



2026 Playground Games

Get ready to play, laugh, and unleash your inner kid at the 2026 Playground Games and **earn 100 Wellness Points!** We're bringing the classics back in April and May with Jenga showdowns, cornhole challenges, jump rope fun, scooter races, and plenty more surprises. Come have a little fun with us!

View the Employee Wellness Event Calendar on the Healthy@Harris website for the most updated schedule.

April Event Schedule

Location	Date	Time	Space
Aldine	April 17	11:30 a.m. - 1:30 p.m.	Employee Parking Lot
Casa De Amigos	April 29	11:30 a.m. - 1:30 p.m.	Parking Lot
CHC	April 16	11:30 a.m. - 1:30 p.m.	Parking Garage - Top Floor
El Franco Lee	April 9	Noon - 2 p.m.	Roof Outdoor Space
Fournace	April 28	11:30 a.m. - 1:30 p.m.	Courtyard
LBJ	April 30	9 a.m. - 11 a.m.	4 th Floor Playground
Loop Central	April 16	10 a.m. - noon	Parking Garage - Top Floor
MLK	April 22	11 a.m. - 1 p.m.	Employee Parking Lot
Quentin Mease	April 8	11:30 a.m. - 1:30 p.m.	Employee Parking Lot (Back)
Settegast	April 16	10 a.m. - noon	Employee Parking Lot (Back)
Smith	April 2	11:30 a.m. - 1:30 p.m.	Courtyard
Vallbona	April 1	Noon - 2 p.m.	Employee Parking

EmployeeWellness@harrishealth.org | 346-426-1597 | www.harrishealth.org/employee-wellness

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact our designated Cigna Customer Service Representative at 346-302-4248 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.



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May Event Schedule

Location	Date	Time	Space
Acres Home	May 27	11:30 a.m. - 1:30 p.m.	Employee Parking Lot
Baytown	May 19	12:30 - 2:30 p.m.	Employee Parking Lot
Ben Taub	May 5	9 - 11 a.m.	Courtyard
Correctional Health	May 14	Noon - 2 p.m.	701 Jail
Danny Jackson	May 7	11:30 a.m. - 1:30 p.m.	Front of Building
Gulfgate	May 20	11:30 a.m. - 1:30 p.m.	Employee Parking Lot
Kirby	May 7	9 - 11 a.m.	Side Parking Lot
Northwest	May 12	11:30 a.m. - 1 p.m.	Employee Parking Lot
Strawberry	May 28	11:30 a.m. - 1:30 p.m.	Front of Building

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