



Chinwe Igwe, MPH

Behavioral Health Coach

Chinwe is a public health professional with over 12 years of experience. She holds a Master's in Public Health from Rutgers University and is certified in Health and Wellness Coaching and Population Health.



Her expertise includes chronic disease management, mental health, and program development for diverse populations. Chinwe has led initiatives across hospitals, colleges, and healthcare systems, focusing on reducing stress, anxiety, and improving health equity.

She is passionate about bridging gaps in care through education, motivational interviewing, and evidence-based strategies.

Outside of work, Chinwe enjoys tennis, biking, makeup artistry, and spending time with friends.

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