







Michele L. Hunnicutt, MSHP, CHES, CWWPC, CWCC

Director Employee Wellness and EAP

Michele Hunnicutt joined Harris Health System in February 2017 as their Director of Employee Wellness and EAP. Michele is responsible for developing, implementing and evaluating a comprehensive results-driven wellness strategy, program and team. Under her direction the Healthy@Harris Wellness Program has won several awards including Houston's Healthiest employer, Healthiest Employer in Texas, WELCOA's Platinum Well Workplace Award, the AHA's Gold Workplace Health Achievement, the Healthiest100™ Workplaces in America, CEO Gold Cancer Standard and the Cigna Well-Being Award to name a few.

Prior to working at Harris Health System, Michele's experience includes Strategic Health & Productivity Consulting for Alliant Insurance Services, Director of Wellness Services for the Houston Methodist Hospital System and Wellness Center Director for ExxonMobil Midwest Region and Joliet Refinery.

Michele has more than 21 years of experience in worksite wellness, health promotion and population health management. Michele has a Master of Science in Health Promotion and Human Resource Management and is a pioneer in conceiving and implementing robust programs that deliver health, well-being and productivity improvement and trend management. Michele is a Certified Health Education Specialist, Certified Worksite Wellness Program Consultant, Certified Wellness Program Director and Certified Wellness Culture Coach. Michele is an active member of reputed professional organizations, has presented at national conferences and prides herself on keeping abreast of current research and emerging trends in the field of health, wellness and productivity. Michele's passion is in empowering people and organizations to achieve positive outcomes in health, well-being and performance.

Outside of work, she is the proud mother of a twelve year-old boy and a Shiba Inu named Staley. She is a loving wife, daughter and sister and zealous Chicago Bears Fan. She loves to read, be physically active and travel.

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact our designated Cigna Customer Service Representative at 346-302-4248 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.