



Healthy@Harris Happenings Physical • Social • Financial • Career • Community

Medications Covered for Livongo Participants

Diabetic Medications for Livongo Diabetes Program Participants

Diabetic Medications are covered 100% through our Livongo Diabetes program. As a reminder, the medications are only covered for participants who are enrolled and meeting the monthly testing requirements. Some of the eligible medications include, but are not limited to: Trulicity, Januvia, Jardiance, Victoza and Janumet.

For a full list of eligible medications, please visit the <u>employee wellness website</u> or contact OptumRx customer service at 800-880-1188.

Anti-Hypertensive Medications for Livongo Hypertension Program Participants

Anti-Hypertensive medications are covered 100% through our Livongo Hypertension (High Blood **Pressure**) **Program.** Similar to our Livongo Diabetes program, the medications are only covered for participants who are enrolled and meeting the monthly testing requirements.

For more information about the Livongo Hypertension program, please visit the <u>employee wellness</u> <u>website</u> or contact OptumRx customer service 800-880-1188.

Harris Health is committed to helping you achieve your best health. Incentives for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for incentives under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Crystal Cunningham 346-302-4248 (Mobile) or via email at or HarrisHealth@Cigna.com and we will work with you (and, if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.