



Category	See Notes	Program	Program YTD (September 1, 2020 - June 30, 2021)				June 2021			
			Total Activities	Total participants	Total unique participants	% engaged TOTAL = 10,136 <i>EE&SP enrolled medical</i>	Total activities	Total participants	Total unique participants	% engaged TOTAL = 10,136 <i>EE&SP enrolled medical</i>
Education - Other	*	Booth	275	3405	1468	14.5%	30	294	267	2.6%
	*	Online Health Coaching - My Health Assistant	61	63	28	0.3%	3	3	1	0.0%
	*	Personal Health Analysis	302	4107	4107	40.5%	30	1308	1308	12.9%
Employee Wellness Class	*	Employee Wellness Class - Scheduled	133	8812	1525	15.0%	19	909	413	4.1%
	*	Employee Wellness Class - Unscheduled	1984	4045	856	8.4%	218	435	200	2.0%
	*	Well Powered Living	2006	16026	2351	23.2%	231	1676	665	6.6%
Employee Wellness Workshop	*	Employee Wellness Workshop - Scheduled	288	20974	2504	24.7%	35	2017	760	7.5%



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Employee Wellness Workshop	*	Employee Wellness Workshop - Unscheduled	1802	4004	1026	10.1%	388	940	358	3.5%
Health Coaching	*	Health Coaching by Phone	664	1571	727	7.2%	69	153	96	0.9%
	*	Maternity Support	39	40	40	0.4%	4	4	4	0.0%
Healthy Knowledge Seminar		EAP Webinar	9	1291	728	7.2%	1	158	158	1.6%
	*	Healthy Knowledge Seminar - Scheduled	25	3611	1358	13.4%	3	367	345	3.4%
	*	Healthy Knowledge Seminar - Unscheduled	2872	7011	2797	27.6%	378	799	383	3.8%
Healthy Living Programs	*	Livongo Enroll Activate	285	485	443	4.4%	36	106	101	1.0%
		Livongo Monthly Testing	30	12478	1876	18.5%	3	1341	1170	11.5%
Healthy Measures	*	Achieve Health Goals (Standard - Alternatives are Telephonic Coaching, Online WebMD Program)	1263	8183	3473	34.3%	130	1227	470	4.6%
	*	Naturally Slim Foundations (class-by-class)	92	105	31	0.3%	16	21	13	0.1%



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Naturally Slim	*	Naturally Slim NS4Life	2	2	2	0.0%	2	2	2	0.0%
	*	Naturally Slim NS4You	35	35	6	0.1%	7	7	3	0.0%
Physical Activity	*	Fitbit 10k steps tracked	303	164754	2065	20.4%	30	15248	1272	12.5%
	*	Group Exercise	574	23538	1816	17.9%	88	2022	531	5.2%
	*	Social Health and Wellness	67	5472	1267	12.5%	6	504	504	5.0%
		Sports	90	1067	100	1.0%	7	120	52	0.5%
Prevention	*	Preventive Care	1545	13224	7305	72.1%	93	1026	769	7.6%
	*	Self Reported Activities	284	1798	1798	17.7%	28	234	234	2.3%
Special Event	*	Special Event	101	7139	6671	65.8%	18	185	185	1.8%
Wellness Challenge		Online Challenge	4	1287	815	8.0%	0	0	0	0.0%
		Other Challenge	1	3	3	0.0%	0	0	0	0.0%
Wellness Screening Form	*	Wellness Screening Form	205	1263	1263	12.5%	18	256	256	2.5%
Wellness Screening Form and Employee Wellness Survey	*	Wellness Screening Form and Employee Wellness Survey	36	1648	1648	16.3%	0	0	0	0.0%
TOTAL UOS			15,377	317,441	11,612	114.6%	1,891	31,362	5,054	49.9%



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Notes	*	The "Total Activities" column counts the number of dates when these activities have been completed. This will affect the unscheduled (self-paced) activities such as Brainshark, eLearning, Livongo DPP classes. It will also affect the true count (true number of activities) offered for Employee Wellness Classes, Workshops and Explore & Learn Booths as there are multiple times within each day that these activities are offered. These activities are marked with "*" in the Notes Column.								

Healthy@Harris Wellness Program		Program YTD (September 1, 2020 - June 30, 2021)	June 2021
Average # of wellness activities per participant		27	6
Total # of participants engaged in wellness program during time period		11,570	4,825
# of all participants who completed 1 or more wellness activities		11,570	4,825
# of all Employees (regardless of medical plan status) and spouses on the medical plan		11,693	11,693
% of all Employees engaged (regardless of medical plan status) and spouses on the medical plan		98.9%	41.3%
# who participated in 9 or more wellness activities		4,955	1,150
% of total engaged who participated in >= 9 wellness activities		42.8%	23.8%
# of medical plan participants who completed 1 or more wellness activities		9,143	4,663
% of medical plan participants engaged		90.2%	46.0%
# of medical plan participants who completed 9 or more wellness activities		4,637	1,141
% of medical plan participants who completed 9 or more wellness activities		45.7%	11.3%



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Units of Service	
FY19 2016-2017 UOS	66,444.00
FY20 2017-2018 UOS	124,148.00
FY21 2018-2019 UOS	295,822.00
FY22 2019-2020 UOS	348,706.00
FY23 2020-2021 UOS (YTD)	317,441.00
Difference between FY22 and FY23	-31,265.00
% increase from prior program year	-8.97%