

EAP services

Harris Health System

Call: 800-638-3327

Visit: myassistanceprogram.com/fei
Company Code: hhsEAP

We're here for you: 24/7/365

Welcome to your new and improved Employee Assistance Program (EAP). By accessing its information, resources and referrals, you can find the support you need to become your best—in all facets of life.

Your new member portal and app provide access to information and resources, including many expanded services, such as health and lifestyle assessments, soft skills courses and a discount marketplace. Services are free, confidential and available to you and your family members.

When you use your EAP, everyone benefits. We have stronger employees, families, workplaces and communities.

Here's a closer look at your benefits:



Short-term counseling

Up to 3 sessions per incident to help you:

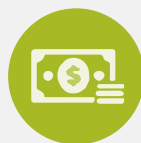
- Alleviate emotional stress
- Enhance interpersonal relationships
- Tackle family/parenting challenges
- Deal with substance misuse
- Manage strong feelings
- Build on personal strengths
- Navigate life transitions
- Work through grief and loss



Legal benefit

One session per issue:

- Bankruptcy, foreclosure
- Home sale/purchase or lease agreement
- Separation or divorce
- Adoption
- Child custody/child support
- Free simple will
- Traffic, civil or criminal matters
- Elder law
- Legal document review
- Simple dispute resolution



Financial benefit

One consultation per issue:

- Manage expenses and debt
- Prepare a realistic budget
- Deal with tax-related questions
- Plan for retirement
- Identity theft solutions
- Invest in a college education
- Student loan coaching
- Home purchase education
- Credit report review



Work-Life benefit

Unlimited consultations and referrals for:

- Childcare
- Adoption
- Elder care
- Dependent care
- K-12 & higher education resources
- Medical Advocacy
- Life Coaching
- Personal Assistant