



HARRISHEALTH
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HEALTHY@HARRIS
Caring for ourselves so we can care for others

The science of savoring a juicy burger.

Finally, a skills-based digital weight loss program where you can eat what you love and still lose weight—at no cost to you.*



Harris Health is offering you Wondr™—a digital weight loss program that teaches the science of health and nutrition, so you can enjoy the foods you love. No counting calories. No restrictions. No guilt. So, go ahead, eat the cheeseburger and savor Every. Last. Bite.

Apply today.

Learn more at wondrhealth.com/harrishealth.

*Restrictions and eligibility info can be found at wondrhealth.com/harrishealth.