



Explore & Learn

Healthy@Harris Scavenger Hunt

Use the Healthy@Harris intranet site and newsletter to answer the following questions. Return this completed form to an Employee Wellness Explore & Learn Booth to earn 5 Premium Points. Click [here](#) for the booth schedule.

1. How can you access the Employee Wellness homepage?
2. Go to the Employee Wellness Home Page. Under Services, which section will give you the Employee Wellness programs for the current month and week?
3. What is the title of the monthly newsletter that tells you about the current programs being offered?
4. What is the date and time for one of the April Healthy Knowledge Webinars offered by the EAP?
5. Go to the Employee Wellness Home Page. Under Services, which section will give you an overview of the Premium Rewards Program?
6. What is the deadline to complete all activities for the FY20 Premium Rewards Program?
7. How many points are rewarded for watching the FY20 Premium Rewards Program video?
8. TRUE or FALSE. Spouses who are on the medical plan also need to complete the FY20 Premium Rewards Program in order to receive the discounted rate?
9. List 2 resources provided to help you get fit.
10. List 2 resources provided to help you eat healthier.

BONUS: How many total Premium Rewards Points do you currently have?