











HARRISHEALTH SYSTEM

			Program YTD (September 1, 2020 - May 31, 2021)				May 2021				
Category	See Notes	Program	Total Activities	Total participants	Total unique participants	% engaged TOTAL = 10,171 EE&SP enrolled medical	Total activities	Total participants	Total unique participants	% engaged TOTAL = 10,171 EE&SP enrolled medical	
Education - Other	*	Booth	243	3050	1382	13.6%	26	202	188	1.8%	
		Online Health Coaching - My Health Assistant	58	60	27	0.3%	1	1	1	0.0%	
		Personal Health Analysis	264	2649	2649	26.0%	23	311	311	3.1%	
	*	Employee Wellness Class - Scheduled	114	7903	1366	13.4%	10	390	180	1.8%	
Employee Wellness Class	*	Employee Wellness Class - Unscheduled	1766	3610	759	7.5%	272	511	204	2.0%	
	*	Well Powered Living	1774	14349	2115	20.8%	230	1518	579	5.7%	
Employee Wallness Workshop	*	Employee Wellness Workshop - Scheduled	253	18957	2300	22.6%	34	1991	647	6.4%	













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Employed Wellineds Wellteliop	*	Employee Wellness Workshop - Unscheduled	1414	3061	844	8.3%	317	613	257	2.5%	
Hoolth Conshing		Health Coaching by Phone	579	1382	652	6.4%	57	122	82	0.8%	
Health Coaching		Maternity Support	35	36	36	0.4%	4	5	5	0.0%	
		EAP Webinar	8	1133	653	6.4%	1	135	135	1.3%	
Healthy Knowledge Seminar	*	Healthy Knowledge Seminar - Scheduled	22	3244	1257	12.4%	2	290	273	2.7%	
	*	Healthy Knowledge Seminar - Unscheduled	2494	6212	2629	25.8%	297	558	299	2.9%	
Hooliby Living Drograms		Livongo Enroll Activate	248	378	344	3.4%	24	36	33	0.3%	
Healthy Living Programs		Livongo Monthly Testing	27	11137	1784	17.5%	3	1257	1086	10.7%	
Healthy Measures		Achieve Health Goals (Standard - Alternatives are Telephonic Coaching, Online WebMD Program)	1082	6125	2788	27.4%	91	462	186	1.8%	
Naturally Slim		Naturally Slim Foundations (class-by-class)	76	84	19	0.2%	5	5	4	0.0%	













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Naturally Olliff	*	Naturally Slim NS4You	28	28	6	0.1%	16	16	5	0.0%	
	*	Fitbit 10k steps tracked	273	149463	2019	19.9%	31	13026	1322	13.0%	
	*	Group Exercise	486	21516	1668	16.4%	75	2353	546	5.4%	
Physical Activity		Social Health and Wellness	59	4718	1214	11.9%	6	399	397	3.9%	
		Sports	83	947	93	0.9%	17	188	69	0.7%	
	*	Preventive Care	1329	10745	6302	62.0%	35	237	203	2.0%	
Prevention		Self Reported Activities	239	1091	1091	10.7%	21	55	55	0.5%	
Special Event		Special Event	35	6842	6394	62.9%	11	739	727	7.1%	
	*	Online Challenge	4	1287	815	8.0%	1	204	204	2.0%	
Wellness Challenge		Other Challenge	1	3	3	0.0%	0	0	0	0.0%	
Wellness Screening Form	*	Wellness Screening Form	179	841	841	8.3%	14	105	105	1.0%	
Employee Wellness Survey		Wellness Screening Form and Employee Wellness Survey	36	1648	1648	16.2%	0	0	0	0.0%	
	TOTAL UOS			282,499	11,153	109.7%	1,624	25,729	4,220	41.5%	













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Notes		The "Total Activities" column counts the number of dates when these activities have been completed. This will affect the unscheduled (self-paced) activities such as Brainshark, eLearning, Livongo DPP classes. It will also affect the true count (true number of activities) offered for Employee Wellness Classes, Workshops and Explore & Learn Booths as there are multiple times within each day that these activities are offered. These activities are marked with "*" in the Notes Column.									















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Healthy@Harris Wellness Program	Program YTD (September 1, 2020 - May 31, 2021)	May 2021
Average # of wellness activities per participant	25	6
Total # of participants engaged in wellness program during time period	11,153	4,220
# of all participants who completed 1 or more wellness activities	11,153	4,220
# of all Employees (regardless of medical plan status) and spouses on the medical plan	11,625	11,625
% of all Employees engaged (regardless of medical plan status) and spouses on the medical plan	95.9%	36.3%
# who participated in 9 or more wellness activities	4,393	1,039
% of total engaged who participated in >/= 9 wellness activities	39.4%	24.6%
# of medical plan participants who completed 1 or more wellness activities	8,970	4,042
% of medical plan participants engaged	88.2%	39.7%
# of medical plan participants who completed 9 or more wellness activities	4,139	1,031
% of medical plan participants who completed 9 or more wellness activities	40.7%	10.1%













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Units of Service											
FY19 2016-2017 UOS	66,444.00										
FY20 2017-2018 UOS	124,148.00										
FY21 2018-2019 UOS	295,822.00										
FY22 2019-2020 UOS	348,706.00										
FY23 2020-2021 UOS (YTD)	282,499.00										
Difference between FY22 and FY23	-66,207.00										
% increase from prior program year	-18.99%										