



## BEING ENGAGED WITH LIVONGO CAN SAVE YOU MONEY ON YOUR DIABETES MEDICATIONS!

- Participants who use their Livongo meter to test their glucose a minimum of 4 times per month will be eligible to receive diabetes medications free of charge effective the 15th of the following month.
- Diabetes medications include generic Diabetes medications and brand Diabetes medications in which there are no generic equivalents such as insulins, Trulicity, Januvia, Jardiance, Victoza and Janumet. Prescriptions should be filled after the 15th of each month in order to ensure your eligibility is processed correctly each month.
- **Free diabetes medications are contingent on meeting the Livongo glucose testing requirement each month. Eligibility will be determined by the Livongo reporting and adjusted on a monthly basis.**
- Example: You tested your glucose weekly for the entire month of March. Effective April 15<sup>th</sup> you will be eligible to receive your diabetic medications free of charge through May 14<sup>th</sup>. If you meet the requirement again for the month of April then effective May 15<sup>th</sup> you will be eligible for free medications until June 14<sup>th</sup>.



### Livongo Highlight:

Did you know that you can share Livongo reports with your physician via the member portal?

1. Login to Livongo portal at [my.livongo.com](http://my.livongo.com)
2. Navigate to the "Care Team"
3. Select "Send a Report"
4. Enter your coach, nurse and/or physician's email, phone or fax number

Contact us at [employeewellness@harrishealth.org](mailto:employeewellness@harrishealth.org); 346-426-1597

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham 346-426-1812 (office); 346-302-4248 (Mobile)

or via email at [HarrisHealth@Cigna.com](mailto:HarrisHealth@Cigna.com) and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

Updated: 4/21/2021