality Programs, announced its Spring 2026 Leapfrog results, with Lyndon B. Johnson Hospital receiving an “A” grade and Ben Taub Hospital a “B” grade. These results reflect the commitment of bedside staff, executive leadership, and the Quality Board of Trustee Members to a strong culture of safety, teamwork, and high-quality patient care. A copy of the presentation is available in the permanent record.	As Presented.
IV. Harris Health Safety Message: Minute for Medicine Video <ul style="list-style-type: none"> • Antibiotics Before Surgery 	Dr. Thomas Cummins, Executive Vice President & Chief Medical Executive, presented a Minute for Medicine video series on Antibiotics Before Surgery. A copy of the video series is included in the permanent record.	As Presented.
V. Executive Session	At 12:08 p.m., Dr. Caracostis stated that the Quality Committee of the Board of Trustees would go into Executive Session for items V. ‘A and C’ as permitted by law under Tex. Occ. Code Ann. §§151.002 and 160.007 and Tex. Health & Safety Code Ann. §161.032.	

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
<p>A. Quarterly Report Regarding Harris Health Correctional Health Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Report, and Possible Action Regarding this Matter Upon Return to Open Session</p>		<p>No action taken.</p>
<p>B. Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session</p>		<p>No action taken.</p>

AGENDA ITEM	DISCUSSION	ACTION/RECOMMENDATIONS
C. Report by the Executive Vice President, Chief Compliance and Risk Officer, Regarding Compliance with Medicare, Medicaid, HIPAA and Other Federal and State Health Care Program Requirements and a Status of Fraud and Abuse Investigations, Pursuant to Tex. Health & Safety Code Ann. §161.032, and Possible Action Regarding this Matter Upon Return to Open Session		No action taken.
VI. Reconvene	At 1:16 p.m., Dr. Andrea Caracostis reconvened the meeting in open session; she noted that a quorum was present, and that no action was taken in Executive Session.	
VII. Adjournment	There being no further business and without objection from the Members of the Committee, the meeting adjourned at 1:16 p.m.	

I certify that the foregoing are the Minutes of the Meeting of the Quality Committee of the Board of Trustees of the Harris Health System held on May 26, 2026.

Respectfully submitted,

Andrea Caracostis, MD, MPH, Committee Chair

Recorded by Cherry A. Joseph, MBA

Board of Trustees
Quality Committee I Tuesday, May 26, 2026
ATTENDANCE RECORD

PRESENT BOARD COMMITTEE MEMBERS	ABSENT BOARD COMMITTEE MEMBERS	OTHER PRESENT BOARD MEMBERS
Andrea Caracostis, MD, MPH (<i>Committee Chair</i>)	Libby Viera-Bland, AICP	
Marlen Trujillo, PhD, MBA, CHW		
Shubhada Hooli, MD, MPH		

PRESENT EXECUTIVE LEADERSHIP, STAFF & GUESTS	
Alexander Barrie	Dr. Joseph Kunisch
Amineh Kostov	Kiki Teal
Dr. Amy Smith	Lindsay Lanagan
Andrea Kennedy-Tull	Louis Smith
Anthony Williams	Maria Cowles
Dr. Asim Shah	Dr. Matasha Russell
Berrlyn Nelson	Matthew Reeder
Carolynn Jones	Naomi Lockett
Cherry Joseph	Michael Kaitschuck
Daniel Smith	Dr. O. Reggie Egins
DeWight Dopslauf	Olga Rodriguez
Ebon Swofford (<i>Harris County Attorney's Office</i>)	Randy Manarang
Dr. Esmaeil Porsa (<i>CEO & President, Harris Health</i>)	Dr. Sandeep Markan
Everett Hood	Sara Thomas (<i>Harris County Attorney's Office</i>)
Dr. Glorimar Medina	Shawn DeCosta
Dr. Jackie Brock	Stephanie Garrett
Dr. Jennifer Small	Dr. Thomas Cummins
Jennifer Zarate	Dr. Tien Ko
Jerald Summers	Tiffani Dusang
Jessey Thomas	Vivian Ho-Nguyen
John Matcek	Dr. Yashwant Chathampally

Virtual Attendee Notice: If you joined as a group and would like your attendance to be added to the official record, please submit an email to: BoardofTrustees@harrishealth.org before the close of business on the day of the meeting.

