Subject Line: Earn Wellness Points when you join Fidelity for an educational event or appointment!

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Feel more confident about your finances

Whether you’re just starting out in your career or nearing retirement, you have a lot to think about as you plan for the future. No matter your financial situation, Fidelity can help—with everything from basic budgeting to complex financial situations. You have the opportunity to attend a webinar, Ask Fidelity Session, or meet with a Workplace Financial Consultant one-on-one.

Participate in these events to earn Wellness Points. All Harris Health employees and spouses on the Harris Health medical plan are eligible for 25 Wellness Points (was previously worth 5 points) for talking with a Fidelity consultant or for attending an Ask Fidelity Session. These activities fall under the Explore & Learn Booth or Laser Coaching Session on MyCigna. You can also receive 50 Wellness Points for each webinar you attend, and webinars fall under the Healthy Knowledge Seminar goal category. Participants can receive Wellness Points for one activity per goal category per day. Please allow four weeks for points to be awarded on MyCigna.

Attend a Webinar	**Ask Fidelity Q&A Session**	**Register for a One-on-One Consultation**
Topic: Create a Budget and Build Emergency Savings **Date:** Wed., April 19th **Time:** 9 a.m. - 10 a.m. CT In this Building Your Financial Foundation workshop, we’ll help you set up two of the most important building blocks of financial life—your budget and your emergency savings. **Register Now** When registering, select Virtual Event as the event type and register.	**Topic:** Creating a Budget You’ll Actually Use **Date:** Wed., April 26th **Time:** 2 p.m. - 3 p.m. CT Planning out your spending, and living within a budget, is all about freedom. Learn how to create a budget you’ll use, so you’re prepared for the unexpected, and able to pursue what’s important to you. **Register Now** When registering, select Virtual Event as the event type and register.	Let an experienced Fidelity representative help you develop a comprehensive retirement and investment plan that aligns with your overall financial goals. Spouses, planning partners, and other family members are invited to participate. **Schedule now** or call 800-642-7131. When scheduling online, select Virtual Appointment or Phone as the appointment type and choose a date that works for you.

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