



Livongo A1c Fair

The Healthy@Harris team will be hosting a Livongo A1cHg Fair in September. We will be offering free A1c checks with our Cigna nurse for employees and spouse diagnosed with diabetes. *This event is by appointment only.* You must sign up in advance to participate. The A1c check is worth 50 Premium Points on www.mycigna.com.

Sign up for an A1c Check by emailing: Latecia.Murphy@Cigna.com

This is an Appointment Only Event—Spots are Limited

Location	Day	Date	Time
LBJ Hospital Annex Room 216/217	Thursday	September 8, 2022	9:00am-1:00pm
Fournace Conference Room E302	Tuesday	September 13, 2022	9:00am-1:00pm
Ben Taub 4 th Floor Conference Room	Thursday	September 29, 2022	9:00am-1:00pm

Contact us at employeehealth@harrishealth.org; 346-426-1597

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham at 346-302-4248 or 346-426-1812 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.