Tuesday, June 23, 2026

Harris Health Safety Message: Minute for Medicine Video

Minute for Medicine Video:

- Clostridium Difficile (C. diff)



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

High Reliability Organization (HRO) Safety Message

Clostridium Difficile (C. diff)

**Thomas Cummins, MD, MMM
EVP & Chief Medical Executive**

**Board of Trustees Quality Committee
June 23, 2026**

HARRISHEALTH

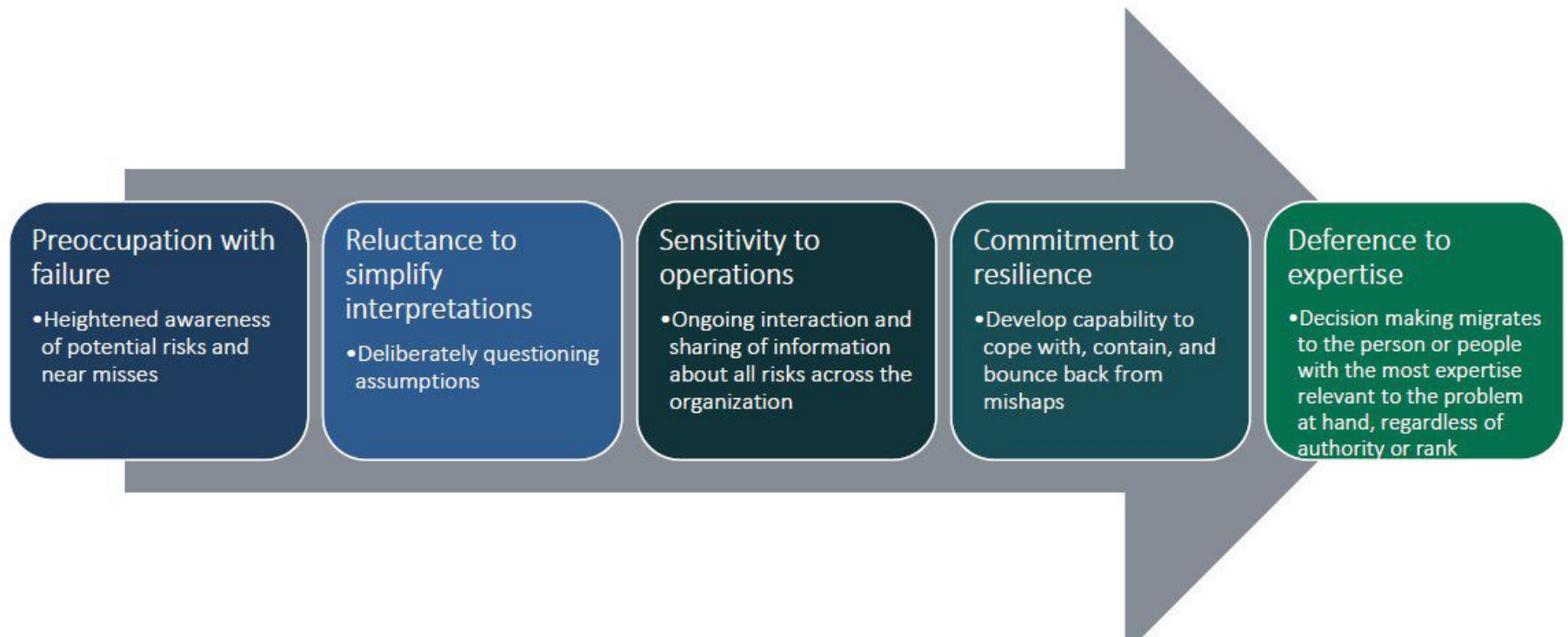
SAFETY MESSAGE

HARRIS | **ZERO**
HEALTH | **HARM**

SAFETY 1ST. ALWAYS.

HARRISHEALTH

Five Principles of a High Reliability Organization



HRO Video:

Harris Health Minute For Medicine:

- C. diff – Clostridium Difficile
- https://youtu.be/o_nNZeA-44U

Tuesday, June 23, 2026

Presentation Regarding Population Healths Strategic Vision for
Heart Health and FoodRx



