

Eligible Participants

- Patients or family members of people living with long-term neurologic health conditions, including but not limited to stroke, traumatic brain injury, spinal cord injury and multiple sclerosis
- Able to understand English or Spanish
- · Willing to participate in a group setting

If eligible to participate, there is no need to get a referral.

You and your family are welcome to join any of our monthly meetings.

What participants can expect:

A caring and welcoming space where participants will receive education and support from healthcare professionals and peers facing similar experiences.

English support group meets first Tuesday of each month. Spanish support group meets third Tuesday of each month.

1:30-2:30 p.m.

Please arrive at 1:15 p.m. for registration.

Call **713-873-3898** to be placed on the schedule.

4800 Fournace Place, Ste C-100 Bellaire, TX 77401

HARRISHEALTH