



Wellness Discounts

Vendor	Discount Information																
<p>Fitbit Employee & Spouse Discount</p>	<p>As an investment in your well-being, Employee Wellness is providing you preferred pricing on one (1) Fitbit Tracker of your choice between now and December 31, 2020.</p> <p>To get started, enter your Employee ID plus HHS as the unique promo code below to access the store. For example: 123456HHS. For spouses enrolled in the Harris Health Medical Plan, please use the Employee's ID, plus SP, followed by HHS. For example, 123456SPHHS.</p> <p>Visit www.fitbit.com/welcome/harrishealthsystem to use the discount.</p>																
<p>Fitbit Friends & Family Discount</p>	<p>Harris Health friends and family now have access to discounted Fitbit products.</p> <p>Click here to visit the Harris Health Friends and Family Fitbit Marketplace.</p> <p>To get started, enter your Employee ID plus HHSFF as the unique promo code to access the store. For example, 123456HHSFF. Each promo code can be used on up to 2 purchases. (Once the promo code has been used for 2 purchases, it will no longer be active.)</p>																
<p>24 Hour Fitness</p>	<table border="1" data-bbox="527 1213 1555 1545"> <thead> <tr> <th></th> <th>All-Club Sport</th> <th>All-Club Super Sport</th> <th>All-Club Ultra Sport</th> </tr> </thead> <tbody> <tr> <td>Employee: Month to Month with 1 Year Commitment \$0.00 Initiation Fee</td> <td>\$30.99 add'l dues/month</td> <td>\$40.99 add'l dues/month</td> <td>\$78.99 add'l dues/month</td> </tr> <tr> <td>Employee: Month To Month \$29.99 Initiation Fee</td> <td>\$35.99 add'l dues/month</td> <td>\$45.99 add'l dues/month</td> <td>\$83.99 add'l dues/month</td> </tr> <tr> <td>Each Add-On: Month To Month \$0.00 Initiation Fee</td> <td>\$30.99 add'l dues/month</td> <td>\$40.99 add'l dues/month</td> <td>\$78.99 add'l dues/month</td> </tr> </tbody> </table> <ul style="list-style-type: none"> Go to www.24hourfitness.com/corporate and enter your corporate ID: 102957CORP 		All-Club Sport	All-Club Super Sport	All-Club Ultra Sport	Employee: Month to Month with 1 Year Commitment \$0.00 Initiation Fee	\$30.99 add'l dues/month	\$40.99 add'l dues/month	\$78.99 add'l dues/month	Employee: Month To Month \$29.99 Initiation Fee	\$35.99 add'l dues/month	\$45.99 add'l dues/month	\$83.99 add'l dues/month	Each Add-On: Month To Month \$0.00 Initiation Fee	\$30.99 add'l dues/month	\$40.99 add'l dues/month	\$78.99 add'l dues/month
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Contact us at employeewellness@harrishealth.org; 713-566-6686

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Employee Wellness at 713.566.6686 or via email at employeewellness@harrishealth.org and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.



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<p>Cigna Active & Fit Direct</p>	<ul style="list-style-type: none"> • Available for medical plan members • \$25 enrollment fee + \$25 monthly • Access to 8,000+ fitness centers • Visit www.activeandfitdirect.com/fitness/cigna to get started
<p>YMCA</p>	<p>Harris Health employees can now get a discount on membership at the YMCA.</p> <p>Year-round discounts:</p> <ul style="list-style-type: none"> • 50% off the joining fee • 50% off the first full-month’s dues year-round (pro-rated dues apply; up to a \$110 value) • Citywide members receive facility access to any of the 27 YMCA’s in Greater Houston • Enjoy up to 2 “Try the Y” Trial Membership periods per year <p>2020 “Try the Y” Trial Membership period discounts (dates below):</p> <p style="text-align: center;">February 15 – 29 May 16 – 30 August 15 – 28 November 14 – 27</p> <p>If you join the YMCA during your “Try the Y” period, you will receive:</p> <ul style="list-style-type: none"> • 100% off the joining fee • 100% off the first full month’s dues (pro-rated dues apply; up to a \$220 value)
<p>Gold’s Gym</p>	<ul style="list-style-type: none"> • There are three options: -\$0 enrollment fee, monthly rate of \$24.95 -\$49 enrollment fee, monthly rate of \$19.95 -\$99 enrollment fee, monthly rate of \$10 • To sign up online, go to http://tinyurl.com/jhl7h3j and use the promo code HCHS. You can also sign up onsite at a gym.

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<p>Houston Baptist University (HBU) Bradshaw Fitness Center</p>	<ul style="list-style-type: none"> • \$45 monthly rate • \$75 enrollment fee (50% off standard rate) • To sign up, contact membership services: jkopriva@hbu.edu
<p>MixFitz Studios</p>	<ul style="list-style-type: none"> • Women-only fitness center • \$65 monthly rate for unlimited classes • \$5 per class for single class purchase. • More information at http://www.mixfitzstudios.com/
<p>UT Recreation Center</p>	<ul style="list-style-type: none"> • Individual/Spouse: \$33/monthly OR \$84/quarterly OR \$317/yearly • Family Package: \$82/monthly OR \$210/quarterly OR \$792/yearly
<p>YogaWorks</p>	<ul style="list-style-type: none"> • New Student Special - \$30 for 30 days of unlimited yoga • Sign up for Auto Pay membership during the introductory offer and your membership will be \$67.50/month • Sign up onsite and show badge/business card as proof of employment. (Regularly priced \$75/month) • Sign up for Auto Pay membership after this introductory offer and your membership will be \$89.10/month (Regularly priced \$99/month) • 10% off of select class packages/workshops • To sign up, visit any location and present your badge.
<p>Flex House</p>	<ul style="list-style-type: none"> • Free one-week pass and 10% discount off full membership • E-mail info@flexhousefit.com or call (832) 674-9291 to get started • Visit www.flexhousefit.com for more info
<p>Memorial Athletic Club (MAC)</p>	<ul style="list-style-type: none"> • 20% discount on monthly rates • Sign up onsite and show badge / business card as proof of employment. • \$52/month for single membership; \$72.80/month for couple; \$80/month for family of 3; \$86.40/month for family of 4+

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Vendor	Discount Information
Anytime Fitness (Missouri City)	<ul style="list-style-type: none">• No enrollment fee & first month free• 24 hour facility• For more information and to sign up, contact: Missouricitytx@anytimefitness.com or 281-942-2900• https://www.anytimefitness.com/gyms/4321/missouri-city-tx-77459/• Address: 3434 FM 1092, Suite 320, Missouri City, TX 77459

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