



HEALTHY@HARRIS WELLNESS CHAMPION ROLE DESCRIPTION

<p>Purpose</p>	<p>The Healthy@Harris Wellness Champion Program has been created to foster employee ownership in the pursuit of positive organizational health and to encourage employees to lead by example in promoting health enhancement activities throughout all facilities of Harris Health System. This will ultimately create a thriving and flourishing culture.</p>
<p>Meetings</p>	<p>The Wellness Champion meetings will be recorded and made available after the live monthly meetings. Meetings are approximately 30 minutes and are held via WebEx. A phone line may be required for audio. Champions will be required to review the meeting by the deadline to receive credit. Members are required to attend at least 2 out of 3 meetings per program quarter*. *See quarter dates defined below.</p>
<p>Terms</p>	<p>Current Term: September 1, 2020 - August 31, 2021.</p> <p>Each member will serve for one year. In addition to attending 2/3 meetings per quarter, members are expected to complete a performance scorecard indicating how they met the responsibilities each month. The scorecard will be provided. Champions are required to have at least 1 activity recorded per month, (3 per quarter) in order to be eligible for Rewards. Membership will be audited quarterly. Champions who do not successfully meet the performance criteria within that quarter will not be eligible for an award.</p> <p>Quarter 1: September 1, 2020 – November 30, 2020 Quarter 2: December 1, 2020 – February 28, 2021 Quarter 3: March 1, 2021 – May 31, 2021 Quarter 4: June 1, 2021 – August 31, 2021</p>

employeewellness@harrishealth.org | 346-426-1597

A preventive physical enables you and your physician to identify any areas where you may wish to improve your health and well-being. Your medical information and results from the annual physical will not be shared with Harris Health. Harris Health will only be given aggregate population health data for the sole purpose of developing, implementing, and evaluating the wellness program, participation, and incentive information as necessary to comply with IRS regulations. Otherwise, all personal medical information will be protected under the HIPAA Privacy Rule. If you wish to view a copy of the Cigna privacy notice, please visit: mycigna.com.

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham at 346-426-1812 or 346-302-4248 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.



<p>Qualifications</p>	<ul style="list-style-type: none"> ▪ Desire to promote a culture of health and wellness. ▪ Commitment to the success of the Healthy@Harris program. ▪ Available to meet at least once a month for 30 minutes. ▪ Available to perform at least one wellness promotion activity each month as indicated on the performance scorecard. ▪ Ability to engage up to 200 employees at your designated location(s)
<p>Responsibilities</p>	<ul style="list-style-type: none"> ▪ Promote Employee Wellness activities to various departments. ▪ Serve as a resource for employees who have questions about Employee Wellness activities and events. ▪ Provide feedback to Employee Wellness and report any feedback from co-workers. ▪ Coordinate on-site wellness meetings or classes as needed. ▪ Assist in implementation of onsite Employee Wellness activities as needed. ▪ Facilitate new opportunities for Employee Wellness integration into hospital initiatives.
<p>Rewards</p>	<p>All Wellness Champions who meet performance criteria will be recognized quarterly with 2500 Harris Health Rewards points. You can earn up to 10,000 Harris Health Rewards points per program year.</p>

By submitting an application, I agree to be a Wellness Champion from September 1, 2020 through August 31, 2021 and to fulfill the wellness champion expectations to the best of my ability. I understand that this is a volunteer position, and I am promoting health and wellness to employees both within and outside of my department.

employeeewellness@harrishealth.org | 346-426-1597

A preventive physical enables you and your physician to identify any areas where you may wish to improve your health and well-being. Your medical information and results from the annual physical will not be shared with Harris Health. Harris Health will only be given aggregate population health data for the sole purpose of developing, implementing, and evaluating the wellness program, participation, and incentive information as necessary to comply with IRS regulations. Otherwise, all personal medical information will be protected under the HIPAA Privacy Rule. If you wish to view a copy of the Cigna privacy notice, please visit: mycigna.com.

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham at 346-426-1812 or 346-302-4248 or via email at HarrisHealth@cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.