



Harris Health Scorecard Tutorial

Scorecard 101

What? – The scorecard is a one-glance view that reflects the engagement of Harris Health population across quarters and divisions for the Premium Rewards Program.

Who? – The scorecard includes the employee and spouse population across divisions who are eligible for myCigna.com program. It does not reflect participation of participants not on the Harris Health System Medical Plan.

When? – The scorecard can be filtered to see various points in time segmented by quarter and year to date. We recommend looking at the data year-to-date (YTD).

Data Source? – The data from the top 3 biometric risks, top 3 chronic conditions and top 3 lifestyle risks are verified data pulled from our partnering data analytics warehouse and reflects our actual population health statistics." All other data under the "Healthy@Harris Wellness Program" are pulled from myCigna reports which reflect who was awarded points for various activities during the current program year.

Reading the scorecard

Divisions - Since the scorecard reflects data across various divisions and quarters, start with a specific division. The various divisions that this scorecard portrays are ACS, Administration, Ben Taub, CHC, LBJ, Quentin Mease and System (all the divisions put together). The scorecard can be filtered to view the performance of any of these divisions at a time.

Quarters – The scorecard reflects data at various points in time starting from Q1 of the Premium Rewards Program. The various quarters and their respective time periods for the program year Sept. 2017 – Aug. 2018 are shown below:

Quarter	Period
Q1	September 2017 – November 2017
Q2	December 2017 – February 2018
Q2YTD (Q1+Q2)	September 2017 – February 2018
Q3	March 2018 – May 2018
Q3YTD (Q1+Q2+Q3)	September 2017 – May 2018
Q4 *	June 2018 – August 2018
Q4YTD*(Q1+Q2+Q3+Q4)	September 2017 – August 2018

*Yet to be presented

Filters — Filters are present at the top of the page to help you filter to one of the divisions or time periods mentioned above. The below screenshot shows you how to filter to the time and division you need to look at. Click on the down arrow at the end of each box (shown in the red box labelled 1) to filter based on division and quarter. To verify your quarter and filter selection at any time, you can look at the top of the scorecard (show in the red box labelled 2). Once the selection is done, the entire scorecard will be filtered to reflect the numbers for the specific division and quarter.







Goals/ Activities -

Premium Rewards Program

The scorecard offers the ability to view the percentage of population that has achieved the four premium rewards levels namely Bronze, Silver, Gold and Platinum. The criteria used to identify the population that have reached each of these levels are shown below:

Level	Criteria
Bronze	Complete Annual physical, Health Assessment and earn 1,000 points
Silver	Complete Bronze level and earn a total of 2,000 premium points
Gold	Complete Bronze level and earn a total of 3,000 premium points
Platinum	Complete Bronze level and earn a total of 4,000 premium points

In the screenshot below, these goals are shown in the red box.

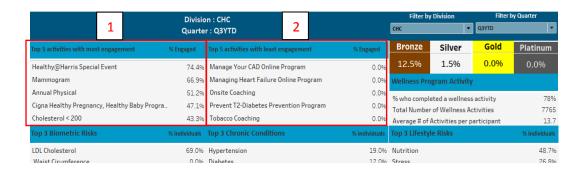


Top 5 activities with most/least engagement

To get a quick view of which of the activities that had most number of unique members engaging in, as a percentage of the total eligible population for the specific activity, the top 5 activities with the most engagement is shown in the top left corner(red box labelled 1) of the scorecard. Similarly, the top 5 activities with least number of unique members engaging in, as a percentage of the total eligible population of the specific activity is also shown (red box labelled 2).







Healthy@Harris Wellness Program

Other activities that were included as part of the program are segregated into various headings and are listed as shown in the screenshot below. For each of these activities two levels of participation numbers are shown.

- 1. # of Activities This metric reflects the number of times this activity was performed by the eligible population. Some activities may be performed by a member more than once and this metric captures that.
- 2. % Engaged This metric reflects the unique number of participants for each activity as a percentage of the total eligible population for that specific activity. If the reader wishes to know the total eligible population for a specific activity, bring your mouse pointer to this number and a tooltip will be displayed to include further details. This is shown in the screenshot below (red box labelled 1).







Healthy@Harris Program Year-End Report:

The program year-end report will be completed by 1/1/19 for the program year ending 8/31/18. This report will include both the Premium Rewards Participation statistics as well as the overall engagement in the wellness program. The program year-end report will also include population health analysis and value on investment information. It's located on the Healthy@Harris Employee Wellness Website under reporting.

Program/Activity Clarifications:

- "Healthy Measures"- these were people who received credit for being in range for the metric or completed a reasonable alternative standard (educational program to assist in moving towards a healthy measure. Some metrics such as Blood Pressure and Waist circumference required the submission of the wellness screening form to have the opportunity to earn credit for those measures.
- "Physical "Activity"-Participants can only receive credit for one recreational sports game or group exercise class per day.
- "Prevention"- Participants who completed the screening/exam during this program year.
- "Health Coaching"- Participants who completed criteria for health coaching during the program year.
- "Education"- Participants can only receive credit for one healthy knowledge seminar per day and could only complete each educational course/health assessment one time.
- "Healthy Living Programs"-
 - Participants who can only receive credit for enrolling and activing their meter in Livongo once per life of the program. The numbers reflect those who enrolled and activated during this current program year. It does not reflect total participation in the Livongo Program.
 - Livongo Monthly Glucose testing-Reflects the Livongo participants who tested their glucose a minimum of 4 times per month.
 - Naturally Slim-Participation includes only the participants who completed Foundations (first 10 weeks of the Naturally Slim Program) during this program year. Participants who completed classes in NS4You and NS4Life (phase 2 and 3 of the year-long program) receive credit per class in "complete a wellness class."
 - "Complete a wellness Class"- Participants can only receive credit for attending one class per day.

For more information, please contact Employee Wellness at employeewellness@harrishealth.org or 713-566-6686.