HEALTHY@HARRIS Caring for ourselves so we can care for others

Healthy

\$10,000 Team Challenge

- 12-week weight loss challenge
- Teams of 5
- Over \$18,000 in cash prizes

\$10,000 for 1st place

\$5,000 for 2nd place **\$3,000** for 3rd place

PLUS MORE CASH PRIZES

Connect with teammates on the HealthyWage app and have fun while losing weight! Don't miss out...the challenge starts January 5, 2021!



REGISTER TODAY!: www.healthywage.com /clients/harrishealth Registration is \$25/month for 3 months (\$75).

Earn back your registration fee with an individual weight loss of 10% in 9 months!

Must complete pre and post weigh in, in order to earn 50 Premium Points.

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham at 713.566.4391 or 770.261.0247 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.