



| Category | See Notes | Program | Program YTD (September 1 - October 31, 2021) | | | | October 2021 | | | |
|----------------------------|-----------|--|---|--------------------|---------------------------|---|------------------|--------------------|---------------------------|---|
| | | | Total Activities | Total participants | Total unique participants | % engaged TOTAL = 10,996 <i>All full-time and part-time employees (non-supplemental)</i> | Total activities | Total participants | Total unique participants | % engaged TOTAL = 10,996 <i>All full-time and part-time employees (non-supplemental)</i> |
| Education - Other | * | Booth | 58 | 448 | 365 | 3.3% | 28 | 174 | 174 | 1.6% |
| | * | Online Health Coaching - My Health Assistant | 5 | 5 | 1 | 0.0% | 0 | 0 | 0 | 0.0% |
| | * | Personal Health Analysis | 61 | 752 | 752 | 6.8% | 31 | 326 | 326 | 3.0% |
| Employee Wellness Class | * | Employee Wellness Class - Scheduled | 37 | 3542 | 795 | 7.2% | 20 | 2061 | 607 | 5.5% |
| | * | Employee Wellness Class - Unscheduled | 505 | 866 | 249 | 2.3% | 288 | 507 | 174 | 1.6% |
| | * | Well Powered Living | 442 | 2965 | 803 | 7.3% | 264 | 2166 | 668 | 6.1% |
| Employee Wellness Workshop | * | Employee Wellness Workshop - Scheduled | 83 | 7018 | 1100 | 10.0% | 40 | 3791 | 863 | 7.8% |



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| Employee Wellness Workshop | * | Employee Wellness Workshop - Unscheduled | 942 | 1646 | 413 | 3.8% | 517 | 945 | 289 | 2.6% |
| Health Coaching | * | Health Coaching by Phone | 131 | 436 | 245 | 2.2% | 65 | 183 | 110 | 1.0% |
| | * | Maternity Support | 7 | 7 | 7 | 0.1% | 4 | 4 | 4 | 0.0% |
| Healthy Knowledge Seminar | | EAP Webinar | 2 | 205 | 173 | 1.6% | 1 | 106 | 106 | 1.0% |
| | * | Healthy Knowledge Seminar - Scheduled | 6 | 468 | 367 | 3.3% | 4 | 320 | 293 | 2.7% |
| | * | Healthy Knowledge Seminar - Unscheduled | 610 | 1173 | 494 | 4.5% | 317 | 584 | 283 | 2.6% |
| Healthy Living Programs | * | Livongo Enroll Activate | 59 | 81 | 76 | 0.7% | 28 | 40 | 38 | 0.3% |
| | | Livongo Monthly Testing | 6 | 2660 | 1152 | 10.5% | 3 | 1330 | 1152 | 10.5% |
| Healthy Measures | * | Achieve Health Goals (Standard - Alternatives are Telephonic Coaching, Online WebMD Program) | 237 | 1302 | 666 | 6.1% | 120 | 596 | 289 | 2.6% |
| | * | Fitbit 10k steps tracked | 61 | 32203 | 1460 | 13.3% | 31 | 16837 | 1302 | 11.8% |



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| Physical Activity | * | Group Exercise | 138 | 4749 | 771 | 7.0% | 83 | 3086 | 627 | 5.7% |
| | * | Social Health and Wellness | 10 | 551 | 430 | 3.9% | 6 | 375 | 375 | 3.4% |
| | * | Sports | 33 | 464 | 74 | 0.7% | 15 | 222 | 69 | 0.6% |
| Prevention | * | Preventive Care | 289 | 2095 | 1577 | 14.3% | 127 | 794 | 628 | 5.7% |
| | * | Self Reported Activities | 54 | 179 | 179 | 1.6% | 27 | 73 | 73 | 0.7% |
| Special Event | | Special Event | 46 | 278 | 278 | 2.5% | 23 | 121 | 121 | 1.1% |
| Wellness Screening Form | * | Wellness Screening Form | 41 | 165 | 165 | 1.5% | 21 | 95 | 95 | 0.9% |
| Wondr | * | WondrSkills | 26 | 26 | 9 | 0.1% | 10 | 10 | 5 | 0.0% |
| | * | WondrUp | 11 | 12 | 7 | 0.1% | 7 | 7 | 5 | 0.0% |
| TOTAL UOS | | | 3,900 | 64,296 | 5,600 | 50.9% | 2,080 | 34,753 | 4,272 | 38.9% |

| | | |
|-------|---|--|
| Notes | * | <p>The "Total Activities" column counts the number of dates when these activities have been completed. This will affect the unscheduled (self-paced) activities such as Brainspark, eLearning, Livongo DPP classes. It will also affect the true count (true number of activities) offered for Employee Wellness Classes, Workshops and Explore & Learn Booths as there are multiple times within each day that these activities are offered.</p> <p>These activities are marked with "*" in the Notes Column.</p> |
|-------|---|--|



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| Healthy@Harris Wellness Program | Program YTD (September 1 - October 31, 2021) | October 2021 |
|--|---|--------------|
| Average # of wellness activities per participant | 11 | 8 |
| Total # of participants engaged in wellness program during time period | 5,600 | 4,272 |
| # of all participants who completed 1 or more wellness activities | 5,600 | 4,272 |
| # of all Employees (regardless of medical plan status) and spouses on the medical plan | 10,996 | 10,996 |
| % of all Employees engaged (regardless of medical plan status) and spouses on the medical plan | 50.9% | 38.9% |
| # who participated in 9 or more wellness activities | 1,794 | 1,331 |
| % of total engaged who participated in >= 9 wellness activities | 32.0% | 31.2% |
| # of medical plan participants who completed 1 or more wellness activities | 5,195 | 4,067 |
| % of medical plan participants engaged | 47.2% | 37.0% |
| # of medical plan participants who completed 9 or more wellness activities | 1,769 | 1,316 |
| % of medical plan participants who completed 9 or more wellness activities | 16.1% | 12.0% |



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| | | | | | | | | | | | |

| Units of Service | |
|------------------------------------|-------------|
| FY19 2016-2017 UOS | 66,444.00 |
| FY20 2017-2018 UOS | 124,148.00 |
| FY21 2018-2019 UOS | 295,822.00 |
| FY22 2019-2020 UOS | 348,706.00 |
| FY23 2020-2021 UOS (YTD) | 409,588.00 |
| FY24 2021-2022 UOS (YTD) | 64,296.00 |
| Difference between FY22 and FY23 | 60,882.00 |
| % increase from prior program year | 17.46% |
| Difference between FY23 and FY24 | -345,292.00 |