



Share Your Wellness Success Story

If you desire to share your wellness success story, please fill out the below form and email the completed form to employeewellness@harrishealth.org.

First & Last Name	Click here to enter text.		
Employee ID If you are a spouse or dependent, please enter the employee ID number of the employee with whom you are associated.	Click here to enter text.	Relationship (please select ONE)	
		<input type="checkbox"/> Employee	<input type="checkbox"/> Spouse
Date	Click here to enter a date.		
Department	Click here to enter text.		
Location	Click here to enter text.		
Phone Number	Click here to enter text.		
Photo If you would like to include a photo, please attach the photo file when you submit your form. Enter a brief description of your photo here.	Click here to enter text.		
My Story Tell us how you make healthy living possible or tell us how you THRIVE! We want to know what's working for you.	Click here to enter text.		
Terms and Conditions of Agreement			
<input type="checkbox"/> If I check this box, I understand that the content (including a photo) I submit will be used solely by Harris County Hospital District DBA Harris Health System (Harris Health System) in internal publications to publicize and promote employee health. Harris Health System may edit my story and photo. I understand that I have no right to inspect or approve the finished product and that Harris Health System is not obligated to use my story or photo. I waive all rights and claims against Harris Health System.			

Contact us at employeewellness@harrishealth.org; 346-426-1597

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact our designated Cigna Customer Service Representative at 346-302-4248 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.



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Agree to Terms

Please check ONE.

Agree - Harris Health has permission to share my story in internal publications, and I agree to the terms and conditions.

Disagree – Please do not distribute my story.

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