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

Population Health Strategic Vision for Heart Health & FoodRx - Update

**Amy Smith, DNP, MSN, RN, CCM
SVP, Care Transitions & Integration and Chief Health Officer**

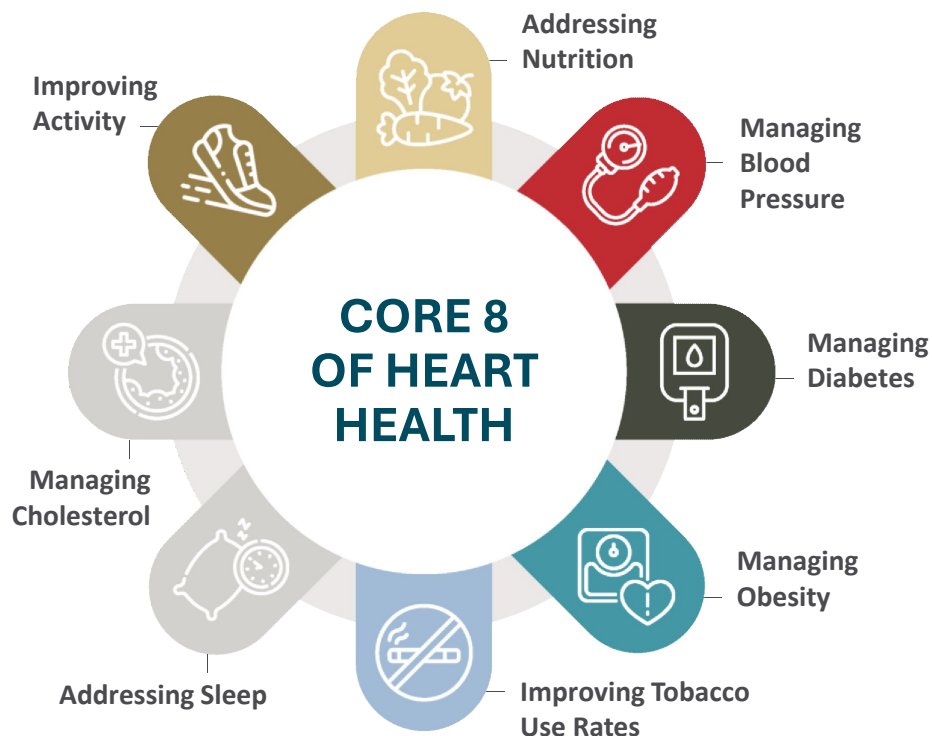
**Esperanza (Hope) Galvan, PhD, MS, CVRN-BC, CDCES
VP, Population Health**

**Board of Trustees Quality Committee
June 23, 2026**

HARRISHEALTH

STRATEGIC VISION FOR HEART HEALTH

SYSTEM GOALS GUIDING POPULATION HEALTH STRATEGY




Harris Health’s strategic plan includes **5-year goals to improve heart health** via health promotion and disease prevention.

CORE METRICS

1. Improve blood pressure for hypertension patients
2. Improve A1c control for diabetes patients
3. Reduce system tobacco use rates
4. *Improve high cholesterol rates (future)*
5. *Improve obesity rates for high-risk patients (future)*

LEGEND

-  Ongoing Population Health Activities
-  Future Heart Health Activities

The **Sheila Jackson Lee Center for Accelerating Health Outcomes** is driving Population Health’s heart health strategy into action:

- Leading cross-county, inter-agency alignment through the **Harris Collaborative** with Harris County Public Health, The Harris Center, Houston Health Department, and Community Health Choice
- Growing transformative partnerships with the **American Heart Association** to implement their holistic Life’s Essential 8 Framework in the **LBJ Catchment Area**

POPULATION HEALTH ACTIVITIES

ACROSS HEART HEALTH DOMAINS



Domain: Managing Blood Pressure

Metric: Improve blood pressure for hypertension patients

- HealthyConnect Remote Patient Monitoring
- Hypertension Care Continuum Design
- Patient & Community Experience Groups on Hypertension



Domain: Improving Tobacco Use Rates

Metric: Reduce system tobacco use rates

- System redesign to increase counseling and Quitline referrals



Domain: Managing Obesity

Metric: Improve obesity rates for high-risk patients

- Healthy Lifestyle Habits Classes



Domain: Managing Diabetes

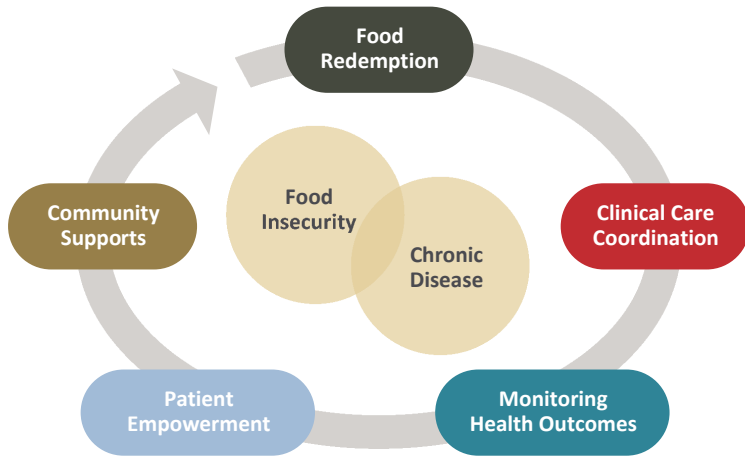
Metric: Improve A1c control for diabetes patients

