

**Subject Line:** Earn Wellness Points when you join Fidelity for an educational event or appointment!

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Harris Health System

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## Feel more confident about your finances



### Fidelity's goal is to help you increase your financial knowledge and confidence.

Whether you're just starting out in your career or nearing retirement, you have a lot to think about as you plan for the future. No matter your financial situation, Fidelity can help—with everything from basic budgeting to complex financial situations. You have the opportunity to attend a webinar or meet with a Workplace Financial Consultant one-on-one.

**Participate in these events to earn Wellness Points.** All Harris Health employees and spouses on the Harris Health medical plan are eligible for 25 Wellness Points (was previously worth 5 points) for talking with a Fidelity consultant or for attending an Ask Fidelity Session. These activities fall under the Explore & Learn Booth or Laser Coaching Session on MyCigna. You can also receive 50 Wellness Points for each webinar you attend, and webinars fall under the Healthy Knowledge Seminar goal category. Participants can receive Wellness Points for one activity per goal category per day. Please allow four weeks for points to be awarded on [MyCigna.com](https://mycigna.com).

Attend a Virtual Webinar	Register for a One-on-One Consultation	Ask Fidelity Q&A Session
<p><b>Topic: Get a Handle on Your Current Student Loan Debt</b> <b>Date: Tuesday, September 20</b> <b>Time: 11:00 a.m. CT</b></p> <p>If you have student loans, learn about a variety of student loan repayment options and strategies to help you find a better way to pay off your student debt</p> <p><a href="#">Register Now</a></p>	<p>Let an experienced Fidelity representative help you develop a comprehensive retirement and investment plan that aligns with your overall financial goals. Spouses, planning partners, and other family members are invited to participate.</p> <p><a href="#">Schedule now</a> or call 800-642-7131. When scheduling online, enter Harris Health System as the employer name, select</p>	<p>Join Fidelity for a brief virtual presentation to get answers to your financial questions and hear what your colleagues are asking too.</p> <p><b>Topic: Demystifying Your Credit Score</b> <b>Date: Tuesday, Sept. 6</b> <b>Time: 1 p.m. - 1:30 p.m. CT</b></p> <p><a href="#">Reserve your spot today</a> Enter Harris Health System as the employer name, select Virtual Event as the event</p>

	Virtual Appointment or Phone as the appointment type and choose a date that works for you.	type and register for the date that works for you.
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### Upcoming Webinars

**Tuesday, October 18 at 11 a.m. – Maximize Social Security in Your Retirement Strategy:** If you want to understand important Social Security claiming strategies, learn about strategies for claiming your Social Security benefit and how it fits with other income sources to create your retirement paycheck.

**Tuesday, November 15 at 11 a.m. - Turn Your Savings into Retirement Income:** If you're planning to retire within the next few years, learn the benefits of a retirement income plan, factors to consider when transitioning your savings into income, and ways to develop a retirement plan that suits your goals and lifestyle.



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