- Patient Education
- Clinical Nutrition
- Community Health Worker (CHW) Program
- Care Management & Chronic Disease Management (CDM)

★ **Food Rx (deeper dive in today's presentation)** ←

Also involves Improving Physical Activity & Addressing Nutrition Domains

FOOD RX AT HARRIS HEALTH



- For patients with food insecurity and chronic disease (Food Is Medicine Model)
- 20-30 lbs. of produce per visit
- Basic nutrition education
- Care coordination with clinical team
- Connection to food bank navigator for benefits enrollment & transition to community supports



Food Farmacy
Healthy food pantry co-located within clinic site



Community Redemption
CHW co-located at community pantry partner in clinic vicinity



Food Lockers
Climate-controlled lockers with self-serve capabilities located on clinic



FOOD RX LOCATIONS



- Food Farmacy
- Food Locker
- Existing FoodRx Initiative
- Community Redemption
- Home Delivery
- Future FoodRx Initiative



Existing Food Rx Initiatives	Launch Dates
Strawberry Food Farmacy	May 2019
Acres Home Health Food Farmacy	August 2020
LBJ Campus Food Farmacy	May 2021
Baytown/Baytown Hearts & Hands	April 2023
LBJ/MLK/Smith - Chronic Kidney Disease (Research Partnership for home delivery)	October 2023 – through 2027
Ben Taub/LBJ/Aldine/Northwest - Obstetrics (Research Partnership for home delivery)	December 2023 – through 2027
El Franco Food Farmacy	December 2024
Gulfgate Food Farmacy	December 2024
Settegast Food Farmacy	December 2024
MLK Food Farmacy	April 2025
Cypress/Cypress Assistance Ministries	June 2025
Squatty-Lyons/HAAM	June 2025
Casa de Amigos Food Locker	January 2026
Quentin Mease Food Locker	July 2026

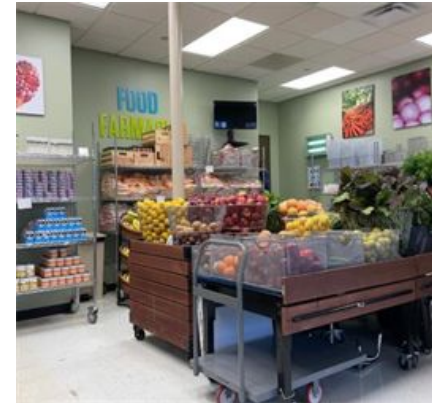
Future Food Rx Initiatives	Launch Dates
Aldine	2026 – 2028
Danny Jackson	2026 – 2028
Northwest	2026 – 2028
Smith Clinic	2026 – 2028
Vallbona	2026 – 2028

FOOD RX DASHBOARD



Primary Clinical Outcome: Hemoglobin A1c Improvement

- Hemoglobin A1c reflects average blood sugar over the past 2-3 months
- Lower A1c signals better glucose control and decreased complication risk
- A1c score of 6.5% or higher is consistent with diabetes
- Risk for diabetes-related complications and poor health outcomes increases with A1c
- Clinical outcomes are tracked by site, modality, and patient risk-level



CY2025 Cumulative A1c Percentage Point Change for
Food Rx Graduates for Patients with A1c Baseline $\geq 7\%$

-1.29 Change in A1c Percentage Points

(decrease in A1c indicates improvement)

CY2025 Cumulative A1c Percentage Point Change for
Food Rx Graduates for Patients with A1c Baseline $\geq 9\%$

-2.43 Change in A1c Percentage Points

(decrease in A1c indicates improvement)

Tuesday, June 23, 2026

Executive Session

Report Regarding Quality of Medical and Healthcare, Pursuant to Tex. Occ. Code Ann. §§151.002, 160.007 and Tex. Health & Safety Code Ann. §161.032, to Receive Peer Review and/or Medical Committee Reports in Connection with the Evaluation of the Quality of Medical and Healthcare Services, Including Report Regarding Harris Health Quality Review Councils, and Possible Action Regarding this Matter Upon Return to Open Session.



Yashwant Chathampally, MD, MSc
Associate CMO & SVP, Quality & Patient Safety

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